

# Howard County RECREATION & PARKS

www.howardcountymd.gov/rap



Enjoy the History and Beauty of Belmont Manor & Historic Park

2015 SPRING/SUMMER

# ACTIVITY GUIDE

Plus Fall/Winter 2015-2016 Competitive Sports

Online Registration Begins March 4, 6 PM

# Welcome to the Spring/Summer 2015 Activity Guide!

Welcome to the 2015 Spring/Summer Activity Guide, the place to find hundreds of programs, leagues, classes and more to help you "get up, get out, get active" with Howard County.

Throughout this guide, you'll find a diverse selection of programs to pique your interest. Whether it's a sport, cooking or art class, there's something for everyone. Take a step back in history with us and explore the newly restored Belmont Manor & Historic Park, a premier destination for weddings, special events and business retreats.

With so much that's great about Howard County, we hope you take the opportunity this spring and summer to experience all we have to offer!



Allan H. Kittleman Howard County Executive

John Bysl

John R. Byrd
Department of Recreation
& Parks Director



Allan H. Kittleman



Manor & Historic Park

BELMONT



# Plan your event, wedding or conference.

To book an event or for more information, call 410-313-4700 or email callen@howardcountymd.gov

6555 Belmont Woods Road, Elkridge, MD 21075 www.howardcountymd.gov/belmont.htm

## **How to Register**

Howard County residents may register online beginning March 4 at 6 PM and by all other methods beginning March 5. Out-of-County residents may register online beginning March 11 at 6 PM and by all other methods beginning March 12. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 108. Please let us know if you have any questions or suggestions — we always like to hear from you.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (8 AM-4:30 PM, M-F)

Fax: 410-313-4658

TTY: 410-313-4665 (8 AM-4:30 PM, M-F)

Mail-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia, MD 21046

(Form on page 106.)

Walk-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia (8 AM-4:30 PM, M-F)

Bain Center (410-313-7320)

5470 Ruth Keeton Way, Columbia (9:30 AM-2 PM, M-F)

Gary J. Arthur Community Center

2400 Rte. 97, Cooksville

(8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)

North Laurel Community Center 9411 Whiskey Bottom Road, Laurel (8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)

Robinson Nature Center 6692 Cedar Lane, Columbia (9 AM-5 PM, W-Sa; Noon-5 PM, Su)

Roger Carter Community Center 3000 Milltowne Drive, Ellicott City (7 AM-10 PM, M-Sa; 7 AM-9 PM, Su)

See page 99 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

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### **Extend Your Child's School Day**

#### **Atholton ES**

KidzArt After School / P. 45 Bricks4Kidz LEGO® Cranium Contraptions / P. 49 After-School Tennis / P. 95

#### **Bellows Spring ES**

After-School Baseball / P. 79 KidzArt After School / P. 45 Kid Empowerment / P. 49

#### **Bollman ES**

Abrakadoodle Art Education / P. 45 Bricks4Kidz LEGO® Space Adventures / P. 50

#### **Bushy Park ES**

After-School Basketball / P. 80 After-School Floor Hockey / P. 84 After-School Soccer / P. 93

#### Centennial Lane ES

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#### Clarksville ES

A Golf Experience / P. 85 Abrakadoodle Art Education / P. 45 Adventures in Wonderland / P. 48 After-School Soccer / P. 93 Bricks4Kidz LEGO® Cranium Contraptions / P. 49 Passport to China After School / P. 47

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#### Deep Run ES

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#### **Ducketts Lane ES**

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#### Elkridge ES

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#### **Forest Ridge ES**

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#### **Fulton ES**

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#### **Laurel Woods ES**

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#### **Veterans ES**

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#### Waterloo ES

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#### **Waverly ES**

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#### **West Friendship ES**

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#### **Worthington ES**

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## What To Do When School Is Out

### March 30-April 6 (Spring Break)

Anne Robinson's Centennial Birthday Celebration & Spring Break Activities

All ages / Apr 1-4 / Page 13

Bricks4Kidz LEGO® School's Out Camps 5-11 yrs / Apr 6 / Page 49

Bricks4Kidz LEGO® Spring Break Camp 5-11 yrs / Mar 30-Apr 2 / Page 49

Chess Spring Break Camp with Silver Knights Chess Company Grades K-8 / Mar 30-Apr 3 / Page 44

CKCS Cooking Spring Break Camp Grades K-5 /Mar 30-Apr 2 / Page 44

Jr. Development Tennis Spring Break Camp with Shantha Chandra

7-13 yrs / Mar 30-Apr 2 / Page 95

Jr. USA Team Tennis Spring Break Camp with Shantha Chandra 10-15 yrs / Mar 30-Apr 2 / Page 96

Junior Golf Spring Break Camp

8-14 yrs / Mar 30-Apr 1 / Page 85

**KidzArt Spring Break Camp:** *Monster Mania*!

Grades K-5 / Mar 30-Apr 3 / Page 45

KidzArt Spring Break Camp: Pirate Adventure!

Grades K-5 / Mar 30-Apr 3 / Page 45

KidzArt Spring Break Extended Day

Grades K-5 / Mar 30-Apr 3 / Page 45

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Apr 6 / Page 48

Spring Break Drama Camp by Drama Learning Center

Grades K-6 / Mar 30-Apr 3 / Page 48

Spring Break School's Out – Blowfish Robocraft by Sciensational Workshops for Kids, Inc.

7-11 yrs / Mar 30 & 31 / Page 51

Spring Break School's Out – Chemical Magic – Magical Microscopes – Rocks and Minerals by Sciensational Workshops for Kids, Inc.

6-11 yrs / Apr 1 & 2 / Page 50

Spring Break! Volleyball Academy

9-15 yrs / Mar 30-Apr 3 / Page 98

**Teens Day Out: Spring Break** 

11-14 yrs / Mar 30-Apr 2 / Page 55

U.K. Sports Week Spring Break Camp 7-14 yrs / Mar 30-Apr 2 / Page 90

Ultimate Junior Sports & Games Spring Break Camp

5-7 yrs / Mar 30-Apr 3 / Page 90

Ultimate Sports & Games Spring Break Camp 8-13 yrs / Mar 30-Apr 3 / Page 90

Ultimate Sports & Games Extended Spring Break Camp

5-13 yrs / Mar 30-Apr 3 / Page 90

### May 1

Abrakadoodle Art Education School's Out Series

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Bricks4Kidz LEGO® School's Out Camps 5-11 yrs / Page 49

Meadowbrook School's Out Basketball Camp 9-14 yrs / Page 81

School's Out Archery, Fishing & Kayaking 9-13 yrs / Page 21

School's Out Drama Workshop by Drama Learning Center Grades K-5 / Page 48

School's Out Junior Sports Camp 5-7 yrs / Page 90

School's Out Nature Day Camp – Going Buggy

6-12 yrs / Page 27

School's Out Sports Camp 8-13 yrs / Page 91

Teens Day Out Grades 6-8 / Page 55

### <u>May 25</u>

Bricks4Kidz LEGO® School's Out Camps 5-11 yrs / Page 49

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## Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children ages 15 and under require adult supervision in the facility.
- Ages 12-15 require adult supervision in the facility, except during the after-school TeenZone (Page 7).
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit **Pinterest** /hocorec.

# **Community Center Membership**

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (5 yrs +) \$25 / \$50 (NR)<sub>2</sub>
Annual Adult (16 yrs +) \$25 / \$50 (NR)<sub>2</sub>
Annual Senior Weekday Fitness<sub>1</sub> \$25 / \$50 (NR)<sub>2</sub>
Annual Senior 7-Day Fitness<sub>1</sub> \$55 / \$110 (NR)<sub>2</sub>

Card Replacement Fee \$10 Daily Center Pass \$5

1. Only Senior Center Members are eligible. Senior Fitness times vary per center. This membership gives you access to N. Laurel and Gary J. Arthur Community Centers.

2. NR = Non Resident



# 3 GREAT CENTERS 1 LOW PRICE!

- The Fit4U Package allows you to use our three community centers' fitness facilities.
- No enrollment fees.
- Center membership included!

#### Pricing

Yearly	\$25/month
6 Months	\$30/month
3 Months	\$35/month
Monthly	\$40/month
Drop-In/	
Guest Rate	\$5/visit

#### **Additional Information**

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for members ages 60+.
- Discounted rates available for couples (two adults in same household).
- Discounted rates available for members ages 3-12, parental supervision is required (includes use of the swimming pool and gymnasium during drop-in hours and programs but does not include fitness rooms).
- Call for more pricing information.
   Gary J. Arthur Community Center: 410-313-4840
   North Laurel Community Center: 410-313-0390
   Roger Carter Community Center: 410-313-2764

#### **Benefits**

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

#### Youth Fit4U

Children ages 3-12 have access to the pool, gymnasium and walking track, while accompanied by an chaperon over 16 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85	\$55	\$35	\$15	\$5/visit

 $\label{eq:GJACC} \textit{GJACC} = \textit{Gary J. Arthur Community Center} \qquad \textit{NLCC} = \textit{North Laurel Community Center} \\ \textit{RCCC} = \textit{Roger Carter Community Center} \\$ 

### **Drop-In Fun**

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

#### Basketball (16 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Gary J Arthur Comm Ctr	7-9 PM	M
N Laurel Comm Ctr	6-7 PM	Tu
Roger Carter Comm Ctr	8-10 PM	M
Roger Carter Comm Ctr	7-10 PM	Sa

#### Basketball (50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

*Gary J Arthur Comm Ctr	9-11 AM	M, W & F
N Laurel Comm Ctr	10 AM-noon	M, W & F
Roger Carter Comm Ctr	Noon-2 PM	Tu & Th
* An Office of Aging program		

#### Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr	10 AM-2 PM	Tu
N Laurel Comm Ctr	10 AM-2 PM	Tu

#### Lap Swim (13 yrs +)

Swim in one of our six lap lanes. View the full schedule online (www.howardcountymd.gov/RCCC.htm).

Roger Carter Comm Ctr	6-10 AM	M, W, F
Roger Carter Comm Ctr	7:30-9:30 PM	M-F

#### Open Swim (All ages)

Full schedule: www.howardcountymd.gov/RCCC.htm.
Roger Carter Comm Ctr Noon-5 PM M-F
Roger Carter Comm Ctr Noon-9:30 PM Sa

Roger Carter Comm Ctr Noon-9:30 PM Sa Roger Carter Comm Ctr 9 AM-8:30 PM Su

#### Pickleball (16 yrs +)

Learn and practice your Pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr 9 AM-noon F

#### Ping Pong (16 yrs +)

Are you a menace at table tennis?

Gary J Arthur Comm Ctr Noon-4 PM Th N Laurel Comm Ctr Noon-4 PM Sa

#### **Pre-K Swim**

Meet friendly local families to talk about the kids and have fun! Chaperone must be at least 16 years old. View the full schedule online (www.howardcountymd.qov/RCCC.htm).

Roger Carter Comm Ctr 10 AM-noon M-F

#### **Social Sandbox**

Meet friendly local moms to talk about the kids and have fun! Takes place in the gym. Chaperone must be at least 16 years old.

Gary J Arthur Comm Ctr	10-noon	Th
N Laurel Comm Ctr	10-11 AM	Th
Roger Carter Comm Ctr	10-11 AM	W

#### **Stroller Moms & Friends**

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 16 years old.

Gary J Arthur Comm Ctr	8-11 AM	W & F
N Laurel Comm Ctr	8-9 AM	Tu & Th
Roger Carter Comm Ctr	8-9 AM	W & F

#### TeenZone (12 yrs +)

Come shoot hoops, play billiards, ping pong and games. Or just come and hang out!

Gary J Arthur Comm Ctr	2:30-5:30 PM	M-F
N Laurel Comm Ctr	2:30-5:30 PM	M-F
Roger Carter Comm Ctr	2:30-5 PM	M-F

#### Volleyball (16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

5:30-/ PM	Ih
7-9 PM	W
7-10 PM	W
5-7 PM	Sa
	7-9 PM 7-10 PM

#### Volleyball (Family)

Join other athletes of various ability levels. Games are self-officiated.
Gary J. Arthur Comm Ctr 5-7 PM W

#### Volleyball (50 yrs +)

Join other athletes of various ability levels. Games are self-officiated.
Roger Carter Comm Ctr 10 AM-noon M & Th



# CELEBRATE YOUR BIRTHDAY WITH HOWARD COUNTY!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY AT A
HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

ADVENTURE, NATURE & OUTDOORS

410-313-4623

410-313-4682

GARY J. ARTHUR COMMUNITY CENTER

410-313-4840

MEADOWBROOK ATHLETIC COMPLEX

410-313-1163

NORTH LAUREL COMMUNITY CENTER

410-313-2764

410-313-0390





2400 Rte 97, Cooksville, MD 21723 Registration: 410-313-4840

Center Hours: 7 AM-9 PM, M-Sa; 9 AM-6 PM, Su Closed: Apr 5, May 25, Jul 4, Sep 7, Nov 26-27,

Closing at 5 PM: Dec 24 & 31

www.howardcountymd.gov/GJACC.htm





9411 Whiskey Bottom Rd, Laurel, MD 20723

Registration: 410-313-0390

Center Hours: 8 AM-9 PM, M-Sa; 9 AM-6 PM, Su Closed: Apr 5, May 25, Jul 4, Sep 7, Nov 26-27,

Dec 25

Closing at 5 PM: Dec 24 & 31

www.howardcountymd.gov/NLCC.htm





3000 Milltowne Drive, Ellicott City, MD 21043 Information/Rentals/Reservations: 410-313-2764 Center Hours: 7 AM-10 PM, M-Sa; 7 AM-9 PM, Su Closed: Apr 5, Nov 26-27, Dec 25 Closing at 5 PM: May 5, Jul 4, Sep 7, Dec 24 www.howardcountymd.gov/RCCC.htm



3300 Norbert's Way, Ellicott City, MD 21042

Information: 410-313-2636 Reservations: 410-313-2637 Center Hours: 9 AM-5 PM, M-F

Closed: Nov 26-27, Dec 25-Jan 4, Apr 5, Jul 4
Perfect for larger events with a banquet capacity of 200 people.

Room dividers can partition the facility into three areas.



MAC

### MEADOWBROOK ATHLETIC COMPLEX

5001 Meadowbrook Lane, Ellicott City, MD 21043

 Information:
 410-313-1161

 Facility Rental:
 410-313-1163

 Recorded Information:
 410-313-4452

 Inclement Weather/Facility Status:
 410-313-4452

 Gym Hours:
 410-313-4452

www.howardcountymd.gov/MAC.htm

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve All ages and levels of play.

#### **MAC Early Risers Walking Package**

For one low, annual fee, you can use the walking track from 7-9 AM, M-F. Information: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

#### **Get Active Package**

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Information: Matthew Knoerlein, 410-313-1163.

#### Spring (Mar – May)

Adults: \$59 Season, \$25 Month

\*Also includes select local school gym drop-in basketball and volleyball. Youth: \$19 Season, \$10 Month

Summer (Jun - Aug)

Adults: \$49 Season, \$20 Month Youth: \$19 Season, \$10 Month





6692 Cedar Lane, Columbia, MD 21044 Information: 410-313-0400 Facility Rental: 410-313-0400 Center Hours: 9 AM-5 PM, W-Sa; Noon-5 PM, Su

Closed: Mondays, Tuesdays, Apr 5, Jul 4, Nov 26-27, Dec 25 www.howardcountymd.gov/RobinsonNatureCenter.htm

This green-designed facility is a unique nature education center featuring interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities. Daily General Admission\*

Adults: \$5 Children (3-17 yrs): \$3 Children (under 3 yrs): Free

\* Admission is complimentary for individuals and families every Wednesday. Group visits are subject to admission fees and must be booked in advance.

#### **Annual and Lifetime Passes**

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, discounts in the gift shop during designated events and discounted admission to certain programs. Annual passes expire December 31 of each year (NR = Non Resident).

 Senior (50 yrs +):
 \$20 / \$40 (NR)

 Student (with valid school ID):
 \$20 / \$40 (NR)

 Individual:
 \$25 / \$50 (NR)

 Family:
 \$50 / \$100 (NR)

(Family pass includes members of the immediate household.)

#### **Friends of Robinson Nature Center Memberships**

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 or visit www.friendsoftherobinsonnaturecenter.org for details.

Patron: \$175 Supporter: \$250 Sustainer: \$500 Lifetime: \$1,000

#### **Field Trips**

We offer year-round field trip programming for All ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

#### Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.

q

# Pavilion & Facility Rentals

Information/Reservations: 410-313-4682 \*For North Laurel Park Pavilion: 410-313-0390 www.howardcountymd.gov/rentals.htm

www.howardcountymd.gov/rentals.htr	n
Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$155 / \$185
Centennial Park Pavilion A, B & C	\$150 / \$180

Alpha Ridge Park Pavilion 1 & 2	\$155 / \$185
Centennial Park Pavilion A, B & C	\$150 / \$180
Centennial Park Pavilion D	\$360 / \$390
Centennial Park Pavilion E, F & G	\$150 / \$180
Centennial Park Pavilion H	\$900 / \$930
Centennial Park Pavilion O	\$155 / \$185
Cedar Lane Park East Pavilion	\$320 / \$350
Cedar Lane Park West Pavilion	\$400 / \$430
Guilford Park Pavilion	\$155 / \$185
Hammond Park Pavilion	\$155 / \$185
High Ridge Park Pavilion	\$300 / \$330
Meadowbrook Park Hawksview Pavilion	\$350 / \$380
*North Laurel Park Pavilion	\$300 / \$330
Rockburn Branch Park Pavilion	\$225 / \$255
Savage Park Pavilion	\$330 / \$360
Waterloo Park Large Pavilion	\$155 / \$185
Waterloo Park Small Pavilion	\$130 / \$160
Western Regional Park Pavilion 1	\$200 / \$230
Western Regional Park Pavilion 2 & 3	\$155 / \$185
Western Regional Park Pavilion 4 & 5	\$350 / \$380



#### Indoor Facilities

Information: 410-313-4682 www.howardcountymd.gov/CentersFacilitiesRentals.htm

Ellicott City Colored School, Restored: 410-313-5131
Gary J. Arthur Community Center: 410-313-4840
North Laurel Community Center: 410-313-0390
Patapsco Female Institute Historic Park: 410-313-5131
Pfeiffer's Corner Schoolhouse: 410-313-4682
Robinson Nature Center: 410-313-0400
Roger Carter Community Center: 410-313-2765
Schooley Mill Activity and Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711

### Envision • Relax • Celebrate





Manor & Historic Park

To see more photos, visit  $oldsymbol{pinterest}$  /hocorec

#### SITE AMENITIES

- Beautiful Historic Manor House on 68 acres of protected park land
- Suitable for meetings, retreats, receptions, presentations, holiday parties, company picnics, team building & events
- · WI-Fi & AV equipment
- Dedicated staff & warm atmosphere

- · Reasonable pricing
- Conference room, ballroom & dining rooms with adjacent break rooms & gas fireplaces
- · Game package & billiards room
- Howard County Conservancy Nature Center on-site
- · Free parking
- Convenient location, minutes from BWI Airport, I-95 & Rt 100.

# Now Booking Through 2016

To book an event or for more information call 410-313-4700 or email callen@howardcountymd.gov

6555 Belmont Woods Road, Elkridge, MD 21075 www.howardcountymd.gov/belmont.htm Instagram: @belmontmanorhouse



## **Historic Howard County Sites** 1

Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.

For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.htm.

To see more photos, visit **Pinterest** /hocorec

#### Baltimore & Ohio (B&O) Railroad Station

A National Historic Landmark, the B&O Railroad Station in Ellicott City is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Hours: Wednesday-Sunday, 11 AM-4 PM. Admission: \$6, adults; \$4, seniors (60+); \$3, 2-12 years old; Free, under 2 years old. 2711 Maryland Avenue, Ellicott City, MD 21043 (intersection of Main St. and Maryland Ave. in the Historic District). Info: 410-461-1945 or ecborail.org

#### **Belmont Manor & Historic Park**

Howard County Government purchased Belmont in 2012 to ensure the stewardship of this historic site for the residents of Howard County. The Federal style manor house built in 1738 is one of Howard County's best kept secrets. Located on 68 acres in Elkridge, Belmont is a popular venue for executive retreats, wedding, luncheons, reunions, corporate trainings, company picnics, fundraisers and special events. Groups may rent rooms in the Manor House or choose among several packages that can include the house, formal gardens, picnic areas and grounds. Tours may be scheduled. 6555 Belmont Woods Road, Elkridge, MD 21075 www.howardcountymd.gov/Belmont.htm Info: 410-313-4632 or mebaker@howardcountymd.gov or 410-313-1686 or callen@howardcountymd.gov

#### Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century, and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. While public access to Blandair is limited during restoration, occasional heritage programs are held there. The farm was also the site of the 2003 International Preservation Trade Conference. 6651 Route 175, Columbia, MD 21044

#### **Bollman Truss Bridge**

The Bollman Truss Bridge is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763

#### Ellicott City Colored School, Restored

This one-room schoolhouse building was constructed in 1880 as the first public school for African-American children in Howard County. In use as a school until the early 1950s, the building was re-purchased by the county in 1995 and restored with the assistance of public and private funding. The building now houses a genealogical resource center and a museum chronicling the history of African Americans in Howard County. Changing exhibits and seminars highlight the contributions by people of color to the history of the region. Tours are offered Saturday and Sunday at 3 PM, April through October. Private and group tours are available year-round, weather permitting.

8683 Frederick Road, Ellicott City, MD 21043

Info: 410-313-0420

#### Firehouse Museum

Located in the County's first firehouse, the Firehouse Museum houses a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889. Open Saturday and Sunday from 1-4 PM, April through December. Private and group tours are available year-round, weather permitting.

3829 Church Road, Ellicott City, MD 21043

Info: 410-313-0420

#### **Heritage Orientation Center**

The Heritage Orientation Center is in the county's first Court Records building. View unique exhibits on the 18th and 19th Century milling techniques, floods of Ellicott Mills, and the Ellicott Family. The center is open daily from 11 AM-4 PM. (behind Thomas Isaac Log Cabin). 8334 Main Street, Ellicott City, MD 21043 Info: 410-313-0420

#### Patapsco Female Institute Historic Park

Situated on a hilltop overlooking the Patapsco River Valley, The Patapsco Female Institute was founded in 1837 as an elegant finishing school for young women. The stabilized ruins of the Greek revival structure are open for tours, and serve as a beautiful setting for special events, including weddings, receptions, camps and open-air theatre. Tours are on Saturday and Sunday at 1:30 PM, April through October. Private and group tours are available year-round, weather permitting.

3655 Church Road, Ellicott City, MD 21043

Info/Scheduling special events and rentals: 410-313-0420

#### Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, the Pfeiffer's Corner Schoolhouse is one of the very few remaining one-room schools in Howard County. Restoration is now complete. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings. 6109 Rockburn Branch Park Road, Elkridge, MD 21227 Info: 410-313-0420

#### Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20th Century. Here, visitors can learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4 PM, April through December. Private and group tours are available year-round, weather permitting.

8394 Main Street, Ellicott City, MD 21043

Info: 410-313-0420



## Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements

- Be at least 18 years old or 13-17 years old with parental consent;
- · Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up or to get more information about volunteer opportunities, contact Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

For additional exciting volunteer opportunities, please visit our website at www.howardcountymd.gov/volunteer.htm

#### Docent/Tour Guide Orientation 18 yrs + / Mar 26 & May 21 / Free

Have you thought about volunteering with the Heritage Program, part of Howard County Recreation & Parks? We have opportunities involving all aspects of our mission including being a docent or a tour guide at one of four local historic sites in Historic Ellicott City; archaeology; architecture; and historical research. We welcome re-enactors or demonstrators from Colonial America through the Civil War. We would love to offer presentations relevant

to the history of the Firehouse Museum; the Thomas Isaac Log Cabin; the Patapsco Female Institute Historic Park; and the Ellicott City Colored School, Restored. If the public realm is not your domain, there are many behind-the-scenes opportunities including writing grants; designing and building displays for special exhibits; and more. We'll be there to answer your questions so please join us at this evening workshop and learn about the opportunities that await you with the Heritage Program. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov. Ellicott City Colored School, Restored
7-9 PM
Th

#### Project Clean Stream 8 yrs +/Apr 11/Free

Join a region-wide clean-up effort of the Chesapeake Watershed. Howard County will be cleaning a tributary of the Little Patuxent River in Savage. The site has a lot of loose trash and 50+ tires. Everyone should bring work gloves and filled reusable water bottles as needed. Wear knee boots if you want to pull tires out of the stream and shovels are needed for tires embedded in the stream and floodplain. Cameras are encouraged to document any reptiles and amphibians found as part of the Maryland Amphibian & Reptile Atlas. Preregistration required. Info: Sue Muller, 410-313-4697.

## Festival Volunteers - Wine in the Woods 21 yrs + / May 16 & 17 / Free

Volunteering is your opportunity to be a part of this Festival! We are looking for dedicated volunteers who are willing to invest your time to assist in a variety of areas such as admission gates, designated drivers, parking attendants, and more. Each 4-hour volunteer shift will entitle you to receive a free t-shirt to wear during your volunteer shift and one complimentary admission wristband to the Wine in the Woods Festival, which is good for either Saturday, May 16 or Sunday, May 17, 2015. Admission includes a commemorative wine glass good for sampling wine from the many wineries in attendance at the festival. Volunteer positions are on a first-come, first-served basis. For additional information or to sign up, visit us online (www.wineinthewoods.com/information/volunteering). Info: Shawnté Berry, 410-313-4624.

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#### **MPEA Volunteer Opportunities**

- The Middle Patuxent Environmental Area (MPEA) is a 1,021-acre forest between Clarksville and Columbia.
- To become a volunteer or for info on the below, contact MPEA Invasive Species Project Manager Davey Rogner, 410-313-0476 or drogner@howardcountymd.gov.

### Conservation Stewardship Project All ages / Dates below / Free

This is a joint program of the Howard County Master Gardeners and the Department of Recreation & Parks that targets the problem of controlling non-native, invasive species within the MPEA. Each event includes an educational component concerning the target invasive species or work area for the day. No registration necessary. Children must be accompanied by an adult. Details: www.howardcountymd.gov/mpea.htm.

MPEA Entrance / 9-11:30 AM / Tu

Mar 24, Apr 28, May 26, Jun 23, Sep 22, Oct 27 & Nov 24

## MPEA Weed Warrior Volunteer Days 14 yrs +/ Starting Mar 17 / Free

This is an engaging way to learn about local ecology while taking action to improve the health of Howard County's local ecosystems. In addition to a good workout or completing required volunteer service hours for school or work, volunteers are eligible to receive coupons from Chick-fil-A on Johns Hopkins Road, a water bottle from REI, and a lawn ticket from Merriweather Post Pavilion. Activities include removing invasive plants from the forest and replanting native trees, shrubs, and herbaceous plants under the supervision of a county forester.

5795 Trotter Rd. Clarksville, MD 21029

 Spring (Mar 17-Jun 25)
 3:30-6 PM
 Tu & F

 Summer (Jun 26-Aug 30)
 3:30-6 PM
 F & Su

## Tree Planting at the MPEA All ages / Mar 21 / Free

In 2015, the Natural Resource Managers at the MPEA are partnering with the Howard County Forestry Board to plant native trees, shrubs, and herbaceous plants in areas that have been recently cleared of invasive plants. We are seeking workplaces, places of worship, scout groups, or school groups to partners that want to volunteer to help with the tree planting.

5795 Trotter Rd. Clarksville, MD 21029

MPEA 1-4 PM Sa

## Gardening Get-Togethers at Robinson Nature Center

#### All ages / Thursday and Saturday weekly / Free

Join us every Thursday and Saturday (weather-dependent and excluding holidays) as we venture into the outdoors at Robinson Nature Center to tackle various volunteer stewardship projects. Projects could include planting native wildflowers, removing invasive plants, maintaining native trees and shrubs, trail maintenance, and trash clean ups. If interested, please contact Brian Campbell at bcampbell@howardcountymd.gov for more information and to confirm status of events. Children under the age of 18 must be accompanied by an adult during these events. For details, visit www.howardcountymd.gov/RNCvolunteers.htm.

Robinson Nature Ctr 10 AM-noon Th & Sa

# Special Events & Family Activities ■

### March

#### NEW! "Nano" Exhibit at the Robinson Nature Center All ages/ Mar 1-Aug 31 / Free with Robinson annual pass or daily admission

It's hard to imagine just how small nanotechnology is; a sheet of newspaper is about 100,000 nanometers thick! Find out how scientists are changing the future through nanoscience and new technologies that allow them to control individual atoms and molecules. The Nature Center proudly presents this interactive mini-exhibition for family audiences about nanoscale science, engineering and technology, on loan from Port Discovery Children's Museum through their program, "Museum on the Move: Nano." Explore nano materials, build a giant model of a carbon nanotube, compare static electricity and gravity in spin disks, and more. Come see the exhibit during Center hours (W-Sa, 9 AM-5 PM; Su, noon-5 PM) and check out www.howardcountymd.gov/RNCrotatingexhibits.htm for dates of special hands-on Small Wonder Experiences within the exhibit space. Nano exhibit is a product of the Nanoscale Informal Science Education Network.

Robinson Nature Ctr 9 AM-5 PM, W-Sa; Noon-5 PM, Su

#### Columbia Baseball Fest 4-12 yrs / Mar 14 / Free

Come out to the 3<sup>rd</sup> annual Baseball Fest! This fun kickoff to the spring Columbia Baseball League features a player/coaches' clinic, on-site program registration, baseball equipment sales and a special visit from the Baltimore Oriole Bird! The clinic is for players of all skill levels; families are encouraged to attend. Preregistration is encouraged, but not required. Info: Brian Wyman, 410-313-4705.

RP5990.303 Long Reach HS 10 AM-2 PM S

#### Scope Out the Night Sky **flick**r 8 yrs + / Mar 7 / \$24 per family (up to five members)

The Maryland Science Center and Robinson Nature Center jointly present this exciting, family-focused astronomy event! Enjoy a planetarium program, build your very own Galileoscope (a functional telescope for night sky viewing), hold a meteorite, and take a "tour" of the sky outside with professional and amateur guides including members of the Howard Astronomical League (HAL). Each family takes home one Galileoscope and tripod, and all participants receive a star-map.

RP4860.301 Robinson Nature Ctr 6-9 PM Sa

#### NEW! Anne Robinson's Centennial Birthday Celebration & Spring Break Activities All ages / Mar 14-15, Free / Apr 1-4, Free with Robinson annual pass or daily admission

Robinson Nature Center exists thanks to the foresight and generosity of James & Anne Robinson. Visit on March 14 and 15 for complementary admission, cupcakes and more courtesy of the James & Anne Robinson Foundation in honor of Anne's 100<sup>th</sup> birthday. For details, visit www.friendsoftherobinsonnaturecenter.htm. Return to the center between April 1 and April 4, when we honor Anne's legacy and the Center's mission to bridge the gap between people and nature by hosting guided hikes, storytelling, tea, movies, play events, and more. All activities are free with daily admission or Robinson annual pass. Info: 410-313-0400. For a detailed schedule of these special "spring break" activities, visit www.howardcountymd.qov/RNClegacy.htm.

Index on page 104. Spring/Summer 2015

#### NEW! MPEA Weed Warrior Volunteer Spring Celebration

#### All ages / Mar 27 / Free

The Middle Patuxent Environmental Area (MPEA) is hosting it first celebration for volunteers and the community to learn about and join the MPEA's Weed Warrior Volunteer Program and similar work by non-profit groups. The evening features music performances and presentations about efforts to enhance local biodiversity at the MPEA and beyond. Come purchase native plants to be planted at the MPEA or for your home landscape. Bring your dancing shoes as we celebrate a new season of ecosystem restoration at the MPEA. RSVP to Davey Rogner, 410-313-0476 or drogner@howardcountymd.gov.

Robinson Nature Ctr

6:30-9:30 PM

F

#### **Spring Egg Hunt**

#### 2-10 yrs / Mar 28 & 29 / \$7, center members; \$10, nonmembers

Celebrate spring and quality family time! Bring your basket to collect eggs and enjoy prizes and craft time. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited.

Registration/Info: 410-313-4840 (GJACC) or 410-313-0390 (NLCC).

RP4163.301 Gary J Arthur Comm Ctr (GJACC) Mar 28 2-3 PM Sa RP4163.311 N Laurel Comm Ctr (NLCC) Mar 29 3-4 PM Su

## NEW! Spring Egg-stravaganza for Tots 2 yrs + / Mar 29 / \$5, adult; \$7, child; Free, under 2 yrs

Enjoy a stroller-friendly spring egg hunt through the Robinson Nature Center's indoor exhibits and along paved portions of the trail. Together we search for eggs and discover which animals laid them. Then, every child can meet our favorite springtime friend — Humphrey the Rabbit! Turn in your eggs at the end of the program and choose a special prize. All children must be accompanied by an adult. Please preregister for one of the following program times to secure your spot. Arrive promptly as your group leaves on their adventure at the time indicated. Program lasts approximately one hour.

Robinson Nature Ctr / Su		Robinson Natu	<u>re Ctr / Su</u>
RP4858.301	10 AM	RP4858.304	10:45 AM
RP4858.302	10:15 AM	RP4858.305	11 AM
RP4858.303	10:30 AM		

### **April**

#### **Kids Fest**

#### 2-12 yrs / Apr 4 / \$5 per participant

Come experience what we have to offer your children at the 2<sup>nd</sup> annual Kids Fest! This exciting event features sports instruction, games, activities, arts and crafts, food, and much more. Bring the whole family and enjoy fun for all ages. Preregistration encouraged but not required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP5905.301 Meadowbrook Pk 11 AM-2 PM Sa

## NEW! Anne Robinson's Centennial Birthday Celebration & Spring Break Activities Page 13

#### **Pool Egg Hunt**

#### 2-10 yrs / Apr 4 / \$7, center members; \$10, nonmembers

Celebrate spring by hunting for eggs in our 25-meter pool. Plastic eggs are filled with surprises and float in the pool. All children need to be accompanied by an adult in the water. Bring your own basket! The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/Info: 410-313-2764.

RP5400.301 Roger Carter Comm Ctr Noon-1:30 PM Sa

#### NEW! Belmont Manor & Historic Park Open House

#### All ages / Dates below / Free

Spend some time exploring the pristine setting of one of Howard County's most beautiful historic sites. Nestled within a 68-acre natural setting, you are transported back to the 18<sup>th</sup> century as you come upon the stucco-covered Manor and its lush gardens, historic outbuildings, cemetery, aqua garden, carriage house, and original barn. Enjoy a walk through the manor house or take a stroll through the grounds where you can play croquet, horseshoes, badminton, or other outside games. Feel free to bring a picnic and enjoy the bucolic setting of Belmont. This unique site is not open daily for public tours, so this is your chance to see what everyone is talking about! The Howard County Conservancy that operates a nature center (in the Carriage House) will be open to visitors showcasing their environmental education programs, hikes, camps, and public events.

Belmont Manor & Historic Pk 1-5 PM Apr 11, Jun 7 & Jul 19

### **NEW! Butterfly Gala**

#### All ages / Apr 11 / \$20

The Howard County Therapeutics Division cordially invites families of children and adults with special needs to join in an evening of sensory-friendly activities celebrating spring. Enjoy hands-on activities throughout the Center, light hors d'oeuvres, music, and dancing. We can't wait to celebrate with you! Please register by April 8th. Please thank the Maryland Autism Society and the Maryland Science Center for their partnership in this event.

RP4860.302 Robinson Nature Ctr 6:30-9 PM Sa

#### **Bunny Tracks**

#### All ages / Apr 18 / \$5, center members; \$7, nonmembers

How many steps do you think it takes you to track down all the hidden bunnies? Bring the entire family on a scavenger hunt throughout North Laurel Park. Receive a pedometer and water bottle. Light refreshments are provided at the end of your hunt. Children 4 and under are free. Info: 410-313-0459.

RP4402.301 N Laurel Comm Ctr 10:30 AM-noon Sa

#### **Earth Day**

#### All ages / Apr 18 / Free

Join us for Earth Day and become part of the largest volunteer movement in the world. Plant, mulch, and shelter native trees with our Natural Resources staff! Bring your work gloves for this hands-on reforestation project (tools and instruction provided) and help improve the quality of our county's air and water. Volunteers under the age of 16 must be accompanied by a parent or guardian. Inclement weather line: 410-313-4451. Please register by April 11. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov. RP3071.301 West Friendship Pk 9 AM-noon Sa

## NEW! International Astronomy Day Celebration

#### 5 yrs + / Apr 25 / Free with Robinson annual pass or daily admission

Howard County is the epicenter of incredible advances in space science. Robinson Nature Center and representatives from the NASA Goddard Space Flight Center, the Johns Hopkins Applied Physics Laboratory (APL) and Space Telescope Science Institute (STScI) jointly present this celebration of International Astronomy Day. Join us for interactive activities throughout the Nature Center, exploring everything from meteorites to Earth's magnetic fields. Hear about findings from cutting-edge space missions, catch a planetarium program and participate in safe, solar-viewing on the green roof with members of the Howard Astronomical League.

See www.howardcountymd.gov/RNCastroday.htm for details on speakers and other activities. No registration necessary. Children must be accompanied by an adult. Info: 410-313-0400.

Robinson Nature Ctr 10 AM-3 PM Sa

15

#### **NEW! "Sailors and Slaves: USS Constellation** and the Suppression of the Transatlantic Slave Trade" Exhibit at the Ellicott City Colored School, Restored

All ages / Weekends, Apr 25-Jun 21 / Free

The Heritage Program proudly presents this traveling exhibit, on loan from Historic Ships in Baltimore. It details the Transatlantic slave trade, the US African Squadron and USS Constellation's role as flagship of the squadron from 1859-1861. During this period, Constellation directly affected the African slave trade by inhibiting three slave ships and releasing the African prisoners on board. A limited amount of information exists on the heroic efforts of Constellation and her crew fighting human trafficking in the pre-Civil War era, so don't miss the opportunity to learn more and see this exciting exhibit while it's here! Open on weekends during normal tour hours. Times may vary, the most up to date information will be available via phone call. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

Ellicott City Colored School, Restored Sa-Su

#### Spring Heritage Day at the Historic Sites All ages / Apr 26 / Free

Spring Heritage Day kicks off a dynamic new season at the historic sites in Ellicott City. Sites open with special activities for all ages to enjoy. A crafting demonstration at the Thomas Isaac Log Cabin engages visitors with a taste of Colonial life. The Firehouse Museum has a show & tell corner for the kids. The Friends of the Patapsco Female Institute invite you to a day of fun and history as they host a Victorian-era picnic on the grounds of the Patapsco Female Institute Historic Park with games, activities, and more. You won't want to miss a new exhibit at the Ellicott City Colored School, Restored on loan from Historic Ships Baltimore, "Sailors and Slaves: USS Constellation and the Suppression of the Transatlantic Slave Trade." Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

Ellicott City Colored School, Restored	Noon-4 PM	Su
Firehouse Museum	Noon-4 PM	Su
Patapsco Female Institute Historic Pk	Noon-4 PM	Su
Thomas Isaac Log Cabin	Noon-4 PM	Su

### May

#### **NEW! Belmont Blockbusters!**

#### All ages / Dates below / Free

Experience the beautiful setting of Belmont Manor & Historic Park with your family and friends at our new outdoor movie series! Arrive early to look around the gardens and the historic grounds, before picking your spot on the lawn and settling in for some serious fun. Our large blowup movie screen will be set up in the formal garden area behind Belmont Manor. Bring your own picnic, blanket, and lawn chairs. Popcorn and water will be available for a small fee. Maximum attendance is 300. Inclement weather line: 410-313-4452. Info: 410-313-4700.

Belmont Manor & Historic Pk

Mamma Mia (PG)	May 2	8 PM	Sa
Moonstruck (It's a Full Moon) (PG)	Jun 2	8 PM	Tu
Jaws (PG)	Jun 30	8:30 PM	Tu
How To Train Your Dragon 2 (G)	Jul 14	8:30 PM	Tu
Rear Window (PG)	Jul 31	8:30 PM	F
The Avengers (PG-13)	Aua 11	8:30 PM	Tu



Last year's Kids Fest was a huge success! Let's do it again!

### Community Yard Sale at NLCC

All ages / May 2 / \$15 per space; Free for shoppers

Clean out your basements, closets, and garages and haul it down to the North Laurel Community Center for a day of selling and buying. Reservations required. Registration/Info: Laura Yingling, 240-338-8534 or NLaurelYardSale@gmail.com.

N Laurel Comm Ctr 8 AM-noon

#### Martha Ellicott Tyson at the **Thomas Isaac Log Cabin**

8 yrs + / May 2 / Presentations at 1:30, 2, 2:30, 3 & 3:30 / Free

Want to learn more about the "Ellicott" in Ellicott City? Who was this progressive family of Friends and what did they stand for? Bring your family and friends to experience Virginia Schurman's inspiring portrayal of Martha Ellicott Tyson, chronicler of the early history of then "Ellicott's Mills." Info: Caitlin Chamberlain, 410-313-0420 or

cchamberlain@howardcountymd.gov.

Thomas Isaac Log Cabin Sa

#### **Native Plant Palooza** 4 yrs + / May 3 / Free

Come shop our native plant sale and learn how best to care for plants in your lawn and garden. Local experts in landscaping, tree care, and gardening lead demonstrations on proper pruning, landscape design, and plant care. By planting native and properly caring for your plants, you can save on the cost of water, fertilizer, and pesticides while providing a habitat for butterflies, insects, and other local wildlife. A portion of proceeds from the sale of all plants benefits educational programs at the Nature Center. See www.howardcountymd.gov/RNCplantnative.htm for details on speakers and other activities. Don't have a babysitter? For children 4 years and older, we offer a supervised children's area. Drop your children off while you shop and learn (\$5 per child per hour). Children outside of the supervised area must be accompanied by an adult at all times.

Robinson Nature Ctr Noon-4:30 PM

#### Adult Flashlight Egg Hunt 18 yrs + / May 8 / \$15 per individual; \$25 per couple

If you enjoyed watching the kids hunt for Easter eggs, don't feel left out! Back by popular demand, adults and their friends join us to get active in nature for a nighttime egg hunt using flashlights and your wits at the Robinson Nature Center. Hundreds of eggs full of raffle tickets lie hidden, awaiting your discovery. Collect as many as you can for chances to win passes to the National Aquarium, gift cards to Wegmans, meal coupons to local restaurants and other fantastic nature-themed prizes. View sponsors and prizes at www.howardcountymd.gov/RNCspecialevents.htm. Space is limited. Preregister to secure your spot.

RP4874.301 Robinson Nature Ctr

Index on page 104. Spring/Summer 2015

#### **Spring Flea Market**

#### 18 yrs + / May 9 / \$20 space; \$5 for 6' table; Free for shoppers

Get a start on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Gary J. Arthur Community Center for a fun day of selling and buying. Space available on a first-come, first-serve basis. Reservations required at least one week before the event. No fee for shoppers. Info: 410-313-4840.

RP4141.301 Gary J Arthur Comm Ctr 9 AM-noon Sa

## Lace Day at the Thomas Isaac Log Cabin 9 yrs +/May 9 & Sep 12 / Free

Members of the Chesapeake Lace Maker's Guild return for their semi-annual trek to the Thomas Isaac Log Cabin. Master and apprentice lace makers demonstrate various types of lace making and share their expertise on the history of lace making. Pillows for bobbin lace making are available to the public. Come and try your hand at this delicate and ancient craft. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

Thomas Isaac Log Cabin 10 AM-3 PM

#### Wine in the Woods 21 yrs + / May 16 & 17 / Prices below

Join us for the 23<sup>rd</sup> year and celebrate the charm and character of an event that has aged to perfection! Wine in the Woods is now the largest wine festival in Maryland and was voted Best Festival in Howard County. Sample a variety of Maryland's finest wineries from a souvenir glass; purchase food from an abundance of high quality, distinctive restaurants and caterers; sharpen your palate by attending wine education seminars; purchase exceptional works of art and specialty crafts; and revel in continuous live entertainment. Ask about our designated driver program. As wine is being served at this festival, the target audience for this event is 21 years and over. While we welcome all patrons, this is not intended as an event for children. Volunteers are needed, sign up at www.wineinthewoods.com.

To purchase advance tickets, visit www.wineinthewoods.com. Once purchased, the tickets are non-refundable and cannot be exchanged. This event is held rain or shine. Visit our website (www.wineinthewoods.com) for additional details.

#### Symphony Woods (adjacent to Merriweather Post Pavilion)

11 AM-6 PM / Sa

Wine Taster \$32 advance purchase; \$40 at gate

Designated Driver \$25 Youth, 3-20 yrs \$25

<u>11 AM-5 PM / Su</u>

Wine Taster \$27 advance purchase; \$35 at gate

Designated Driver \$20 Youth, 3-20 yrs \$20

## National Road Yard Sale at Roger Carter 18 yrs + / May 30 / \$20 space

The Historic National Yard & Sidewalk Sale is the area's longest continuous sale. From downtown Baltimore to St. Louis, this sale runs for 284 miles. Join Roger Carter and other community members as we participate in a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations no later than May 22. Registration: 410-313-2764. Info: Montrez Brown, 410-313-2764 or mjbrown@howardcountymd.gov. RP5400.303 Roger Carter Comm Ctr 9 AM-noon Sa



## Sunset Serenades Summer Concerts Select Wed evenings / Dates TBA / \$3 parking donation

Grab a blanket or lawn chair, bring the family, have a picnic and enjoy the sounds of summer! For a recorded announcement about cancellation due to inclement or extreme heat related weather, call 410-313-4451 after 5 PM on the day of the performance. Boat rentals available at Centennial Park, cash only. Summer concert flier coming soon. Please check the webpage for the full schedule and details in April\* www.howardcountymd.gov/summerconcerts.htm

\*Schedules subject to change

Centennial Pk South 7 PM W

## Traveling Bands Summer Concert Series Select Friday evenings / Free

Grab a blanket or lawn chair, bring the family, have a picnic and enjoy the sounds of summer! For a recorded announcement about cancellation due to inclement or extreme heat related weather, call 410-313-4451 after 5 PM on the day of the performance. Boat rentals available at Centennial Park, cash only. Summer concert flier coming soon. Please check the webpage for the full schedule and details in April\* www.howardcountymd.gov/summerconcerts.htm

Locations TBA 7 PM

### June

#### **NEW! Belmont Blockbusters!** Page 15

#### Shred It - Action Sports Video Contest 13 yrs + / Jun 1-Jul 10 / Free

Capture the action and enter the 2<sup>nd</sup> annual Shredlt Contest! Are you a fan or avid user of North Laurel Skate Park, Centennial Skate Spot, or Rockburn Skills Course? Grab your camera, head out to one or all three, and show us your best moves. Submit your video to win great prize packages. Each entrant receives a Shredlt t-shirt. The grand prize winners are announced at the North Laurel Community Center's National Night Out event. For more information about the contest and editing rules please visit www.howardcountymd.gov/Shredlt.htm.

#### Birthday Bash All ages / Jun 5 / Free

Come celebrate the North Laurel Community Center's  $4^{th}$  anniversary with a variety of events including sports, crafts, music, make your own ice cream float bar and birthday cake. Info: 410-313-0459.

N Laurel Comm Ctr 6-8 PM

## NEW! Belmont Manor & Historic Park Open House Page 14

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### First Days of Summer Pool Party

6-12 yrs / Jun 20 / \$15, center members; \$20, nonmembers

Start the summer off with a splash! Enjoy fun activities inside the pool, play on the splash pad, enjoy root beer floats and eat pizza. All participants must wear proper swim attire. Preregistration is required; space is limited. Registration/Info: Montrez Brown, 410-313-2764 or

mjbrown@howardcountymd.gov.

RP5400.301 Roger Carter Comm Ctr 3-5 PM Sa

### July

## Howard County's July 4th Festival & Fireworks All ages / Jul 4 (rain date Jul 5, fireworks only) / Free

Join Howard Countians at the 4<sup>th</sup> of July annual Festival and Fireworks celebration. The event features live entertainment on two stages. The second stage hosts children's entertainment. Bring a picnic or purchase food from on-site vendors. Parking is free. Visit www.howardcountymd.gov/rap after June 1 for activities schedule.

Columbia Lakefront 5-10 PM, fireworks at dark (weather-permitting)

### Insect Extravaganza flickr

All ages / Jul 12 / \$8, Robinson annual pass holders; \$10, general admission; Free, under 3 yrs

Summer hums with the excitement of insect symphonies. Bring your family out for an incredible afternoon of fun-filled activities that highlight our six-legged friends. Meet your nature center guide who leads you on an exploration of the forest and gardens at Robinson Nature Center. Help collect and identify butterflies for Howard County's butterfly count. Search the stream for aquatic insects. Get your face-painted, create special crafts and join in games. Please register for one of the following staggered arrival times and arrive promptly as your group departs for your adventure at the appointed time.

 Robinson Nature Ctr
 Robinson Nature Ctr

 RP4828.401
 12:30 PM
 Su
 RP4828.404
 2 PM
 Su

 RP4828.402
 1 PM
 Su
 RP4828.405
 2:30 PM
 Su

 RP4828.403
 1:30 PM
 Su

#### **NEW! Belmont Blockbusters!** Page 15

#### NEW! Belmont Manor & Historic Park Open House Page 14

### Disaster Preparedness Training

#### All ages / Dates below / Free

This course provides the knowledge and skills to enable you and your family to better prepare for and get through a disaster in your community. Professional instructors from the Howard County Office of Emergency



Management lead you through the steps to develop and maintain your readiness. From reviewing the history of catastrophic events in the region, to maintaining a stock of necessary supplies and dealing with utility emergencies, this course prepares you with the information needed to help keep you and your family safe. For reservations: 410-313-6030.

Central Branch Library

Apr 16 6:30-8:30 PM

Th

Register: https://columbiadisasterprep2.eventbrite.com

Miller Branch Library, Avalon Room May 14 6:30-8:30 PM Th

Register: https://millerdisasterprep2.eventbrite.com

### August

## **NEW! Family Picnic Day at Robinson Nature Center**

#### All ages / Aug 2 (rain date Aug 9) / \$20 per car

BYOP (Bring your own picnic) to the Robinson Nature Center, and we provide the entertainment! Enjoy nature games for the kids, live animal presentations, live music on the lawn and snowcones for sale to complete your Sunday picnic experience. To pay with a credit card, please register in advance. Only cash is accepted on the day of the event. Children must be accompanied by an adult.

RP4876.402 Robinson Nature Ctr Noon-3:30 PM Su

#### **National Night Out**

#### All ages / Aug 4 / Free

Come join family, friends and neighbors for the 32<sup>nd</sup> annual National Night Out, celebrated for the fourth year at the North Laurel Community Center. The evening is designed to heighten awareness of crime and drug prevention, generate support for local anti-crime programs and strengthen neighborhood spirit and police-community partnerships. The event features a live concert, Howard County Police Department displays and much more! Info: 410-313-0390.

N Laurel Comm Ctr 6:30-8:30 PM Tu

#### **NEW! Belmont Blockbusters!** Page 15

### Rockburn Open Car Show **flick**r

All ages / Aug 15 / Free to visitors, exhibitor fees below
The Rockburn Open Car Show is an exciting event that celebrates the beauty
of classic antique, but rods and modified cars. Everyone finds great enjoy-

of classic, antique, hot rods and modified cars. Everyone finds great enjoyment in viewing the cars on display. The show is open to the public and admission is free. Food is available for purchase.

Registration: 410-313-7275. Info: Shawnté Berry, 410-313-4624.

Rockburn Branch Pk / 10 AM-2 PM / Sa

RP4099.401 Car Entries \$10, preregister; \$15, on-site registration

Classics, antiques, hot rods and modifieds, 1999 and older. The first 100 registrants receive a commemorative dash plate. Early registration is encouraged to assure receiving a plate. The following awards are given: The Gary J. Arthur Memorial Award, The EAAA Jay Herbert Memorial Award, Best in Show Award and the People's Choice Award. Best of Class awards are given in the following categories: American Cars, Corvettes, Trucks, Euro Imports & Asian Imports.

RP4099.402 Car Flea Market Vendors \$25, preregister; \$30, on-site registration 18'x20' space for motor vehicles parts and accessories only.

Spaces are limited – first-come, first-served.

RP4099.403 Car Sales \$20, preregister; \$30, on-site registration

## Hispanic Cultural Fair

#### All ages / Sep 12 / Free

Come join us for a cultural celebration of the Hispanic communities! Enjoy delicious ethnic foods, entertainment, artisan crafts and children's activities. If interested in participating as a vendor or entertainer please call, 410-313-0459 for more information.

N Laurel Comm Ctr 1-4 PM Sa

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# Need More Information?

#### Visit us at www.howardcountymd.gov/children to:

- Register for Parent & Caregiver Workshops
- Discover Upcoming Events
- · Find Quality Child Care Options
- See What's New in Our Resource Room

## The CARE CENTER provides resources and information for children and teenagers:

- Special Needs Child Care
- Behavior Issues
- Health Concerns
- Financial Assistance & more Call 410-313-CARE (2273) for more details.

### The FAMILY INSTITUTE Parenting Classes:

Workshops for parents of children age birth-18. Call 410-313-1940 for a current list of classes and to request the Parent's Pages newsletter.

### PARENTS AS TEACHERS Program

Learn skills and strategies to help your 0-5 year old child succeed in school and enjoy learning. Call 410-313-1453 for more details.

Find us on Facebook to get the latest news: www.facebook.com/HoCoCitizen

Department of CITIZEN SERVICES
OFFICE OF CHILDREN'S SERVICES

410-313-1940 • children@howardcountymd.gov

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Take your best shot at an archery class this spring!

# Adventure & Outdoors

- · www.howardcountymd.gov/adventure.htm
- Nature & Environmental Awareness begins on page 24.
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, biking, and a mobile skate park.
- Registration: 410-313-7275.
- Info: Dawn Thomas, 410-313-4623 or dthomas@howardcountymd.gov.

### Archery

- Take an introduction course to be eligible for the HCRP Archery Club!
- No experience necessary and all equipment supplied for use during the program.
- Detailed information is emailed to participants.
- Registration: 410-313-7275.
- Info: Matt Medicus, 410-313-4719.

#### Youth & Adults (4 yrs +)

#### Lil' Archers

#### 4-5 yrs / 2 classes, start dates below / \$30

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery.

RP9061.331 Meadowbrook Ath Comp Apr 9 1-2 PM Th RP9061.332 Meadowbrook Ath Comp Apr 30 2-3 PM Th

#### Introduction to Archery 8-17 yrs / 2 classes, start dates below / \$55

Discover the basics of archery! Learn basic techniques and form using recurve and compound bows from an USA Archery-certified instructor. Equipment, safety and elements of shooting are covered. Course meets the requirement to participate in the HCRP Archery Clubs.

<u>8-13 yrs</u>				
RP9061.301	Rockburn Branch Pk West	Mar 21	10:30 AM-12:30 PM	Sa
RP9061.302	Alpha Ridge Pk	Mar 21	1:45-3:45 PM	Sa
RP9061.303	Rockburn Branch Pk West	Apr 11	10:30 AM-12:30 PM	Sa
RP9061.304	Alpha Ridge Pk	Apr 25	1:30-3:30 PM	Sa
RP9061.305	Alpha Ridge Pk	May 10	1:15-3:15 PM	Su
<u>13-17 yrs</u>				
RP9061.311	Alpha Ridge Pk	Apr 11	11:15 AM-1:15 PM	Sa
18 yrs + / Disco	ver Archery Workshop			
RP9061.321	Rockburn Branch Pk West	Mar 22	1:15-3:15 PM	Su
RP9061.322	Alpha Ride Pk	Apr 11	1:45-3:45 PM	Sa
RP9061.323	Rockburn Branch Pk West	Apr 26	1:15-3:15 PM	Su

### NEW! Intermediate Archery 11-17 yrs/2 classes, start dates below/\$65

This class is for intermediate archers looking for a serious coaching environment to improve target archery skills and technique. Prepare for a tournament or refine your skills to shoot a personal best with USA Archery certified instructors. Equipment provided or bring your own (suitable for target use).

RP9061.341	Rockburn Branch Pk West	Mar 21	1-3 PM	Sa
RP9061.342	Rockburn Branch Pk West	May 10	1:15-3:15 PM	Su

#### **HCRP Archery Club**

#### 8 yrs + / 4 sessions, start dates below / \$65

You must have attended and completed our *Introduction to Archery, Discover Archery Workshop, Archery Together* or *Archery Camp* to join the Howard County Recreation & Parks Archery Club. The club offers a unique experience with an emphasis on having fun while practicing basic archery technique and participating in archery games. Youth Club sections include an archery competition on the last day. (No club 4/4, 4/5.)

<u>8-13 yrs</u>	
RP9064.301 Alpha Ridge Pk Mar 21 9:30-11 AM S	Sa
RP9064.302 Rockburn Branch Pk West Mar 22 11:30 AM-1 PM	Su
RP9064.303 Alpha Ridge Pk Apr 25 11:15 AM-12:45 PM S	Sa
RP9064.304 Rockburn Branch Pk West Apr 25 1-2:30 PM	Sa
RP9064.305 Rockburn Branch Pk West Apr 26 11:30 AM-1 PM	Su
<u>13-17 yrs</u>	
RP9064.311 Alpha Ridge Pk Mar 22 1:15-2:45 PM S	Su
RP9064.312 Alpha Ridge Pk Apr 25 9:30-11 AM S	Sa
<u>18 yrs +</u>	
RP9064.321 Rockburn Branch Pk West Mar 21 8:45-10:15 AM	Sa
RP9064.322 Rockburn Branch Pk West Apr 25 10:45 AM-12:15 PM 5	Sa
RP9064.323 Alpha Ridge Pk Apr 26 11:30 AM-1 PM S	Su

#### School's Out

### Archery, Fishing & Kayaking 9-13 yrs / May 1 / \$73

Try your hand at archery, fishing, kayaking, and field games. Info on page 21. RP9240.301 Centennial Pk South – Pay A 9 AM-5 PM F

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#### Parent/Child

#### Archery Together (Parent/Child) 8-13 yrs / 2 classes, start dates below / \$80

You and your child learn the basic techniques of archery together!
Equipment, safety and elements of shooting are covered by an USA Archerycertified instructor. No experience necessary and all equipment supplied.
Fee is for one parent and one child. Registration: 410-313-7275.

Info: Matt Medicus, 410-313-4719.

RP9063.301	Alpha Ridge Pk	Mar 21	11:15 AM-1:15 PM	Sa
RP9063.302	Rockburn Branch Pk West	Apr 11	1-3 PM	Sa
RP9063.303	Rockburn Branch Pk West	Apr 12	1:15-3:15 PM	Su
RP9063.304	Alpha Ridge Pk	Apr 26	1:15-3:15 PM	Su
RP9063.305	Alpha Ridge Pk	May 9	1:30-3:30 PM	Sa

#### Parent/Child Archery Club 8-13 yrs / 4 sessions, start dates below / \$99

You or your child must have attended and completed our *Introduction to Archery* or *Archery Together* course to join the *Parent/Child Archery Club*. The club offers a unique experience with an emphasis on having fun while practicing basic archery technique and participating in archery games. Fee is for one parent and one child. (No club 4/4, 4/5.)

RP9064.331	Alpha Ridge Pk	Mar 22	11:30 AM-1 PM	Su
RP9064.332	Rockburn Branch Pk West	Apr 25	9-10:30 AM	Sa

### **Campfires**

- Detailed information is emailed to participants.
- · Listed in order by date.
- Registration: 410-313-7275.
- Info: Matt Medicus, 410-313-4719.

### NEW! Clues & Haunts Campfire at PFI All ages / Apr 10 / \$10, individual; \$25, family

Search the park for clues and solve a mystery over s'mores! Bring a flashlight and blanket. Family fee is for three or more immediate family members.

RP9020.301 Patapsco Female Institute 7-9 PM F

## NEW! Evening on the Hill: Haunts, Heat & Eats at PFI

#### 21 yrs + / May 8 / \$10, individual; \$18, couple/pair

Spend an evening experiencing the haunts and history of Patapsco Female Institute while enjoying the company of others touring the historic grounds, sharing stories around the campfire, and sampling a little wine and tasty treats. Bring a flashlight and blanket.

RP9020.303 Patapsco Female Institute 8-11 PM F

#### Heroes Campfire Roundup All ages / May 9 / \$10, individual; \$25, family

Calling all heroes! Come dressed as your favorite hero, whoever that is to you! Your mom or dad, a firefighter, police officer, teacher, or other amazing hero! Join other heroes around the campfire to share epic tales, songs, and s'mores at this exciting superhero roundup. Bring a flashlight and blanket. Family fee is for three or more immediate family members.

Detailed information is emailed.

RP9020.302 Rockburn Branch Pk West - Campfire Ring 7:30-9 PM Sa

#### Bats, Banjos & Bonfires Page 26

## Ladies Night Out: Sunset Hike Social & Campfire Page 28

### **Camping**

### Parent/Child Camping in the Park All ages / Jun 19 / \$55

Introduce your child to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. Fee is for one parent and one child. One additional immediate family member may be added for \$10 (must call to register). Registration: 410-313-7275. Info: Matt Medicus, 410-313-4719.

RP9091.401 Rockburn Pk West - Campfire Ring 6 PM-8 AM F-Sa

### Canoeing/Kayaking

- Earn a certificate and patch by taking a flat water paddling basics class and paddling our series of four MD waterways at least once within a three-year period.
- Fees are per person. Canoes are two person boats; kayaks are either single or double.
- Under 16 must be accompanied by a participating parent or guardian.
- Detailed information is mailed to participants.
- Below section is listed in date order.
- Registration: 410-313-7275.
- Info: Matt Medicus, 410-313-4719 or www.howardcountymd.gov/canoe.htm.

#### Flat Water Paddling Basics for Canoe or Kayak 10 yrs + / Dates below / \$35

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe or kayak. Participants under 16 are placed in a canoe or tandem kayak with an accompanying registered adult. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program.

<u>Canoe / Centennial Pk South - Concession Dock</u>			
RP9120.301	Apr 11	9:30 AM-noon	Sa
RP9120.302	May 9	9:30 AM-noon	Sa
RP9120.401	Jun 19	6:30-9 PM	F
RP9120.402	Jul 17	7-9:30 PM	F
RP9120.403	Jul 18	8-10:30 AM	Sa
<u>Kayak / Centennial Pk South - Concession Dock</u>			
RP9125.301	Apr 11	9:30 AM-noon	Sa
RP9125.302	Apr 11	1-3:30 PM	Sa
RP9125.303	May 9	9:30 AM-noon	Sa
RP9125.304	May 9	1-3:30 PM	Sa
RP9125.401	Jun 19	6:30-9 PM	F
RP9125.402	Jul 17	7-9:30 PM	F
RP9125.403	Jul 18	8-10:30 AM	Sa

#### Float the Potomac River

#### 10 yrs + / Apr 12 / \$47, canoe or double kayak; \$68, single kayak

Nature enthusiasts and families discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our *Flat Water Paddling Basics* class before the trip. Fee is per person, which includes transportation, leadership and boats; bring a lunch (no nut products) and beverage.

#### Centennial Pk South - Overflow Parking

RP9123.301	10 yrs +	Canoe	9 AM-6 PM	Su
RP9123.302	10 yrs +	Double kayak	9 AM-6 PM	Su
RP9123.311	16 yrs +	Single kayak	9 AM-6 PM	Su

#### Float Blackwater National Wildlife Refuge 10 yrs + / Apr 26 / \$47, double kayak; \$68, single kayak

Paddle the tidal marshes of Blackwater National Wildlife Refuge on this one-day flat water trip. Enjoy the scenery of mixed evergreen and deciduous forests, which are home to the Bald Eagle and endangered Delmarva Fox Squirrel. Beginner to intermediate paddlers are welcome. All paddlers must complete our *Flatwater Kayak Paddling Basics* class before the trip. Fee is per person, which includes transportation, leadership, and boats. Bring a lunch (no nut products) and beverage.

#### Centennial Pk South - Overflow Parking

RP9126.301	10 yrs +	Double kayak	8 AM-6 PM	Su
RP9126.311	16 vrs +	Single kavak	8 AM-6 PM	Su

#### Float the Monocacy River

#### 10 yrs + / May 10 / \$47, canoe or double kayak; \$68, single kayak

Beginner to intermediate paddlers, come discover the beauty of the scenic Monocacy River on this one-day trip. Paddle through history near the Monocacy National Battlefield with an ACA-certified instructor. All paddlers must complete our *Flat Water Canoe* or *Kayak Paddling Basics* class before the trip. Fee is per person, which includes transportation, leadership, and boats. Bring a lunch (no nut products) and beverage.

#### Centennial Pk South - Overflow Parking

RP9122.301	10 yrs +	Canoe	9 AM-6 PM	Su
RP9122.302	10 yrs +	Double kayak	9 AM-6 PM	Su
RP9122 311	16 vrs +	Single kayak	9 AM-6 PM	Sii

#### Float the Antietam

#### 10 yrs + / Jun 21 / \$47, canoe or double kayak; \$68, single kayak

Nature enthusiasts and families, come enjoy a day of paddling on Antietam Creek near Sharpsburg, MD. Choose a canoe, double kayak, or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our *Flat Water Canoe or Kayak Paddling Basics* class before the trip. Fee is per person, which includes transportation, leadership, and boats. Bring a lunch (no nut products) and beverage.

#### Centennial Pk South — Overflow Parking

RP9124.401	10 yrs +	Canoe	9 AM-6 PM	Su
RP9124.402	10 yrs +	Double kayak	9 AM-6 PM	Su
RP0124 411	16 vrs ±	Single kayak	9 ΔM_6 PM	Sir

#### School's Out

## Archery, Fishing & Kayaking 9-13 yrs / May 1 / \$73

No school today? Then come spend the day outdoors on land and water! Make new friends while trying your hand at archery, fishing, kayaking, and field games. Fee includes equipment, instruction, transportation, supervision, and lunch. Detailed information is emailed to participants prior to this fun-filled day. No experience necessary.

Info: Matt Medicus, 410-313-4719.

RP9240.301 Centennial Pk South – Pav A 9 AM-5 PM F



Enjoy a day kayaking on Antietam Creek.

### **Fishing**

- · Listed in order by age.
- Registration: 410-313-7275.
- Info: Dawn Thomas, 410-313-4623 or www.howardcountymd.gov/fishing.htm.

## Nite Bite Fishing All ages / Dates below / \$5

Have you ever wanted to fish Centennial Lake at **night**? Now's your chance! Join Howard County Recreation & Parks for a unique opportunity to fish the lake after hours. Bring your own fishing pole, bait, tackle, bug repellant, flashlight or lantern, chair, or boat. Advanced registration is encouraged but on-site registration is available. Under 16 years must be accompanied by an adult. Additional rules: www.howardcountymd.gov/nightfishing.htm.

#### Centennial Pk South - Boat Launch

RP9154.301	Mar 28	6-11 PM	Sa
RP9154.302	Apr 24	6-11 PM	F
RP9154.303	May 22	6-11 PM	F
RP9154.401	Jun 19	6 PM-midnight	F
RP9154.402	Jul 25	6 PM-midnight	Sa
RP9154.403	Aug 28	6 PM-midnight	F
RP9154.501	Sep 12	6-11 PM	Sa
RP9154.502	Oct 10	6-11 PM	Sa



#### **NEW! Nite Bite Fishing Tournament Series**

Anglers 14 & up, visit howardcountymd.gov/nightfishing.htm to find out how to participate in a tournament series through the eight (8) months of Nite Bite Fishing. Cash Prizes awarded at series conclusion.

### **Spring Fishing Tournament**

#### 2 yrs + / May 2 / Prices below

Boat or shoreline anglers, come fish for prizes in this catch-and-release event. Children 13-under win prizes, trophies, and receive a "goodie" bag. Adults win cash prizes and trophies. Prize categories include bass, bluegill, catfish, crappie, and trout. T-shirts are given to preregistered participants. Bring bait and tackle. There is a two-person minimum per boat with electric motor only. Inclement weather info: 410-313-4451 option #1 then option #4 (call on the day of event). Registration in advance by calling 410-313-7275 or on-site (check in at the boat dock).

Info: www.howardcountymd.gov/springfishing.htm.

RP9151.301	2-4 yrs	Centennial Pk South	9 AM-noon	Sa	\$15
RP9151.311	5-13 yrs	Centennial Pk South	9 AM-noon	Sa	\$20
RP9151.321	14 yrs +	Centennial Pk South	6 AM-1 PM	Sa	\$25

#### **Junior Anglers**

#### 5-10 yrs / 3 classes starting May 14 / \$50

New young anglers, come learn to rig a pole, cast, identify fish, tie knots, and much more. No experience necessary. All equipment and bait is provided. This class is a great way to make friends and swap fish stories while learning a new lifelong outdoor skill.

RP9153.301 Centennial Pk South – Pav E 6-7:30 PM Th

#### Let's Go Fishing! (Parent/Child) 6-12 yrs / 2 classes, start dates below / \$25

This fishing class for beginners focuses on rigging a pole, casting, fish identification, knot tying, and much more. No experience necessary. All equipment and bait are provided. This class is a great way to spend quality family time together while learning a new lifelong outdoor skill.

Centennial Pk South — Pav E

RP9152.301	Apr 22	6-7:30 PM	W
RP9152.302	Apr 27	6-7:30 PM	М
RP9152.303	May 11	6-7:30 PM	М

### **Geocaching**

### **Geocaching Discovery Walk**

8 yrs + / Dates below / \$8, individual

Learn how to use modern GPS technology to find hidden treasure boxes all over the world! Geocaching is a great way for families to explore the outside world and get caught up in the thrill of the hunt! Bring your GPS unit or smartphone with Geocaching app (optional), a water bottle and hiking shoes. Under 16 must be accompanied by a participating and registered adult. Registration: 410-313-7275. Info: Matt Medicus, 410-313-4719.

 RP9170.301
 Rockburn Branch Pk West
 Apr 10
 5:30-7 PM
 F

 RP9170.302
 Rockburn Branch Pk West
 May 8
 5:30-7 PM
 F

### **Rock Climbing**

## Indoor Rock Climbing Wall at Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall.

Open Climbs (\$5 per person) M & Tu, 4-9 PM; F, 3-9 PM Adult/Youth Intro Classes Starting in April Parent/Child Classes Climbing Wall Rentals & Parties, Dawn Thomas, 410-313-4623

Visit www.howardcountymd.gov/rockclimbing.htm for additional details.

### **Trail Hikes**

- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Registration: 410-313-7275.
- Info: Matt Medicus, 410-313-4719 or www.howardcountymd.gov/trailhikes.htm.

#### **Appalachian Trail Hikes**

8 yrs + / Dates below / \$17

The Appalachian Trail crossing Virginia, Maryland, and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Trip leaders interpret points of interest. All sections are generally between 6 and 9 miles. (Hike leaders keep a moderate pace.) Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

#### Maryland Appalachian Trail Hike Section #1

Begin at High Rock's panoramic view. Cross the Mason-Dixon line, hike through a hemlock forest, and finish at a fresh-water spring. Moderately difficult terrain: 6 miles.

High Rock to Rte. 16

RP9180.301 Long Gate Park & Ride Apr 11 8 AM-4 PM Sa

#### Maryland Appalachian Trail Hike Section #2

Hike up to Buzzards Knob, then pass a spruce forest and on to a scramble over the Devils Racecourse rock formations, a river of stone formed by the Ice Age. Moderate terrain with one extended climb and hills: 6 miles. High Rock to Wolfsville Road

Thigh Nock to Wonsville Road

RP9180.303 Long Gate Park & Ride May 9 8 AM-4 PM Sa

#### Maryland Appalachian Trail Hike Section #6

Start at a unique monument dedicated to Civil War correspondents and site of several Union and Confederate battles. Hike through picturesque forests, catch a glimpse of the panoramic view at Pleasant Valley overlook, and enjoy lunch at cliffs overlooking the Potomac River and the three states.

Moderate terrain: 7 miles.

**Gathland State Park to Weverton Cliffs** 

RP9180.304 Long Gate Park & Ride May 30 8 AM-4 PM Sa

#### Maryland Appalachian Trail Hike Section #7

Hike along the C&O Canal overlooking to the rapids of the Potomac, then stop for lunch below Maryland Heights at the confluence of the Potomac and Shenandoah Rivers. Visit the site of John Brown's raid in historic Harpers Ferry and AT Headquarters. Flat terrain with an optional steep climb to Maryland Heights: 5.5 miles.

Weverton to Harpers Ferry

RP9180.401 Long Gate Park & Ride Jun 13 8 AM-4 PM Sa

23



Earn a certificate and patch by hiking all of the Appalachian Trail in Maryland.

#### **Catoctin Trail Hikes**

#### 8 yrs + / Dates below / \$17

Families and individuals, catch a glimpse of Maryland's history and folklore while hiking the Catoctin Trail. This 27-mile trail runs from Gambrill State Park through the Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscrosses through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections in the series at least once within a three-year period.

#### Catoctin Trail Section #1

Pass an old springhouse, view panoramas of Frederick County, and cross winding streams. Moderately difficult terrain: 8 miles.

Gambrill State Pk to Mountaindale Rd

RP9180.302 Long Gate Park & Ride Apr 25 8 AM-4 PM Sa

#### Pennsylvania Appalachian Trail Section #3 8 yrs + / Jun 27 / \$20

Pick up some AT miles outside of Maryland on this generally downhill hike. There is a steep descent and climb at Milesburn Hollow. Eat your lunch along the trail near the Milesburn Cabin! Moderate terrain: 9.8 miles.

Arendtsville Rd to Caledonia State Pk

RP9180.402 Long Gate Park & Ride 8 AM-6 PM Sa

### Walks

## Walks in the Parks – Spring/Summer Series All ages / Dates below / Free

Recreation & Parks has teamed up with the Columbia Volksmarch Club (CVC) to offer a series of fitness walks in Howard County Parks. Each Volksmarch event has a 10-kilometer (6.2-mile) walking trail with a shorter 5-kilometer (3.1-mile) option. All trails are marked and have written directions. Participants must register at the locations listed below. These are the starting points for the walk (no preregistration). Info: John Dye, 410-290-6510 or johndye@comcast.net or www.mdvolks.org/CVC.

Cedar Lane PkMar 218 AM-2 PMSaBlandair Pk — PavilionAug 17:30 AM-noonSaRockburn Branch Pk West — PavilionOct 248 AM-2 PMSa

## **NEW! Sauntering Down the Bluebird Trail** *Page 26*

**NEW! Yoga Hike for Families** Page 26

**NEW! Yoga Hike & Social for Adults** Page 28

Ladies Night Out: Social & Sunset Hike Page 28



Visit www.howardcountymd.gov/springfishing.htm for rules and tournament information. For more information, contact Dawn Thomas at 410-313-4623 or dthomas@howardcountymd.gov.

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## Nature & Environmental Awareness

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter.htm for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer opportunities, birthday parties, rentable rooms, community partners, gift shop, and more.

## Astronomy & Planetarium

- The NatureSphere is a digital planetarium and dome-style movie theater.
- For all planetarium shows, please arrive 15 minutes prior to the show time to be seated.
- Due to dark conditions, we cannot seat you during the show.
- Previews of planetarium films: www.howardcountymd.gov/naturespherefeatures.htm.
- Below is in order by date.
- Fee is per person.
- Tickets/Registration/Information: 410-313-0400.

## Family Fridays at the NatureSphere 5 yrs +/Dates below / \$6 per person

Treat your family to a Friday evening of spectacular space delights. This program features a full-dome movie preceded by a fun, family-friendly planetarium presentation about current happenings in our night sky. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.

#### Robinson Nature Ctr / 6:30-7:30 PM

RP4801.301	Passport to the Universe	Mar 6	F
RP4801.302	Passport to the Universe	Mar 20	F
RP4801.303	Stars	Apr 3	F
RP4801.304	Stars	Apr 17	F
RP4801.305	Earth, Moon & Sun	May 1	F
RP4801.306	Earth, Moon & Sun	May 15	F
RP4801.401	Astronaut	Jun 5	F
RP4801.402	Astronaut	Jun 19	F
RP4801.403	We Are Aliens	Jul 3	F
RP4801.404	We Are Aliens	Jul 17	F
RP4801.405	Passport to the Universe	Aug 7	F
RP4801.406	Passport to the Universe	Aug 21	F

## First Friday Late Nights in the NatureSphere – What's Up?

#### 18 yrs + / Dates below / \$6 per person

What's up in the sky tonight? Looking for a unique Friday night experience? Leave the kids at home and bring your date or a group of friends to the Robinson Nature Center for some top-notch astronomy and entertainment. This program is for adults and features a full-dome movie preceded by a planetarium presentation about current happenings in our night sky and space science.

Robinson Nature Ctr / 8-9 PM					
RP4800.301	Black Holes	Mar 6	F		
RP4800.302	Impact!	Apr 3	F		
RP4800.303	We Are Aliens	May 1	F		
RP4800.401	Impact!	Jun 5	F		
RP4800.402	Stars	Jul 3	F		
RP4800.403	lmnact!	Aua 7	F		

## Star Storytelling: Our Constellations (Parent/Child)

### 3-8 yrs / Dates below / \$3 per person, with paid admission or Robinson annual pass

Let your little one discover the stories behind their favorite constellations. Through views of space, stories and song, give your child a special nighttime experience during the day! Each month we focus on a different constellation and provide two opportunities to catch the program. Programs are kidfriendly, and last 30 minutes. Preregister to secure your seats.

#### Robinson Nature Ctr / 11-11:30 AM

RP4802.301	The Big Bear and Little Bear	Mar 7	Sa
RP4802.302	The Big Bear and Little Bear	Mar 21	Sa
RP4802.303	Hercules and Hydra	Apr 4	Sa
RP4802.304	Hercules and Hydra	Apr 18	Sa
RP4802.305	Hercules and Leo the Lion	May 2	Sa
RP4802.306	Hercules and Leo the Lion	May 16	Sa
RP4802.401	Bootes the Herdsman	Jun 6	Sa
RP4802.402	Bootes the Herdsman	Jun 20	Sa
RP4802.403	Scorpio the Scorpion	Jul 11	Sa
RP4802.404	Scorpio the Scorpion	Jul 18	Sa
RP4802.405	The Summer Triangle	Aug 1	Sa
RP4802.406	The Summer Triangle	Aug 15	Sa

#### Scope Out the Night Sky Page 13

## NEW! Sensory-friendly NatureSphere Movies 5 yrs + / Dates below / \$3 per person, with paid admission or Robinson annual pass

Join us on special Saturday afternoons for movies that are sensory-friendly. All movies are shown in the planetarium. Stay warm and cozy while exploring what lies in and beyond our universe. Perimeter lights are turned up, and sound is turned down.

Robinson Nature Ctr / 1-1:30 PM				
RP4855.301	Mar 21	Stars	Sa	
RP4855.302	Apr 18	Astronaut	Sa	
RP4855.303	May 16	Passport	Sa	
RP4855.401	Jun 20	Earth, Moon & Sun	Sa	
RP4855.402	Jul 18	We Are Aliens	Sa	
RP4855.403	Aua 15	Stars	Sa	

## NEW! International Astronomy Day Celebration *Page 14*

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Catch a full-dome movie at Robinson Nature Center.

## Summer Wednesday Full-Dome Movies at Robinson Nature Center

All ages / Wed (Jun 17-Aug 19) / \$2, preregistration; \$3, day of show While school is out, come join us on Wednesdays for full-dome movies in the planetarium. Each Wednesday morning, from 10-10:30 AM, view one of our popular children's full-dome movies and explore outer space with a child. Each Wednesday afternoon, from 2-2:30 PM, bring your family out to view one of the films in the NatureSphere's digital collection exploring everything from stars to black holes, to what lies beyond our universe. Full list of dates and movies: www.howardcountymd.gov/RNCsummermovies.htm. Tickets/Info: 410-313-0400.





### Enjoy through all four seasons:

- · Children's Discovery Room
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission, and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 | 410-313-0400 www.howardcountymd.gov/RobinsonNatureCenter.htm

### Family & Parent/Child

- Programs listed in order by start date.
- Tickets/Registration/Information: 410-313-0400.

## NEW! "Nano" Small Wonder Experiences at the Robinson Nature Center

All ages/  $2^{nd}$  &  $4^{th}$  Wed (Mar 1-Aug 31) / Free with daily admission or Robinson annual pass

Come join Port Discovery Children's Museum at the Robinson Nature Center for hands-on activities for family audiences that explore "nanoscale" science, engineering, and technology. Nanoscience is the study of how extremely small things can be used in chemistry, engineering, and other sciences to shape the future. Drop in for each week's small wonder experience exploring everything from iridescence in nature to the unexpected properties of nano sand. Check out www.howardcountymd.gov/RNCrotatingexhibits.htm for more information on the Nano traveling exhibit. This programming is made possible through a grant from the NISE network.

Robinson Nature Ctr 10:30 AM-12:30 PM V

## NEW! Anne Robinson's Centennial Birthday Celebration *Page 13*

## Discovery Days and Music in Nature Series 3-10 yrs / Dates below / Free with daily admission or Robinson annual pass

The Discovery Days program lets you learn about native plants and animals through games, stories and crafts. Each half-hour program is available on a first-come, first-served basis to the first 15 children and their adult chaperone. Join Port Discovery Children's Museum on four special Discovery Days for the Music in Nature Series to explore nature through artistic expression and music under an inflatable dome of fun (weather-permitting). Program is available on a first-come, first-served basis to the first 35 children each session. The Music in Nature Series is generously supported by the Howard County Council for the Arts and Port Discovery Children's Museum.

#### **Robinson Nature Ctr**

Discovery Days: Different theme/activity each week

Mar 14 & 28; Jun 13 & 27; Jul 11 & 25; Aug 8 & 22

Music in Nature Series: Different theme/activity each week

Apr 11 & 18; May 9 & 23

11:30 AM-noon

10-10:45 AM & 11-11:45 AM

## Lil' Buds Gardening Series (Parent/Child)

#### 4-8 yrs / Dates below / \$12 per session or \$30 for all three

Take your little buddy out to the garden in this new three-part gardening series. Have fun while learning the nitty-gritty of planning and caring for a garden with your child. Play in the soil, pick out seeds to plant, and smell, touch, and taste different crops and learn fun recipes to make with your harvest. This series includes hands-on activities in the Children's Garden, healthy snacks and fun for all. At the end of each session, leave with an item to take home for use in your garden. Space is limited to 10 adults and 10 children. Preregister to secure your spot. Register for individual sessions, or enroll in all three sessions for the discounted price. Each registered child must be accompanied by a registered adult. Fee is per person.

Robinson Natur	<u> Robinson Nature Ctr / 1:30-3 PM / Su</u>					
RP4872.301	Get Ready to Grow	Mar 22	Child registration			
RP4872.302	Get Ready to Grow	Mar 22	Adult registration			
RP4872.303	Planting the Seed	Apr 12	Child registration			
RP4872.304	Planting the Seed	Apr 12	Adult registration			
RP4872.401	Joy of the Harvest	Jun 7	Child registration			
RP4872.402	Joy of the Harvest	Jun 7	Adult registration			

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#### NEW! Spring Egg-stravaganza for Tots Page 14

#### NEW! Butterfly Gala Page 14

### NEW! Teddy Bear Picnic Tea Party 3 yrs +/Apr 26/\$45 for parent & child; \$20 each additional person

Spend a fantastic morning with your little one at the Robinson Nature Center. Enjoy learning about nature's "spring awakening" when bears come out of hibernation, flowers bloom, and birds sing. Together, we take a short hike, witness spring beauty, and decorate a charming wooden bird feeder for you to take home. Afterwards, savor an impeccably catered, sit-down tea service by Sweet Simplici-Tea. Tea service includes tea, lemonade, and delightful treats just right for little fingers. Fee includes program, all materials, full tea service, and gratuity for service. We encourage your little one to bring along his/her favorite teddy bear or stuffed animal to join in the tea party fun.

RP4865.301 Robinson Nature Ctr 2-4 PM Su

#### Lil' Acorns Spring Fling (Parent/Child) 2-3 yrs / May 2 / \$9

Spring is full of new discoveries for your little one. Hold your lil' acorn's hand in an unforgettable morning. Share with your youngster the fascinating changes that occur in spring through song, sensory activities, a puppet show and a short walk through the woods. An adult must register with each child. <a href="https://discovering.com/child/child/registration">Child registration</a>

RP4817.301 Robinson Nature Ctr 10:30 AM-noon Sa <u>Adult registration</u> RP4817.302 Robinson Nature Ctr 10:30 AM-noon Sa

#### **NEW! Yoga Hike for Families**

#### 8 yrs + / Dates below / \$30 for parent & child; \$5 per addt'l member

Looking for a unique Sunday morning excursion to help your family relax and enjoy nature? Join us for a trail hike to discover seasonal surprises along the trail and learn yoga poses and breath practices inspired by the world around us. End with a short, seasonally inspired yoga class. Bring a yoga mat or towel and wear loose, comfortable clothes and shoes. You must preregister for the spring date by May 15 and for the summer date by July 24. Class size is limited to 20 participants.

 RP4811.302
 Robinson Nature Ctr
 May 17
 10:30 AM-noon
 Su

 RP4811.402
 Robinson Nature Ctr
 Jul 26
 10:30 AM-noon
 Su

## NEW! Sauntering Down the Bluebird Trail 7 yrs +/May 24/\$5 per person

Spend a pleasant morning learning about Bluebirds by walking a Bluebird Box trail with Wes Earp of the Howard County Bird Club and Robinson Nature Center naturalists. Ever wonder what nest you are looking at? During the program, learn how to recognize the nests of different "cavity-nesting" birds that use bluebird boxes. During the mile walk, discover more about the cycle of nest building, egg laying, and the fledging of young, including how to age young chicks. Enjoy examining Bluebird house construction and learn how to place a box for optimum success. You must preregister for this program. Meet at the Schooley Mill Park parking lot at farm house (First lot on left, top of hill).

RP4805.301 Schooly Mill Pk 10 AM-noon Su

#### **NEW! Bird Quest**

#### 7 yrs + / Jun 13 / \$5 per person

Have you ever had the pleasure of encountering Maryland's state bird, the Baltimore Oriole? How about Howard County's bird, the American Goldfinch? Join Kurt Schwarz of the Howard County Bird Club and Robinson Nature Center naturalists on this fun quest searching the Middle Patuxent Environmental Area (MPEA) for our state and county birds. Bring your



Home school classes at Robinson provide hands-on immersive experiences and opportunities for students to work together. binoculars and learn all about these two mascots of our home state and county. You must pre-register for this program. Meet at the South Wind Circle entrance to the MPEA. Please note, there are no restroom facilities at the MPEA.

RP4805.401 MPEA 10 AM-noon Sa

## NEW! Bats, Banjos, and Bonfires 7 yrs +/Jun 27/\$8 per person

Join us for an amazing night of education and entertainment. Summer nights are alive with the stirring of nocturnal animals, humming of insects, and flying bats. Come explore the forest depths and river edges with Robinson naturalists in search of amazing creatures of the night. Use echolocators to hear the inaudible signals that bats use to locate their prey; and get up close to one of our favorite nocturnal animals. Afterwards, get cozy while roasting marshmallows over the campfire to the accompaniment of live banjo music. Singing and dancing are welcome!

RP4804.401 Robinson Nature Ctr 8-9:30 PM Sa

#### **NEW! River Romp**

#### All ages / Jul 5 / \$5 per person; \$20 per family (up to 5 people)

Come celebrate July 4<sup>th</sup> weekend by cooling off at the nature center with an afternoon at the Middle Patuxent River! BYOP (bring your own picnic) and join a Robinson naturalist at the river for lunch followed by fun, family-friendly river games. Search the stream for big and small animals! Make boats and race them downstream! Have a great time exploring with your family. Come dressed to get wet. We wade in the river and recommend closed-toed water shoes. All children must be accompanied by an adult. Participants must check-in for the program at the front desk.

RP4876.401 Robinson Nature Ctr 12:30-2:30 PM S

#### **Insect Extravaganza** Page 17

### NEW! Bees Knees Summer Tea Party 3 yrs + / Jul 19 / \$45, parent & child; \$20, addt'l person

Spend a fantastic morning with your little one at the Robinson Nature Center. Enjoy learning about one of nature's busiest little bugs — the bee! Together, we put on our antennas and buzz through the forest and meadows of the Nature Center in search of flowers. Enjoy funs stops and photo ops. Create your very own summer planter to take home! Afterwards, savor an impeccably catered, sit-down tea service by Sweet Simplici-Tea, including tea, lemonade, and delightful treats just right for little fingers. Fee includes program, all materials, full tea service, and gratuity for service. We encourage your little one to bring along his/her favorite stuffed animal to join in the tea party fun.

RP4865.401 Robinson Nature Ctr 2-4 PM Su

## NEW! Family Picnic Day at Robinson Nature Center Page 17

## Nature Center Home School Workshop 2015-2016

#### All ages / Starting Sep 10

#### \$30 per season, HC family; \$36 per season, out-of-county

Connect with other home school families through the Robinson Nature Center home school workshop. Give your children the chance to socialize and collaborate with other home school children on nature, earth, and life science projects. Families can join the workshop at the beginning of the school year or beginning of each season (fall, winter, and spring). By joining, families have special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, and tailored student projects on the 2<sup>nd</sup> Thursday of each month between September and May 5. Workshop families also receive discounts on home school classes. **Families may register for the workshop starting June 1, 2015. Registration closes for each season when full.** 

#### Robinson Nature Ctr / 2-3:30 PM / 2<sup>nd</sup> Th of each month

RP4885.550 Fall season (Sep 10, Oct 8, Nov 12) RP4885.650 Winter season (Dec 10, Jan 14, Feb 11) RP4885.750 Spring season (Mar 10, Apr 14, May 12)

## NEW! Nature Center Home School Classes 2015-2016

#### 3-13 yrs / Dates, class themes & prices below

Give your home school student hands-on, immersive experiences on the first Thursday of each month (September-May) at Robinson Nature Center. Students are divided by age (3-5 yrs, 6-9 yrs and 9-13 yrs). All adult and child participants must register. Siblings younger than three are welcome, but must be accompanied by a parent at all times. Register for each season of classes in which you are interested. Registration for each season starts June 1. Info: www.howardcountymd.gov/RNChomeschool.htm.

Fall - Earth Science (Ocea	ns & Rivers: Sep 3; Soils	: Oct 1; Weather	& Climate: N	lov 5)
RP4885.501 (child)	Robinson Nature Ctr	2-3:30 PM	\$30*	Th
RP4885.502 (adult)	Robinson Nature Ctr	2-3:30 PM	\$15*	Th
Winter — Cross Disciplina	ry (Nature & Math: Dec	3; Nature & Art: J	an 7; Natur	e &
Language Arts: Feb 4)	•			

RP4885.601 (child)	Robinson Nature Ctr	2-3:30 PM	\$30*	Th
RP4885.602 (adult)	Robinson Nature Ctr	2-3:30 PM	\$15*	Th
Spring – Life Science (P	lants: Mar 3: Fungi: Apr 7	; Microorganism:	s: May 5)	
RP4885.701 (child)	Robinson Nature Ctr	2-3:30 PM	\$30*	Th
RP4885.702 (adult)	Robinson Nature Ctr	2-3:30 PM	\$15*	Th

\* Fees listed are for non-workshop participants. If your family enrolls in the home school workshop, fees are reduced to \$24 per child per season and there is no charge for adults to attend each class.

### Youth

- Programs listed in order by start date.
- Tickets/Registration/Information: 410-313-0400.

#### **Nature Fun Club**

### 4-7 yrs / Dates below / \$8, day; \$20, full series (member) \$10, day; \$25, full series (nonmember)

Join us on the 3<sup>rd</sup> Sunday of each month this spring. Hang out with other kids that love nature and enjoy themed activities and craft-making. Each Sunday holds a new adventure — from scavenger hunts to nature hikes and from planetarium presentations to arts & crafts projects. Make new friends while discovering the world around you!

#### Robinson Nature Ctr / 1-2 PM / Su

RP4881.301	Frogs, Toads & Salamanders — Oh My!	Mar 15
RP4881.302	Insects & Spiders	Apr 19
RP4881.303	River Play and Exploration	May 17

#### School's Out Nature Day Camp – Going Buggy

#### 6-12 yrs / May 1 / \$45 + \$10 for optional after care

School is out, so join us for an incredibly fun day at the Robinson Nature Center. Enjoy live animal presentations, movies in our planetarium, crafts, nature hikes, and scavenger hunts. Add optional after care to extend your day. Please pack a snack and a non-perishable lunch (no nut products). Camp may be divided into two groups based on enrollment numbers. For more information and camp forms that must be filled out prior to camp, see www.howardcountymd.gov/RNCdaycamps.htm.

RP4812.301 Day Camp Robinson Nature Ctr 8:30 AM-3:30 PM F RP4812.302 After Care Robinson Nature Ctr 3:30-5:30 PM F

### NEW! My Nature Quest Summer 6-12 yrs/Jun 28/\$12

Now that school is out, it's time for you to start your summer adventure! How will you spend your days? Bring a friend and join us! Receive the guidebook to exploring your world this summer: a journal that challenges you to "Nature Up." Come rip pages out and make leaf rubbings. Enjoy seekin -out wildflowers and squishing berries to create art. Listen for sounds and create stories. Price includes program and "Nature Up This Journal" guidebook for you to take home to continue exploring.

RP4887.401 Robinson Nature Ctr 2-3:30 PM S

#### Nature Center Home School Classes Page 27



### Adult |

- Programs listed in order by start date.
- Tickets/Registration/Information: 410-313-0400.

## Trivia Night Socials at the Nature Center 21 yrs +/Dates below/\$10 per person

Test your nature smarts while raising money for a good cause! Proceeds from this gathering fund the Friends of the Robinson Nature Center's scholarships for Title 1 school trips. Gather a team and put your heads together to figure out the answers to nature-themed trivia questions. Enjoy sampling local brews from Jailbreak brewery (www.jailbreakbrewing.com). Participate in fun challenges. Raffle prizes are awarded. Our Trivia Night MC's are experts in their fields and keep you entertained as they reveal the answers through fun photos, videos and demonstrations. Cash bar with light snacks provided. Info about hosts & sponsor: www.howardcountymd.gov/RNCtrivianights.htm. Robinson Nature Ctr / Doors open: 7:30 PM; Trivia: 8-10 PM

RP4884.301 Be Civil – War History Ap 23 Th RP4884.401 Rockin' Rocks – Geology Jul 30 Th

#### Native Plant Palooza Page 15

#### Adult Flashlight Egg Hunt Page 15

## NEW! Yoga Hike & Social for Adults 21 yrs + / Dates below / \$20 per session

Join us for a unique opportunity to discover the seasons through a hike followed by a seasonally inspired yoga class. Then, join us for brunch at the Hickory Ridge Grill (www.hickoryridgegrill.com). As we traverse the Nature Center trails, discover what makes each season unique. Discover poses and breathing techniques that best suit your body's needs during different times of year. Learn a seasonally appropriate yoga movement sequence that you can practice at home. Bring a yoga mat or towel and wear loose, comfortable clothes and shoes. You must preregister for the spring program by May 15, and for the summer program by July 24. Class is limited to 20 participants.

RP4811.301 Spring Robinson Nature Ctr May 17 8:30-10 AM Su RP4811.401 Summer Robinson Nature Ctr Jul 26 8:30-10 AM Su

#### Ladies Night Out: Social and Sunset Hike & Campfire 21 yrs +/May 29/\$10

Come join other nature-loving gals on a Friday night adventure! For those interested in grabbing a bite to eat first, meet at Great Sage vegan restaurant (www.greatsage.com) at 6 PM. Afterwards, immerse yourself in the great outdoors at Robinson Nature Center on an hour-long guided hike with the Center's naturalists. Learn about fascinating flora, fauna, and history before watching the sunset and settling down next to a cozy campfire! You must preregister for the program (tables are reserved in advance)! When registering, specify if you would like to join us for dinner or just the hike and campfire. The hike begins at 7:30 PM. Please meet us in the Robinson lobby after dinner for the hike.

RP4883.301 Robinson Nature Ctr 6-9 PM

## Brew Local Lecture and Beer Tasting 21 yrs + / Aug 6 / \$15

Maryland is quickly becoming a state rich in local craft beers and microbreweries. Come celebrate National IPA day by joining MD beer historian, Maureen O'Prey, to discover Maryland's brewing heritage and the impact of local brewing on the state's land use and farms. Enjoy sampling brews from Howard County's only brewery, Jailbreak Brewing company, during this entertaining, educational and taste-riveting evening.

RP4884.402 Robinson Nature Ctr 7-8:45 PM







# Community Supported Forestry

Find out how you can receive free trees and shrubs to help enhance stream buffers and increase tree canopy in your community.

#### **Stream ReLeaf Program**

If you live near a stream, you may be eligible to receive trees or shrubs to enhance Stream Buffer.

A Stream Buffer is a protective strip of trees, shrubs and other vegetation along a stream. Stream Buffers help prevent stream bank erosion. The vegetative cover dissipates the energy and friction of moving water, and the roots help hold the soil in place. This vegetation traps sediment, nutrients and other pollutants, preventing them from entering our waterways. In addition to stabilizing the soil, the plants utilize most of the trapped nutrients and provide shade which reduces water temperatures, an important aspect of fish habitat.

#### **Tree Canopy Program**

All property owners may be eligible to receive free trees to help increase Tree Canopy in their yard.

Tree Canopy is the layer of leaves, branches, and stems of trees that cover the ground when viewed from above. In urban and suburban settings, this layer is called urban tree canopy. Tree Canopy provides many benefits to communities including improving water quality, saving energy, lowering city temperatures, reducing air pollution, enhancing property values, providing wildlife habitat, facilitating social and educational opportunities, and providing aesthetic benefits.

To determine eligibility and for more information contact Megan Mills at 410-313-6205 or mlhmills@howardcountymd.gov.



## Trips & Tours

- All children under 18 must be accompanied by an adult.
- Registration: 410-313-7275.
- Info: Ginny Russ, 410-313-7279.

### March

#### **NEW!** Angela Lansbury in *Blithe Spirit* 18 yrs + / Mar 22 / \$135

Don't miss this wonderful opportunity to see Angela Lansbury in her Tony Award winning role as Madame Arcati in Noel Coward's smash-hit comedy Blithe Spirt. Playing at the National Theatre in Washington, D.C., this play is "a laugh machine sheathed in satiny sophistication!" Sign up quickly for this special engagement; we have a limited number of orchestra seats. Transportation is by mini-bus; there is not a bathroom on board.

RP4501.301 Bain Ctr & Normandy Shopping Ctr 11:30 AM-6 PM

#### **Moses at Sight & Sound** 18 yrs + / Mar 26 / \$125

This production of *Moses* at Sight & Sound in Lancaster, PA, is the biggest, most epic show they have ever produced. It is a show of biblical proportions! Enjoy a family-style meal at Hershey Farm Restaurant (located next to the theatre) before the show, with time to shop in the gift shop. You may bring coolers and/or snacks for the ride home after the show.

This show received rave reviews.

Bain Ctr & Normandy Shopping Ctr RP4551.301 9:30 AM-7 PM Th

### April

RP4553.301

#### **NEW!** Wicked 18 yrs + / Apr 2 / \$125

Wicked is Broadway's biggest blockbuster and is coming to the Hippodrome Theatre in Baltimore. Enjoy the story of the Wicked Witch of the West and Glinda the Good in the Land of Oz. The music is magnificent and the story uplifting. You'll be green with envy if you miss this one. Limited number of orchestra seats, register soon. Transportation is by mini-bus. RP4527.301 Bain Ctr & Normandy Shopping Ctr Th

**Cherry Blossoms & Odyssey Cruise** 18 yrs + / Apr 7 / \$99

Enjoy the beauty of the Cherry Blossoms while cruising down the Potomac River in Washington, D.C. Join us on our annual spring trip to the nation's capital. Hear live music and historic narration as you dine on a delicious, three-course meal. Menu selection is made at the table.

Cherry Blossoms are expected (but not guaranteed) to be in bloom. RP4552.301 Bain Ctr & Normandy Shopping Ctr 9:30 AM-3:30 PM Tu

#### **Cherry Blossoms & Memorials** 18 yrs + / Apr 8 / \$49

Get up close and personal with the cherry blossoms! Enjoy time at the Martin Luther King, Jr. Memorial and the Franklin Delano Roosevelt Memorial walking among the trees while viewing the beautiful sights. A late lunch stop is made after the memorial tours. Washington, D.C. Tour Guide Fran Grecourt helps you with your visit. There may be a lot of walking. Cherry Blossoms are expected, but not guaranteed, to be in bloom. Bain Ctr & Normandy Shopping Ctr

#### NEW! 9/11 Museum & Memorial 18 yrs + / Apr 14 / \$125

Join us on a poignant trip to New York City to visit the 9/11 Memorial Museum. This new museum is an educational and historical institution honoring the victims of the terror attacks in 2001. The museum's 110,000 square feet of exhibition space is located within the archaeological heart of the World Trade Center. Also visit the outdoor Memorial, which encompasses two reflecting pools and features each victim's name etched in bronze. You may bring breakfast and lunch on the bus, no stop on the way to New York City, bathroom aboard bus. Your tour time is at noon. You may stay in museum as long as you like, no re-entry. Bus departs New York City at 5 PM. Eat a meal on your own before boarding bus for trip home.

RP4557.301 Bain Ctr & Normandy Shopping Ctr 7 AM-10 PM Tu

#### The Addams Family 18 yrs + / Apr 15 / \$52

This new play that is fun for the whole family is taking the world's musical theatre by storm with some of the most beloved characters of all time. Meet Gomez and Morticia as they host a dinner party for Wednesday's "normal" boyfriend and his parents. Chaos and laughter prevail. Join us at Toby's Dinner Theatre in Columbia for a great show and bountiful buffet. Meet the trip leader in the lobby, doors open at 10:30 AM.

RP4502.301 Toby's Dinner Theatre, Columbia

#### **NEW! Shen Yun Performing Arts 2015** 18 yrs + / Apr 19 / \$125

Discover the grandeur of the rich culture of classical China at the Kennedy Center Opera House in Washington, D.C. Magnificently costumed, worldelite dancers move to poetic music in arrangements showing the beauty and imperial drama of an ancient civilization. For 5,000 years in China, this culture was heralded as a divine gift. Join us at a matinee performance of this new and inspiring show!

Bain Ctr & Normandy Shopping Ctr RP4554.301 11:30 AM-5:30 PM

#### **National Harbor** 18 vrs + / Apr 28 / \$45

Enjoy all the restaurants and shops that this unique venue has to offer. Located along the Potomac River, across from Alexandria, VA, come enjoy picturesque waterfront pathways to stroll at your leisure. The day and lunch are on your own. Drop-off and pick-up are at the Gaylord National Resort (which has lush, indoor gardens). Be sure to visit "The Awakening" (a five-piece, cast-iron sculpture designed by J. Seward Johnson) along the waterfront. There may be a lot of walking.

Bain Ctr & Normandy Shopping Ctr RP4555.301 9 AM-4 PM Tu

### Save The Date!



Saturday, April 18, 2015 10 a.m. - 4 p.m. **Howard Community College** 

Living With Wildlike www.hcgreenfest.org



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### May

#### **Around the World Embassy Tour** 10 yrs + / May 2 / \$49

Washington, D.C. holds more than 50 embassies representing six continents. And they have opened their doors! Travel the world as you experience the food, art, dance, fashion, and music of different countries. This is an on-vourown tour; you select which embassies you would like to visit. D.C. Tour guide Fran Grecourt is available to help on your journey. Lunch is on your own; there is a lot of walking. This is a great opportunity to see the world without leaving the area. Please bring photo ID.

RP4558.301 Bain Ctr & Normandy Shopping Ctr 8:30 AM-6:30 PM

#### **NEW! White House Visitor's Center** 18 yrs + / May 6 / \$49

Join us for a trip to the newly renovated White House Visitor Center in Washington, D.C. Meet up with D.C. Tour Guide Fran Grecourt in the city as she helps us on our tour. Enjoy an interactive touchscreen virtual tour of the White House, view over 90 artifacts from the White House collection, shop at the Historical Association retail store, and view a 14 minute film, "White House: Reflections From Within." Walk to The Ronald Reagan International Trade Building for lunch on your own; security check and photo ID are required. After lunch, view the White House from the outside. Walking is required for this trip — wear comfy shoes.

RP4503.301 Bain Ctr & Normandy Shopping Ctr 9 AM-4 PM

#### Springtime in NYC 8 yrs + / May 9 / \$78

Spend the day on your own in the Big Apple. Take in a show, stroll through Central Park, visit a museum, and/or shop. There is so much to see and do in this exciting city. We drop you off and pick you up for the return home at 8th avenue and 51st street. Lots of walking – wear comfortable shoes. Meals are on your own. You may bring food and coolers on the bus. No stops to and from New York City; motor coach has a restroom.

Bain Ctr & Normandy Shopping Ctr RP4556.301 6:30 AM-10:30 PM Sa

#### **NEW!** Dirty Dancing 18 yrs + / May 17 / \$115

At The Hippodrome Theatre in Baltimore, this classic story is retold with exploding, heart-pounding music and sensational dancing, featuring the hit songs "Hungry Eyes," "Do You Love Me," "I've Had the Time of My Life," and more. Don't miss the chance to see the record-breaking live theatre sensation. You may have the time of your life! Limited number of orchestra seats; transportation is by mini-bus.

RP4528.301 Bain Ctr & Normandy Shopping Ctr 11:30 AM-5 PM Su

### **NEW!** Grounds For Sculpture

18 yrs + / May 20 / \$130

Nestled in the heart of central New Jersey lies a magical place where art and nature come together. More than 270 sculptures by renowned and emerging contemporary artists are thoughtfully placed on meticulously landscaped parkland. It is a feast for the senses! Seward Johnson conceived and opened this facility in 1992 with a mission to promote an understanding and appreciation of contemporary sculpture. Lots of walking on your self-quided tour. Box lunch included in fee.

RP4504.301 Bain Ctr & Normandy Shopping Ctr 7 AM-6 PM



The Statue of Liberty leaves a powerful impact on all who visit.

#### Statue of Liberty and Ellis Island 6 yrs + / May 23 / \$99

We return to one of our most popular sights! Journey to Liberty State Park, NJ, and catch the ferry to Ellis Island and Statue of Liberty. Your first stop is Ellis Island, where many of our relatives entered this country for the first time. The next stop is the Statue of Liberty, a gift from France as a symbol of freedom and democracy. You may visit one or both islands. This is an onyour-own walking tour. Ticket includes entry into statue pedestal and audio phones if desired. You may bring breakfast and/or lunch on the bus trip to New Jersey. A fast food stop is made on the way home. Motor coach has a bathroom on board. Be prepared for lots of walking.

Bain Ctr & Normandy Shopping Ctr RP4505.301

7:30 AM-10:30 PM

W

#### Wednesday in Washington 18 yrs + / May 27 / \$45

Enjoy your favorite museum or art gallery. You are dropped off and picked up for the return trip home on 4th Street between the East and West buildings of the National Gallery of Art. May be a lot of walking, meals are on your own. 9 AM-4 PM RP4506.301 Bain Ctr & Normandy Shopping Ctr

### June

#### **NEW! Music of Johnny Cash** 18 yrs + / Jun 11 / \$85

Infinity Theatre in Annapolis presents *Ring of Fire*, the music of Johnny Cash. From the opening chords of vintage Rockabilly to gentle songs of love and deep faith, Ring of Fire packs a score that provides a glimpse into the life and music of this famous and beloved musician. Sing along to such favorites as "A Boy Named Sue," "Folsom Prison Blues", "Ring of Fire" and many more. A delicious, pre-matinee Italian lunch at Mamma Roma in Odenton, MD is included. Menu choice: Spaghetti and Meat Balls, Lasagna, or Eggplant Parmesan; each served with salad, beverage, and dessert.

RP4525.401 Bain Ctr & Normandy Shopping Ctr 10:30 AM-6 PM Th

#### Kennedy Center 18 yrs + / Jun 17 / \$49

Enjoy an hour-long performance on the Millennium Stage in the Grand Foyer of the Kennedy Center, Washington, D.C. The show begins at 6 PM and the performance artist is announced several weeks in advance. Seats are limited and are on a first-come, first-served basis. We leave early enough to get you to the Kennedy Center in time to enjoy dinner at the KC Café, on your own before the show. You have time to tour the building, see the magnificent views, or visit the gift shop.

RP4526.401 Bain Ctr or Normandy Shopping Ctr 3-9 PM

Tu

#### **NEW! Longwood Gardens** 18 yrs + / Jun 23 / \$95

Journey to Kennett Square, PA, the home of the renowned Longwood Gardens. Enjoy a guided walking tour of the facilities and delicious lunch plus time on your own to stroll through the beautiful gardens. Be sure to take time to stop and smell the roses! Prepare for a lot of walking. RP4527.401 Bain Ctr & Normandy Ctr

6:30 AM-5:30 PM

Amid magnificent music, The Brothers Grimm hit the stage with an epic fairytale where worlds collide. See what happens when wishes are granted and the consequences revealed. "Careful the things you say, children will listen." Join us at Toby's Dinner Theatre in Columbia for a marvelous show and buffet lunch. Meet the trip leader in the lobby, doors open at 10:30 AM. RP4531.401 Toby's Dinner Theatre, Columbia 10:30 AM-3:30 PM

It's fun hammering away along the water. Join us for our annual trip to

Grasonville, MD, for the best crab feast around! All-you-can-eat crabs with

chicken tenders, corn on the cob, crab soup, hush puppies, beverages, and

ice cream for dessert. Bring the kids, there is something for everyone. Enjoy a

Hop aboard the Spirit of Washington cruise ship in D.C. and be taken back in

time. The DJ plays songs from decades past for your singing and dancing plea-

trivia games and bingo for great prizes. Buffet lunch included in this fun day.

sure. Enjoy amazing views as you sail past the sights of our nation's capital. Play

10 AM-3 PM

### July

#### 1776 – The Musical 18 yrs + / Jul 1 / \$52

Meet us at Toby's Dinner Theatre in Columbia for a matinee performance of 1776 – The Musical. This funny, insightful, and compelling drama has a wonderful music score that brings to life some of the historical figures behind the signing of the Declaration of Independence. Meet the trip leader in the lobby and enjoy a bountiful buffet that is served before the show. Doors open at 10:30 AM.

RP4528.401

Toby's Dinner Theatre, Columbia

10:30 AM-3:30 PM

RP4532.401 Bain Ctr & Normandy Shopping Ctr 10:30 AM-4 PM

### **Riverboat Cruise**

#### 8 yrs + / Jul 8 / \$85

Let's go "Rollin' Down the River" on an authentic reproduction of an 80-foot, turn-of-the-century paddle wheel riverboat. Feast on a lunchtime meal of crab cake and fried chicken while you take a leisurely cruise down the Choptank in Hurlock, MD. Your meal and all the fixings are prepared by the Suicide Bridge Restaurant. Boat is air-conditioned and under cover with great views! We take a fresh produce stop on the way home.

RP4529.401

Bain Ctr & Normandy Shopping Ctr

### September

August

Into The Woods

18 yrs + / Aug 5 / \$52

8 yrs + / Aug 11 / \$73

18 yrs + / Aug 13 / \$99

RP4535.401

Ragtime 18 yrs + / Sep 23 / \$52

RP4501.501

Fisherman's Crab Deck

fresh produce stop on the way home.

**NEW! Super Bingo Cruise** 

#### Hillwood Estate, Museum & Gardens 18 yrs + / Sep 9 / \$79

Bain Ctr & Normandy Shopping Ctr

This is a hidden treasure in Washington, D.C. Marjorie Merriweather Post's fabulous home and gardens are a wonder to behold. Join us for a guided walking tour and lunch on this magnificent estate. There is a lot of walking on the tour of her home and gardens. Lunch at Hillwood Café is included. Light lunch choice: smoked turkey sandwich, black forest ham sandwich or mixed vegetable quiche; each served with side, beverage, and cookies. RP4503.501 Bain Ctr & Normandy Shopping Ctr 9 AM-5 PM

Time Magazine called Ragtime "a triumph for the stage." This acclaimed musical is filled with pageantry, emotion, and hope, busting onto the stage

like no other musical. Join us at Toby's Dinner Theatre in Columbia for this

majestic play. Meet the trip leader in the lobby. Doors open at 10:30 AM.

#### **NEW! American Treasure Tour** 10 vrs + / Jul 14 / \$125

Find treasures for all ages at the massive, indoor collection in Oaks, PA. A guided tram tour takes you through this enormous facility with over three acres of historical collectible items. Two of the major exhibits are about mechanical music and classic preserved automobiles. Other items include collections of animated store window advertising, dolls and their houses, model airplanes, circus, patriotic, holiday items, and all the wonderful Americana that we grew up with! After the tour, enjoy a buffet lunch on site.

RP4530.401

Bain Ctr & Normandy Shopping Ctr

Tu

#### **NEW! Elvis and The Andrew Sisters** 18 yrs + / Jul 16 / \$99

The PA Opry in Mercersburg, PA, proudly presents Elvis at 70 and then a Tribute to The Andrew Sisters. What if Elvis had lived to be 70? Enjoy some of his best-known songs and get ready to boogie. Walk down memory lane with a heartfelt tribute to The Andrew Sisters. Join us at The Star Theatre and take a step back in time. This is a wonderful music and show! Pre-matinee buffet lunch is included at the Keystone Family Restaurant.

RP4533.401

Bain Ctr & Normandy Shopping Ctr

9:30 AM-6:30 PM

#### **NEW!** Golden Isles of Georgia & Charleston, SC 18 yrs / Sep 27-Oct 3 / \$1,135, double room per person;

Toby's Dinner Theatre, Columbia

\$1,355, single room

Enjoy a bountiful buffet before the show.

We are heading south! Join us on this fun trip to Georgia and South Carolina. Enjoy stops in Jekyll Island, St. Simons Island, Savannah and Charleston. Tour the historic cities of the south and visit their most famous areas. Take a driving tour of Jekyll Island, which was purchased by wealthy families in 1886 as a winter retreat. Enjoy a two-hour guided tour of St. Simons Island, founded in 1600 by Spanish explorers. So much to see and do on this exciting trip. Fee includes transportation, accommodations, 12 meals, entry fees, and luggage handling. Driver and tour guides gratuities collected en-route.

\$50 deposit saves your seat for this adventure. RP4505.501 Bain Ctr & Normandy Shopping Ctr

7 AM-7 PM Su-Sa

31

10:30 AM-3:30 PM

**NEW! Mummers Museum** 18 vrs + / Jul 23 / \$79

Journey to Philadelphia, the home of the world famous Mummers Parade. Held each New Year's Day, it is believed to be the oldest folk festival in the U.S. The museum is dedicated to celebrating the tradition of Mummery in Philadelphia. Inside are magnificent costumes, oral histories, video and audio archives, and an exhibit to teach you how to strut. Join us for a walking tour of the museum, lunch, and concert on site.

RP4534.401

Bain Ctr & Normandy Shopping Ctr

8:30 AM-4:30 PM Th

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Our licensed child care programs are convenient and enriching.

### Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through Middle school students, along with our Therapeutic Recreation Extended Care (TREC). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful, group, recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost. All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Licensed Child Care (on left side of webpage). For space availability, call 410-313-7275.



Healthy Childcare - A Healthy Howard initiative supported by The Horizon Foundation

#### **Healthy Howard Childcare**

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time, and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

### **Early Learning Center**

Early Learning Centers provide a safe, nurturing, active, and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness, and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural, and cooking. There are instructional and self-directed activities throughout the day. Staff are trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2015. If class minimums are not met, a combined class will be offered

combined c	ig22 Mili Di	e onerea.				
Bushy Park Es	Bushy Park ES (2014 Healthy Childcare Participant)					
RP2252	3 yrs	9:30 AM-1:30 PM	M & W	\$247 mo		
RP2252	4 yrs	9:30 AM-3 PM	M, W & F	\$494 mo		
Ducketts Lan	Ducketts Lane ES (2014 Healthy Childcare Participant)					
RP2270	3 yrs	9:30 AM-1:30 PM	M & W	\$247 mo		
RP2270	4 yrs	9:30 AM-3 PM	M, W & F	\$494 mo		
Fulton ES (20	14 Healthy	Childcare Participant)				
RP2256	3 yrs	9:30 AM-1:30 PM	Tu & Th	\$247 mo		
RP2256	4 yrs	9:30 AM-3 PM	M, W & F	\$494 mo		
Roger Carter	Comm Ctr (	2014 Healthy Childcare P	<u>articipant)</u>			
RP2292	5 yrs	9:30 AM-3 PM	Tu, Th & F	\$494 mo		
<u>Triadelphia R</u>	idge ES (20	14 Healthy Childcare Part	<u>icipant)</u>			
RP2266	3 yrs	9-11:30 AM	M, W & Th	\$235 mo		
RP2266	4 yrs	9 AM-noon	M-Th	\$305 mo		
Veterans ES (	<u> 2014 Healt</u>	hy Childcare Participant)				
RP2269	4 yrs	8 AM-4 PM	M-F	\$757 mo		
Veterans ES	has optio	ns for those registered	in Veterans REC	C program		

Please call registration at 410-313-7275 for pricing.

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### **Elementary School Before & After Care**

#### **Before & After Care for Elementary School** 2014-2015 Academic Year

Grades K-5 / M-F, duration of school year 2013-2014 / Prices below

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events, and intramural competitions throughout the school year. To promote good health and wellness, we have implemented heart-healthy activities. Our curriculum is weekly, themed-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Registration: 410-313-7275.

Info: RLC office, 410-313-3706.

Before School / 7 AM to beginning of school day / \$195, month After School / End of school day to 6 PM / \$300, month

Before & After School / 7 AM-6 PM / \$433, month

RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship ES

### Middle School **After Care**

#### "Can-TEEN Club" Middle School **After-School Program**

#### Grades 6-8 / M-F, duration of school year 2013-2014 / \$315, month

Our licensed program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences promoting positive thinking, healthy eating and proper etiquette. Participants receive leisure education skills to enhance constructive use of discretionary time and positive social skills necessary for everyday communication. Special events and outings may require additional fees. Registration: 410-313-7275.

Info: Shavon Pearson, 410-313-4633 or spearson@howardcountymd.gov. End of school day to 6 PM / Must have minimum enrollment for program to run.

RP2370	Bonnie Branch MS	RP2374	Folly Quarter MS
RP2372	Elkridge Landing MS	RP2378	NEW! Patapsco MS
RP2373	Ellicott Mills MS	RP2382	NEW! Thomas Viaduct MS

## MISSION

To responsibly manage natural resources; provide excellent parks, facilities, and recreation opportunities for the community; and ensure the highest quality of life for current and future generations.

## **VISION**

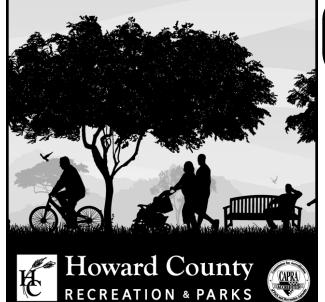
The Department of Recreation and Parks strives to deliver recreation and leisure opportunities that will improve the health and well-being of the community and to serve as model stewards of the environment by managing, protecting, and conserving our resources for a sustainable future.

## **CORE VALUES**

- Exceptional Customer Service
- Teamwork
- Professionalism
- Integrity

Accountability

- · Trend Setting
- · Knowledgeable,
- Well-trained Staff



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#### Summer Sunsations flickr

#### Grades K-5 / 1 wk or 7 wks, start dates & prices below

Looking for a fun-filled, themed-based summer program packed with hands-on activities, sports, games, creative dramatics, cooking, science, nature, and special events? Then this is your camp. Activities are guided by a different theme each week. The camp is licensed by the Office of Child Care, maintains a 15:1 ratio, and is conducted in elementary schools near you. There are also field trip/community outings to local attractions, along with swimming for those who pass a swimming test. Water Day is offered for those who cannot swim. This all-inclusive package also offers a variety of special events for a good time! Fees are subject to change. Parents must provide a nut-free lunch. If you need child care over a longer time frame, check out our *Summer Sunsations PLUS* program. (No camp 7/3.)

- A \$25 administrative fee is withheld for refunds prior to May 21. A 20% administrative fee is withheld for refunds after May 21 to one week prior to camp's start date. No refunds are given after camp begins.
- Camp ends at 3 PM, late fees are charged after this time.
- Bring all completed forms (mailed to you in March) on the first day to camp. If currently enrolled in an RLC program, obtain a copy of your child's file before school ends (files are not automatically transferred).
- Nut products are not served or permitted.
- Special accommodations must be made at time of registration.
- Registration closes on June 12 and reopens on a space available basis on June 23.
- Online enrollment will not provide 7-week discounts call 410-313-7275.
- Camp locations are subject to change.

Registration: 410-313-7275. Info: contact one of the coordinators below.

Dayton Oaks	Julia M	artin		410-313-1687
Ducketts Lane	Donna	Jackson-Parke	er	410-313-1696
Forest Ridge	Claudia	Charity		410-313-4636
Fulton	Shavon	Pearson-Gord	don	410-313-4633
Rockburn	TBA			410-313-4717
Veterans	Brian M	<b>1urphy</b>		410-313-4797
Waverly	Glen Tu	ırner		410-313-4713
Dayton Oaks ES /	9 AM-3 PM			
RP2049.401	Jun 22	1 wk	M-F	\$135
RP2049.402	Jun 29	4 days	M-Th	\$108
RP2049.403	Jul 6	1 wk	M-F	\$135
RP2049.404	Jul 13	1 wk	M-F	\$135
RP2049.405	Jul 20	1 wk	M-F	\$135
RP2049.406	Jul 27	1 wk	M-F	\$135
RP2049.407	Aug 3	1 wk	M-F	\$135
<b>Ducketts Lane ES</b>	/ 9 AM-3 PM	<u> </u>		
RP2070.401	Jun 22	1 wk	M-F	\$135
RP2070.402	Jun 29	4 days	M-Th	\$108
RP2070.403	Jul 6	1 wk	M-F	\$135
RP2070.404	Jul 13	1 wk	M-F	\$135
RP2070.405	Jul 20	1 wk	M-F	\$135
RP2070.406	Jul 27	1 wk	M-F	\$135
RP2070.407	Aug 3	1 wk	M-F	\$135
Forest Ridge ES /	9 AM-3 PM			
RP2055.401	Jun 22	1 wk	M-F	\$135
RP2055.402	Jun 29	4 days	M-Th	\$108
RP2055.403	Jul 6	1 wk	M-F	\$135
RP2055.404	Jul 13	1 wk	M-F	\$135
RP2055.405	Jul 20	1 wk	M-F	\$135
RP2055.406	Jul 27	1 wk	M-F	\$135
RP2055.407	Aug 3	1 wk	M-F	\$135
Fulton ES / 9 AM-	-3 PM			
RP2056.401	Jun 22	1 wk	M-F	\$135
RP2056.402	Jun 29	4 days	M-Th	\$108
RP2056.403	Jul 6	1 wk	M-F	\$135



Do it all at Summer Sunsations!

#### Summer Sunsations Continued

RP2056.404	Jul 13	1 wk	M-F	\$135
RP2056.405	Jul 20	1 wk	M-F	\$135
RP2056.406	Jul 27	1 wk	M-F	\$135
RP2056.407	Aug 3	1 wk	M-F	\$135
Rockburn ES / 9	9 AM-3 PM			
RP2064.401	Jun 22	1 wk	M-F	\$135
RP2064.402	Jun 29	4 days	M-Th	\$108
RP2064.403	Jul 6	1 wk	M-F	\$135
RP2064.404	Jul 13	1 wk	M-F	\$135
RP2064.405	Jul 20	1 wk	M-F	\$135
RP2064.406	Jul 27	1 wk	M-F	\$135
RP2064.407	Aug 3	1 wk	M-F	\$135



#### **Summer Sunsations PLUS**

#### Grades K-5 / 1 wk or 7 wks, start dates & prices below

Extend your child's *Summer Sunsations* adventure by adding the PLUS program! Hours are from 7 AM-9 AM and 3 PM-6 PM, with more hands-on activities and recreational opportunities. Morning and afternoon snack is provided. (No camp 7/3.)

provided: (ito	camp , , 5.,			
Dayton Oaks	Julia Marti	in		410-313-1687
Ducketts Lane	Donna Jac	kson-Parker		410-313-1696
Forest Ridge	Claudia Charity			410-313-4636
Fulton	Shavon Pe	arson-Gordon		410-313-4633
Rockburn	TBA			410-313-4717
Veterans	Brian Mur	phy		410-313-4797
Waverly	Glen Turne	er		410-313-4713
Dayton Oaks ES	7-9 AM & 3-6	<u>PM</u>		
RP2049.411	Jun 22	1 wk	M-F	\$90
RP2049.412	Jun 29	4 days	M-Th	\$72
RP2049.413	Jul 6	1 wk	M-F	\$90
RP2049.414	Jul 13	1 wk	M-F	\$90
RP2049.415	Jul 20	1 wk	M-F	\$90
RP2049.416	Jul 27	1 wk	M-F	\$90
RP2049.417	Aug 3	1 wk	M-F	\$90
Ducketts Lane Es	S / 7-9 AM & 3-	<u>6 PM</u>		
RP2070.411	Jun 22	1 wk	M-F	\$90
RP2070.412	Jun 29	4 days	M-Th	\$72
RP2070.413	Jul 6	1 wk	M-F	\$90
RP2070.414	Jul 13	1 wk	M-F	\$90
RP2070.415	Jul 20	1 wk	M-F	\$90
RP2070.416	Jul 27	1 wk	M-F	\$90
RP2070.417	Aug 3	1 wk	M-F	\$90



Explore nature at Summer Sunsations.

#### Summer Sunsations PLUS Continued

Julililler Juli			u				
Forest Ridge ES /	Forest Ridge ES / 7-9 AM & 3-6 PM						
RP2055.411	Jun 22	1 wk	M-F	\$90			
RP2055.412	Jun 29	4 days	M-Th	\$72			
RP2055.413	Jul 6	1 wk	M-F	\$90			
RP2055.414	Jul 13	1 wk	M-F	\$90			
RP2055.415	Jul 20	1 wk	M-F	\$90			
RP2055.416	Jul 27	1 wk	M-F	\$90			
RP2055.417	Aug 3	1 wk	M-F	\$90			
Fulton ES / 7-9 A	M & 3-6 PM						
RP2056.411	Jun 22	1 wk	M-F	\$90			
RP2056.412	Jun 29	4 days	M-Th	\$72			
RP2056.413	Jul 6	1 wk	M-F	\$90			
RP2056.414	Jul 13	1 wk	M-F	\$90			
RP2056.415	Jul 20	1 wk	M-F	\$90			
RP2056.416	Jul 27	1 wk	M-F	\$90			
RP2056.417	Aug 3	1 wk	M-F	\$90			
Rockburn ES / 7-	9 AM & 3-6 PM						
RP2064.411	Jun 22	1 wk	M-F	\$90			
RP2064.412	Jun 29	4 days	M-Th	\$72			
RP2064.413	Jul 6	1 wk	M-F	\$90			
RP2064.414	Jul 13	1 wk	M-F	\$90			
RP2064.415	Jul 20	1 wk	M-F	\$90			
RP2064.416	Jul 27	1 wk	M-F	\$90			
RP2064.417	Aug 3	1 wk	M-F	\$90			
Veterans ES / 7-9	AM & 3-6 PM						
RP2069.411	Jun 22	1 wk	M-F	\$90			
RP2069.412	Jun 29	4 days	M-Th	\$72			
RP2069.413	Jul 6	1 wk	M-F	\$90			
RP2069.414	Jul 13	1 wk	M-F	\$90			
RP2069.415	Jul 20	1 wk	M-F	\$90			
RP2069.416	Jul 27	1 wk	M-F	\$90			
RP2069.417	Aug 3	1 wk	M-F	\$90			
Waverly ES / 7-9	AM & 3-6 PM						
RP2067.411	Jun 22	1 wk	M-F	\$90			
RP2067.412	Jun 29	4 days	M-Th	\$72			
RP2067.413	Jul 6	1 wk	M-F	\$90			
RP2067.414	Jul 13	1 wk	M-F	\$90			
RP2067.415	Jul 20	1 wk	M-F	\$90			
RP2067.416	Jul 27	1 wk	M-F	\$90			
RP2067.417	Aug 3	1 wk	M-F	\$90			

## HOWARD COUNTY

## SPECIAL OLYMPICS MARYLAND



### **Spring Classes**

Please note the registration deadline for each sport.

#### **Aquatics**

Begins March 1, register by February 16

Howard Community College 9 AM-12:30 PM Sundays

Beginner Aquatics through Rec & Parks Splashes Program

Begins April 8, register by March 22

Fee paid by Special Olympics, must register through Rec & Parks: https://apm.activecommunities.com/howardcounty/Activity\_Search

Cedar Lane School 6:30-8 PM Wednesdays

#### **Athletics**

Begins March 28, register by March 14

Oakland Mills HS 5:30-7 PM Saturdays
Oakland Mills HS 10 AM-noon Wednesdays

#### Bocce

Begins March 28, Register by March 14

Cedar Lane Pk 6-7:30 PM Saturdays Cedar Lane Pk 2:30-4 PM Wednesdays

#### Cheerleading

Begins March 26, register by March 12

Jeffers Hill ES 6-7:30 PM Thursdays

#### Equestrian (14 years +)

Begins March 28, register by March 14

TRRC and LeCheval Stables

(Must already ride year round in a regular riding program)

#### Softball Team (14-21 years)

Begins March 28, register by March 14

Cypressmede Pk 2-4 PM Saturdays

#### Softball Team (22 years +)

Begins March 28, Register by March 14

Rocky Gorge 7-8 PM Thursdays Cypressmede Pk 2-4 PM Sunday

> Email - info@somdhc.org SOHO office at 410-740-0500 www.somdhc.org

# Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov; or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov; or visit www.howardcountymd.gov/TREC.htm.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. <u>Supervision is not provided</u> <u>before the scheduled start time</u>. Excessive early dropoffs and late pick-ups may result in being dropped from the program.
- Registration: 410-313-7275.
- Programs listed by category, then age, then alphabetical.

### **After School**

#### Therapeutic Recreation Inclusion Opportunities (TRIO) 13-21 yrs / 4-5 wks / Prices below

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skills development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff to participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site. (No class 4/14-18, 4/21.)

#### Half day schedule / 2-6 PM / \$350 per month

RP2501.311	Cedar Lane School	Apr	M-F
RP2501.321	Cedar Lane Pk	Apr	M-F
RP2501.312	Cedar Lane School	May	M-F
RP2501.322	Cedar Lane Pk	May	M-F
RP2501.313	Cedar Lane School	Jun	M-F
RP2501.323	Cedar Lane Pk	Jun	M-F

### **Aquatics**

#### **Puddles**

#### 2-5 yrs / 6 classes starting Apr 9 / \$50

Learn safety, introduction to swim skills and have fun in this aquatics program for preschoolers with developmental disabilities. Parents must accompany child in the water. Siblings/non-disabled peers may register one week after open registration. Goal: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

RP4201.301 Cedar Lane School 6:15-7 PM Th

#### **Splashes**

#### 6-12 yrs / 6 classes starting Apr 8 / \$50

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Please call to verify class level and placement. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions. Cedar Lane School

RP4205.301	6-8 yrs	Level 1	6:30-7:15 PM	W
RP4205.302	9-10 yrs	Level 2	7:15-8 PM	W
RP4205.303	11-12 vrs	Level 3	8-8:45 PM	W

#### **Aquatic Skills Development**

#### 10 yrs + / 6 classes, start dates below / \$65

This semi-private skills session provides opportunities for increase endurance, core strengthening, and skills refinement for individuals with developmental disabilites who swim competitively. Participants should be able to swim multiple lengths of the pool independently.

RP4200.301	Roger Carter Comm Ctr	Apr 7	7:30-8 PM	Tu
RP4200.302	Roger Carter Comm Ctr	May 19	7:30-8 PM	Tu

#### Waverunners

#### 13-21 yrs / 6 classes starting Apr 9 / \$50

Sharpen swimming skills and improve fitness in this aquatics program for teens with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

RP4213.301 Cedar Lane School 7-7:45 PM Th

### Water Fitness/Open Swim 18 yrs +/6 classes starting Apr 9/\$52

Adults with developmental disabilities exercise in a warm aquatic tank. Exercise at your own pace. Instructor provides guidance and exercises. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

RP4309.301 Cedar Lane School 7:45-8:30 PM Th

### **Crafts & Fine Arts**

#### **Expressions of Art**

#### 13 yrs + / 6 classes starting Mar 21 / \$75

Express yourself! Teens with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

RP4302.301 Cedar Lane Pk 9:30-11 AM Sa

## Musical Muses - Community Show Choir with Keith Tittermary

**18 yrs** + / **8 classes starting Apr 13** / **\$35** + **\$10 materials** *Page 64* 









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#### **Dance**

#### **Dances**

#### 13 yrs + / Apr 25 / \$15

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided.

#### Prepackaged donations only please.

RP4303.301 Spring Fling Bain Ctr 7-10 PM S

#### **Enrichment**

#### **Teen Venture**

#### 13-21 yrs / 6 events starting Apr 10 / \$135

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

RP4206.301 Various Locations 7-9:30 PM F

#### **Out & About**

#### 22-51 yrs / 6 events, start dates below / \$160

Adults with mild developmental disabilities enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining.

Various	Locations	16.20	IN DIA
various	Locations	/ 0:30-	IU PINI

RP4308.301	31-51 yrs	Mar 27	6:30-9 PM	F
RP4308.302	22 yrs +	Mar 28	6:30-9 PM	Sa
RP4308 303	22-30 vrs	Apr 10	6·30-9 PM	F

#### **Friday Night Socials**

#### 22 yrs +/6 events starting Mar 27 / \$115

Adults with developmental disabilities enjoy this casual group with easy-going activities, dancing, and socializing. Staff provide activity facilitation, caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others. (No event 4/4.)

RP4306.301 Various Locations 7:30-9 PM F

#### **Evening at the Theatre**

#### 17 yrs + / Apr 19 / \$49

Individuals with developmental disabilities, enjoy an evening out at the theatre. Participants must be able to function in 1:5 staff to participant ratio. Toby's Dinner Theatre

RP4314.301 Addams Family Musical 5-10:30 PM Su

### NEW! Butterfly Gala All ages / Apr 11 / \$20

The Howard County Therapeutic Recreation & Accommodations Section cordially invites families of children and adults with special needs to join in an evening of sensory-friendly activities celebrating spring at the Robinson Nature Center. Enjoy hands-on activities throughout the Center, light hors d'oeuvres, music, and dancing. We can't wait to celebrate with you! Please register by April 8. Please thank the Maryland Autism Society and the Maryland Science Center for their partnership in this event.

RP4860.302 Robinson Nature Ctr 6:30-9 PM Sa



Enjoy Fitness with Friends in an inclusive setting.

### **Sports**

### Strikes & Spares Bowling League 13-31 yrs / 8 wks starting Mar 21 / \$88

Adults with developmental disabilities improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week in this program. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

Brunswick Normandy Lanes Ctr

RP4313.301	13-17 yrs	12:30-2 PM	Sa
RP4313.302	18-31 yrs	12:30-2 PM	Sa

#### Pinbusters Bowling League

#### 32 yrs + / 8 wks starting Mar 21 / \$85

Adults with developmental disabilities enjoy socializing with peers. Bowl one or two games per week in this program. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

RP4312.301 Brunswick Normandy Lanes Ctr 11:30 AM-12:45 PM Sa RP4312.302 Brunswick Normandy Lanes Ctr 1-2:15 PM Sa

### Adaptive Lacrosse Clinic for Youth 10-21 yrs / 6 classes starting Apr 12 / \$80

Youth and teens with developmental disabilities, improve skills and focus on lacrosse fundamentals. All equipment is provided. Program offers all abilities the opportunity to develop social skills while playing adaptive, noncompetitive lacrosse. This program may not be appropriate for all. *Adaptive Lacrosse* is being offered to provide integration opportunities in a fun, noncompetitive setting. Parents and volunteers are needed. Goal: Increase range of motion, improve athletic skills, and develop cooperation skills with peers. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

RP6507.301 Cedar Lane Pk East 10-14 yrs 2-3 PM Su RP6507.302 Cedar Lane Pk East 15-21 yrs 2-3 PM Su

#### **Fitness with Friends**

#### 18 yrs + / 8 classes starting Mar 26 / \$65

Exercise has never been so much fun! Come with a friend or two and try the new fitness with friends. Socialize with others and exercise using yoga, aerobics, and more under the direction of Pam Beck.

RP6507.301 Cedar Lane Pk 7-8 PM Su

# Pre-K (0-5 yrs) Classes & Activities

Adventure & Outdoors Page 19 Nature Page 24

### **Adventures in Learning**

**The Early Years Matter** – Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them!

- Registration: 410-313-7275.
- Info: Cindy Ochs, 410-313-4681.
- Staff members do not change diapers.

#### **Tots Discovery**

#### 2 yrs / 12 classes, start dates below / \$185

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them, and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack.

RP3201.301	Dayton Oaks ES	Apr 7	10 AM-noon	Tu & Th
RP3201.302	Forest Ridge ES	Apr 7	10 AM-noon	Tu & Th
RP3201.303	Rockburn ES	Apr 7	10 AM-noon	Tu & Th
RP3201.304	Thomas Viaduct MS	Apr 13	10 AM-noon	M & W

#### **Preschool Adventures**

#### 2½ - 4 yrs / 12 classes, start dates below / \$185

Come join the adventure! Children enjoy an exciting, physically active, and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including basketball, soccer, lacrosse, and other sports) in the gym. Participants should bring a nut-free lunch.

Gary J Arthur Comm Ctr

RP6971.301 Apr 7 9:30 AM-12:30 PM Tu & Th Roger Carter Comm Ctr RP6971.302 Apr 13 9:30 AM-12:30 PM M & W

#### My First School

#### 2 yrs, 9 mos - 3 yrs, 9 mos / 12 classes, start dates below / \$185

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack.

RP3202.301	Rockburn ES	Apr 13	10 AM-noon	M & W
RP3202.302	Ducketts Lane ES	Apr 7	10 AM-noon	Tu & Th
RP3202.303	N Laurel Comm Ctr	Apr 7	10 AM-noon	Tu & Th

### NEW! Creative Explorers - Commotion in the Ocean

#### 2 yrs, 9 mos - 3 yrs, 9 mos / 4 days starting May 26 / \$85

Explore the wonders of the ocean! Discover the many creatures that live in the sea. Take a "pretend" adventure to the beach. Fee includes snack.

RP1724.401 N Laurel Comm Ctr 9 AM-noon Tu-F

#### Step into School

#### 3 yrs, 9 mos-4 yrs / 12 classes starting Apr 13 / \$185

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness, and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack.

RP3221.301	N Laurel Comm Ctr	9:30 AM-noon	M&W
RP3221.302	Elkridge ES	9:30 AM-noon	M&W

#### Kindergarten Jump Start 4 yrs, 9 mos-5 yrs / 12 classes starting Apr 13 / \$265

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science, and social studies, participants engage in individual, small, and large group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation, and expected school behavior. Music, movement, and art make the learning fun! Participants should bring a nut-free lunch. Register for *Kindergarten Jump Start Plus* and receive a 10% discount off this course. RP1727.301 Ellicott Mills MS 9:30 AM-1 PM M & W

#### Kindergarten Jump Start Plus! 4 yrs, 9 mos-5 yrs / 6 classes starting Apr 14 / \$129

Continue Kindergarten Jump Start with an additional day of enrichment.

The enrichment session focuses on math concepts including "Patterns
Everywhere." Participants should bring a nut-free lunch.

RP1727.302 Ellicott Mills MS 9:30 AM-1 PM Tu

### Awesome Athletes, Amazing Artists (Parent/Child)

#### 2-4 yrs / 6 classes, start dates below / \$90

If you enjoy being active and creative, this is the class for you! Explore sports, games, and arts and crafts while meeting new friends! Spend the first half of class throwing, kicking, and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting, and creating an array of art projects! Parents are required to attend.

Gary J Arthur Comm Ctr

RP6973.301 Apr 8 9:30 AM-10:30 AM W <u>N Laurel Comm Ctr</u> RP6973.302 Apr 10 9:30 AM-10:30 AM F

#### **Eating the Alphabet**

#### 3-5 yrs / 6 classes, start dates below / \$99

A is for apples! B is for beets! C is for carrots! Eating the alphabet is loads of fun, one letter at a time! Inspired by the entertaining story *Eating the Alphabet* by Louis Ehlert, children learn the alphabet and enjoy a corresponding snack for each letter. Children become excited about eating healthy snacks. In addition, they develop early literacy skills, including letter recognition, letter-sound relationships, listening and reading comprehension, and other important early literacy skills.

RP3203.301 Forest Ridge ES Apr 13 10 AM-noon M

#### **Marshmallow Math**

#### 3-5 yrs / 6 classes, start dates below / \$90

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing, and measuring. Snack becomes an adventure when sorting goldfish or eating the number eight! Have fun graphing with marshmallows and exploring terrific tanagrams and shapes! Songs, art projects. and manipulatives are all incorporated to help this preschool experience meaningful and stimulating. (No class 5/1.)

RP3206.301	Forest Ridge ES	Apr 10	10 AM-noon	F
RP3206.302	Thomas Viaduct MS	Apr 9	10 AM- noon	Th

## Preschool Genius at Olenka School of Music (OSM) 3-5 yrs / 5 dasses, start dates below / \$95 + \$25 materials

Immerse your little genius into OSM's fun and unique kindergarten prep program. Class activities are based upon the knowledge that music competency, language competency, and motor skills develop hand-inhand. Focus is balanced between a combination of reading readiness, writing preparedness, fine motor development, rhythm skills, gross motor movement, and dance. Developmentally appropriate activities include drawing, writing, singing, chanting, poetry, rhythm play, instrument exploration, puppets, sculpting, crafts, and an intro to the ABCs of language and music! Parent participation is strongly encouraged. Materials fee due to OSM on the first day of class.

N	lenl	ka '	School	l of N	Ausic -	Columbia	

Olelika Jeliooli	JI Music – C	<u>oiuiiibia</u>	
RP0129.401	Jun 20	12:30-1:15 PM	Sa
RP0129.402	Jul 25	12:30-1:15 PM	Sa
Olenka School	of Music – E	llicott City	
RP0129.411	Jun 15	11-11:45 AM	M
RP0129.412	Jun 17	11-11:45 AM	W
RP0129.421	Jul 20	11-11:45 AM	M
RP0129.422	Jul 22	11-11:45 AM	W

#### **NEW! Curious Kids**

#### $3\frac{1}{2}$ -5 yrs / 6 classes starting Apr 8 / \$90

Are you raising a curious kid? Preschoolers discover the world of nature, plants, and animals through fun science activities and tactile art exploration. Projects are designed to expose children to different types of art and handson activities! Enjoy a themed snack each week.

RP3217.301 Forest Ridge ES 10 AM-noon W

#### **Little Scientist Camp**

#### 3½-5 yrs / 1 wk, start dates below / \$149

Explore science in the world around us. Little scientists participate in experiments and record observations in their own scientific journals! Make a volcano and watch it erupt. Learn about the life cycle of a caterpillar. Discover through water play which things sink and float. Fee includes snack.

RP1723.402 Dayton Oaks ES Jun 1 9 AM-1 PM M-Th RP1723.403 N Laurel Comm Ctr Jun 1 9 AM-1 PM M-Th





Kindergarten Jump Start prepares your child for a smooth transition into kindergarten.

### **One Day Specials**

- Parent or caregiver is welcome to attend.
- Registration: 410-313-7275.
- Info: Cindy Ochs, 410-313-4681.

### Mommy & Me Fun Days 2-3 yrs / Dates below / \$14

Enjoy a morning full of "quality time" designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures.

#### Ellicott Mills MS / 10-10:45 AM / F

RP3212.301	Sesame Street Adventures	Apr 10
RP3212.302	NEW! Paw Patrol	Apr 17
RP3212.303	Thomas	Apr 24
RP3212.304	Sofia the First	May 8
RP3212.305	Cars	May 15
RP3212.306	Mickey Mouse Clubhouse	May 22

### NEW! Pirates and Princess Adventures 3-5 yrs / Apr 24 / \$19

Dream of becoming a young buccaneer or elegant princess? Then come join this fun-filled adventure! Guests are invited to dress up as a wily pirate or favorite princess as they search for princess jewels and pirate treasure.

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RP3220.301 Ellicott Mills MS 12:45-2 PM F

Index on page 104. Spring/Summer 2015

### **Cooking**

- More cooking classes for 4 years + starting on page 44.
- Registration: 410-313-7275.
- Info: Cindy Ochs, 410-313-4681.

### C is for Cooking! (Parent/Child) 2 yrs / 6 classes starting Apr 9 / \$99

Let's get cooking! Parents enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Bird's Pita Pizzas, Ernie's Breakfast Banana Split, and Elmo's Turkey Rolls.

RP3209.301 Ellicott Mills MS 9:45-10:45 AM Th

#### **Wee Chefs**

#### 3-5 yrs / 6 classes starting Apr 9 / \$109

Prepare a recipe while learning about proper kitchen etiquette, measuring, and table setting. Make a small craft that goes along with the lesson. Use books and games to further your understanding. Parents are welcome.

RP3205.301 Ellicott Mills MS 11:15 AM-12:30 PM Th

#### **Crafts & Fine Arts**

- Registration: 410-313-7275.
- Info: Cindy Ochs, 410-313-4681.

### Abrakadoodle Art Twoosy Doodlers (Parent/Child)

#### 20-36 mos / 6 classes starting Apr 11 / \$89

Parents, join your kids as they experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others, and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories, and sing songs! Frames and protective aprons provided.

RP0133.303 Roger Carter Comm Ctr 9:30-10:15 AM Sa

### Petite Picassos by Abrakadoodle (Parent/Child)

#### 2-3 yrs / 6 classes starting Apr 10 / \$89

Experience art with your toddler by creating modern masterpieces while discovering colors, textures, and shapes. Fee includes participation of a parent or favorite adult and one child.

RP3215.301 Rockburn ES 10-10:45 AM F

#### Abrakadoodle Art Mini Doodlers

3½-5 yrs / 6 classes, start dates below / \$89

Get creative! Learn and imitate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork, and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity, and develop new skills. Frames and protective aprons provided.

RP0134.301 Rockburn ES Apr 8 7-7:45 PM W RP0134.302 Roger Carter Comm Ctr Apr 11 10:30-11:15 AM Sa

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

#### Dance |

- Registration: 410-313-7275.
- In order by youngest age.

### Dance with Me! With Sandra Duerr (Parent/Child)

#### $1\frac{1}{2}$ -2 yrs / 6 classes starting Apr 16 / \$45

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. (No class 2/16.)

Info: Adam Wienckowski, 410-313-4714.

RP1003.301 Roger Carter Comm Ctr 9:30-10:10 AM Th

## Mommy & Me Bollywood Movement with Jaya Mathur (Parent/Child) 2-5 yrs/6 classes starting Apr 30 / \$55

Explore the culture of India through music, movement, rhythm, and imagination! Trained in Indian classical dance, Mathur introduces you to this energetic dance style that originated in Indian films. Fee includes one child and one parent/caregiver. Info: Cindy Ochs, 410-313-4681.

RP1032.301 Roger Carter Comm Ctr 10-10:45 AM Th

#### Mommy & Me Movement by Misako Ballet Studio (Parent/Child) 2-3 yrs / 8 classes starting Apr 8 / \$75

Bring your toddler to an exciting movement class where you exercise and move together through dancing, singing, role-playing, and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teacher: Cecilia Ituarte. Info: Cindy Ochs, 410-313-4681.

RP1005.301 Misako Ballet Studio 10-10:45 AM W

#### Parent/Child Movement & Song by Kinetics Dance Theatre 2-3 yrs / 6 classes starting Apr 11 / \$65

Encourage your child's imagination as you explore creative dance using stories, props and movement to encourage imagination. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Section 301 teacher: Carol Asher. Section 302 teacher: Jodi Guzewich. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1007.301 Kinetics Dance Theatre 10:15-11 AM Sa RP1007.302 Kinetics Dance Theatre 10:45-11:30 AM Sa

### Fairy Ballet for 3's with Sandra Duerr 3 yrs / 6 classes starting Apr 16 / \$45

Learn ballet basics with the help of princess stories and their music. Leather ballet shoes required. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1009.301 Roger Carter Comm Ctr 10:15-10:45 AM Th

### Princess Ballet 2 with Sandra Duerr 3-5 yrs / 6 classes starting Apr 17 / \$45

Learn ballet basics with the help of princess stories and their music. Leather ballet shoes required. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1008.301 Roger Carter Comm Ctr 10:30-11:10 AM F

### Ballerina Basics by Kinetics Dance Theatre 3-6 yrs / 6 classes starting Apr 8 / \$79

Do you dream of being a ballerina? This class introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Teacher: Lauren Snyder. (Adult classes offered concurrently, contact studio.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1011.301 Kinetics Dance Theatre 9-10 AM V

### Ballet & Tap by Dance Connections, Inc. 3-5 yrs / 6 classes starting Apr 18 / \$75

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the class, dancers are introduced to ballet steps, dance fundamentals, and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms in the center and across the floor. Dancers need leather ballet and tap shoes. (No class 4/25, 5/23.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1025.301 Dance Connections, Inc. 1:30-2:15 PM Sa RP1025.302 Dance Connections, Inc. 2:15-3 PM Sa

### Creative Dance by Kinetics Dance Theatre 3-6 yrs / 6 classes, start dates & prices below

This introduction to dance incorporates imagination, creative expression, and a lot of fun! Dancers are introduced to loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! Leotard and bare feet recommended. Section 301 teacher: Alexandra Krebs. Section 302 teacher: Carol Asher. Section 303 teacher: Jodi Guzewich. (Adult class offered concurrently on Monday, contact studio.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

**Kinetics Dance Theatre** 

RP1010.301	Apr 13	9-10 AM	M	\$79
RP1010.302	Apr 11	9:30-10:15 AM	Sa	\$65
RP1010.303	Apr 11	10-10:45 AM	Sa	\$65

## Creative Movement After School by Cindee Velle Ballet

3-5 yrs / 4 classes starting May 15 / \$39

This introduction to dance incorporates the exploration of space, rhythm, body-awareness, time, shape, and dynamics. Use of imagination is encouraged! A pink leotard, pink tights, and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants, and black ballet (leather or canvas) shoes required for boys. Teacher: Amy Cohen. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. RP1019.301 Veterans ES 4:10-4:55 PM F

### Frozen Ballet & Tap by Dance Connections, Inc. 3-5 yrs / 6 dasses starting Apr 13 / \$75

Let it Go! Have fun learning ballet and tap with the themes and music from everyone's favorite movie, Frozen! Foundations of ballet and tap are covered while using fine and gross loco motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes.

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. RP1014.301 Dance Connections, Inc. 10:45-11:30 AM M



Little princesses hit the dance floor to learn ballet.

### Princess Ballet by Dance Connections, Inc. 3-5 yrs / 6 classes starting Apr 13 / \$75

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip toe around the beasts' castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights, and (leather or canvas) ballet shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1046.301 Dance Connections, Inc. 10-10:45 AM M

#### Tinker Bell's Ballet by Dance Connections, Inc. 3-5 yrs / 6 classes starting Apr 13 / \$75

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights, and (leather or canvas) ballet shoes.

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1017.301 Dance Connections, Inc. 1:15-2 PM

### Ballet & Tap with Tatia Zack 3½-5 yrs / 8 classes, start dates below / \$75

Learn ballet positions and tap steps while developing coordination, body-awareness, balance, rhythm, and a love of dance. Ballet and tap shoes are required. Performance during the last class.

Info: Adam Wienckowski, 410-313-4714.

RP1024.301	Meadowbrook Ath Comp	Apr 16	9:30-10:30 AM	Th
RP1024.302	Synergy Fitness	Apr 14	3:30-4:30 PM	Tu
RP1024.401	Synergy Fitness	Jun 23	3:30-4:30 PM	Tu

#### Jazz & Tap with Tatia Zack 3½-5 yrs / 8 classes, start dates below / \$59

Combine the coordination, rhythm, and timing of tap with the high-energy movements of jazz. Stretching and bending exercises and a dance routine done to Top 40's music. Performance during last class. Wear tap shoes and comfortable clothing. Info: Adam Wienckowski, 410-313-4714.

RP1023.301	Meadowbrook Ath Comp	Apr 16	10:30-11:15 AM	Th
RP1023.302	Synergy Fitness	Apr 14	4:30-5:15 PM	Tu
RP1023.401	Synergy Fitness	Jun 23	4:30-5:15 PM	Tu

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#### Barbie Ballet for 4's with Sandra Duerr 4 yrs / 6 classes starting Apr 16 / \$39

Combine creative movement and ballet basics to develop coordination and rhythm while using the familiar stories and music of our favorite Barbie® dolls. Please wear pink or white leather ballet shoes. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. RP1010.301 Roger Carter Comm Ctr 11-11:30 AM

**Movement for Boys** by Kinetics Dance Theatre Page 46

Rhythm & Moves for Boys by Kinetics Dance Theatre Page 46

**Beginning Princess Ballet: Rhythm & Steps** by Misako Ballet Studio Page 46

#### **Fitness**

- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

#### Funfit® Tots (Parent/Child) 11-35 mos / 8 classes, start dates below / \$79 per child

Join a fun-filled adult/child, high-energy class that includes songs, stories, parachutes, games, balls, music, and lots more! The perfect combination for kids that love to move and love music too! Great for parents that love to be a part of their child's excitement and success. Child must be walking.

Gary J Arthur Comm Ctr

RP3210.301	11-20 mos	Apr 22	5:15-6 PM	W
N Laurel Comm	<u>Ctr</u>			
RP3210.302	11-20 mos	Apr 23	10:15-11 AM	Th
RP3210.303	20-35 mos	Apr 23	11:05-11:50 AM	Th
Roger Carter Co	omm Ctr			
RP3210.304	11-20 mos	Apr 24	9:30-10:15 AM	F
RP3210.305	11-35 mos	Apr 24	10:20-11:05 AM	F

#### Funfit® Shining Stars 3-5 yrs / 8 classes starting Apr 22 / \$79 per child

Your kids shine as they advance to the next level of game play in this fun, active class. They begin to learn to play cooperatively, learn game rules, taking turns and more. Kids gain balance, coordination, and advance cognitive development. All this incorporated into one fun game after another and using a variety of awesome equipment. Parents are welcome to participate, but not required.

RP3210.311 Gary J Arthur Comm Ctr 6:05-6:50 PM

#### Language

- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Oh La La French Mommy & Me & Daddy Too! with Madame Nona (Parent/Child) 1-4 yrs / 6 classes starting Apr 11 / \$85

Learn French with your little one in this one-hour class! Class developed by a professional Early Childhood educator. Learn French words for colors,



Parents, join your child as they begin an exploration into music.

animals, action words, and more! Using a multi-sensory approach, enjoy creative arts, language arts, singing, games, and dancing to learn French. Literacy is increased because we read books, sing songs, and play familiar games in French. Each week learn new topics and reinforce what was learned by getting creative with crafts. Repetition is the key, so we review what we've already learned and build from there. Bring a blanket. Fee includes participation of one child and one parent/caregiver. RP3310.301 Pointers Run ES 9:30-10:30 AM

Beginning Chinese I & II with Hui Liang Page 46

Hola Amigos! Spanish with Cecilia Redmond Page 46

#### **Music & Theater Arts**

#### Music

- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

#### Music Together® - Infant (Parent/Child) at Olenka School of Music (OSM) Infant-8 mos / 8 classes, start dates below / \$125 + \$42 materials

Music Together® Infants is an unique and exciting intro to the universal language of music. Infants and their caregivers engage in fun activities designed to foster music fluency. Learn skills necessary for the development of your child's musical ear and innate rhythmic abilities. Family materials includes a songbook, 2 CDs, educational materials, and a new student DVD.

Materials fee due to OSM on the first day of class.

Olelika School C	<u> Di Music — Ci</u>	<u>DIUMDIa</u>	
RP0120.301	Apr 28	11:30 AM-12:15 PM	Tu
RP0120.302	Apr 29	12:30-1:15 PM	W
Olenka School o	of Music — El	licott City	
RP0120 351	Anr 27	Noon-12:45 PM	M

### Music Together® - Mixed (Parent/Child) at Olenka School of Music (OSM)

Infant-5 yrs / 5 or 8 classes, start dates & prices below

Immerse your infant, toddler, preschooler, or kindergartener in the universal language of music! Have fun singing, dancing, and playing with various rhythm instruments as part of a nurturing musical community. Music Together® is the pioneer and leader of research-based, early childhood music and movement programs for children and adults who love them. Music Together® recognizes that everyone has the ability to sing in tune, keep a beat, and experience world cultures through music. Family materials include a songbook, 2 CDs, educational materials, and a new student DVD. Materials fee due to OSM on the first day of class.

8 classes / \$125			0.20.40.45.444	_
RP0121.301	OSM-Columbia	Apr 24	9:30-10:15 AM	F
RP0121.302	OSM-Columbia	Apr 24	10:30-11:15 AM	F
RP0121.303	OSM-Columbia	Apr 24	11:30 AM-12:15 PM	F
RP0121.304	OSM-Columbia	Apr 25	9:15-10 AM	Sa
RP0121.305	OSM-Columbia	Apr 25	11:15 AM-noon	Sa
RP0121.306	OSM-Columbia	Apr 27	9:30-10:15 AM	M
RP0121.307	OSM-Columbia	Apr 27	10:30-11:15 AM	M
RP0121.308	OSM-Columbia	Apr 29	4:30-5:15 PM	W
RP0121.309	OSM-Columbia	Apr 29	5:30-6:15 PM	W
RP0121.310	OSM-Columbia	Apr 30	4:15-5 PM	Th
RP0121.311	OSM-Columbia	Apr 30	5:15-6 PM	Th
RP0121.351	OSM-Ellicott City	Apr 25	10:30-11:15 AM	Sa
RP0121.352	OSM-Ellicott City	Apr 25	11:30 AM-12:15 PM	Sa
RP0121.353	OSM-Ellicott City	Apr 29	9:15-10 AM	W
RP0121.354	OSM-Ellicott City	Apr 29	10:15-11 AM	W
RP0121.360	Roger Carter Comm Ctr	Apr 30	9:30-10:15 AM	Th
RP0121.361	Roger Carter Comm Ctr	Apr 30	10:30-11:15 AM	Th
5 classes / \$85 +	\$42 materials			
RP0121.401	OSM-Columbia	Jun 17	5:30-6:15 PM	W
RP0121.402	OSM-Columbia	Jun 18	5:15-6 PM	Th
RP0121.403	OSM-Columbia	Jun 20	9:15-10 AM	Sa
RP0121.404	OSM-Columbia	Jun 20	10:15-11 AM	Sa
RP0121.405	OSM-Columbia	Jun 21	9:30-10:15 AM	Su
RP0121.406	OSM-Columbia	Jun 21	10:30-11:15 AM	Su
RP0121.411	OSM-Columbia	Jul 22	5:30-6:15 PM	W
RP0121.412	OSM-Columbia	Jul 23	5:15-6 PM	Th
RP0121.413	OSM-Columbia	Jul 25	9:15-10 AM	Sa
RP0121.414	OSM-Columbia	Jul 25	10:15-11 AM	Sa
RP0121.415	OSM-Columbia	Jul 26	9:30-10:15 AM	Su
RP0121.416	OSM-Columbia	Jul 26	10:30-11:15 AM	Su
RP0121.451	OSM-Ellicott City	Jun 15	10-10:45 AM	M
RP0121.452	OSM-Ellicott City	Jun 16	9:30-10:15 AM	Tu
RP0121.453	OSM-Ellicott City	Jun 16	10:30-11:15 AM	Tu
RP0121.454	OSM-Ellicott City	Jun 17	9:30-10:15 AM	W
RP0121.455	OSM-Ellicott City	Jun 17	10:30-11:15 AM	W
RP0121.456	OSM-Ellicott City	Jun 18	10:30-11:15 AM	Th
RP0121.457	OSM-Ellicott City	Jun 19	9:30-10:15 AM	F
RP0121.458	OSM-Ellicott City	Jun 20	10-10:45 AM	Sa
RP0121.459	OSM-Ellicott City	Jun 21	9:30-10:15 AM	Su
RP0121.461	OSM-Ellicott City	Jul 20	10-10:45 AM	M
RP0121.462	OSM-Ellicott City	Jul 21	9:30-10:15 AM	Tu
RP0121.463	OSM-Ellicott City	Jul 21	10:30-11:15 AM	Tu
RP0121.464	OSM-Ellicott City	Jul 22	9:30-10:15 AM	W
RP0121.465	OSM-Ellicott City	Jul 22	10:30-11:15 AM	W
RP0121.466	OSM-Ellicott City	Jul 23	10:30-11:15 AM	Th
RP0121.467	OSM-Ellicott City	Jul 24	9:30-10:15 AM	F
RP0121.468	OSM-Ellicott City	Jul 25	10-10:45 AM	Sa
RP0121.469	OSM-Ellicott City	Jul 26	9:30-10:15 AM	Su
01211107	January City	Jul 20	2.50 TO.15 /IIII	Ju

## Preschool Music Makers with Keyboards at Olenka School of Music (Parent/Child)

3-5 yrs / 8 classes, start dates below / \$159 + \$42 materials

Begin a strong foundation for future musical learning through this energetic class designed as an inspiring introduction to the basics of music. Each age-appropriate class features solfege singing (do, re, mi) and ear training exercises that lead to inner hearing and neuromuscular feeling for music. Enjoy musical activities, including dancing, singing, playing keyboards, rhythm instruments, and stimulating music games. Finish the session with "Show Time" for friends and family. Material fee due at first class.

Olenka School of Music — Columbi
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RP0128.301	Apr 24	4:30-5:15 PM	F
RP0128.302	Apr 25	1:30-2:15 PM	Sa
RP0128.303	Apr 26	1:30-2:15 PM	Su
RP0128.304	Apr 27	11:30 AM-12:15 PM	М
RP0128.305	Apr 27	4:30-5:15 PM	M
RP0128.306	Apr 29	3:30-4:15 PM	W
RP0128.307	Apr 30	7:15-8 PM	Th
Olenka School	of Music — El	licott City	
RP0128.351	Apr 24	2:30-3:15 PM	F
RP0128.352	Apr 26	11:30 AM-12:15 PM	Su
RP0128.353	Apr 27	1:30-2:15 PM	М
RP0128.354	Apr 29	1-1:45 PM	W
RP0128.355	Apr 30	4:30-5:15 PM	Th

#### **Theater**

- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

### Broadway Babies Drama: Spring Stars by Drama Learning Center

3-5 yrs / 6 classes starting Apr 11 / \$95

Enjoy this drama class for preschoolers! Students learn how to sing, dance, and act on our stage. Class culminates in a short showcase performance on the last day.

RP0103.301 Drama Learning Ctr 9:15-10:15 AM Sa

#### Science

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#### **Sports**

Page 76

### Therapeutic Recreation

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Learn the basics of chess with Silver Knights Chess Company.

# Youth (5-10 yrs) Classes & Activities

Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 19 Nature Page 24

#### Chess

- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

#### Chess Spring Break Camp with Silver Knights Chess Company Grades K-8/1 wk starting Mar 30/ Prices below

Play and learn chess from the highly rated professional chess instructors from Silver Knights Chess. You are divided into skill level groups, from beginner to highly rated tournament players. Activities include learning openings, tactics, and endgames; studying master games; playing games against fellow students; and analyzing students' games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage.

#### Roger Carter Comm Ctr

RP1815.301	Full day	9 AM-4 PM	M-F	\$345
RP1815.311	Half day	9 AM-noon	M-F	\$209
RP1815.321	Half day	1-4 PM	M-F	\$209

## Chess Tournament Training with Silver Knights Chess Company Grades K-5 / Class lengths, start dates & prices below

Are you ready to get serious about your chess game? Do you wish to improve? In this class, use chess clocks and score sheets each week. Then focus on playing slower games and analyzing past games to learn from your mistakes. You must be a member of the US Chess Federation as this class plays rated tournament games. (We can help you sign up at the first class.) 6 classes starting Apr 30 / \$119

RP3324.301 Veterans ES 6-7:30 PM Th

8 classes starting Jun 25 / \$159

RP3324.401 Roger Carter Comm Ctr 6-7:30 PM Th

### **Cooking**

- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

### Wee Chefs Mini-Session with Julie Lonegro 5-7 yrs / 2 classes, start dates below / \$35

Join us for hands-on cooking! Children make fun and delicious food that is sure to please their taste buds. Our classes teach little chefs how to make various appetizers and desserts. They learn different cooking techniques that allow them to help at home.

RP3225.301	Ellicott Mills MS	Apr 15	6-7:30 PM	W
RP3225.302	N Laurel Comm Ctr	May 20	6-7:30 PM	W

### What's Cooking? With Julie Lonegro 5-7 yrs / May 8 / \$29

Make delicious treats to share with friends and family! Handmade recipes, story sharing, and music add to the fun. The theme for this class, *Spring Has Sprung*, includes making edible lollypop flowers, mini veggie garden pizzas, and yummy purple cow milkshakes.

RP3227.301 N Laurel Comm Ctr 6-8 PM F

#### **CKCS Cooking After School**

#### Grades K-5 / 4 classes, start dates below / \$80 + \$40 materials

CKCS, the mobile cooking program, is taught by Nikki McGowan, owner of CKCS Foods Studio, and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety, and the science behind cooking! Material fee due at first class, payable to CKCS.

#### Session One Theme: Asian!

Learn to make sushi, Thai ginger noodle salad, and mango sticky rice for dessert!				
RP3302.301	Dayton Oaks ES	Apr 15	3:35-5:05 PM	W
RP3302.302	Fulton ES	Apr 16	4-5:30 PM	Th

#### Session Two Theme: French!

Crème Brûlée, we use torches to caramelize the sugar. Croque-Madame sandwiches and Vichyssoise.

RP3302.311	Forest Ridge ES	May 13	4-5:30 PM	W
RP3302.312	Fulton ES	May 14	4-5:30 PM	Th

#### CKCS Cooking Spring Break Camp Grades K-5/4 days starting Mar 30/Prices below

Back by popular demand! CKCS incorporates science, math, and kitchen safety into the preparation of menus that are fun and delicious! The camp's focus is on spring fare. Classes are taught by the CKCS staff, including Nikki McGowan, owner of CKCS Foods Studio. The week's cuisine celebrates spring – barbecue, potato salad, fresh fruit and vegetables. Each day we prepare delicious cuisine with a southern twist. Full-day students, bring a nut-free bagged lunch. Half-day students, bring a nut-free snack. Everyone samples recipes. Full-day students do not repeat morning session. Materials fee due at first class, payable to CKCS.

Half day / \$135	+ \$30 materials		
RP3302.321	Lime Kiln MS	9 AM-noon	M-Th
RP3302.322	Lime Kiln MS	1-4 PM	M-Th
RP3302.323	Mt. Hebron HS	9 AM-noon	M-Th
RP3302.324	Mt. Hebron HS	1-4 PM	M-Th
Full day / \$249	+ \$40 materials		
RP3302.331	Lime Kiln MS	9 AM-4 PM	M-Th
RP3302.332	Mt. Hebron HS	9 AM-4 PM	M-Th

#### Crafts & Fine Arts

### Abrakadoodle Art Education After School Grades K-5 / 7 or 8 classes, start dates & prices below

Children discover their creative talents and abilities through painting, sculpting, and additional media. All skill levels are welcome. Classes bolster self-confidence and pride while teaching art history, techniques, vocabulary, and socialization skills. This spring, enjoy new lessons and learn about many new artists; there are no repeats from past seasons. Material fee due at first class, payable to Abrakadoodle. (No class 5/25.)

<u>/ classes / \$102</u>	<u>+ \$21 materiais</u>			
RP0136.302	Manor Woods ES	Apr 13	3:20-4:20 PM	М
RP0136.303	Thunder Hill ES	Apr 13	4-5 PM	М
8 classes / \$115	+ \$24 materials			
RP0136.304	Bollman Bridge ES	Apr 15	3:10-4:10 PM	W
RP0136.305	Clarksville ES	Apr 16	4-5 PM	Th
RP0136.306	Gorman Crossing ES	Apr 15	4-5 PM	W
RP0136.301	Laurel Woods ES	Apr 14	3:35-4:35 PM	Tu
RP0136.307	St. John's Lane ES	Apr 15	3:20-4:20 PM	W
RP0136.308	West Friendship ES	Apr 14	3:50-4:50 PM	Tu

#### Abrakadoodle Art Education School's Out Series

#### Grades K-5 / May 1 / \$25 + \$5 materials

Unleash your creative talents through painting, sculpting, and additional media. All skill levels are welcome. Class bolsters self-confidence and pride while teaching art history, techniques, socialization skills, and vocabulary. Spring has sprung! Warmer weather brings out beautiful flowers blooming and birds flying. Join us to create spring-inspired art, including a cherry blossom painting and a mixed medium collage of feathered birds.

Material fee due at the beginning of class, payable to Abrakadoodle.

RP0136.380 N Laurel Comm Ctr 2-3:30 PM F

#### **KidzArt After School**

#### Grades K-5 / 7 or 9 classes, start dates & prices below

Developed with the philosophy that learning to draw creates confidence, focus, and perseverance, our students engage their imagination in a whole new way! Our curriculum never repeats and enables you to confidently create your own masterpieces each week. We keep it simple and FUN by creating an environment where there is no right or wrong way to do art. Within each session, explore a variety of artist-grade mediums, such as Prismacolor Markers, ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers, and more! Find out what other parents in Howard County already know, KidzArt means fun and brings out the creativity and KidzArtist in all of our students! Please bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. **Material fee included in registration fee.** Please bring a note each day your child participates in KidzArt After School. (No class 5/25.)

<u>7 classes / \$126</u>				
RP0113.305	Gorman Crossing ES	Apr 13	4:10-5:10 PM	М
RP0113.306	Ilchester ES	Apr 13	4:10-5:10 PM	Μ
RP0113.309	Rockburn ES	Apr 13	3:35-4:35 PM	М
RP0113.310	St. Johns Lane ES	Apr 13	3:25-4:25 PM	М
9 classes / \$162				
RP0113.301	Atholton ES	Apr 9	4:10-5:10 PM	Th
RP0113.302	Bellows Spring ES	Apr 7	4:10-5:10 PM	Tu
RP0113.303	Centennial Lane ES	Apr 9	3:30-4:30 PM	Th
RP0113.304	Fulton ES	Apr 7	4:10-5:10 PM	Tu
RP0113.307	Northfield ES	Apr 8	3:30-4:30 PM	W
RP0113.308	Pointers Run ES	Apr 8	4:10-5:10 PM	W
RP0113.311	Thunder Hill ES	Apr 9	4:10-5:10 PM	Th
RP0113.312	Triadelphia Ridge ES	Apr 9	3:40-4:40 PM	Th

### NEW! KidzArt Spring Break Camp: *Monster Mania!*

#### Grades K-5 / 1 wk starting Mar 30 / \$255 + \$45 Materials

Calling all wild things! Bring your furry feet, horns, spikes, and fangs! Join us for a week of chills and thrills as we celebrate monsters! Work with mixed media as we bring your creatures to life, fun or frightful! Learn art techniques, vocabulary and work with a variety of art mediums including 3D sculpture, 2D drawings, unique surfaces, and more! Please bring a nutfree bagged lunch and beverage. Extend your hours with *KidzArt Spring Break Extended Day Options*. Material fee due at the beginning of class, payable to KidzArt.

RP0113.331 Gary J Arthur Comm Ctr 9 AM-4 PM M-F

#### NEW! KidzArt Spring Break Camp: Pirate Adventure!

#### Grades K-5 / 1 wk starting Mar 30 / \$255 + \$45 Materials

Arrgh Matey! Dive right into KidzArt's Caribbean Adventure camp! Our experienced "Captains" bring to life fun-filled projects. Pirates, set sail on a voyage of creativity with treasure maps, sculptures, Caribbean themed drawings, pirate treasure, and much more. Prepare to have fun or walk the plank! Please bring a nut-free bagged lunch and beverage. Extend your hours with KidzArt Spring Break Extended Day Options. Material fee due at the beginning of class, payable to KidzArt.

RP0113.332 Roger Carter Comm Ctr 9 AM-4 PM M-F

#### NEW! KidzArt Spring Break Extended Day Options

Grades K-5 / 1 wk starting Mar 30 / \$110

Add our extended day option onto any of our *KidzArt Spring Break Camps*. Campers enjoy games, puzzles, movies, reading time, and crafts. Bring a favorite book and an extra nut-free snack.

8-9 AM & 4-5:30 PM

RP0113.392

RP0113.341 Gary J Arthur Comm Ctr M-F RP0113.342 Roger Carter Comm Ctr M-F

### NEW! Workshop with KidzArt: *Mother's Day!* Grades K-5 / Dates below / \$25 + \$5 materials

Take advantage of these Friday night events. While your parents enjoy a night out, you have a blast with us! Developed with the philosophy that learning to draw creates confidence, focus, and perseverance, engage your imagination in a whole new way! Our projects enable you to confidently create your own masterpieces while keeping it simple and fun. These two-hour sessions let us take the time to work with mixed media like pastels, watercolor, textured paper, and more! Parents can join in the fun by enrolling and paying only \$20 (discount applied to phone-in registrants only). Material fee due at the beginning of class, payable to KidzArt.

RP0113.391 Roger Carter Comm Ctr May 1 6:30-8:30 PM F

### Abrakadoodle Art Elementary Doodlers 6-10 yrs / 6 classes starting Apr 18 / \$79 + \$18 materials

Gary J Arthur Comm Ctr

Have a blast creating a new masterpiece each week while painting, sculpting, and using additional creative media! Doodlers learn about master and contemporary artists, art history, and cultural art while bolstering self-confidence, pride, vocabulary, and socialization skills. Protective aprons are provided. (No class 5/9, 5/23, 6/6.)

May 8

6:30-8:30 PM

F

45

RP0135.301 Roger Carter Comm Ctr 10:30-11:30 AM Sc

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#### **Dance**

- More dance classes starting on page 52.
- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov (unless otherwise noted).

#### Movement for Boys by Kinetics Dance Theatre 4-6 yrs / 6 classes starting Apr 7 / \$65

This creative dance class is designed to introduce boys to movement and dance in a fun, structured environment. Class incorporates many of the components of dance, including space, rhythm, body-awareness, and more! Teacher: Lauren Snyder. (Adult classes offered concurrently, contact studio.)

RP1013.301 Kinetics Dance Theatre 4:45-5:30 PM Tu

#### Rhythm & Moves for Boys by Kinetics Dance Theatre 4-7 yrs / 6 classes starting Apr 10 / \$65

Groove to the music and learn about rhythm! Discover tempo, patterns, and syncopation through tap and jazz movements. This is a beginner level class, no experience required. Wear comfortable clothing for ease of movement. Tap and jazz shoes recommended. Teacher: Lauren Snyder.

RP1012.301 Kinetics Dance Theatre 10-10:45 AM

#### Beginning Princess Ballet: Rhythm & Steps by Misako Ballet Studio 5-6 yrs / 8 classes starting Apr 10 / \$79

Dance with scarves to the music of your favorite princesses. This fun class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination, and music appreciation. Leotard, tights, and leather ballet shoes (no satin

slippers) required. Teacher: Stephanie Okehie. (No class 5/1.) RP1001.301 Misako Ballet Studio 4:45-5:30 PM F

#### Ballet & Jazz After School with Sandra Duerr Grades K-3 / 6 classes starting Apr 13 / \$59

Enjoy dancing while gaining basic ballet barre, steps, positions, and combinations, along with modern jazz moves. Learn about rhythms, patterns and improve coordination. Leather ballet shoes required. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. RP1044.301 Waverly ES 3:50-4:50 PM M

### Ballet & Intro to Tap with Sandra Duerr 6-8 yrs / 8 classes starting Apr 17 / \$65

Come learn basic ballet barre, steps, positions and combinations. Learn about rhythm and patterns and improve coordination. Leather ballet shoes and tap shoes required. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1042.301 Clarksville MS 5:30-6:15 PM F

#### Ballet/Jazz After School by Cindee Velle Ballet 6-11 yrs / 4 dasses starting May 13 / \$55

This 90-minute dance class introduces basic barre exercises; leg, feet, and arm positions; and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical, and funk. Girls wear black leotard, pink tights, pink ballet shoes (leather or canvas), and black jazz shoes. Boys wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas), and black jazz shoes. Teacher: Catherine Phillips Rach.

4:10-5:40 PM

### Back Beats with Nysia Carter 7-10 yrs / 8 classes starting Apr 11 / \$89

This fast-paced, high-energy hip-hop class emphasizes body isolations, intricate rhythms and individual expression. Dancers learn basic hip-hop, popping, and break dancing techniques to develop his/her own unique style. Wear comfortable clothes. Sneakers required. (No class 5/23, 5/30.)

RP1020.301 Roger Carter Comm Ctr 3:30-4:30 PM Sa

### Boys Hip-hop by Kinetics Dance Theatre 8-12 yrs / 6 classes starting Apr 10 / \$79

Come learn hip-hop in an environment just for boys! This is a beginner level hip-hop class that teaches basic hip-hop moves paired with fun, high-energy dance combinations. Wear clean, inside sneakers and comfortable clothes for ease of movement. Teacher: CJ Cunningham.

RP1015.301 Kinetics Dance Theatre 4:30-5:30 PM F



Passport to China sparks the imagination through interactive lessons.

### Language

- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

### Beginning Chinese I with Hui Liang 5-10 yrs / 6 classes starting Apr 25 / \$59

This program sparks an interest in learning the Chinese language and exposes you to Chinese culture. Basic language is used, including greetings, conversation, written language, numbers, colors, animals, food and family members. Have fun while learning a new and exciting language!

Dialect: Mandarin. (No class 5/23.)

RP3313.301 Burleigh Manor MS 2-3:30 PM Sa

### Beginning Chinese II with Hui Liang 5-10 yrs / 6 classes starting Apr 25 / \$59

Have you taken a Chinese class and want to learn more? This program expands on what you've already learned and delves deeper into the Chinese culture. Language includes greetings, conversations, written language, numbers, colors, animals, food, and family members. Dialect: Mandarin. (No class 5/23.)

RP3313.311 Burleigh Manor MS 3:45-5:15 PM Sa

### Hola Amigos! Spanish with Cecilia Redmond 5-7 yrs / 5 classes starting Apr 25 / \$55

Young children, this class is designed just for you. We introduce you to the basics of the Spanish language. Come learn words for the days of the week, greetings, numbers, and colors. Explore with jungle and farm animal vocabulary. Learn, have fun, and develop an appreciation and love of learning a language through songs and games! (No class 5/23.)

RP3307.301 Veterans ES 10-11 AM Sa

Veterans ES

RP1018.301

### Hablo Español After School by Little Scholars

#### Grades K-5 / 8 classes, start dates below / \$139

Ever wondered how to say your favorite words in Spanish? Join us on a journey to be introduced to the basics of the second-most spoken language in the world through an innovative, dual-language, thematic approach with games, stories, songs, and art. You are exposed to the following Spanish concepts: colors, body parts, numbers, family members, and common phrases.

RP3300.301	Elkridge ES	Apr 7	4-5 PM	Tu
RP3300.302	St. John's Lane ES	Apr 8	3:20-4:20 PM	W
RP3300.303	Thunder Hill ES	Apr 9	4-5 PM	Th

### Oh La La French I with Madame Nona Grades K-5 / 6 classes starting Apr 11 / \$85

Learn the basics of the French language and the wonders of French culture! Learn everyday conversational words, the weather, colors, shapes, and much more using a multi-sensory approach involving creative arts, language arts, singing, games, and dancing. Emphasis is placed in listening, comprehension and speaking in a relaxed and fun environment. Literacy is increased by reading books, singing songs, and playing familiar games in French. Each week we learn new topics, but repetition is the key, so we review what's been learned and build from there. Bring a notebook, glue stick and crayons. RP3310.311 Pointers Run ES 10:45-11:45 AM Sa

#### Spanish After School by International School of Languages Grades K-5 / 8 dasses, start dates below / \$135

Learn a new language and explore a new culture and traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts, and other hands-on activities. Classes are taught by native speakers who are not only experienced teachers but also engaging, fun, and motivating. (No class 5/1.)

Grades K-5				
RP3301.301	Gorman Crossing ES	Apr 8	4-5 PM	W
RP3301.303	Ilchester ES	Apr 10	4-5 PM	F
Grades 3-5				
RP3301.302	Northfield FS	Apr 7	3:30-4:30 PM	Tu

### Passport to China After School Grades 1-5/8 classes, start dates below / \$139

This popular after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy being introduced to the geography, history, culture, and the language of China. Classes also cover basic conversational language, abacus math skills, as well as native music and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and the art of calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs. (No class 5/1, 5/25.)

RP3314.301	Clarksville ES	Apr 10	4:05-5:35 PM	F
RP3314.302	Fulton ES	Apr 13	4:05-5:35 PM	M
RP3314.303	Gorman Crossing ES	Apr 10	4:05-5:35 PM	F
RP3314.304	Pointers Run ES	Apr 14	4:05-5:35 PM	Tu
RP3314.305	Rockburn ES	Apr 16	3:30-5 PM	Th
RP3314.306	St. John's Lane ES	Apr 15	3:25-4:55 PM	W
RP3314.307	Thunder Hill ES	Apr 15	4:05-5:35 PM	W
RP3314.308	Veterans ES	Apr 15	4:05-5:35 PM	W
RP3314.309	Waterloo ES	Apr 13	4-5:30 PM	М

#### **Music & Theater Arts**

#### Music

- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

#### Kidz Sing at Olenka School of Music (OSM) 4-6 yrs / 8 classes, start dates below / \$135 + \$25 materials

Learn to sing a variety of traditional and contemporary Folk songs on pitch and master basic music reading skills, expressive techniques, and beginning harmony through a variety of songs, games, and movement. Family materials include a songbook and CD. Materials fee due at first class.

RP0123.301	OSM-Columbia	Apr 27	4:30-5:15 PM	Μ
RP0123.351	OSM-Ellicott City	Apr 28	5:30-6:15 PM	Tu

#### **Guitar Studio**

#### 6-10 yrs / 5 or 8 classes, start dates & prices below

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises and how to apply basic chords to any song, in any style of music. Family materials include a songbook and CD. Material fee due at first class. Contact Olenka School of Music (OSM) at 410-309-0770 to rent a guitar for this class.

<u>8 classes / \$165</u>	5 + \$25 materials			
RP0125.301	OSM-Columbia	Apr 28	6:30-7:25 PM	Tu
RP0125.351	OSM-Ellicott City	Apr 30	5:30-6:25 PM	Th
5 classes / \$105	5 + \$25 materials			
RP0125.401	OSM-Columbia	Jun 17	5:30-6:25 PM	W
RP0125.411	OSM-Columbia	Jul 22	5:30-6:25 PM	W

### Keyboard Studio Musicians at Olenka Schoolof Music (OSM)

#### 6-10 yrs / 5 classes, start dates below / \$119 + \$42 materials

Build a strong foundation for future musical learning through this energetic class designed as a rich exploration into the essentials of music theory and practice. Age-appropriate class features Do-Re-Mi singing and ear training exercises that improve neuromuscular feeling for music. Students enjoy learning to read and write music and to explore rhythm instruments and keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. Student materials include a songbook, CD, workbook, and homework binder. Materials fee due at first class.

<u> Olenka Schoolot Music - Columbia</u>					
RP0127.401	Jun 17	4:30-5:20 PM	W		
RP0127.402	Jun 18	6:15-7:05 PM	Th		
RP0127.403	Jun 20	10:15-11:05 AM	Sa		
RP0127.411	Jul 22	4:30-5:20 PM	W		
RP0127.412	Jul 23	6:15-7:05 PM	Th		
RP0127.413	Jul 25	10:15-11:05 AM	Sa		
Olenka Schoolo	of Music - Elli	cott City			
RP0127.451	Jun 20	9:30-10:20 AM	Sa		
RP0127.452	Jun 21	10:30-11:20 AM	Su		
RP0127.461	Jul 25	9:30-10:20 AM	Sa		
RP0127.462	Jul 26	10:30-11:20 AM	Su		

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To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

### Voice Studio at Olenka School of Music (OSM) 6-10 yrs / 8 classes, start dates below / \$165 + \$25 materials

Learn a variety of fun, age-appropriate songs spanning several genres. The focus is on learning lyrics, singing as part of an ensemble, and experimenting with performance skill. Singers practice Do-Re-Mi, vocal exercises and warm-ups, note value, and pitch recognition/ear training to improve singing in tune. Singers shine at the end-of-class show. Family materials include a songbook and CD. Material fee due at first class.

RP0126.301 OSM - Columbia Apr 27 5:30-6:25 PM M RP0126.351 OSM - Ellicott City Apr 28 6:30-7:25 PM Tu

#### Rock School -

### Drums, Guitar, Keyboard or Vocals 7-10 yrs / 5 classes starting Apr 17 / \$139

Are you ready to rock? Beginners and up learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory, and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques, and singing lessons to help you learn how to properly use your voice when singing. Bring your own guitar/bass. Drums are available for use during class. Wednesday afternoon classes offered for homeschooled children! Schedule subject to change, please visit www.letthereberockschools.com.

#### Let There Be Rock School - Columbia

RP1037.301	Drums	6:30-7:30 PM	F
RP1037.302	Guitar/Bass	6:30-7:30 PM	F
RP1037.303	Keyboards/Piano	7:30-8:30 PM	F
RP1037.304	Vocals	5:30-6:30 PM	F

#### Intro to Piano

#### 8-11 yrs / 6 classes starting Apr 26 / \$89

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. You should have access to a keyboard to practice on outside of class.

RP0182.301 River Hill HS 10-11 AM Sa

#### **Theater**

- Detailed info about each class: www.howardcountymd.gov/music\_theaterarts.htm
- Registration: 410-313-7275.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

## Beginning Acting Class by Drama Learning Center: Neverland Adventures with Peter & Tink!

#### Grades K-2 / 10 classes, start dates below / \$240

Come gain singing, dancing, and acting skills as you work together towards a final performance for family and friends. Program meets weekly for six classes, has two evening dress rehearsals and two weekend final performances. Detailed info about each class online.

RP1038.301 Drama Learning Ctr Apr 16 5-7 PM Th RP1038.302 Drama Learning Ctr Apr 10 5-7 PM F

#### School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Dates & prices in next column

Why sit at home in front of the TV when you're off from school? Join us for a

day of drama-themed fun and arts & crafts. Discounts apply to phone registration only. Before & after care available: call DLC, 410-997-9352. Detailed info about each class online.

<u>Drama Learning Ctr / \$75 each; \$25 each per addt'l sibling</u>

RP0105.301 Apr 6 SpongeBob Appreciation Day 9 AM-4 PM N RP0105.302 May 1 Minion Appreciation Day 9 AM-4 PM F

#### NEW! Spring Break Drama Camp by Drama Learning Center Grades K-6 / Dates & prices below

Register for one day or the entire week as we celebrate musical theatre's most famous orphans! Come explore some of your favorite stories and the characters who bring them to life. Each day focuses on a different set of stories: Annie & Oliver (Mon), Anna & Elsa (Tues), Tarzan & Mowgli (Wed), Matilda & Harry Potter (Thurs), and Tinker Bell & Lost Boys (Fri). Performances conclude each day and you have an opportunity to show parents and friends what you've learned. Discounts apply to phone registration only. Before & after care available: call DLC, 410-997-9352.

#### Drama Learning Ctr

Grades K-2 / 9 AM-4 PM / 1 day / \$75 per day (additional sibling: \$25/day)						
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#### Adventures in Wonderland by Drama Learning Center Grades 1-5/11 classes starting Apr 9/\$195

What happens to Alice when she falls down the Rabbit Hole? Meet all of the characters of Wonderland as you work as part of a theatrical team towards a final performance. Program meets weekly for eight classes, has two evening dress rehearsals and an evening final performance for family and friends. Detailed info about each class online.

RP1045.301 Clarksville ES 4-6 PM Th

#### Freeze Fest Musical Theatre by Drama Learning Center Grades 1-5/11 classes starting Apr 7/\$195

It sure was a rough winter, but the cold never bothered you anyway! Join us for this drama class that focuses on celebrating the characters of the hit movie that's inspiring kids everywhere to "Let It Go!" Program meets weekly for eight classes, has two evening dress rehearsals and an evening final performance for family and friends. Detailed info about each class online.

RP1039.301 Northfield ES 3:30-5:30 PM Tu

#### Hogwarts Drama Showcase by Drama Learning Center Grades 1-5/7 classes starting Apr 22/\$95

Explore the hallowed halls of Hogwarts through the eyes of Harry Potter and friends. Program meets weekly and culminates in a short showcase at the end of the last class. (No class 5/25.)

Detailed info about each class online.

RP1040.301 Fulton ES 4-6 PM W

#### **Personal Development**

- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

#### Kid Empowerment Smashing ANTs & Leadership FUN-damentals Combo! Grades 1-4/7 classes, start dates below / \$119 + \$20 materials

Empower your child with tools for success and happiness with Kid Empowerment, an activity-based, hands-on program! Smashing ANTs is a fun and enlightening experiential program that helps kids realize they have the power to create their own success and self-confidence through personal and group leadership skills. With a toolkit of strategies to recognize their own Automatic Non-Supportive Thoughts (ANTs), along with the empowerment skills to smash them, kids learn to lead and inspire themselves and others. Animated cartoon videos connect and resonate with kids, making learning these important life lessons engaging and fun. New and returning students feel right at home with our Intro/Review Team Building. Through enjoyable hands-on learning activities, we jump start your child on the path to success and happiness!

Info: www.smashingants.com. (No class 5/1, 5/25.)

RP3333.301	Bellows Spring ES	Apr 13	4:05-5:05 PM	М
RP3333.302	Dayton Oaks ES	Apr 13	3:40-4:40 PM	М
RP3333.303	Ducketts Lane ES	Apr 14	3:30-4:30 PM	Tu
RP3333.304	Ilchester ES	Apr 15	4:05-5:05 PM	W
RP3333.305	Manor Woods ES	Apr 15	3:25-4:25 PM	W
RP3333.306	Northfield ES	Apr 16	3:30-4:30 PM	Th
RP3333.307	Pointers Run ES	Apr 17	4:05-5:05 PM	F
RP3333.308	Rockburn ES	Apr 17	3:30-4:30 PM	F
RP3333.309	Waterloo ES	Apr 14	4:05-5:05 PM	Tu
RP3333.310	Waverly ES	Apr 16	3:55-4:55 PM	Th

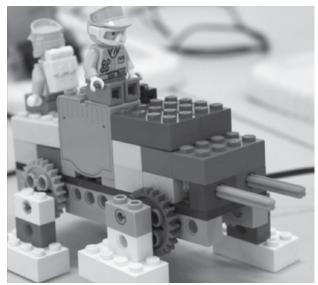
### **Science & Technology**

- Programs listed by youngest age, then alphabetical.
- Registration: 410-313-7275.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

### Bricks4Kidz LEGO® School's Out Camps 5-11 yrs / Dates & prices below

School is out and we're open for play! Topics vary for each date, and include the popular LEGO® theme sets of MINECRAFT®, Pokemon®, and Clash of Clans®. For a full day of fun, combine 5-7 year-olds with the *School's Out Junior Sports Camp* (page 90) and for 8-11 year-olds with *School's Out Sports Camp* half-day (page 91). Get a supervised 30-minute lunch period between camps! Activities take place indoors.

Roger Carter Co	omm Ctr / Full day				
RP3369.301	MINECRAFT®	Apr 6	8:30 AM-5 PM	M	\$95
RP3369.302	Pokemon®	May 1	8:30 AM-5 PM	F	\$95
RP3369.303	Clash of Clans®	May 25	8:30 AM-5 PM	M	\$95
Roger Carter Co	omm Ctr / Morning h	nalf da <u>y</u>			
RP3369.311	MINECRAFT®	Apr 6	8:30 AM-12:30 PM	M	\$49
RP3369.312	Pokemon®	May 1	8:30 AM-12:30 PM	F	\$49
RP3369.313	Clash of Clans®	May 25	8:30 AM-12:30 PM	M	\$49
Roger Carter Co	omm Ctr / Afternoon	half day			
RP3369.321	MINECRAFT®	Apr 6	1-5 PM	M	\$49
RP3369.322	Pokemon®	May 1	1-5 PM	F	\$49
RP3369.323	Clash of Clans®	May 25	1-5 PM	M	\$49



Do you love playing with LEGO®? These fun classes are just for you!

### Bricks4Kidz LEGO® Spring Break Camp 5-11 yrs / Dates & prices below

School is out and we're open for play! Topics vary for each date, and include the popular LEGO® theme sets of Clash of Clans® MINECRAFT®, Ninjago®, and Pokemon®! For a full day of fun, combine a morning and afternoon camps, and get a supervised 30-minute lunch period between camps! Activities take place indoors.

Veterans ES / Ma	<u>ar 30-Apr 2</u>				
RP1715.301	Full day	8:30 A	M-5 PM	M-Th	\$299
RP1715.311	Morning half day	8:30 A	M-12:30 PM	M-Th	\$155
RP1715.312	Afternoon half day	1-5 PM	1	M-Th	\$155
Daily Registration	on / 8:30 AM-5 PM / 1	day / \$95			
RP1715.321	Clash of Clans®	Mar 30	M		
RP1715.322	MINECRAFT®	Mar 31	Tu		
RP1715.323	Ninjago®	Apr 1	W		
RP1715.324	Pokemon®	Apr 2	Th		

## Bricks4Kidz LEGO® After-School Cranium Contraptions Grades K-5 / 6 classes, start dates below / \$99

Build and explore crazy contraptions that really work your brain! Use LEGO® bricks, axles, pulleys, gears, and motors to create fun and interactive models. Compete with friends in a rousing game of Battle Tops or Foosball! Put your hand-eye coordination to the test with the Ping Pong Popper model. Experiment with the Mini-Figure Mover to see your mini-figure go for a ride! Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 5/1, 5/25.)

Info: www.bricks4kidz.com/ellicottcity-md.

RP3329.311	Atholton ES	Apr 17	3:50-4:50 PM	F
RP3329.312	Clarksville ES	Apr 20	4-5 PM	M
RP3329.313	Gorman Crossing ES	Apr 21	4-5 PM	Tu
RP3329.314	Northfield ES	Apr 20	3:30-4:30 PM	M
RP3329.315	Rockburn ES	Apr 22	3:25-4:25 PM	W
RP3329.316	Swansfield ES	Apr 23	3:20-4:20 PM	Th
RP3329.317	Waterloo ES	Apr 17	4-5 PM	F
RP3329.318	Waverly ES	Apr 21	3:50-4:50 PM	Tu
RP3329.319	West Friendship ES	Apr 22	3:50-4:50 PM	W

#### Bricks4Kidz LEGO® After-School Space Adventures

#### Grades K-5 / 6 classes, start dates below / \$99

Have you dreamed of being an astronaut and travelling to space? Let Bricks4Kidz launch your imagination into outer space and beyond! In this class, learn about real-life space exploration and build a new model related to the NASA space program. Models include satellite, lunar module, centrifuge (which astronauts use to prepare for the physical sensations of launch), treadmill (to stay fit in space) and a "space robot." Learn some of the science behind launching things into orbit, hear about the most distant man-made object in the universe, and discuss what it is like to be an astronaut in space. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 5/1 and 5/25.) Info: www.bricks4kidz.com/ellicottcity-md.

RP3329.301	Bollman Bridge ES	Apr 21	3:10-4:10 PM	Tu
RP3329.302	Clemens Crossing ES	Apr 17	3:50-4:50 PM	F
RP3329.303	Deep Run ES	Apr 22	4-5 PM	W
RP3329.304	Fulton ES	Apr 21	4-5 PM	Tu
RP3329.305	Hammond ES	Apr 22	3:35-4:35 PM	W
RP3329.306	Ilchester ES	Apr 23	4-5 PM	Th
RP3329.307	Lisbon ES	Apr 23	3:15-4:15 PM	Th
RP3329.308	Pointers Run ES	Apr 20	4-5 PM	M

#### Science Club After School with Club Scientific Grades K-5 / 7 classes, start dates below / \$125

**Partners In Crime:** Join us for the growing science of talking bones (forensics). Learn about the link between the criminal and the crime as they solve the case of the missing cookies! Fingerprinting, powder identification and rainbow chromatography are just a few of our forensic explorations. Come enjoy learning more science content and process skills when engaged in investigation and discovery using everyday materials and the basic equipment of science. (No class 5/1, 5/25.) Info: www.clubscientific.com. Grades K-3

diades N-3				
RP3355.301	Clemens Crossing ES	Apr 22	3:50-5:05 PM	W
RP3355.302	Dayton Oaks ES	Apr 14	3:35-4:50 PM	Tu
RP3355.303	Elkridge ES	Apr 17	4-5:15 PM	F
RP3355.304	Fulton ES	Apr 13	4-5:15 PM	M
RP3355.305	Northfield ES	Apr 15	3:30-4:45 PM	W
RP3355.306	Rockburn ES	Apr 16	3:25-4:40 PM	Th
RP3355.307	St. John's Lane ES	Apr 16	3:20-4:35 PM	Th
RP3355.308	West Friendship ES	Apr 14	3:50-5:05 PM	Tu
Grades 3-5				
RP3355.311	St. John's Lane ES	Apr 13	3:20-4:50 PM	M
RP3355.312	Waverly ES	Apr 17	3:50-5:05 PM	F

### StoryBook Science After School with The Great Adventure Lab

#### Grades K-1 / 7 classes, start dates below / \$119 + \$20 materials

Come enjoy new stories and projects! Mythbusters isn't just for big kids! Test the power of wind, build earthworm habitats, or make slime! As a little scientist, read a new story each week and then conduct hands-on experiments to test the truthfulness or recreate elements of the story! Areas may include: aerodynamics, biology, physics, geology, archaeology, chemistry and more! (No class 5/1.)

RP3344.301	Ilchester ES	Apr 21	3:55-4:55 PM	Tu
RP3344.302	Veterans ES	Apr 17	4:05-5:05 PM	F

### NEW! Whiz Kids Science After School with Little Scholars LLC

#### Grades K-2 / 7 classes, start dates below / \$125

Grab your goggles and lab coat — we are on a scientific discovery mission! Explore the world of science through everyday objects such as toys, food, and nature. Learn how the things we use in our daily lives are a part of science. There are some explosions, a few creations, and a whole lot of discoveries. Don't miss out on this mission! (No class 5/1, 5/25.) Info: www.littlescholarsllc.com.

RP3351.301	Deep Run ES	Apr 17	4-5 PM	F
RP3351.302	Gorman Crossing ES	Apr 13	4-5 PM	M
RP3351.303	Hammond ES	Apr 23	3:35-4:35 PM	Th
RP3351.304	<b>Hollifield Station ES</b>	Apr 22	3:20-4:20 PM	W
RP3351.305	Manor Woods ES	Apr 21	3:20-4:20 PM	Tu

# Spring Break School's Out – Chemical Magic – Magical Microscopes – Rocks and Minerals by Sciensational Workshops for Kids, Inc. 6-11 yrs/2 days, Apr 1 & 2 / \$175

Learn to make batteries from fruits or potatoes. Make a fantastic crystal tree. Work with invisible ink. Work with our powerful magnets. Look at our prepared slides using our microscopes. Learn about the different types of rocks and minerals from our interesting rock and mineral collection. Be a chemical detective. Make glob from glue. Use paper chromatography to separate colors. Make dirty pennies clean and clean pennies green. Everything is explained to you so you go home having learned some interesting science. Hands-on science is the best way to learn. Do it the Sciensational way!

RP3305.301 Roger Carter Comm Ctr 9 AM-4 PM W & Th

## LEGO® Robotics After School with The Great Adventure Lab Grades 2-4/7 classes, start dates below / \$139

This is the core class of The Great Adventure Lab, where beginners learn to build and program LEGO® robots using LEGO® Education's award-winning WeDo robotics and programming software. Follow step-by-step on-screen instructions to help you build a robot and follow a suggested program. Areas of exploration include robotics, logic, and programming. Additionally, teachers work with you when you are ready to develop more complicated programs involving motion or tilt sensors. In the final class, design and build a bot that can achieve a certain task. (No class 5/1, 5/25.) Students may not repeat this course. Info: www.thegreatadventurelab.com.

RP3330.301	Hammond ES	Apr 13	3:30-4:30 PM	M
RP3330.302	Pointers Run ES	Apr 24	3:55-4:55 PM	F
RP3330.303	Thunder Hill ES	Apr 22	3:55-4:55 PM	W

## LEGO® Robotics Level 2 After School with The Great Adventure Lab Grades 2-4/7 classes, start dates below / \$139

This is the core class of The Great Adventure Lab, where beginners learn to build and program LEGO® robots using LEGO® Education's award-winning WeDo robotics and programming software. LEGO® Robotics Level 2 builds on the *LEGO® Robotics 1* by integrating new and more complex projects. In this course, the directions are not as detailed or step-by-step. Kids, you are provided with only basic instructions and then challenged to use your imagination and reasoning to build and program robots. Info: www.thegreatadventurelab.com. (No class 5/25.)

RP3330.301	Gorman Crossing ES	Apr 23	3:55-4:55 PM	Th
RP3330.302	Northfield ES	Apr 24	3:30-4:30 PM	Tu
RP3330.303	Waverly ES	Apr 13	3:45-4:45 PM	M

#### Spring Break School's Out – Blowfish Robocraft

### by Sciensational Workshops for Kids, Inc. 7-11 yrs/2 days, Mar 30 & 31/\$175

Lots of fun and education are mixed together, as you build and take home a Robocraft! Build a Robotfish, with big puffy cheeks, propelled forward by a left/right moving tail fin. Watch it as it moves in our miniature pool. Learn about gears and circuits, and the motor, as you have fun building it. See how fast your Blowfish Robocraft is, as you enter our Sciensational races. If time allows, design and build other robots, such as a car for speed and run it on our obstacle course.

RP3304.301 Roger Carter Comm Ctr 9 AM-4 PM M & Tu

#### **LEGO® NXT MINDSTORMS®**

#### Grades 3-5 / 7 classes, start dates below / \$129

Program and control fully-functional models using LEGO® MINDSTORMS® components! Use software to plan, test and modify sequences of instructions for a variety of life-like robotic behaviors. Learn to collect and analyze data from sensors, using data logging functionalities embedded in the software. Curriculum lessons developed by Carnegie Mellon University's Robotics Academy and provide a series of real-life activities, covering topics within science, technology, engineering, and mathematics.

Info: www.clubscientific.com.

RP3356.301	Clemens Crossing ES	Apr 14	3:50-5:05 PM	Tu
RP3356.302	Fulton ES	Apr 15	4-5:15 PM	W
RP3356.303	Phelps Luck ES	Apr 13	3:30-4:45 PM	М
RP3356.304	St. John's Lane ES	Apr 17	3:20-4:35 PM	F
RP3356.305	Veterans ES	Apr 16	4-5:15 PM	Th
RP3356.306	Waterloo ES	Apr 13	4-5:15 PM	М

### Video Game Programming 1 After School with The Great Adventure Lab

Grades 3-5 / 7 classes, start dates below / \$139

Do you dream of writing your own video game? We've found a great way to get started: Scratch, the super-simple, drag-and-drop multimedia programming language designed by MIT's Lifelong Kindergarten project. Make characters walk, talk and boogie across the screen! Info: www.thegreatadventurelab.com/.

RP3328.301 Dayton Oaks ES Apr 23 3:30-4:30 PM Th RP3328.302 Waverly ES Apr 22 3:45-4:45 PM W

### **Sports**

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### **Therapeutic Recreation**

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Like drawing? Meet new friends while doing something you love.

### Tweens & Teens ■ (11-18 yrs) Classes & Activities

- Programs listed by category, then alphabetical.
- Please review the Youth section for additional activities and classes.

Adventure & Outdoors Page 19 Nature Page 24

### **Crafts & Fine Arts**

- Registration: 410-313-7275.
- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

### Anime & Manga: Styles of Classic Mangaka 11-17 yrs / 4 classes starting Apr 8 / \$59

"Mangaka" is the term for an anime artist. ""Anime" is a word for animated art and media from Japan. In this class, become a mangaka by exploring differing styles of anime from such famed artists as Miyazaki, Toriyama, and Mirakawa. Classes includes manga and movie clips of varying animes (PG only), with approximately one hour to hone your artistic skills. Supplies included, but you are encouraged to bring your own sketchbook.

RP2855.301 N Laurel Comm Ctr 6:45-8:15 PM W

#### NEW! Comics Unleashed 11-17 yrs / 4 classes starting May 13 / \$59

Explore comic book design in this exciting class. Create a mini comic book from start to finish. Learn basic drawing techniques, character design, page composition, layout, penciling, inking, and lettering. Explore a variety of genres of comics including superhero, Manga, Indie, and graphic novels. At the end of the class, the finished comics are published together in an anthology. Please wear comfortable clothing you don't mind getting dirty. RP2856.301 N Laurel Comm Ctr 6:45-8:15 PM W

#### Jewelry Design

#### 11-17 yrs / Dates below / \$15 + \$10 materials

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving, and bead making. Beads and tools are provided. Register for all three classes and receive 10% discount off registration fee. (Must register by phone to receive discount.) Material fee due at class.

#### Roger Carter Comm Ctr

RP2858.301	Apr 12	Earrings	3:30-5:30 PM	Sa
RP2858.302	May 3	Bracelets	3:30-5:30 PM	Sa
RP2858.303	May 10	Necklaces	3:30-5:30 PM	Sa

#### **Painting For Teens**

#### 12-17 yrs / 5 classes starting Apr 25 / \$85

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demo painting each week and works with you one-on-one. Previous experience not necessary. The \$15 material fee is included in the price. (No class 5/23.) RP2859.301 Roger Carter Comm Ctr 10:30 AM-noon Sa

## NEW! Sketch Me if You Can! Fashion Design Basics 11-17 yrs/6 classes starting Apr 14/\$85

Come gain experience on getting your portfolios started. Learn the beginning steps to drawing and sketching fashions. Enjoy the freedom to select from various images we provide. Listen to a brief overview of fashion history; progress to understanding poses; and then move on to a conversation of design principles. Fashion terminology and definitions are explained. As a budding artist, leave with a greater appreciation of what it takes to be a fashion designer... and how to do it with style!

RP2860.301 N Laurel Comm Ctr 6:30-8:30 PM Tu

#### **Dance**

- Registration: 410-313-7275.
- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

#### Beginning Teen Tap by Kinetics Dance Theatre 13-17 yrs / 6 dasses starting Jun 22 / \$65

Have you always wanted to learn how to tap dance? This class combines rhythm and movement to teach the basic skills required in all tap dancing. Are you a teenager interested in preparing for dancing in musicals, working on your musicality, or just having a great time? Then this is the class for you. Bring tap shoes and wear comfortable dance attire. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

RP2865.301 Kinetics Dance Theatre 6:15-7:15 PM M

### NEW! Chinese Dance Class 11-18 yrs/8 classes starting Mar 16/\$89

Experience the beauty and magic of traditional Chinese dance! Explore popular Chinese cultural, Folk, and Tibetan dances. Learn basic skills and combinations while exploring traditional fan, handkerchief, and ribbon dances. Shine in a dance performance at the last class.

Please wear dance or fitness attire.

RP2868.301 DanceTEC Center 6:30-7:30 PM F

### Hip Hop Dance with Nysia Carter 11-17 yrs / 8 classes starting Apr 11 / \$89

During this high-energy class, dancers focus on choreography, perfect skills and learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 5/23, 5/30.) RP2867.301 Roger Carter Comm Ctr 5-6 PM Sa

### Hip Hop with Kinetics Dance Theatre 11-15 yrs / 6 classes starting Jun 23 / \$65

Learn basic hip hop dance techniques to popular hip hop music. Begin by performing body isolations, move along to various jazz combinations across the floor and conclude by learning segments of a longer dance each week. Have fun in this high-energy class. Jazz or sneakers required. No experience necessary. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov. RP2866.301 Kinetics Dance Theatre 5:30-6:30 PM Tu



Develop your talents in Nail Art Design.

#### **Enrichment**

- Registration: 410-313-7275.
- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

#### **Beauty & Hairstyling**

### Nail Art Design 11-17 yrs / May 5 / \$25 + \$10 materials

Learn a fun new way to brighten up everyday appearances or embellish a special occasion outfit using nail art. Nail art is the practice of painting decorative designs on your fingernails. In this exciting new class, create your own nail designs using media such as rhinestones, pearls, striping tape, studs, and more.

RP2881.301 Location TBD 6-8 PM Tu

### The Makeup Studio 11-17 yrs / Mar 25 / \$25 + \$10 materials

Many teenage girls love to experiment with makeup, and what better place to get on the right track to learn the basics than at *The Makeup Studio*. This class is designed for the teenager needing instruction for a clean, natural approach to makeup. Have fun learning simple and easy makeup techniques and tips.

RP2871.301 Harper's Choice MS 6:30-8:30 PM W

#### **NEW! Makeup Mastery** 11-17 yrs / Apr 16 / \$25 + \$10 materials

Learn to apply your make up perfectly and master the art of enhancing your natural beauty! Gain insight on makeup products and what colors and shades suit you best. Curriculum focuses on advanced techniques for applying makeup including highlighting, contouring, eyebrow shaping, eye shadow placement, and more!

RP2882.301 Ellicott Mills MS 6:30-8:30 PM Th

#### Chess

#### **Chess Tournament Training** with Silver Knights Chess Company Grades 6-8 / Class lengths, start dates & prices below

Are you ready to get serious about your chess game? Do you wish to improve? In this class, you use chess clocks and score sheets each week. Then focus on playing slower games and analyzing past games to learn from your mistakes. You must be a member of the US Chess Federation as this class plays rated tournament games. (We can help you sign up at the first class.) Class runs concurrently with K-5 Tournament Training program.

6 classes starting Apr 30 / \$119

RP4732.301 Veterans FS 6-7:30 PM

8 classes starting Jun 25 / \$159

RP4732.401 Roger Carter Comm Ctr 6-7:30 PM Th

#### **Job Skills**

#### **Babysitting Fundamentals** with Carolyn Fleming 11-14 yrs / 3 classes starting Apr 29 / \$59

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills (class does not include CPR training). Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion.

RP2873.301 Lake Elkhorn MS 5:30-7:30 PM

#### **Job Skills Workshop for Teens!** 15-18 yrs / Mar 7 / \$35

Are you ready for this summer? Now is the time to apply for a great summer job. Join this one-day workshop to build your confidence and help you land a job. Topics include resume writing, job search strategies, how to successfully complete an application, dressing for success, interview tips, and more! RP4739.201 Roger Carter Comm Ctr 9 AM-3 PM

#### Leadership

#### **Howard County Teen Clubs** 11-17 vrs / Continuous / Free

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking, and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership.

4-5:30 PM RP4734.201 Roger Carter Comm Ctr 1st Friday of the month RP4734.202 3-4:30 PM Gary J Arthur Comm Ctr 2<sup>nd</sup> Friday of the month RP4734.203 N Laurel Comm Ctr 5-6:30 PM 3<sup>rd</sup>Thursday of the month

#### Modeling

#### **Modeling School: Commercial Acting and Modeling**

11-17 yrs / 8 classes starting Apr 11 / \$119

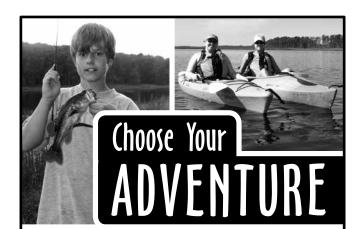
Join Model Citizens Models, LLC for this workshop designed to teach you the skills needed to enter the modeling industry. Train on the skills needed to successfully model in catalogues, cosmetics advertisements, TV commercials, magazine and newspaper ads, and billboards – just to name a few. The class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques, and more! Not planning to be a model, how about having the confidence of a MODEL? Perform a monologue or commercial in graduation event. (No class 5/23.) RP2877.301 N Laurel Comm Ctr 11:30 AM-1 PM

#### **Personal Development**

#### An Evening of Etiquette & Dining by The International School of Protocol Grades 6-adults / Mar 9 / \$85

Get ready for the holidays with the family! Topics include proper handshaking and greetings and the history of why and how we eat. This program includes how to set a simple or formal table and how to identify the various utensils when eating, resting and finishing, and what to do with your napkin at the beginning, middle, and end of the meal. Designed for parents, grandparents, children, and teens. This program is fun for all ages! Dinner at The Kings Contrivance Restaurant. Fee includes a 4-course meal.

RP4735.201 11 & up Kings Contrivance Restaurant 6-8 PM RP3337.201 7-11 yrs Kings Contrivance Restaurant 6-8 PM Μ



#### CUSTOM Adventure & Outdoor Programs

friends and we do the planning and leading.

#### We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

#### Information:

Dawn Thomas, 410-313-4623 or dthomas@howardcountymd.gov.

#### **Music & Theater Arts**

#### Music

- Registration: 410-313-7275.
- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

#### **Guitar Studio**

#### 11-17 yrs / 8 classes, start dates below / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales, and how to apply basic chords to any song, in any style of music. Materials fee due at first class.

Olenka School of Music — Columbia

RP2886.301 Apr 28 7:30-8:25 PM Tu

Olenka School of Music — Ellicott City

RP2886.302 Apr 30 6:30-7:25 PM TI

#### **Music Production**

#### 11-17 yrs / 6 classes starting Apr 25 / \$89

Learn the basics of music technology and music engineering in this intro class. Experience audio recording, sound editing, and production. Gain access to a state of the art music technology lab within class. Access to Apple/Mac computer outside of class encouraged but not required. Flash drive of your work is provided for you to keep. (No class 5/23.)

RP2887.301 River Hill HS 2-3 PM S

#### Intro to Piano

#### 11-17 yrs / 6 classes starting Apr 25 / \$89

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on an individual keyboard work station in class. You should have access to a keyboard to practice on outside of class. Fee includes music book. (No class 5/23.)

RP2891.301 River Hill HS 11 AM-noon Sa

#### **NEW! Piano II**

#### 13-18 yrs / 6 classes starting Apr 25 / \$79

Build on the piano skills learned in the *Intro to Piano* class in this next step class! Gain confidence and develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside. Prerequisite: *Intro to Piano*. *Intro to Piano* students should bring book from previous class. Those without a book may purchase one at the first class for \$15. (No class 5/23.)

RP2895.301 River Hill HS 1-2 PM Sa

### Rock School: Band Rehearsal 11-17 yrs / 8 classes starting TBD / \$159

Take what you learned and apply it on the big stage! You are grouped in bands according to age and ability. The last night of this program features a concert for families and friends. You are not required to be enrolled in other Rock School programs, but you do need to have previous knowledge and experience playing an instrument. Details: www.letthereberockschools.com.

RP2888.301 Let There Be Rock School – Columbia TBD TBD

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

#### **Rock School:**

#### Drums, Guitar, Keyboard or Vocals 11-17 yrs / 5 dasses starting May 1 / \$139

Are you ready to rock? Beginners and up learn from professional working rock musicians while enhancing memory, self-expression, creativity, and self-confidence. Sessions focus on instrument play, music theory and technique. Students should come with their own guitars/bass; keyboards and drums are available for use during class. Schedules are subject to change, please visit www.letthereberockschools.com for details.

Let There Be Rock School — Columbia

RP2889.301	Drums	6-7 PM	F
RP2889.302	Guitar/Bass	6-7 PM	F
RP2889.303	Keyboard	6-7 PM	F
RP2889.304	Vocals	6-7 PM	F

#### **Teen Voice Studio**

#### 11-14 yrs / 8 classes, start dates below / \$165 + \$25 materials

Find your vocal potential in this upbeat class that teaches you how to properly warm-up vocal muscles, strengthen your voice, and increase your range. Sing popular, age-appropriate songs to karaoke tracks or live piano back-up. Perform solo and in a group at the end of the session. Materials fee due at first class.

Olenka School of Music — Columbia

RP289	93.301	Apr 27	6:30-7:25 PM	М
<u>Olenk</u>	a School of	f Music – El	<u>llicott City</u>	
RP289	3.302	Apr 28	7:30-8:25 PM	Tu

#### **Theater**

#### NEW! Acting Up: Intro to Improv 11-17 yrs / 4 dasses starting Jun 7 / \$49

This high-energy class is designed for young actors. Discover the fundamentals of improvisational comedy, improve your storytelling skills, and learn techniques to think quickly on your feet and to be more creative. Through coaching, warm-up exercises, creative performance games, and basic short-form scene-work, you learn how to be more spontaneous, work with partners, and have fun in a creative atmosphere. The last class features a showcase sure to be full of laughs. No previous experience necessary.

RP2896.401 Roger Carter Comm Ctr 2-4 PM

#### **Actors Studio**

#### 11-17 yrs / 6 classes starting Apr 19 / \$69

Enjoy an introduction to the concepts crucial to the art of acting: self-awareness, observation, creative imagination, improvisational skills, and the use of the body and voice. Move towards building and heightening responsiveness to action and the development of an actor's skills. Last class features a short performance highlighting each actor. (No class 5/24.)

RP2892.301 Roger Carter Comm Ctr 2-4 PM Su

### Middle School/High School Musical Theatre: *Peter Pan*

#### Grades 6-12 / 8 classes starting Mar 14 / \$330

Sing, dance and act while working together as a theatrical team to perform *Peter Pan*. Rehearse for the performance and gain knowledge of drama skills, including stage directions, pantomime, improvisation, character development, and more! Dress rehearsals: May 17-20. Performances: May 21 at 7 PM and May 22 at 8 PM. View class online (dramalearningcenter.com) for full show and performance details.

RP2894.301 Drama Learning Ctr 10:30 AM-1 PM S

#### **School's Out**

- · Listed in date order.
- Registration: 410-313-7275.

### NEW! Teens Day Out: Spring Break Camp 11-14 yrs / 4 days starting Mar 30 / Prices below

Want to have an amazing spring break but don't know where to start? *Teens Day Out* is the place to be! Our engaged and energetic staff creates an environment where everyone is welcome. Enjoy a variety of activities that appeal to teens such as sports, games, cooking, baking, science, arts & crafts, and more. The fun doesn't stop with a great trip each day. You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink each day. An afternoon snack is provided. Swimsuits needed for Monday & Wednesday trips to Roger Carter Community Center. Space is limited! Please register by March 20. Daily registration options available. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

#### Ellicott Mills MS / 8 AM-6 PM

RP2979.301	M-Th	\$159	
RP2979.302	M	\$39	Mar 30: Swimming & rock climbing
RP2979.303	Tu	\$49	Mar 31: Go-carting
RP2979.304	W	\$39	Apr 1: Swimming & rock climbing
RP2979.305	Th	\$49	Apr 2: Trampoline Park

#### Teens Day Out Grades 6-8 / May 1 / \$35

School is closed! Have fun and make new friends in this program created just for middle school students. Our engaged and energetic staff create an environment where everyone is welcome. The morning includes one of several activities to appeal to all teens such as cooking, science projects, team sports, recess games, and more! After lunch, travel to Roger Carter Community Center for an afternoon of swimming, gym time, Xbox challenge tournaments, and more! You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink, towel, and swimsuit. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

 RP4770.301
 Bonnie Branch MS
 8 AM-6 PM
 F

 RP4770.322
 Folly Quarter MS\*
 8 AM-6 PM
 F

### **Special Events**

- · Listed in date order.
- Registration: 410-313-7275.

#### **Teen Fashion Show**

All ages / Mar 21 / \$15, purchased by Mar 16; \$19, after Mar 16 Howard County teens are taking over the catwalk for the Teen Fashion Show! Join us for fashion, music and more! Telephone ticket purchase: 410-313-7275. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

RP4777.201	Youth Show	N Laurel Comm Ctr	3 PM	Sa
RP4777.201	Teen Show	N Laurel Comm Ctr	6 PM	Sa

#### **NEW! Summer Block Party**

#### 10-17 yrs / May 29 / \$5, members, \$9, nonmembers

Get ready for summer with an outdoor block party. Enjoy a cookout; hangout with friends & chill; or show your sporty side with games and competitions. DJ KJ provides the beats to get your summer started right. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. RP 2976.301 Gary J Arthur Comm Ctr Noon-4 PM F



Come enjoy a day of fun with Teens Day Out.

#### **Teen Pool Party**

#### 11-17 yrs / Aug 21 / \$7 in advance, \$10 at the door

Join the Teen Team at the Roger Carter Community Center and celebrate summer the way it should be celebrated. Whether you are dancing to the beats, enjoying the pool games, or lying out in the sun, this is an event that you and your friends don't want to miss! Are you celebrating the start of school, the end to an amazing summer, or you just want one last chance to party with your friends? We've got what it takes, to bring the school year in with fun. Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov. RP2975.401 Roger Carter Comm Ctr 6-9 PM F

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## Therapeutic Recreation ■ Page 36



<sup>\*</sup>Folly Quarter is a Pick Up/ Drop Off Location ONLY.



Congratulations to one of our longtime cooking instructors, Mark Waitsman, who was an honorable mention for "Best Teacher" in Howard Magazine's Best of Howard 2014.

# Adults (18 yrs +) ■ Classes & Activities

Adventure & Outdoors Page 19 Nature Page 24

### **Cooking**

- · Below is in order by date.
- Registration: 410-313-7275.
- Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

#### **American Regional**

### NEW! Fresh and Delicious Pasta Sauces with Alba Johnson

18 yrs + / Mar 16 / \$39 + \$10 materials

Simple and quick Italian pasta sauces that are classic and creative. Learn new ideas, create, and enjoy pasta sauces that are going to impress your guest at any dinner. Let's make Pasta alle Erbe Aromatiche (Pasta with Aromatic Herbs), Pesto alla Trapanese (Sicilian), and Pasta with Mortadella and Pistachio. Materials fee due at class.

RP0510.301 Lime Kiln MS 6:30-8:30 PM M

#### NEW! It's Not a Diet! with Chef Richard Douville 18 yrs +/2 classes starting Apr 13 / \$50 + \$30 materials

Spring is here, and it's time to start shedding a little of that accumulated winter insulation. Although the chef makes no specific promises for weight loss, he does promise to share higher-protein, lower-fat, lower-carb recipes and techniques. There will be no sacrifice in flavor when you try: Low Fat Vinaigrette; Tarragon Chicken Salad; Faux Mash Unpotatoes; Salmon in Parchment; Avocado-Beet-Cress Salad; Low-Fat Chocolate Fondue; Tomato Filetto Sauce; Lemony Shrimp Salad; Chicken in Foil Packets; Quinoa Casserole; Round-the-Clock Frittatas. This two-week class provides plenty of demo, participation, and tasting. Come hungry and leave satisfied! Materials fee due at first class.

RP0516.301 Glenelg HS 6:30-9 PM M

### NEW! Phyllo & Puff Pastry with Chef Richard Douville

#### 18 yrs +/2 classes starting Apr 27 / \$50 + \$30 materials

We revisit one of our most fun classes with a group of new recipes! Learn to work with phyllo leaves and puff pastry while making recipes suitable for both special parties and everyday dining. For this two-class program there is plenty of demo, participation, and tasting. We're making: Spanakopita Two Ways; Middle Eastern Baklava; Elegant Pot Pies; Phyllo Chicken Packets; Chocolate Almond Tartlets; Cheese Boreks; Classic Baked Brie; Fruit Tarts. Come hungry and leave happy! Materials fee due at first class.

RP0517.301 Glenelg HS 6:30-9 PM M

## The Perfect Tenderloin with Chef Mark Waitsman

18 yrs + / May 6 / \$24 + \$20 materials

With summer entertaining season right around the corner, let Chef Mark show you how to make Restaurant Quality Perfect Beef Tenderloin right in your own kitchen. We also prepare Bearnaise Sauce, Perfect Baked Potatoes, and Fresh Snap Beans with Toasted Almonds. An elegant dinner with little hands on time...PERFECT!!! This demo-style class features lecture, demonstration, and generous tastings. Material fee due at class.

RP0504.301 Mt. Hebron HS 6:30-9 PM W

### NEW! Poultry! Poultry! with Chef Richard Douville

18 yrs +/2 classes starting May 11/\$50 + \$30 materials

Poultry is a requirement if you are embarking on any sort of high-protein regimen. Over two nights we use a range of cuts and techniques (poaching, broiling, spatchcocking, and stir-fry) to produce some great-tasting recipes! Let's try: Skillet Chicken Unparmesan; Tarragon Chicken Salad; Broiled Turkey Cutlets; Chicken in Orange-Mint Sauce; Little Birdy Spatchcock; Chicken with Asparagus and Hoisin Sauce; Asian Chicken Packets; Chicken with Vegetables and Asian Sauces. With these high-flavor, lower-fat recipes, you can come hungry and leave enlightened! Materials fee due at first class.

RP0518.301 Glenelg HS 6:30-9 PM M

### Shrimp Perfection with Chef Mark Waitsman 18 yrs + / May 13 / \$24 + \$20 materials

This meal is perfect for entertaining on your deck or pool-side. Having worked in one of the top seafood restaurants in Virginia Beach, I honed my "shrimp skills" and look forward to sharing them with you. We prepare "Steamed" Shrimp and Fried Shrimp. I share a terrific Cocktail Sauce and Rémoulade Sauce with you that is sure to please. We also make a wonderful Side Salad using an 18-year-old Balsamic Vinegar. This class is not to be missed...it's shrimply delicious!!! This demo-style class features lecture, demonstration, and generous tastings. Material fee due at class.

RP0505.301 Mt. Hebron HS 6:30-9 PM W

#### International

#### A Taste of India I

#### 18 yrs + / Mar 25 / \$24 + \$15 materials

An Indian meal is incomplete without the basic breads, whether it is a Naan, Roti, Parantha, or a Puri. Some are fried and some are cooked on a skillet; they can be stuffed too! Come learn the perfect accompaniment to any Indian entrée or a typical breakfast dish. It is a hands-on class so prepare to knead, roll, and flip the breads. You get to taste your creations with an easy vegetarian entrée we prepare in class, cholay or garbanzo beans cooked with Indian spices.

RP0523.301 Hammond HS 7-9 PM Th

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### Magical Neapolitan Food with Alba Johnson 18 yrs + / Apr 14 / \$39 + \$10 materials

Naples is on the azure Mediterranean Sea. Land of lemons, sunshine, and good food. We make simple and quick Neapolitan recipes. Join us in preparing delicious recipes such as Pasta with Fresh Lemons and Arugula, Shrimp in Breadcrumbs, and Mint and Zucchini alla Scapese. Materials fee due at class.

RP0511.301 Lime Kiln MS 6:30-8:30 PM Tu

## NEW! Chinese Cooking Basics with Chef Mark Waitsman 18 yrs + / Apr 15 / \$24 + \$20 materials

You love Chinese food but have to plan a trip out after an exhausting day at work...wrong! Let's start with the basics. Beef and vegetable egg rolls, Chinese duck sauce, Chinese brown sauce and we make Chicken stir-fry (a mild version and a spicy version) and Perfect Stove-top Jasmine Rice. Restaurant quality at home. This demo-style class features lecture, demonstration, and generous tastings. Material fee due at class.

RP0501.301 Mt. Hebron HS 6:30-9 PM W

#### A Taste of India II

#### 18 yrs + / Apr 16 / \$24 + \$15 materials

Let's prepare for a scrumptious meal, two vegetarian entrees, green peas and paneer, Stuffed okra, with Karahi Chicken (chicken cooked with bell peppers and onions), served with hot Amritsari Naan, topped with a rich Indian dessert, Sooji (semolina) halva. A complete meal that satisfies a palate. It is a hands-on class so be prepared to roll, stuff, chop, and sauté.

RP0524.301 Hammond HS 7-9 PM Th

### NEW! Gyro-Scope with Chef Mark Waitsman 18 yrs + / Apr 22 / \$24 + \$20 materials

Let's learn to make real Gyro using lamb and beef with a recipe that I learned on a trip to Greece. Pita, Tzatziki, and Baklava are on the menu too! Umpah! Come and enjoy authentic Greek food. Restaurant quality dishes from your kitchen. This demo-style class features lecture, demonstration, and generous tastings. Material fee due at class.

RP0502.301 Mt. Hebron HS 6:30-9 PM W

## NEW! Banh Mi - That Delicious Vietnamese Sandwich! With Chef Mark Waitsman

18 yrs + / Apr 29 / \$24 + \$20 materials

Let Chef Mark show you how to make Banh Mi Bread, Pickled Daikon and Carrot Salad, and Banh Mi Sauces for this delicious Vietnamese specialty sandwich (contains pork). Restaurant quality dishes from your own kitchen. This demo-style class features lecture, demonstration, and generous tastings. Material fee due at class.

RP0503.301 Mt. Hebron HS 6:30-9 PM W

#### A Taste of India III

#### 18 yrs + / May 7 / \$24 + \$15 materials

A full meal to tempt the senses, start with Saag chicken, Rajma (kidney beans), the famous Shahi paneer, with a side of Indian style corn bread, and finished with a traditional dessert of besan (gram flour) burfi or Indian fudge. It is a hands-on class so be prepared to roll, blend, sauté, and flip. RP0525.301 Lime Kiln MS 7-9 PM Th

### Savory Summer Pasta Sauces with Alba Johnson

#### 21 yrs + / Jun 22 / \$39 + \$15 materials

Pasta comes in an amazing variety of shapes, which can be sauced in an equally varied number of ways. Learn to make sauces you would find in Nona's or Zia's kitchen. Discover new pasta recipes such as Pasta Cacio e Peppe all'Arrabiata, Linguini ai Quattro Formaggi, and Pasta with Creamy Lemon Sauce, served with wine. Materials fee due at class.

RP0512.301 N Laurel Comm Ctr 6:45-8:45 PM M

### Flavors of Portugal and Spain with Alba Johnson

#### 21 yrs + / Aug 4 / \$39 + \$15 materials

Portugal and Spain have two of the world's most exuberant and eclectic cuisines. The ingredients are always wholesome and fresh. Enjoy the experience of making and tasting Piri-Piri Shrimp, Catalan Potatoes with Onion and Tomatoes, and Cordon Bleu Style Bell Peppers, all served with Sangria. Materials fee due at class.

RP0513.301 N Laurel Comm Ctr 6:45-8:45 PM Tu

#### **Specialty**

## REAL Food Probiotics & Ferments 101 with Gina Rieg of Simplistic Wholistic 18 yrs + / Dates below / \$18 + \$15 materials

Learn what the talk about probiotics & fermented foods is all about! Discover the importance of fermented foods and fermented beverages — for you and your family's optimal health! Explore the different types that are available. Learn how to incorporate them into your food lifestyle and how to find good commercial varieties. Take home information packets and enjoy delicious tasting samples too! Materials fee due at class.

RP0521.301 Roger Carter Comm Ctr May 7 7-8:30 PM Th
RP0521.401 N Laurel Comm Ctr Jul 28 7-8:30 PM Th

#### Vegetarian

## A Taste of India: Vegetarian with Arvinder Goomer 18 yrs + / Apr 9 / \$24 + \$10 materials

Let's cook some veggies tonight, enjoy some traditional Indian veggies, stuff the karelas (bitter gourd), baked cauliflower and potatoes, black lentils (dal makhani), Vegetable Biryani (rice), and Raita (yogurt with spices and more veggies). A vegetarian's dream, it is a hands-on class, so prepare to stir, chop, whip, and stuff! Materials fee due at class.

RP0526.301 Lime Kiln MS 7-9 PM Th

### NEW! Elegant Vegetarian with Chef Richard Douville

#### 18 yrs + / Jun 1 / \$24 + \$20 materials

Here's a group of different dishes that are suited both for vegetarian feasting and for great dinner sides with the added benefit of being relatively low in fat. In one night only, and with plenty of demo, hands-on, and tasting, we have maximum yummers with Eggplant Batali; Butternut Squash Soup; Roasted Delicata Squash (depends on availability); Zucchini-Feta Pancakes; Green Beans and Feta "Salad;" Chick Peas Marrakech; Spinach Catalan. These are truly satisfying and tasty recipes, so come hungry and leave fulfilled! Materials fee due at class.

RP0519.301 Glenelg HS 6:30-9 PM M

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#### **Crafts & Fine Arts**

- Below is in order by date.
- Registration: 410-313-7275
- Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

#### **Drawing & Painting**

### Painting in Oils or Acrylics with Nancy Davis 18 yrs + /6 classes starting Apr 8 / \$89 + \$5 materials

Work in acrylics or oils to learn how to create a successful painting through drawing, value, color, and design. The instructor works with the group and individuals. Instructional handouts provided. You may choose to work from materials provided or from your own photographs. For materials list, visit www.howardcountymd.gov/crafts\_finearts.htm.

RP0219.301 River Hill HS 7-9 PM Th

### Oil Painting with Ann Wiker 18 yrs + / 6 classes starting Apr 16 / \$139 + \$30 materials

All levels welcome! Beginners learn the basics of oil painting: prepping the canvas, mixing colors, brush techniques, composition, and light and shadow. Intermediate painters review color mixing and composition and choosing subject matter. Advanced painters receive individualized instruction based on their ability level. Don't be intimidated — this is fun! Materials list provided on www.howardcountymd.gov/crafts\_finearts.htm.

RP0206.301 N Laurel Comm Ctr 9-11:30 AM

### Watercolor with Pen & Ink with Brenda Kidera

18 yrs + / 4 classes starting Apr 14 / \$95 + \$5 reference materials

Back by popular demand. With step-by-step instruction, learn how to work with pen and ink with watercolor washes. Great for travel journaling! All new reference materials are provided; you're also free to bring your own. Reference material fee due at first class. Materials list provided on www.howardcountymd.gov/crafts finearts.htm.

RP0201.301 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

#### **Couples Canvas**

#### 18 yrs + / Dates below / \$40 per couple + \$10 materials

What a creative date... Couple Paint Workshop. Bring your better half and paint with Abrakadoodle Art. Inspiration, paints, canvas, aprons, table top easels, and instruction provided to create a unique masterpiece. Everyone is an artist. All skill levels welcomed. All new projects each date, no repeats!

 RP0209.301
 N Laurel Comm Ctr
 Apr 18
 3-4:30 PM
 Sa

 RP0209.302
 Roger Carter Rec Ctr
 May 16
 3-4:30 PM
 Sa

 RP0209.401
 Gary J Arthur Comm Ctr
 Jun 13
 3-4:30 PM
 Sa

### Painting or Drawing in any Medium with Brenda Kidera

#### 18 yrs + / 5 classes starting Apr 24 / \$120

Continuing students work on their own projects, either new or unfinished. Bring your own art supplies and photographs or still-life materials from which to work. Learn new techniques and receive the guidance you need with one-on-one demonstrations and discussions. The class focuses on how to build your work for success, color theory, and technique. Materials list provided on www.howardcountymd.gov/crafts\_finearts.htm.

RP0202.301 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM F

### NEW! Painting a River in Watercolor with Brenda Kidera

#### 18 yrs + /4 classes starting May 12 / \$95 + \$15 reference materials

Using a wide variety of techniques, learn how to paint a river scene. We cover water, rocks, trees, and reflections. We discuss elements of design, how to keep your colors luminous, mastering various textures, and more. Knowledge of basic watercolor techniques is necessary. Material fee due at first class covers 22"x 15" Arches 300# Cold Press Watercolor Paper and reference materials. Materials list provided on

www.howardcountymd.gov/crafts\_finearts.htm.

RP0203.301 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

#### Zentangle Art with Mary Schutz 18 yrs + / Dates below / \$35 + \$10 materials

It's yoga for your mind! Anyone can learn how to create a Zentangle! Artists and non-artists welcome. This is an easy, relaxing method of creating beautiful images from repetitive patterns. Through step-by-step instruction from a certified Zentangle teacher, you make extraordinary art! This meditative type drawing helps reduce stress, increases your focus and creativity, and provides artistic satisfaction while increasing a sense of personal well-being. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

Zentangle Art with Mary Schutz

RP0210.301 Howard HS May 20 6-9 PM Tu Zentangle Art with Color with Mary Schutz

Discover how color can enhance your Zentangles and create even more beautiful artwork. Learn to stretch your imagination with new tangles enhanced by color shading and value techniques that build upon the basics learned in the beginner class. At the end of the class, put your Zentangle art together to form beautiful patterns. Bring your camera or cell phone to take pictures! If you attended the beginner Zentangle class, please bring your material kit with you to class.

RP0211.301 Howard HS May 21 6-9 PM Th

### Summer Art Camp for Adults with Ann Wiker 18 yrs + / 1 wk starting Jun 1 / \$115

Why should kids have all the fun? This is your chance to experience different media and to receive individualized instruction on long-term projects. Media to consider include acrylics, watercolor, oil paint, pastels, charcoal, and collage. Come motivated or inspiration can be provided.

RP0207.401 N Laurel Comm Ctr 9:30 AM-12:30 PM M-F

#### **Polymer Clay**

#### NEW! Polymer Clay Workshop: Faux Gemstones - Imitation Jade and Agate 16 yrs + / Apr 15 / \$20

Learn two of the wonderful possibilities of imitating gemstones using polymer clay. This class is for students with a beginner's knowledge of polymer clay. You must be familiar with safety aspects of working with polymer clay and know how to condition and bake polymer clay. You should bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. We demonstrate both faux jade and faux agate, and the materials list is itemized per gemstone. You may not complete both during class and you can opt to bring supplies for one gemstone only and take notes on the other technique. Class demonstration project is a bangle bracelet. It is highly recommended that your clay be conditioned prior to class. Materials list provided on www.howardcountymd.gov/crafts finearts.htm.

RP0216.301 Ellicott Mills MS 6-8:30 PM W

#### NEW! Polymer Clay Workshop: Techniques with Leftover Canes 16 yrs +/ Dates below/\$20

Stunning results can be achieved using leftover pieces of canes. So round up your little cane scraps and come for a fun evening learning two techniques that use leftover canes. This class is for those who may have a collection of polymer cane fragments and want to learn some interesting patterns. You must be familiar with safety aspects of working with polymer clay and know how to condition and bake polymer clay. You should bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. We demonstrate two techniques, McLarty Mash and Stropple Cane. Both techniques are better with an assortment of canes and need not be coordinated cane patterns or colors. Class demonstration project is covering a small glass ornament. Materials list provided on www.howardcountymd.gov/crafts finearts.htm.

RP0217.301	Ellicott Mills MS	Apr 29	6-8:30 PM	W
RP0217.401	Roger Carter Comm Ctr	Jun 24	6-8:30 PM	W

### NEW! Polymer Clay Workshop: Mokume Gane

#### 16 yrs + / Dates below / \$20

Mokume Gane is a Japanese metal working technique that works beautifully with polymer clay to produce fluid patterns of colors. You should bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. This class is for those with a beginner's knowledge of polymer clay. You must be familiar with safety aspects of working with polymer clay and know how to condition and bake polymer clay. Class demonstration project is covering a small metal tin. Materials list provided on www.howardcountymd.gov/crafts finearts.htm.

RP0218.301	Ellicott Mills MS	May 20	6-8:30 PM	W
RP0218.401	Roger Carter Comm Ctr	Aug 12	6-8:30 PM	W

## Polymer Clay Workshop: Incorporating Metal Foil and Mica Powders with Nancy Dravis 16 yrs + / Jun 3 / \$20

Add a little "Bling" to your polymer clay projects by incorporating metal foil or mica powders. Metal foil and mica powders may be part of a pattern design, or incorporated within the clay blend itself. Acrylic paint may be used in clay pattern design or applied after baking, as for antiquing. This class is for those with a beginner's knowledge of polymer clay. You must be familiar with safety aspects of working with polymer clay and know how to condition and bake polymer clay. You should bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. Class demonstration project is an enamel pendant. Materials list provided on www.howardcountymd.gov/crafts finearts.htm.

#### RP0219.401 Ellicott Mills MS 6-8:30 PM V

#### **Knitting and Crocheting**

- · In date order.
- For the below classes, call the instructor one week prior to class for a supply list (410-381-6302).

#### Knit 1 with Anna Tai

#### 18 yrs + / 3 classes starting Apr 21 / \$47

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinet stitch patterns and make your first scarf.

RP0801.301 Oakland Mills HS 7-9 PM Tu



Make beautiful earrings with Sheila Henriquez!

#### **Crochet 1 with Anna Tai**

#### 18 yrs + / 3 classes starting Apr 22 / \$47

Learn stitches, crochet in the square and the round, pattern reading for beginners, and beyond. Learn the many aspects of wearable crochet — drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag, or tank top.

RP0803.301 Oakland Mills HS 7-9 PM V

#### **Jewelry Making**

### Earrings Galore with Sheila Henriquez 18 yrs + / Apr 20 / \$30 + \$10 materials

Tired of never having just the right earrings to go with your favorite clothes? Learn the basics of earring construction, from choosing materials to making plain and wrapped loops. You have time to make two or three pairs of earrings in class. All tools are supplied by the instructor. Material fee due at class and must be in cash.

RP0806.301 Roger Carter Comm Ctr 5-8 PM M

### Wire Work for Beginners with Sheila Henriquez

#### 18 yrs + / Dates below / \$30 + \$10 materials

Learn how to work with wire to make loops, spirals, coils, and more for your jewelry projects. Discover what tools are required, how to select wire, and where to purchase your materials. After practicing the techniques, you have time to make a wire bracelet using beads. Material fee due at class and must be in cash.

RP0807.301 Gary J Arthur Comm Ctr May 28 5-8 PM Th RP0807.401 Roger Carter Comm Ctr Aug 10 5-8 PM M

### Jewelry Making for Beginners with Sheila Henriquez

#### 18 yrs + / Dates below / \$30 + \$10 materials

Learn how to make wire earrings and stringed necklaces and how to identify equipment, materials, and beads. Acquire basic skills in stringing and crimping. Enjoy creating jewelry connectors and wire loops.

Material fee due at class and must be in cash.

RP0809.301 N Laurel Comm Ctr May 6 5-8 PM W RP0809.302 Gary J Arthur Comm Ctr Apr 30 5-8 PM Th

### Bracelets Galore for Beginners with Sheila Henriquez

#### 18 yrs + / Jun 24 / \$30 + \$10 materials

Create beautiful bracelet(s) to go with your favorite clothes! Learn the basics of bracelet construction from choosing materials to making string, jump rings (connectors), and wire wrapped bracelets. You have time to make one or two bracelets in class. All tools are supplied by the instructor.

Material fee due in class and must be in cash.

RP0808.401 N Laurel Comm Ctr 5-8 PM W

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#### Photography: Hands On

In order by date.

### Beginners Digital Photography with John Guion

#### 21 yrs + / 6 classes starting Apr 7 / \$100

This class is designed for someone just getting started with their digital camera and digital photography. A "one-size-fits-all" class, it is designed to cover the basics, whether yours is a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera. The class covers the basic features common to all 3 types (e.g., image size settings, image quality controls, how to change them, and using the camera's creative modes). The course also discusses downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual to class.

RP0208.301 River Hill HS 7-9 PM Tu

#### Hands-On Photography: Make Your Photos Talk & Sing & Move with Michael Alloy 18 yrs + /4 classes starting Apr 13 / \$72

Make your personal and business stories come alive with movement and sound. We use free software to go beyond slideshows to own the power of panning and zooming, adding music and narration. Bring in your photos to create your personalized project you can share online and with DVDs.

Bring your laptop or use one of the instructor's for a \$10 lab fee.

RP0212.301 Gary J Arthur Comm Ctr 6:45-8:45 PM M

### Hands-On Photography: Catching People with Michael Alloy

18 yrs + / 3 classes starting May 6 / \$54

We practice photographing one of our favorite subjects: people. We shoot inside and out to catch individuals and groups, to capture what they really look like. We get the feel of how to handle our subjects as well as our cameras. You bring your digital camera and may even bring a subject. We learn why not to say, "smile." We shoot, review our shots, and try out various angles and zooms. We solve color balance and silhouettes from backlighting. RP0213.301 Gary J Arthur Comm Ctr 6:45-8:45 PM W

#### Hands-On Photography: Photoshop Elements Beginning with Michael Alloy 18 yrs +/3 classes starting May 21/\$54

We bring our old memories back to life and fix up our new photos with Adobe Photoshop Elements. We build a solid foundation of fundamentals: crop and clone, select and build our expertise with layers to reveal the life in our visions. We rescue torn and dirty prints to turn them into heirlooms. Bring your laptop or borrow one from the instructor for a \$10 lab fee.

RP0214.301 Roger Carter Comm Ctr 6:45-8:45 PM Th

#### Hands-On Photography: Photoshop Elements Advanced with Michael Alloy

18 vrs + / 3 classes starting Jun 18 / \$54

We take charge of advanced Adobe Photoshop Element tools to adjust texture, fix tints, colorize our old photos, and even generate powerful black and white prints. We apply adjustment layers to create montages and apply special effects. We fix what we want and get rid of and what we don't need as we work on our new shots and on our old photos that we scan in. Bring your laptop or borrow one from the instructor for a \$10 lab fee.

6:45-8:45 PM

#### Dance |

- Below is in order by date.
- Registration: 410-313-7275
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

#### **Ballroom**

### Intro to Social/Ballroom Dance with Jim and Lucy

18 yrs + / 8 classes starting Apr 8 / \$75 per person

In this "dance survival" class we equip you with simple dance routines you can adapt to a variety of dance musical styles commonly played at weddings and office parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, we also offer you a 2-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; no sneakers please.

RP1106.301 Roger Carter Comm Ctr 7-8 PM W

### NEW! Intro to Social/Ballroom Dance II with Jim and Lucy

18 yrs +/8 classes starting Apr 8 / \$75 per person

This class builds on what participants learn in our Intro to Social/Ballroom Dance class, and focuses on popular Single-Step and Triple-Step Swing styles. In week 1, you review Single-Step basics, and then add to the basic steps in week 2. In weeks 3-6, you train your feet to move in sync with Triple-Step Swing songs, including Oldies, Motown, and Rock-n-Roll sounds. While you learn foot patterns, you also strengthen "leading and following" techniques necessary for the all-important "Swing dance partner connection." In this class, we also offer you a 2-week sampling of Foxtrot's 6-count (Slow Slow Quick Quick) steps. After taking this class, we hope you feel comfortable responding "yes" to invitations to dance on the dance floor of your choice! Singles as well as couples welcome; no sneakers please.

RP1107.301 Roger Carter Comm Ctr 8:15-9:15 PM W

### Ballroom Sampler: Samba and "Three-Step" with Jim and Lucy

18 yrs + / 8 classes starting Apr 10 / \$149 per couple

This beginner class provides an introductory sampling of the unique character and joys of two rhythm dance styles: the lively, earthy Latin Samba and the smooth, popular "3-Step." We focus for the first four weeks on "3-Step" (also known as "Nite-Club 2-Step" or "Bop") done to slower tempo and romantic ballad music, and the second four weeks on Samba, a popular fast Latin dance with Brazilian roots. By the end of the session you will have mastered the foundational steps of each of these dances, understand lead and follow, and be ready to take your dancing onto the dance floor of your choice! Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; no sneakers please.

RP1104.301 Atholton ES 8:30-9:30 PM F

RP0215.401

Roger Carter Comm Ctr

### Couples Salsa Dance with Mo & Barb Dutterer

#### 18 yrs + / 6 classes starting Apr 13 / \$95 per couple

This class makes you a star at your next event! Just back from the Caribbean and Puerto Rico, Mo and Barb have brought with them many new Salsa moves for you to master. We cover Salsa, Merengue', and Cha Cha in this class. Continue learning a steady progression of salsa, merengue', and cha cha moves each week. Grab your partner and join in the fun. New and returning students welcomed. Fee is per couple. (No class 5/25.)

RP1119.301 Roger Carter Comm Ctr 8:30-9:30 PM M

### Hand Dancing and Bop with Shirley Duncan 18 yrs + /8 classes, start dates below / \$75

Experience the traditional and exciting hand dance and Bop that make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count, weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required. (No class 5/25.)

RP1125.301 Mayfield Woods MS Apr 27 6:30-7:30 PM M
RP1125.302 Ellicott Mills MS Apr 30 6:30-7:30 PM Th

#### **Dance Movement**

#### Adult Beginner Ballet with Misako Aoki 18 yrs + /8 classes starting Apr 9 / \$78

Adults with little or no previous ballet training learn the basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core.

RP1129.301 Misako Ballet Studio 11 AM-noon Th

### Contemporary Modern Dance for Beginners with Cecilia Ituarte

#### 18 yrs + / 8 classes starting Apr 7 / \$78

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps, and learn different choreography each week. This class combines modern, ballet, and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but if you prefer, wear ballet or jazz shoes.

RP1128.301 Misako Ballet Studio 8-9 PM Th

### Hip Hop with CJ Cunningham 18 yrs + /6 classes starting Apr 10 / \$108

Get ready to work your body in ways you never imagined! This class uses exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy-to-follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle.

RP1112.301 Kinetics Dance Theatre 8:30-9:30 PM Tu

### Hip Hop Dance with Nysia Carter 18 yrs + /7 classes starting Apr 13 / \$78

This class offers a fusion of styles including hip hop, funk, street, and high- energy jazz. Warm up with the latest hip-hop rhythms that transition into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobic and calorie-burning effects as you dance to the popular hits of today and yesterday. Beginners are encouraged to sign up. Wear jazz or gym shoes, no street shoes allowed. (No class 5/25.)

RP1123.301 N Laurel Comm Ctr 6-7 PM M



Barb and Mo will have you smiling while learning the Salsa.

### Beginning Adult Ballet with Lauren Snyder 18 yrs + /6 classes starting Apr 15 / \$108

If you've always wanted to do ballet but never imagined you could, this is your chance! This class teaches basic ballet movements in easy-to-follow combinations. Come learn ballet in an open environment where you're free to ask questions as you go and learn at your own pace... because it's never too late to start!

RP1113.101 Kinetics Dance Theatre 10-11 AM W

#### **International**

### Chinese Dance Class with DanceTEC Center 18 yrs + /8 classes starting Apr 8 / \$86

LEARN. ENJOY. SHINE. Experience the beauty and magic of traditional Chinese dance! Learn popular Chinese cultural, Folk, and Tibetan dances. Enjoy customary music and traditional fan, handkerchief, and ribbon dances. Shine in our dance performance on the last day of class session. This class teaches basic skills and dance combinations. Please wear dance or fitness attire.

RP1130.301 DanceTEC Center 8-9 PM

### African Dance: Dance Your Pain Away with Nneka Nnamdi

#### 18 yrs + / 8 classes starting Apr 13 / \$80

Immerse yourself in the healing rhythms and movements of West Africa. This multi-level class focuses on both technique and nuance. Class also includes a discussion on the cultural uses and relevance of the dances and music. Women may wear a lappa (cloth wrapped around the hips) but it is not required. Lappas can be purchased directly from instructor. Bare feet ideal but not required.

RP1140.301 Howard HS 7:30-8:30 PM N

### Irish Set Dancing with Janice McVey 18 yrs + / 6 classes starting Apr 13 / \$75

Learn the most popular form of social dancing in Ireland! Set dancing is lively folk dancing done in a square formation of four couples. We feature basic steps and frequently danced sets. Bring a bottle of water and leather-soled shoes. Partner not required. (No class 4/21.)

RP1109.301 Dunloggin MS 7-8:30 PM N

#### **Bollywood Dance**

#### 18 yrs + / 6 classes starting Apr 21 / \$65

Trained in Indian classical dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet, and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form!

RP1108.301 Harper's Choice MS 7:30-8:30 PM Tu

### Irish Dance: Sean Nos Dance with Janice McVey

#### 18 yrs + / 6 classes starting Apr 28 / \$75

Come and learn basic old style steps from the Connemara region of Ireland. This is improvised dance with steps that are rhythmic and low to the ground. Bring leather soled shoes. Partner not required as steps are done individually.

RP1110.301 Dunloggin MS 7-8 PM Tu

#### **Line Dance**

### Line Dance with Mo and Barb Dutterer 18 yrs + /6 classes starting Apr 13 / \$56

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class, which welcomes all levels of dancers. We teach new dances each week and review every dance previously taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this 6-week session, you will have many fabulous, fun dances in your dance bag!

RP1118.301 Roger Carter Comm Ctr 7:15-8:15 PM N

### Party Line Dance with Nysia Carter 18 yrs + /6 classes starting Apr 13 / \$65

Learn old and new party steps in an energetic setting. Have fun while learning so you can be the life of the party at the next gathering. This class is great for beginner or seasoned dancers.

RP1124.301 N Laurel Comm Ctr 7:30-8:30 PM N

### Urban Line Dancing with Shirley Duncan 18 yrs + /8 classes, start dates below / \$75

Learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dances are done to the hottest R&B and oldies music around. Experience a fun-filled workout with high- and low-energy steps. (No class 5/25.)

RP1126.301 Mayfield Woods MS Apr 27 7:45-8:45 PM M RP1126.302 Ellicott Mills MS Apr 30 7:45-8:45 PM Th

#### **Swing**

#### Next Step with Jim and Lucy: East and West Coast Swing

#### 18 yrs + / 8 classes starting Apr 10 / \$149 per couple

This next-step class is designed for those who have taken classes in the last five years in both faster Triple-Step (East Coast) Swing and slower, bluesy West Coast Swing, and/or are experienced with leading and following the basic steps and turns in both Swing styles. In the first week, you review foundational steps in Triple-Step Swing, then build your repertoire of Triple-Step Swing mini-routines in weeks 2-4. On the fifth night, you review the West Coast Swing's Sugar Push, Right and Left Side Pass, and Basic Whip. Then in weeks 6-8, you learn new routines incorporating both Whip and Pass variations. Classes emphasize executing smooth leads and follows and demonstrating coordinated partnerships. Couples only; No sneakers please. RP1107.301 Atholton ES 7:15-8:15 PM F

### **Lifelong Learning**

- Below is in order by date.
- Registration: 410-313-7275
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

#### Billiards

### Learn How to Play Pool with Alvin Thomas 18 yrs + / 4 classes, start dates below / \$59

Build up your game or try something new. Learn the basics and gain a good foundation. Study the proper grip on the cue, stance at the table, cuing the ball, stroke and follow through. To allow you to get the most out of your instruction. class size is limited to six.

N Laurel Comm	<u> 1 Ctr / Mar 21</u>			
RP3401.301	10:30 AM-noon	Sa		
RP3401.302	Noon-1:30 PM	Sa		
N Laurel Comm Ctr / Apr 25				
RP3401.303	10:30 AM-noon	Sa		
RP3401.304	Noon-1:30 PM	Sa		

#### Billiards Workshop with Alvin Thomas 18 yrs + / Dates below / \$45

Improve your game and fine tune your pool skills in this one-day workshop. Study the proper grip on the cue, stance at the table, cuing the ball, stroke and follow through to be a quality and competitive player. To allow you to get the most out of your instruction, class size is limited to six.

RP3402.401	N Laurel Comm Ctr	Jun13	1-5 PM	Sa
RP3402.402	N Laurel Comm Ctr	Jul 25	1-5 PM	Sa

#### Do It Yourself

#### Bike Maintenance with Larry Black 18 yrs + / 4 classes, start dates below / \$99

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some "practice" bikes are provided; bring your own bike to get hands-on experience.

Optional manual is \$25 at class.

RP3409.301	Gary J Arthur Comm Ctr	Apr 7	7-9 PM	Tu
RP3409.302	Gary J Arthur Comm Ctr	May 5	7-9 PM	Tu

#### **Dog Obedience**

## Dog Park Manners with Darryll Ann Buschling

16 yrs + / Dates below / \$25

Having trouble at the dog park? Is your dog nervous, aggressive, or does not listen when it's time to go? This is a great class for socializing and becoming acquainted with the dog park. We start with basic dog obedience and work up to socializing and experiencing the dog park. Please bring a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop.

Class appropriate for any size dog

Worthington Dog Pk

RP3408.301	Apr 11	11 AM-1 PM	Sa
RP3408.302	May 23	11 AM-1 PM	Sa

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Cue up with Alvin Thomas at our Learn How to Play Pool class.

#### **Dog Obedience**

#### 16 yrs + / 6 classes, start dates below / \$69

Who's in charge, you or your dog? Turn Rover into a well-behaved companion. Dog must be at least five months old with current shots. Instructor advises about leash and collar. Please bring dog on a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. (No class 5/23.)

Darryll Ann Buschling / Schooley Mill Pk

RP3407.301 Apr 13 6:30-7:30 PM M <u>Mariann Hein / Dunloggin MS</u>

RP3407.302 Apr 21 7-8 PM Tu

Darryll Ann Buschling / Schooley Mill Pk RP3407.401 Jun 1 6:30-7:30 PM

#### **Finance**

### Financial Fitness with Fran Makino 18 yrs +/3 classes starting Apr 8/\$45

This is a basic personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed.

M

RP3410.301 River Hill HS 7-9 PM W

#### Language

### English for the Non-Native Speaker with Julie Sweeton

#### 18 yrs +/6 classes starting Mar 23 / \$52 + \$8 materials fee

Can people tell that English isn't your native language when they read something you've written? Do you want your workplace documents to be polished so as to clearly make your point? English articles are often misused by non-native English speakers, as it is difficult to determine when to use "a,""the," and other articles. Through exercises and examples, gain a better understanding of the rules of grammar and thus improve your written English.

RP3419.301 Reservoir HS 6-8 PM M & V

### Everyday Spanish II with Cecilia Redmond 18 yrs +/6 classes starting Apr 16/\$65

Join our interactive class. Learn some of the most used verbs and their basic regular conjugation. Gain comprehension of simple conversations using those verbs. *Everyday Spanish I* is recommended as a foundation but not required. Bring a binder for vocabulary handouts and helpful grammar sheets.

RP3405.301 Ellicott Mills MS 7-8:30 PM Th

#### **Music & Theater Arts**

- Below is in order by date.
- Registration: 410-313-7275.
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

#### Music

### NEW! Art of Hand Drumming with Orlando Cotto

#### 18 yrs + / 6 classes starting Mar 19 / \$120

The course is suitable for any drumming beginner or serious enthusiast. Led by professional percussionist Orlando Cotto, you (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. We teach techniques and skills such as drum tuning and developing sounds. You're encouraged to bring your own drums, though Congas drums can be rented from the instructor for a one-time fee of \$35.

RP3435.301 Gary J Arthur Comm Ctr 7-8 PM Th

### NEW! Rock Guitar and Bass Class 18 yrs + / 5 classes starting Apr 10 / \$139

Have you ever wanted to play the guitar like your rock and roll heroes? From Elvis Presley, Chuck Barry, Jimmy Paige, and Angus Young, you can accomplish this with the help of our classes and our instructors. We help beginner, intermediate, and advanced players achieve this dream. Bring your instrument strap it on and rock out with the Let There Be Rock School. You will love this! Please call 240-344-2403 or visit

www.letthereberockschools.com.

RP3430.301 Let There Be Rock School 6-7 PM F

#### **NEW! Rock Drum Class**

#### 18 yrs + / 5 classes starting Apr 10 / \$139

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham, Neil Peart to Dave Grohl, you can accomplish this with the help of our classes and our instructors. We can help beginner, intermediate, and advanced players achieve this dream. Bring your sticks and rock out with the Let There Be Rock School. You will love this! Please call 240-344-2403 or visit www.letthereberockschools.com.

RP3430.301 Let There Be Rock School 6-7 PM

### NEW! Rock Keyboard Class 18 yrs + / 5 classes starting Apr 10 / \$139

Have you ever wanted to play the keyboard like your rock and roll heroes? From Keith Emerson, Rick Yakeman, Tony Banks, and John Lord, you can accomplish this with the help of our classes and our instructors. We can help beginner, intermediate, and advanced players achieve this dream. We have keyboards ready to go, just sign up and rock out with the Let There Be Rock School. You will love this! Please call 240-344-2403 or visit www.letthereberockschools.com.

RP3430.301 Let There Be Rock School 6-7 PM F

### NEW! Rock Vocal Class 18 yrs +/5 classes starting Apr 10/\$139

Have you ever wanted to sing like your rock and roll heroes? From Grace Slick, Paul McCartney, Freddie Mercury, and Robert Plant, you can accomplish this with the help of our classes and our instructors. We can help beginner, intermediate, and advanced vocalist achieve this dream. Just sign up and rock out with the Let There Be Rock School. You will love this! Please call 240-344-2403 or visit www.letthereberockschools.com.

RP3433.301 Let There Be Rock School 7-8 PM F

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#### **Musical Muses - Community Show Choir** with Keith Tittermary

18 yrs + /8 classes starting Apr 13 / \$35 + \$10 materials

Our choir returns for a second season! Do you like to sing but don't like classical music or religious hymns? Adults who don't have time for a full theatre production, but enjoy performing in a group, learn to sing and harmonize while having fun in a creative environment! Beginners and experienced singers welcome. Led by a professional choir director, learn entertaining secular music pieces including but not limited to Broadway show tunes, pop/rock hits, comedic parodies or old classics updated for a contemporary audience. Learn some basic techniques for singing and learn how to harmonize, both with accompaniment and a cappella. Musical accompaniment may be via pre-recorded instrumentals (karaoke style) or live musicians, depending on resources. Movement may be included to enhance performance. No auditions are necessary except when Director assigns solos for select songs. If clothing/costumes or props are needed, all members participate in creating them. All participants must be able to function in an inclusive setting. Season ends with a public performance on Saturday, June 6 (7 PM). (No class 4/20, 5/25.) Added rehearsal on Wednesday 5/27 & 6/3. Bring a 3-ring binder with pockets. Material fee due to instructor at first class. No refunds for missed classes/rehearsals. Sign up with a friend or spouse for more fun!

Baldwin Hall 7-8:30 PM RP3424.301

#### **Beginning Guitar with Art Spilkia** 18 yrs + / 5 classes starting Apr 14 / \$65

Learn chords and strums to accompany classic rock and folk-rock songs. Start to learn how to play rock and roll instrumentals. Bring a six string acoustic or electric guitar.

RP0225.301 Oakland Mills HS 7-8 PM Tu

#### Intermediate Guitar with Art Spilkia 18 yrs + / 5 classes starting Apr 14 / \$65

Now that you have a basic knowledge of chords and rhythms as well as the fret board notes, come learn more advanced chords, rhythms, and guitar instrumentals. Bring a six string acoustic or electric guitar.

RP0226.301 Oakland Mills HS

#### Piano I

#### 18 yrs + / 6 classes starting Apr 25 / \$89

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. (No class 5/23.)

RP0230.301 River Hill HS Noon-1 PM

#### Piano II

#### 18 yrs + / 6 classes starting Apr 25 / \$79

Build on the piano skills learned in the Piano I class in this next step Piano II class! Gain confidence and develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside. Prerequisite: Piano I. Piano I students should bring book from previous class. Students without a book may purchase one at the first class for \$15. (No class 5/23.)

RP0231.301 River Hill HS 1-2 PM Sa

#### **Keyboard Studio**

#### with Olenka School of Music (OSM)

18 yrs + / 8 classes, start dates in next column / \$165 + \$42 materials Begin a strong foundation for all future musical learning through this

energetic class designed as a rich exploration into the essentials of music

theory and practice. Class features ear training exercises, reading, writing, composing, and learning keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. Materials include a songbook, CD, workbook, and homework binder. Cash/check for materials fee due to OSM at first class.

RP3426.301	OSM — Columbia	Apr 26	3:30-4:25 PM	Su
RP3426.302	OSM — Columbia	Apr 27	7:30-8:25 PM	М
RP3426.303	OSM — Columbia	Apr 28	7:30-8:25 PM	Tu
RP3426.304	OSM — Ellicott City	Apr 30	7:30-8:25 PM	Th

#### **Voice Studio**

#### with Olenka School of Music (OSM)

#### 18 yrs + / 8 classes starting Apr 27 / \$165 + \$25 materials fee

Come learn a variety of songs spanning several genres. Singers practice Solfege (do-re-mi), vocal exercises & warm-ups, note value, pitch recognition/ear training to improve singing in tune. Materials include: songbook and CD. Cash/check for material fee due to OSM on the first day of class.

RP3427.301 OSM - Columbia 7:30-8:25 PM

#### **Guitar Studio**

#### with Olenka School of Music (OSM)

#### 18 yrs + / 8 classes starting Apr 29 / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Materials include: songbook, CD. Cash/check for material fee due to OSM on the first day of class.

RP3425.201 OSM - Columbia 7:30-8:25 PM W

#### **Theater**

#### Funny or Bust: An Easy Introduction to Stand Up Comedy with Jill Kyle-Keith 16 yrs + / 6 classes starting Apr 16 / \$115

Of course you're funny- everyone says so! Learn how to channel your natural talents onstage, from writing a joke to learning the best way to present vourself to an audience. The last class is the best part—a fun presentation with fellow classmates at a local open mic night. Don't be afraid of the dark — the audience out there wants to laugh it up with you, and Jill shows you how! Whether you just want to be more comfortable giving relaxed presentations at the office, or have higher aspirations in the Land of Comedy, this six-week series is for you. Please bring a spiral notebook, iPad, cell phone, or guill and ink tablet to write with and record your ideas. You'll be surprised just how much fun you'll have in this class! No prior experience required; newbies and seasoned jokesters alike are encouraged! 16-17-yearolds welcome with accompanying parental permission.

#### Acting for the Camera with Connie Bowman 16 yrs +/4 classes starting Apr 14 / \$75 + \$10 materials

7-8:30 PM

Learn the basics to get started with your acting career. Practice acting for commercials, TV, film, industrials, voice over, and print with veteran local actress Connie Bowman (www.conniebowman.com). Both beginners and advanced students welcome. Sign up with a friend for more fun. Material fee due at first class.

RP3527.301 Reservoir HS 7-9 PM

Hammond HS

#### Sports Page 76

### Therapeutic Recreation

RP3532.301

65

### Adults (55 yrs +) | **Classes & Activities**

- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.
- In alpabetical order.

#### Adventure & Outdoors Page 19 Nature Page 24



To the left... to the right... and down... and up! You can't help smiling when exercising to uplifting music.

### **Aquatics**

#### Therapeutic Agua Zumba 55 yrs + / 6 classes, start dates below / \$48

No, this is not your ordinary synchronized dancing in the water! Combine Latin rhythms with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio dance-based movements that are fun and easy to follow. Work at your own pace. Aquatic fitness instructor assists with exercises and provides instruction. Registration: 410-313-7275. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Tu

Tu

6 classes / \$48	, ,			
RP3520.301	Cedar Lane School	Mar 17	6-7 PM	
4 classes / \$32				
RP3520.302	Cedar Lane School	May 12	6-7 PM	

#### **Therapeutic Water Exercise** 55 yrs + / 6 classes, start dates below / \$48

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace or join group instruction. Aquatic fitness instructor assists with exercises and provides instruction. Registration: 410-313-7275. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

<u>6 classes / \$48</u>				
RP3519.301	Cedar Lane School	Mar 16	6:15-7:15 PM	M
RP3519.302	Cedar Lane School	Mar 18	5:45-6:45 PM	W
4 classes / \$32				
RP3519.303	Cedar Lane School	May 11	6:15-7:15 PM	M
RP3519.304	Cedar Lane School	May 13	5:45-6:45 PM	W

#### **Consumer Services**

#### Medicare 101 -

#### **What You Can Expect From Medicare** 55 yrs + / Dates below / Free

Did you recently enroll in Medicare or will be going on soon? Do you help someone who has Medicare as his or her health insurance? This presentation covers how Medicare Parts A (Hospital), B (Medical) and D (Prescription Drug) work, what the benefits are, and when you should make decisions related to your coverage. Find out about benefit programs that can help pay for Medicare health care costs. Sponsored by the State Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Registration/Info: 410-313-7391.

HC General Hospital	Mar 17	7-8:30 PM	Tu
N Laurel Comm Ctr	Apr 7	1:30-3 PM	Tu
Bain Ctr	May 6	7-8:30 PM	W
HC General Hospital	Jun 9	10-11:30 AM	Tu
Bain Ctr	Jul 15	7-8:30 PM	W
Fllicott City Sr Ctr	Aug 4	1-2·30 PM	Tu

#### Medicare 102 - Why Medicare Isn't Enough 55 yrs + / Dates below / Free

Learn about Medicare Part C/Health Plans and Medicare Supplement Policies (Medigap Plans). Learn about what you should consider when deciding if a Medicare Health Plan, such as an HMO, PPO, Cost Plan or Private Fee For Service Plan, is the right choice for you. Understand how the different Medigap plans cover the gaps (out-of-pocket expenses) of original Medicare, how they are priced, and when is the best time to enroll. Hear about how to protect yourself and Medicare from healthcare fraud. Sponsored by the State Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Registration/Info: 410-313-7391.

HC General Hospital	Mar 24	7-8:30 PM	Th
N Laurel Comm Ctr	Apr 14	1:30-3 PM	Tu
Bain Ctr	May 13	7-8:30 PM	W
HC General Hospital	Jun 16	10-11:30 AM	M
Bain Ctr	Jul 22	7-8:30 PM	W
Bain Ctr	Aug 18	10-11:30 AM	Tu

#### Medicare 103 – Using Medicare's Plan Finder 55 yrs + / Dates below / Free

Learn how to use the "Plan Finder" tool on the www.medicare.gov website, a powerful aid for comparing and reviewing the Medicare Prescription Drug Plans available to you. The "Plan Finder'"can also be used to compare Medicare health plans (such as HMOs/Health Maintenance Organizations or Cost Plans) and while explaining the tool for that purpose is out of the scope of this presentation, you learn many basics that are used for both types of comparisons. Sponsored by the State Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Registration/Info: 410-313-7391.

Bain Ctr	Mar 4	/-8:30 PM	W
Bain Ctr	Jun 3	7-8:30 PM	W

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

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#### **Crafts & Fine Arts**

### Artful Journaling with Carol Zika 55 yrs + / 6 or 10 classes, start dates & prices below

Do you remember, as a child, painting wonderfully vivid pictures, recounting daily events in a secret diary or writing wildly imaginative stories? You didn't care if your creations were "good" — you simply enjoyed the process. This class helps you recapture that sense of excitement and play. In a relaxed atmosphere, let our instructor guide you in an exploration of creative writing and simple techniques for visual expression. Your journal serves as a lasting record of your unique perspective on the world. No training needed, just bring your own life experiences. Additional fee for supplies; suggested supplies are discussed at the first class and are available through the instructor. Registration: 410-313-7275. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

10 classes / \$85 + materials

RP0305.301 Bain Ctr Mar 26 9:30 AM-noon Th 6 classes / \$51 + materials

RP0305.401 Bain Ctr Jun 18 9:30 AM-noon Th

### Watercolors with Carol Zika 55 yrs + / 6 or 10 classes, start dates & prices below

Spring and summer are the perfect time to get in touch with your inner artist. Painting with watercolors is a great way to begin. Class is designed for beginners, but continuing students and experienced dabblers are welcome. Suggested supplies discussed at the first class and are available through the instructor. Registration: 410-313-7275. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

10 classes / \$85 + materials

RP0303.301 E Columbia Lib Sr Ctr Mar 27 1-3:30 PM F 6 classes / \$51 + materials

RP0303.401 E Columbia Lib Sr Ctr Jun 19 1-3:30 PM F

### You Can Draw & Paint with Carol Zika 55 yrs + / 6 or 10 classes, start dates & prices below

Let your artistic expression soar in this congenial, fun and supportive atmosphere. Bring watercolors, acrylics, oils, pastels, or whatever materials you may have and explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Discuss materials (purchased separately) at first class. Registration: 410-313-7275. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

10 classes / \$85 + materials

RP0304.301	Bain Ctr	Mar 26	1:15-3:45 PM	Th
RP0304.302	E Columbia Lib Sr Ctr	Mar 27	9:15-11:45 AM	F
6 classes / \$51 -	<u>+ materials</u>			
RP0304.401	Bain Ctr	Jun 18	1:15-3:45 PM	Th
RP0304.402	E Columbia Lib Sr Ctr	Jun 19	9:15-11:45 AM	F

### **Drop-In Activities**

#### **BUNCO**

#### 55 yrs + / Last Friday of the month / Free

It's a "roll of the dice" game. BUNCO is gaining in popularity and now you can get in on the fun! Join us for an hour of this exciting dice game. No experience necessary. Preregistration required. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Bain Ctr 10:30-11:30 AM F

### Community Knitting & Crocheting Group 55 yrs + / Ongoing / Free

Feel a sense of belonging and give back to your community! Join fellow knitting and crocheting enthusiasts to hand craft beautiful hats, scarves, comfort blankets, and more for local hospitals, charities, and senior care centers. This volunteer group meets the second and fourth Wednesday of each month. Acrylic yarn donations are accepted and appreciated. Info: Linda E. DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov. RP3070.201 Kiwanis-Wallas Rec Ctr 1-3 PM W

#### **Duplicate Bridge**

#### 55 yrs + / Ongoing / Free

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We gladly accept donations to the snack fund. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Kiwanis-Wallas Hall Noon-3:30 PM W Kiwanis-Wallas Hall 9:30 AM-12:45 PM F

#### Mahjong

#### 55 yrs + / Ongoing / Free

Drop in for this fun and mentally stimulating game.

Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Kiwanis-Wallas Hall 1-3:30 PM W

KIWanis-Walias Hall 1-3:30 PM

#### **Marathon Bridge**

#### 55 yrs + / Ongoing / Free

Drop in for marathon bridge. Meets first Wednesday of the month. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov. Kiwanis-Wallas Hall Noon-4 PM W

#### Pinochle

#### 55 yrs + / Ongoing / Free

Drop in for pinochle. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.
Kiwanis-Wallas Hall 9:30 AM-3:30 PM F



# Call for entrees. Design the cover of our 2015 Fall Activity Guide. Contest deadline, May 18, 2015.

We want to know – through art and design - what Howard County Recreation & Parks' facility, park, event, or class inspired you! What gives you County pride or joy in your life? At least one winner's artwork will be featured on the cover of our Fall 2015 Activity. Visit www.howardcountymd.gov/covercontest.htm for rules, prizes, terms and how to enter.

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#### **Toss Across**

#### 55 yrs + / Ongoing / Free

Who says "close only counts in horseshoes?" In Toss Across it definitely counts! Come try the latest backyard and tailgating craze. Have fun and get a little exercise too. Meet in the Bain Center Lobby. No preregistration required. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov. Bain Ctr 10:30-11:30 AM F

#### **Trivia Time**

#### 55 yrs + / Last Friday of the month / Free

Come show us what you know during this entertaining hour of group trivia fun! Fire up those brain cells while you help your team compete for the "Trivia Trophy" and bragging rights. Meet in the lobby. No preregistration required. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Bain Ctr 9:30-10:25 AM F

#### Wii Club

#### 55 yrs + / Ongoing / Free

Why let the kids have all the fun? Bowl, play tennis or baseball, and much more without leaving the building. You improve hand-eye coordination and get some exercise while competing against your peers. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

Bain Ctr 10-11 AM Tu

### **Lifelong Learning**

### Senior Adult Summer Institute 18 yrs + / Dates below / \$18, 18-59 yrs; \$15, 60 yrs +

Join a day of "learning for the love of it" on the Howard Community College campus. Focus on a single topic in the humanities and the arts, featuring such topics as archaeology, art and culture, literature, and history. Pick up a registration packet at the Bain Center or Recreation & Parks Headquarters after April 20. This is co-sponsored with Howard Community College. Info: 410-313-7311.

**Howard Community College** 

RP3501.401	Jun 1	9:30 AM-3:30 PM	M
RP3501.402	Jun 2	9:30 AM-3:30 PM	Tu
RP3501.403	Jun 3	9:30 AM-3:30 PM	W
RP3501.404	Jun 4	9:30 AM-3:30 PM	Th

### Planning the Hand for Newer Players 55 yrs + /4 classes starting Mar 20 / \$36

Learn tips and techniques to plan basic trump and no trump contracts. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

RP3506.301 Kiwanis-Wallas Hall 9:30-11:30 AM F

### Supervised Play (Bridge) 55 yrs + / 4 classes starting Mar 20 / \$36

Practice your bridge bidding and play with hands-on supervisor instruction. Mini lesson then shuffle, deal, and play. Come as a single, with a partner or as a table of four. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

RP3514.301 Kiwanis-Wallas Hall 12:15-2:15 PM I

### **Sports**

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### **Therapeutic Recreation**

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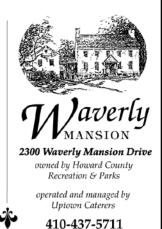
Rated 4-Stars Best Places to Play by Golf Digest.

Top 100 Must Play Courses of the Mid-Atlantic
by Golf Styles Magazine.



# Unique Weddings & Events at Governor Howard's Estate: Historic Waverly Mansion

- Beautiful gardens, silk-lined tents
- Fabulous catering and complete coordination services.
- Wedding Ceremonies
   & Receptions
- Special Events
- Conferences



HistoricWaverlyMansion.com



HAVE AN IDEA FOR A NEW PROGRAM?

Tell us by calling 410-313-4700 or 410-313-7275!



Enjoy exercising indoors at our community centers (pages 8-9).

### **Fitness**

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/quardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at our Community Centers.
- Registration: 410-313-7275.
- Info/Fitness Waiver: Nicola Morgal, 410-313-4718 or nmorgal@howardcountymd.gov.

### **Aerobics &** Conditioning (18 yrs +)

For Beginner Strength Training, ages 13-16, please see page 84.

#### All-Out Zumba with Kirsten Potter, ZUMBA 14 classes starting Apr 8 / \$89

Ditch the workout and come party! Zumba fitness allows you to guickly burn calories while enjoying a party atmosphere. It's fun and effective! Before you know it, you'll be getting fit and your energy levels will soar! All levels welcome.

RP8440.301 Bonnie Branch MS 7-8 PM M & W

#### **AM Fitness Workout** with Vickie Jacobs, AFAA, AAAI 16 classes start dates below / \$88

Warm up with fun and easy moves, then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve overall flexibility and balance. This class is perfect for all fitness levels! Fitness waiver must be completed prior to exercising. Info/Fitness Waiver: Nicola Morgal, 410-313-4718 or 410-313-2764.

RP8669.301	Roger Carter Comm Ctr	Apr 7	8-9 AM	Tu & Th
RP8669.302	Roger Carter Comm Ctr	Apr 7	9-10 AM	Tu & Th
RP8669.303	Roger Carter Comm Ctr	Apr 7	11 AM-noon	Tu & Th
RP8669.401	Roger Carter Comm Ctr	Jun 16	8-9 AM	Tu & Th
RP8669.402	Roger Carter Comm Ctr	Jun 16	9-10 AM	Tu & Th
RP8669.403	Roger Carter Comm Ctr	Jun 16	11 AM-noon	Tu & Th

#### Agua Zumba

#### 8 classes, start dates below / \$80

Known as the ZUMBA pool party, this Agua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering — experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional agua fitness in a safe, challenging water-based workout that's cardioconditioning, body-tightening, and most of all, exhilarating!

Tracy Cox / Roger Carter Comm Ctr

F	RP8612.301	Apr 7	9:45-10:30 AM	Tu & Th
F	RP8612.311	May 12	9:45-10:30 AM	Tu & Th
F	RP8612.401	Jun 16	9:45-10:30 AM	Tu & Th
F	RP8612.411	Jul 21	9:45-10:30 AM	Tu & Th
ļ	Meridith Hurd / F	Roger Carter C	omm Ctr	
F	RP8612.302	Apr 7	6:30-7:15 PM	Tu & Th
F	RP8612.312	May 12	6:30-7:15 PM	Tu & Th
F	RP8612.402	Jun 16	6:30-7:15 PM	Tu & Th
F	RP8612.412	Jul 21	6:30-7:15 PM	Tu & Th

#### Barre Burn with Rebecca Sigmund 6 or 8 classes, start dates & prices below

Ballet movements combine with floor work and fitness exercises for a full workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Finish with a cool down and stretch. Bring 4-to-5-lb. weights, mats are provided but you are encouraged to bring your own.

6 classes / \$54

RP8282.301	Kinetics Dance Theatre	Apr 8	8-9 PM	W
8 classes / \$72				
RP8282.401	Kinetics Dance Theatre	Jun 15	8-9 PM	M

#### Bender Barre with Heather Snyder, AFAA 8 classes starting Apr 7 / \$54

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This new, fun class gives you great results!

Gary J Arthur Comm Ctr RP8130.301 6:30-7:25 PM Tu

#### **Body Conditioning** with Cyndi Kummerlowe, AFAA 16 classes starting Apr 7 / \$48

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights.

RP8220.301 Rockburn ES 7:05-8 PM Tu & Th

#### "Build Your Engine" Strength Training with Christy Edwards, ACE Personal Trainer 14 classes starting Apr 8 / \$52

Build your muscles that burn the fuel! In our 30s, our metabolism slows down... so help speed it up with strength and resistance training. Change your body composition, feel stronger and healthier, and look great! Challenge and strengthen muscle groups to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. RP8506.301 Thunder Hill ES M&W

### Cardio Blast Interval with Beth Harbinson, AFAA

#### 9 or 14 classes, start dates & prices below

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs recommended) and a mat. 14 classes / \$40

17 Classes / 27/				
RP8422.301	Veterans ES	Apr 8	7-8 PM	M & W
9 classes / \$32				
RP8422.401	Meadowbrook Ath Comp	Jul 2	7-8 PM	M & W

## Cardio Crunch Challenge with Lori Nowicki, ACE Classes, start dates & prices below

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, Zumba and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance training. Experience a high-energy class at high or low impact, take the challenge and have fun! Bring mat and hand weights. Steps and resistance bands provided.

8 classes / 1 day per wk / \$40
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o classes / i aa	) pc: 1111/ 9 10			
RP8481.301	Cedar Lane Rec Ctr	Apr 8	9:30-10:45 AM	MorW
16 classes / 2 d	<u>ays per wk / \$71</u>			
RP8481.302	Cedar Lane Rec Ctr	Apr 8	9:30-10:45 AM	M & W
12 classes / 2 d	<u>ays per wk / \$54</u>			
RP8481.401	Cedar Lane Rec Ctr	Jun 15	9:30-10:45 AM	M&W

### Cardio Dance with Sandra Duerr 8 classes starting Apr 10 / \$56

A fun choreographed dance class that goes from warm-up steps to heart-pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh and we burn lots of calories!

RP8225.301 Roger Carter Comm Ctr 11:15-12:05 AM F

### Cardio Fusion with Marianne Larkin, AAAI Classes, start dates & prices below

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your level. Pump up your workouts and burn fat with a mix of everything from step, high/low and boot camp to core strength, balance and agility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Steps and bands provided.

8 classes /	1 dav	per wk	/\$40
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o classes / Tua	<u>y pei wk / 340</u>			
RP8482.301	Gary J Arthur Comm Ctr	Apr 8	9:35-10:50 AM	M or W
<u>16 classes / 2 d</u>	<u>ays per wk / \$71</u>			
RP8482.302	Gary J Arthur Comm Ctr	Apr 8	9:35-10:50 AM	M & W
12 classes / 2 d	ays per wk / \$54			
RP8482.401	Gary J Arthur Comm Ctr	Jun 15	10-10:50 AM	M & W









### Cardio Kickboxing with R-Legacy Fitness, AFAA

8 or 16 classes, start dates & prices below

Exercise has never been so much fun! Cardio Kickboxing is a calorie-burning, dance-party exercise routine that combines kickboxing, aerobics and dance with great music. Come out and get in shape and have fun doing it! 8 classes / 1 day per wk / \$43

o classes / Taa	7 PCI VIK / \$ 15			
RP8550.301	N Laurel Comm Ctr	Apr 7	6:45-7:45 PM	Tu or Th
16 classes / 2 d	<u>ays per wk / \$72</u>			
RP8550.302	N Laurel Comm Ctr	Apr 7	6:45-7:45 PM	Tu & Th
8 classes / 1 day per wk / \$43				
RP8550.401	N Laurel Comm Ctr	Jun 16	6:45-7:45 PM	Tu or Th
16 classes / 2 days per wk / \$72				
RP8550 402	N Laurel Comm Ctr	lun 16	6·45-7·45 PM	Tu & Th

### Cardio Sculpt with Loretta Lambert 14 or 16 classes, start dates & prices below

Warm up, cool down and experience a fun, all-over body workout in this new combination class that includes a low-impact, cardiovascular dance aerobic workout and toning exercises all choreographed to music. This program is for everyone who wants to get in shape and have fun doing it! Please bring a mat and hand weights.

14 classes / \$51 RP8290.301 16 classes / \$59	Stevens Forest ES	Apr 8	7-8 PM	M & W
RP8290.401	Cedar Lane Rec Ctr	Jun 15	6:30-7:30 PM	M & W

#### Circuit Weight Training with Amanda Demeusy, AFAA 16 classes, start dates below / \$87

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, you get a thorough, total-body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience!

RP8660.301	Roger Carter Comm Ctr	Apr 8	9:15-10:15 AM	M & W
RP8660.401	Roger Carter Comm Ctr	Jun 15	9:15-10:15 AM	M&W

### Fit Jam: Cardio Party with Liz Rolland 8 classes, start dates below / \$80

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle.

RP8350.301	Gary J Arthur Comm Ctr	Apr 13	5:45-6:45 PM	M
RP8350.302	Mt. View MS	Apr 8	9:15-10:15 AM	W
RP8350.303	Gary J Arthur Comm Ctr	Apr 9	5:45-6:45 PM	Th
RP8350.401	Gary J Arthur Comm Ctr	Jun 15	5:45-6:45 PM	M
RP8350 402	Gary I Arthur Comm Ctr	lun 18	5·45-6·45 PM	Th

### Fit Jam: Fire and Spice! With Liz Rolland 8 classes, start dates below / \$80

Think all workouts are boring? Think again! Spice up your workout with this unique blend of Pilates matwork, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, then challenge your workout more with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff!

RP8351.301	Gary J Arthur Comm Ctr	Apr 10	9:35-10:35 AM	F
RP8351.401	Gary J Arthur Comm Ctr	Jun 19	9:35-10:35 AM	F

### La Canne (French Cane Fighting) with Steve Savoie

#### 8 classes, start dates below / \$46

Get a great workout while learning the unique French sport of *Canne De Combat* (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. A unique class. Once you try it, you'll love it! No experience required. Sticks provided. Shin guards recommended.

RP8505.301	Cedar Lane Rec Ctr	Apr 9	8:15-9:15 PM	Th
RP8505.401	Cedar Lane Rec Ctr	Jun 18	8:15-9:15 PM	Th

### Piloxing with Heather Snyder, AFAA 8 classes, start dates below / \$54

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed, and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered!

RP8135.301 Gary J Arthur Comm Ctr Apr 7 7:30-8:30 PM Tu

## Power Punch Workout with R-Legacy Fitness, AFAA 8 or 16 classes, start dates & prices below

This high energy, total-body workout combines martial arts based moves with kicks, punches and sculpting combinations. You tighten and tone your entire body while punching away stress using a punching bag. Take your fitness routine to the next level! Freestanding punching bags are provided. Please bring gloves or wraps.

8 classes / 1 day per wk / \$59

O Classes / Tau	per wit / yyy			
RP8551.301	N Laurel Comm Ctr	Apr 7	6-6:45 PM	Tu or Th
16 classes / 2 da	ays per wk / \$99			
RP8551.302	N Laurel Comm Ctr	Apr 7	6-6:45 PM	Tu & Th
8 classes / 1 day	/ per wk / \$59			
RP8551.401	N Laurel Comm Ctr	Jun 16	6-6:45 PM	Tu or Th
<u>16 classes / 2 days per wk / \$99</u>				
RP8551.402	N Laurel Comm Ctr	Jun 16	6-6:45 PM	Tu & Th

### Step & Sculpt! with Marianne Larkin, AAAI Classes, start dates & prices below

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with turbo-charged combinations in the latest in step choreography. Knowledge of aerobic step terms is recommended. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Continue this total-body workout with strength, core and ab exercises using hand weights, medicine balls, stability balls and resistance bands (provided) and finish with an energized stretch.

8 classes / 1 day per wk / \$43				
RP8300.301	Gary J Arthur Comm Ctr	Apr 18	8:30-9:45 AM	Sa
8 classes / 1 day	<u>per wk / \$33</u>			
RP8300.311	Mt. View MS	Apr 7	7-8 PM	Tu or Th
16 classes / 2 day	<u>ys per wk / \$59</u>			
RP8300.312	Mt. View MS	Apr 7	7-8 PM	Tu & Th
6 classes / 1 day	<u>per wk / \$32</u>			
RP8300.401	Gary J Arthur Comm Ctr	Jun 20	8:30-9:45 AM	Sa
6 classes / 1 day	<u>per wk / \$28</u>			
RP8300.411	Gary J Arthur Comm Ctr	Jun 16	7-8 PM	Tu or Th
<u>12 classes / \$50</u>				
RP8300.402	Gary J Arthur Comm Ctr	Jun 16	7-8 PM	Tu & Th

### Tabata Boot Camp with Lori Nowicki, ACE 6 or 8 classes, start dates & prices below

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workout can be modified.

8 classes / \$40				
RP8485.301	Roger Carter Comm Ctr	Apr 10	9:10-9:40 AM	F
6 classes / \$30				
RP8485.401	Roger Carter Comm Ctr	Jun 19	9:10-9:40 AM	F

#### **Trim & Tighten**

#### Classes, start dates & prices below

Enjoy fun and beneficial exercises that tone and strengthen all your muscle groups! Bring a mat; 2-to-5-lb. hand weights are optional.

#### Jeanne Sealing, ACE

14 classes / \$42				
RP8210.301	Burleigh Manor MS	Apr 8	6:30-7:25 PM	M & W
16 classes / \$48				
RP8210.311	N Laurel Comm Ctr	Apr 7	9-9:50 AM	Tu & Th
Marianne Lark	in, AAAI			
16 classes / \$48				
RP8210.302	Mt. View MS	Apr 7	6-6:55 PM	Tu & Th
12 classes / \$36				
RP8210.402	Gary J Arthur Comm Ctr	Jun 16	6-6:55 PM	Tu & Th

#### Zumba

#### 8 classes, start dates below / \$99

Enjoy this Latin cardio-dance fitness craze to the pulsating rhythms of Reggaeton, Samba, Salsa, Afrobeat, and more! Join us as we tone and burn calories at this weekly dance party!

<u>Leilani, ZUMBA</u>	<u>, AFAA</u>			
RP8360.302	N Laurel Comm Ctr	Apr 11	9:30-10:30 AM	Sa
RP8360.402	N Laurel Comm Ctr	Jun 20	9:30-10:30 AM	Sa

### Zumba Basic with Stephanie Scott, ZUMBA 8 classes, start dates below / \$53

### \*\*Join us for a free class on Apr 8 from 5:30-6:30 PM. Call RCCC directly at 410-313-2764 to sign up!\*\*

Exercise in disguise! This fun, high-energy class involves dance and aerobic elements. It's easy, fun, and safe for all fitness levels. Enjoy the following dance styles: American, Cumbia, salsa, meringue, and more while getting in shape! Reduce weight, build strength and stamina, improve motion, cardio and posture, and socialize! Join the party! Come dance like no one is watching!

RP8330.301	Roger Carter Comm Ctr	Apr 13	5:30-6:30 PM	M
RP8330.302	Roger Carter Comm Ctr	Apr 15	5:30-6:30 PM	W
RP8330.401	Roger Carter Comm Ctr	Jun 15	5:30-6:30 PM	M
RP8330.402	Roger Carter Comm Ctr	Jun 17	5:30-6:30 PM	W

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

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Want something new in your workout routine? Come try one of the many classes run by professionals.

#### Zumba!

#### 14 or 16 classes, start dates & prices below

Let's face it, working out can be healthy, rewarding, and beneficial, but it may not always be fun . . . until now! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that blows you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body and burn fat. All levels are welcome.

#### 16 classes / \$120

<u>Amanda Deme</u>	usy, AFAA, Zumba			
RP8430.301	Roger Carter Comm Ctr	Apr 8	10:30-11:20 AM	M & W
RP8430.401	Roger Carter Comm Ctr	Jun 15	10:30-11:20 AM	M & W
Valerie Stewart	t <u>, Zumba</u>			
RP8430.302	N Laurel Comm Ctr	Apr 8	6:30-7:20 PM	M & W
RP8430.402	N Laurel Comm Ctr	Jun 15	6:30-7:20 PM	M & W
14 classes / \$*	105			
Jan Smith, Zum	<u>nba</u>			
RP8430.303	Mt. View MS	Apr 8	6:30-7:20 PM	M & W

### Zumba Circuit with Anna Whittaker, ZUMBA 8 classes starting Apr 7 / \$54

Enjoy a high-energy, calorie-blasting, metabolism-boosting fun class that combines both the strength training benefits of circuit training with the dance moves of Zumba!

RP8432.301 Mt. View MS 9:30-10:20 AM Tu

#### Zumba with Sandra Duerr

#### 7 classes starting Apr 13 / \$49

Come get a great total-body dance workout using pulsating Latin music and a mix of Latin and international dance styles (Merengue, salsa, cumbia, flamenco and more). Everything moves — from your head to your toes! Get wild, party and sweat off those pounds and inches!

RP8226.301 Fulton ES 7:15-8:15 PM M

### NEW! Zumba Step with Jan Smith AFAA, ZUMBA

#### 7 classes, starting Apr 13 / \$47

Come enjoy a class that combines all the toning and strengthening for your legs and glutes in a traditional step class with the exotic rhythms and high-energy fun of Zumba!

RP8431.301 Mt. View MS 7:30-8:20 PM M

#### **Health & Relaxation**

- Registration: 410-313-7275.
- Info: Nicola Morgal: 410-313-4718 or nmorgal@howardcountymd.gov

### Hatha Yoga for Flexibility & Relaxation with Kris Copeman

#### 6 or 8 classes, start dates & prices below

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen, and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided.

<u>6 classes / \$54</u>				
RP8240.301	Kinetics Dance Theatre	Apr 9	9:45-10:45 AM	Th
RP8240.302	Kinetics Dance Theatre	Apr 9	8:30-9:30 PM	Th
8 classes / \$72				
RP8240.401	<b>Kinetics Dance Theatre</b>	Jun 18	8:30-9:30 PM	Th

### Introduction to Pilates with Christine Williams

#### 8 classes, start dates below / \$99

Stretch, strengthen and balance your body with a systematic practice of specific exercises and breathing patterns that connect your mind, body, and spirit. Help relieve stress while you lengthen and strengthen your powerhouse/abdominals. This class is designed for the beginner to the advanced Pilates practitioner.

Please bring a mat and wear comfortable shoes.

RP8155.301 Misako Ballet Studio 8:30-9:30 AM Sa

### NEW! Pilates Plus with Liz Rolland 8 classes starting Apr 8 / \$96

This hour-long matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Learn to correctly perform the 41 original basic matwork exercises and modify them to your own needs. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face your day! Bring a yoga or Pilates mat and a thick beach towel.

RP8384.301 Mt. View MS 10:30-11:30 AM W

### NEW! Pilates with Marc Scimonelli, AFAA, NETA, Pilates

#### 16 classes, start dates below / \$72

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it!

### Power Yoga Intermediate with Kris Copeman 6 classes starting Apr 9 / \$54

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility, and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided.

RP8241.301 Kinetics Dance Theatre 11 AM-noon Th

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### Revive, Relax and Renew with Yoga with Mary Garratt, NETA, RYT200

#### 6 or 8 classes, start dates & prices below

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket.

O Clubber 7 777				
RP8252.301	Gary J Arthur Comm Ctr	Apr 13	7-8 PM	Μ
RP8252.302	Gary J Arthur Comm Ctr	Apr 8	5:45-6:45 PM	W
RP8252.303	Roger Carter Comm Ctr	Apr 8	1:20-2:20 PM	W
6 classes / \$57				
RP8252.401	Gary J Arthur Comm Ctr	Jun 15	7-8 PM	M
RP8252.402	Gary J Arthur Comm Ctr	Jun 17	5:45-6:45 PM	W
RP8252.403	Roger Carter Comm Ctr	Jun 17	1:20-2:20 PM	W

#### Scoop Pilates II with Lori Nowicki, AAAI, AFPA 12 or 16 classes, start dates & prices below

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms, and core; increase your flexibility; and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball.

16 classes / \$112

8 classes / \$77

RP8154.301	Cedar Lane Rec Ctr	Apr 7	9-10 AM	Tu & Th
12 classes / \$84				
RP8154.401	Cedar Lane Rec Ctr	Jun 16	9-10 AM	Tu & Th

## Sunday Afternoon Yoga with Mary Garratt, NETA, RYT200 6 or 8 classes, start dates & prices below

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

8 classes / \$77

RP8252.312	Gary J Arthur Comm Ctr	Apr 12	2-3 PM	Su
6 classes / \$57				
RP8252.412	Gary J Arthur Comm Ctr	Jun 21	2-3 PM	Su

#### Tai Chi

#### 8 classes, start dates below / \$62

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. (No class 5/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>Tim Kwei</u>					
RP8850.301	Beg	Dunloggin MS	Apr 15	7-8 PM	W
RP8850.302	Adv	Dunloggin MS	Apr 15	8:05-9:05 PM	W
Scott Vandame					
RP8850.303	Beg	Murray Hill MS	Apr 16	7-8 PM	Th
RP8850.304	Adv	Murray Hill MS	Apr 16	8:05-9:05 PM	Th

### NEW! Yoga for a Stressful World with Liz Rolland

#### 8 classes, start dates below / \$96

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class.

RP8284.301	Roger Carter Comm Ctr	Apr 13	9:15-10:15 AM	М
RP8284.302	Gary J Arthur Comm Ctr	Apr 10	10:50-11:50 AM	F
RP8284.401	Roger Carter Comm Ctr	Jun 15	9:15-10:15 AM	M
RP8284.402	Gary J Arthur Comm Ctr	Jun 19	10:50-11:50 AM	F

#### Yogalates with EC Goode

#### 6 or 8 classes, start dates and prices below

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one.

6 classes / \$54

RP8244.301	Kinetics Dance Theatre	Apr 7	8:30-9:30 PM	Tu
8 classes / \$72				
RP8244.401	Kinetics Dance Theatre	Jun 16	8:30-9:30 PM	Tu

#### **Adults (55 yrs +)**

- Registration: 410-313-7275.
- Info/Fitness Waiver: Nicola Morgal: 410-313-4718 or nmorgal@howardcountymd.gov or www.howardcountymd.gov/RecandParksForms.htm.

### Be Seated with Vickie Jacobs 55 yrs + 16 classes, start dates below / \$75

This gentle, easy class includes a warm-up, joint mobility moves, muscle strengthening, balance and stretching, all components to help maintain an active and independent lifestyle.

RP8670.301	Roger Carter Comm Ctr	Apr 7	10:10-10:55 AM	Tu & Th
RP8670.401	Roger Carter Comm Ctr	Jun 16	10:10-10:55 AM	Tu & Th

#### Circuit Weight Training for Seniors 55 yrs + 16 classes, start dates below / \$87

Some studies indicate that weight training is essential to maintaining health. This class, designed for seniors, combines an aerobic workout with weight training on Precor equipment. A fitness waiver must be completed prior to exercising.

RP8667.301	Roger Carter Comm Ctr	Apr 8	3-4 PM	M & W
RP8667.401	Roger Carter Comm Ctr	Jun 15	3-4 PM	M & W

#### Exercise with Ease

### with Joyce DiTomasso 55 yrs + 16 classes starting Apr 9 / \$49

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves.

RP8060.301	E Columbia Lib 50 yrs + Ctr	9-10 AM	lu & Ih
RP8060.302	E Columbia Lib 50 yrs + Ctr	10-11 AM	Tu & Th



Exercise with a friend to ensure that you continue to exercise - it also makes it feel like the time goes by quicker!

# Fit & Fun with Pam Beck AAAI 16 classes starting Apr 7 / \$88

Don't just sit on the sidelines! Join your friends for some fitness while having fun! Enjoy a cardiovascular workout mixed with strength, balance, flexibility and endurance training. We use light weights, bands, and balls (provided) to enhance your fitness level and making daily living much easier! Seated modifications will be available.

RP8061.301 Roger Carter Comm Ctr 1:30-2:30 PM Tu & Th

## Fitness for Life with Lori Nowicki, AAAI, AFPA 55 yrs + Classes, start dates & prices below

We don't stop exercising because we get old; we get old because we stop exercising! This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising.

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10 (1033637 771				
RP8666.301	N Laurel Comm Ctr	Apr 8	1-2:15 PM	M & W
RP8666.302	Roger Carter Comm Ctr	Apr 7	12:15-1:30 PM	Tu & Th
RP8666.303	Gary J Arthur Comm Ctr	Apr 7	10:30-11:45 AM	Tu & Th
8 classes / \$47				
RP8666.312	Roger Carter Comm Ctr	Apr 10	9:45-11 AM	F
12 classes / \$71				
RP8666.401	N Laurel Comm Ctr	Jun 15	1-2:15 PM	M & W
RP8666.402	Roger Carter Comm Ctr	Jun 16	12:15-1:30 PM	Tu & Th
RP8666.403	Gary J Arthur Comm Ctr	Jun 16	10:30-11:45 AM	Tu & Th
6 classes / \$36				
RP8666.412	Roger Carter Comm Ctr	Jun 19	9:50-11:05 AM	F





- Howard County Fire and Rescue Services is offering Hands-Only CPR Training. Please see class offerings listed below.
- Classes are open to Howard County residents, businesses, and employees, and are free of charge.
- Register at www.howardcountymd.gov, search CPR Trainings, email handsonlycpr@hcdfrs.org or use out QR Code at the bottom of the page.

## Adult, Child, & Infant (CPR, Choking, & AED)

Class location: Howard County Department of Fire and Rescue Services

6751 Columbia Gateway Dr, Columbia, MD 21046

Mar 10 6-8 PM
May 21 6-8 PM
Mar 14 10 AM-noon
Jun 9 6-8 PM
Apr 7 6-8 PM

Class location: James N. Robey Public Safety Training Center

2200 Scott Wheeler Dr, Marriottsville, MD 21104

Mar 26 6-8 PM
May 16 10 AM-noon
Apr 23 6-8 PM
Jun 18 6-8 PM
May 5 6-8 PM

This is a non-certification class.

Contact Us:

Howard County Fire and Rescue Services 6751 Columbia Gateway Drive Columbia, MD 21046 Suite 400

Phone: 410-313-2016

E-mail: handsonlycpr@hcdfrs.org



# **Concussion Information**

## www.howardcountymd.gov/concussion.htm

### What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

## What are some warning signs of a concussion? — For Immediate Attention Call 911

## **Signs Observed by a Parent/Guardian**

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- · Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

## **Signs Reported by the Athlete**

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- · Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

## What should you do if you think a concussion has occurred?

## 1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

# 2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

### 3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

## 4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

• Take rest breaks as needed

• Spend fewer hours at activities

• If in doubt, sit it out!

## Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com.

6334 Cedar Lane, Columbia, MD 21044 18045 Georgia Avenue, Olney, MD 20832

2401 Brandermill Boulevard, Gambrills, MD 21054

# **Sudden Cardiac Arrest**

## www.howardcountymd.gov/suddencardiacarrest.htm

#### What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

## **Warning Signs of SCA**

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
  - No response to tapping on shoulders
  - Does nothing when asked if he/she is OK
- No pulse

## **Emergency Response to SCA**

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

## Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider.

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

## How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition, and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

- 1. There is a "Pre-Participation Physical Evaluation Form" available at http://www.mpssaa.org/healthandsafety/forms.asp.
- 2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
  - a. had sudden unexplained and unexpected death before the age of 50.
  - b. was diagnosed with any of the heart conditions listed above.
  - c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
- 3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
- 4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
- 5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org), and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

# **Sports**

### **League Refund Policy**

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion.

# **Aquatics**

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 13 must remain at the facility.
- Read Concussion & Sudden Cardiac Arrest info on pages 74 and 75. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.
- Registration: 410-313-7275.
- Info: Aquatics Director, 410-313-2765.

# Lessons: Youth (0-18 yrs)

# Baby Water Play: Parent-Child Level 1 6 mos-3 yrs / 8 classes, start dates below / \$64

Splash through the first step in water safety and swimming with your child. Parents learn how to work safely with their child in the water, including how to appropriately support and hold their child and how to prepare and encourage their child to participate fully and try the skills. With an adult, child explores submerging, buoyancy and entering and exiting safely. Swimming diapers and/or rubber shorts must be worn in addition to a swimsuit.

4 wks / Roger Carter Comm Ctr - Pool

RP4007.301	Mar 24	5-5:20 PM	Tu & Th
2 wks / Roger Ca	arter Comm Ctr	- Pool	
RP4007.401	Jun 8	10:40-11 AM	M-Th
RP4007.402	Jun 8	5:30-5:50 PM	M-Th
RP4007.403	Jun 22	10:40-11 AM	M-Th
RP4007.404	Jun 22	5:30-5:50 PM	M-Th
RP4007.405	Jul 6	10:40-11 AM	M-Th
RP4007.407	Jul 20	10:40-11 AM	M-Th
RP4007.408	Jul 20	5:30-5:50 PM	M-Th



What is more precious than your baby's first laugh (and splash) in a pool? Enjoy swim classes with your child starting at six months.

# Baby Water Play: Parent-Child Level 2 6 mos-3 yrs / 8 classes, start dates below / \$64

Float through the second step in water safety and swimming with your child. Child begins to glide on the front and back with assistance and change body position in the water. Child continues to explore submerging and buoyancy. Emphasis is given on adult supervision and entering/exiting safely. Swimming diapers and/or rubber shorts must be worn in addition to a swimsuit.. 4 wks / Roger Carter Comm Ctr - Pool

RP4008.301	Mar 24	5:30-5:50 PM	Tu & Th
2 wks / Roger C			
RP4008.401	Jun 8	10-10:20 AM	M-Th
RP4008.402	Jun 8	6-6:20 PM	M-Th
RP4008.403	Jun 22	10-10:20 AM	M-Th
RP4008.404	Jun 22	6-6:20 PM	M-Th
RP4008.405	Jul 6	10-10:20 AM	M-Th
RP4008.406	Jul 6	6-6:20 PM	M-Th
RP4008.407	Jul 20	10-10:20 AM	M-Th
RP4008.408	Jul 20	6-6:20 PM	M-Th

# Preschool Swimming: Level 1 4-5 yrs / 8 classes, start dates below / \$64

Orient your child with the water and water safety in a group setting. With instructor assistance, s/he becomes familiar with the aquatic environment and learns basic water skills including water entry and exit, breath control, buoyancy, treading, and swimming on the front and back with support. This class creates the foundation for safe practices around the water.

4 wks / Roger Cartei	r Comm Ctr - Pool
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RP4009.301	Mar 24	5-5:20 PM	Tu & Th
RP4009.302	Apr 28	5-5:20 PM	Tu & Th
2 wks / Roger Ca	rter Comm Ctr -	Pool	
RP4009.401	Jun 8	9:30-9:50 AM	M-Th
RP4009.402	Jun 8	10:40-11 AM	M-Th
RP4009.403	Jun 8	5:30-5:50 PM	M-Th
RP4009.404	Jun 22	9:30-9:50 AM	M-Th
RP4009.405	Jun 22	10:40-11 AM	M-Th
RP4009.406	Jun 22	5:30-5:50 PM	M-Th
RP4009.407	Jul 6	9:30-9:50 AM	M-Th
RP4009.408	Jul 6	10:40-11 AM	M-Th
RP4009.409	Jul 6	5:30-5:50 PM	M-Th
RP4009.410	Jul 20	8:40-9 AM	M-Th
RP4009.411	Jul 20	10:40-11 AM	M-Th
RP4009.412	Jul 20	5:30-5:50 PM	M-Th

## **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

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## Preschool Swimming: Level 2 4-5 yrs / 8 classes, start dates below / \$64

Building on the skills taught in Level 1, children become more independent by demonstrating more advanced fundamentals of water entry and exit, breath control, buoyancy, treading, and swimming on front and back with assistance as needed. This class helps children increase comfort in the water. 4 wks / Roger Carter Comm Ctr - Pool

T WK3 / HUYEL	+ WK3 / NOGEL CALLET COMMITCH - 1 001				
RP4010.301	Mar 24	5:30-5:50 PM	Tu & Th		
2 wks / Roger Carter Comm Ctr - Pool					
RP4010.401	Jun 8	8:40-9 AM	M-Th		
RP4010.402	Jun 8	10-10:20 AM	M-Th		
RP4010.403	Jun 8	6-6:20 PM	M-Th		
RP4010.404	Jun 22	8:40-9 AM	M-Th		
RP4010.405	Jun 22	10-10:20 AM	M-Th		
RP4010.406	Jun 22	6-6:20 PM	M-Th		
RP4010.407	Jul 6	8:40-9 AM	M-Th		
RP4010.408	Jul 6	10-10:20 AM	M-Th		
RP4010.409	Jul 6	6-6:20 PM	M-Th		
RP4010.410	Jul 20	8:40-9 AM	M-Th		
RP4010.411	Jul 20	10-10:20 AM	M-Th		
RP4010.412	Jul 20	6-6:20 PM	M-Th		

# Preschool Swimming: Level 3 4-5 yrs / 8 classes, start dates below / \$64

After completing Level 2, children practice independent water entry and exit, breath control, buoyancy, and swimming on the front and back at a more proficient level without assistance. Improved coordination of combined simultaneous and alternating arm and leg actions is emphasized.

#### 4 wks / Roger Carter Comm Ctr - Pool

1 Wits / Hoger C	arter commi					
RP4011.301	Mar 24	6-6:20 PM	Tu & Th			
2 wks / Roger C	2 wks / Roger Carter Comm Ctr - Pool					
RP4011.401	Jun 8	8-8:20 AM	M-Th			
RP4011.402	Jun 8	9:30-9:50 AM	M-Th			
RP4011.403	Jun 8	6:40-7 PM	M-Th			
RP4011.404	Jun 22	8-8:20 AM	M-Th			
RP4011.405	Jun 22	10-10:20 AM	M-Th			
RP4011.406	Jun 22	6:40-7 PM	M-Th			
RP4011.407	Jul 6	8-8:20 AM	M-Th			
RP4011.408	Jul 6	10-10:20 AM	M-Th			
RP4011.409	Jul 6	6:40-7 PM	M-Th			
RP4011.410	Jul 20	8-8:20 AM	M-Th			
RP4011.411	Jul 20	10-10:20 AM	M-Th			
RP4011.412	Jul 20	6-6:20 PM	M-Th			

### Agua Kids: Level 1

### 6-10 yrs / 8 classes, start dates below / \$74

In this introduction to swimming class, learn basic water safety and aquatic skills that include safe entry and exit, breath control, buoyancy, and swimming on the front and back to start developing comfort in the water.

<u> 4 wks / Roger Carter Comm Ctr - Pool</u>				
RP4012.301	Mar 25	5-5:30 PM	W & F	
RP4012.302	Apr 29	5-5:30 PM	W & F	
2 wks / Roger C	arter Comm C	<u>itr - Pool</u>		
RP4012.401	Jun 22	9:20-9:50 AM	M-Th	
RP4012.402	Jun 22	10-10:30 AM	M-Th	
RP4012.403	Jun 22	6-6:30 PM	M-Th	
RP4012.404	Jun 22	6:40-7:10 PM	M-Th	
RP4012.405	Jul 6	9:20-9:50 AM	M-Th	
RP4012.406	Jul 6	10-10:30 AM	M-Th	
RP4012.407	Jul 6	6-6:30 PM	M-Th	
RP4012.408	Jul 6	6:40-7:10 PM	M-Th	
RP4012.409	Jul 20	9:20-9:50 AM	M-Th	
RP4012.410	Jul 20	10-10:30 AM	M-Th	
RP4012.411	Jul 20	6-6:30 PM	M-Th	
RP4012.412	Jul 20	6:40-7:10 PM	M-Th	

## **Aqua Kids: Level 2**

### 6-10 yrs / 8 classes, start dates below / \$74

After completing Level 1, learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction, and swimming on the front and back. Learn how to float without support and recover to a standing position. Deep water safety is introduced.

4 wks / Roger Carter Comm Ctr - Pool			
RP4013.301	Mar 25	5:40-6:10 PM	W & F
RP4013.302	Apr 29	5:40-6:10 PM	W & F
2 wks / Roger Ca	rter Comm Ct	<u>r - Pool</u>	
RP4013.401	Jun 22	8:40-9:10 AM	M-Th
RP4013.402	Jun 22	9:20-9:50 AM	M-Th
RP4013.403	Jun 22	6:40-7:10 PM	M-Th
RP4013.404	Jun 22	7:20-7:50 PM	M-Th
RP4013.405	Jul 6	8:40-9:10 AM	M-Th
RP4013.406	Jul 6	9:20-9:50 AM	M-Th
RP4013.407	Jul 6	6:40-7:10 PM	M-Th
RP4013.408	Jul 6	7:20-7:50 PM	M-Th
RP4013.409	Jul 20	8:40-9:10 AM	M-Th
RP4013.410	Jul 20	9:20-9:50 AM	M-Th
RP4013.411	Jul 20	6:40-7:10 PM	M-Th
RP4013.412	Jul 20	7:20-7:50 PM	M-Th

## Aqua Kids: Level 3

### 6-10 yrs / 8 classes, start dates below / \$74

After passing Level 2, build on the skills previously learned. You are introduced to scissor and dolphin kicks, survival float, front crawl, and elementary backstroke. The rules for head-first entries are presented. Learn head-first entries from a seated position.

		-	
4 wks / Roger Carter Comm Ctr - Pool			
RP4014.301	Mar 25	7:40-8:10 PM	W & F
RP4014.302	Apr 29	7:40-8:10 PM	W & F
2 wks / Roger Ca	rter Comm Ct	tr - Pool	
RP4014.401	Jun 22	8:40-9:10 AM	M-Th
RP4014.402	Jun 22	9:20-9:50 AM	M-Th
RP4014.403	Jun 22	6:40-7:10 PM	M-Th
RP4014.404	Jun 22	7:20-7:50 PM	M-Th
RP4014.405	Jul 6	8:40-9:10 AM	M-Th
RP4014.406	Jul 6	9:20-9:50 AM	M-Th
RP4014.407	Jul 6	6:40-7:10 PM	M-Th
RP4014.408	Jul 6	7:20-7:50 PM	M-Th
RP4014.409	Jul 20	8:40-9:10 AM	M-Th
RP4014.410	Jul 20	9:20-9:50 AM	M-Th
RP4014.411	Jul 20	6:40-7:10 PM	M-Th
RP4014.412	Jul 20	7:20-7:50 PM	M-Th

## Learn to Swim: Level 1

## 11-15 yrs / 8 classes, start dates below / \$74

In this introduction to swimming class, learn basic water safety and aquatic skills that include safe entry and exit, breath control, buoyancy, treading, changing direction, and swimming on the front and back to start developing comfort in the water.

<u> 4 wks / Roger Carter Comm Ctr - Pool</u>					
RP4015.301	Mar 25	5-5:30 PM	W & F		
2 wks / Roger	2 wks / Roger Carter Comm Ctr - Pool				
RP4015.401	Jun 22	7:20-7:50 PM	M-Th		
RP4015.402	Jul 6	7:20-7:50 PM	M-Th		
RP4015.403	Jul 20	7:20-7:50 PM	M-Th		

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### Learn to Swim: Level 2

### 11-15 yrs / 8 classes, start dates below / \$74

After completing Level 1, learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction, and swimming on the front and back. Learn how to float without support and recover to a standing position. Deep-water safety is also introduced.

4 wks / Roger Carter Comm Ctr - Pool

RP4016.301	Mar 25	5:40-6:10 PM	W & F
2 wks / Roger	Carter Comm	Ctr - Pool	
RP4016.401	Jun 22	7:20-7:50 PM	M-Th
RP4016.402	Jul 6	7:20-7:50 PM	M-Th
RP4016.403	Jul 20	7:20-7:50 PM	M-Th

## Learn to Swim: Level 3

## 11-15 yrs / 8 classes, start dates below / \$74

After passing Level 2, build on the skills previously learned. You are introduced to scissor and dolphin kicks, survival float, front crawl, and elementary backstroke. The rules for headfirst entries are presented. Learn head first entries from a seated position.

4 wks / Roger Carter Comm Ctr - Pool

RP4017.301	Mar 25	7:40-8:10 PM	W & F
2 wks / Roger	Carter Comm	<u> Ctr - Pool</u>	
RP4017.401	Jun 22	8-8:30 PM	M-Th
RP4017.402	Jul 6	8-8:30 PM	M-Th
RP4017.403	Jul 20	8-8:30 PM	M-Th

## **Private Lessons: Youth (All ages)**

# Private/Semi-Private Swim Lessons 3 yrs +/Ongoing after March 23 / Prices below

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Lessons are not transferrable. Registration for lessons is first-come, first-served. All lessons must be scheduled at the time of registration in person or over the phone.

Roger Carter Comm Ctr - Pool

RP4020.301	4 lessons (Private)	\$132
RP4020.301	8 lessons (Private)	\$231
RP4020.302	4 lessons (Semi-private)	\$172
RP4020.302	8 lessons (Semi-private)	\$301

# Swim Team: Youth (5-18 yrs)

- Transition from swim lessons to swim team by refining the competitive strokes.
- Registration: 410-313-7275.
- Info: Aquatics Director, 410-313-2765.

#### Pre-Swim Team Skills

### 6-18 yrs / 8 classes, start dates below & in next column / \$74

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: swimming 25 yards of freestyle and 25 yards of backstroke.

4 wks / Roger Carter Comm Ctr - Pool

RP4018.301	Mar 24	7:40-8:10 PM	Tu & Th
RP4018.302	Apr 28	7:40-8:10 PM	Tu & Th

2 wks / Roger Carter Comm Ctr - Pool					
RP4018.401	Jun 22	8-8:30 AM	M-Th		
RP4018.402	Jun 22	8-8:30 PM	M-Th		
RP4018.403	Jul 6	8-8:30 AM	M-Th		
RP4018.404	Jul 6	8-8:30 PM	M-Th		
RP4018.405	Jul 20	8-8:30 AM	M-Th		
RP4018.406	Jul 20	8-8:30 PM	M-Th		

# Roger Carter Seals Swim Team 5-18 yrs / 9 wks starting Jul 1 / \$184

Make a splash this summer enjoying local competition while improving endurance and the four basic strokes skills. You must be able to swim one length of the pool using both the front crawl and backstroke. The team practices four days per week (morning or evening) and competes in Saturday morning meets in the Prince-Mont Swim League. Mandatory skill evaluations are held on Saturday, May 16, for all new swimmers at 8:30 AM. Attendance at swim meets is mandatory. Swimmers who do not attend meets may be removed from the team without refund. A mandatory parents meeting is held Saturday, May 30, at 10 AM to discuss skill evaluation, group assignment, practice times, meet, and general questions. Parent volunteers encouraged! Fee includes t-shirt, swim cap and special events.

RP4005.401	5-11 yrs	Roger Carter Comm Ctr - Pool	M-Th & Sa
RP4005.402	12-18 vrs	Roger Carter Comm Ctr - Pool	M-Th & Sa

# 48<sup>th</sup> Annual Howard County Invitational 6 yrs +/Jul 12/\$5 per swimming event

Join us for a day of fun and races for the whole family at the 48<sup>th</sup> Annual Howard County Invitational. Register for as many or as few races that you would like to swim. All are welcome to participate. Warm-ups begin at 8 AM. Event begins at 9 AM.

RP4006.401 Roger Carter Comm Ctr – Pool Su

## Lessons: Adults (18 yrs +)

• Registration: 410-313-7275.

• Info: Aquatics Director, 410-313-2765.

#### Adult Swim Lessons

### 18 yrs + / 8 classes, start dates below / \$74

This course is intended for adults who never learned how to swim or who want to build on the basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction, and swimming on the front and back are taught.

4 wks / Roger Carter Comm Ctr - Pool

RP4019.301	Mar 25	8:15-8:45 PM	W & F
RP4019.302	Apr 29	8:15-8:45 PM	W & F
2 wks / Roger	Carter Com	m Ctr - Pool	
RP4019.401	Jun 8	8-8:30 AM	M-Th
RP4019.402	Jun 8	8-8:30 PM	M-Th
RP4019.403	Jun 22	8-8:30 AM	M-Th
RP4019.404	Jun 22	8-8:30 PM	M-Th
RP4019.405	Jul 6	8-8:30 AM	M-Th
RP4019.406	Jul 6	8-8:30 PM	M-Th
RP4019.407	Jul 20	8-8:30 AM	M-Th
RP4019.408	Jul 20	8-8:30 PM	M-Th

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

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# **Badminton**

#### **Adult & Youth Badminton**

www.howardcountymd.gov/badminton.htm

9-14 yrs / 8 wks starting Apr 20 / \$70					
RP6830.301	Meadowbrook Ath Comp	7-8:30 PM			
18  yrs + /15  yrs					
RP6830.311	Meadowbrook Ath Comp	8-10 PM			

18 yrs+/6 wks starting May 7 / \$24 RP6830.321 Meadowbrook Ath Comp

Meadowbrook Ath Comp 10 AM-noon Th

M

M

# **Guarding & Certifications**

- Registration: 410-313-7275.
- Info: Aquatics Director, 410-313-2765.

# **Lifeguard Training**

## 15 yrs + / 1 wk, start dates below / \$205

Prepare to save lives and make a difference in your community! If you are at least 15 years old and want to learn the skills necessary to prevent and respond to aquatic emergencies, this is the course for you. Must pass a pre-course screening by swimming 300 yards continuously as follows: 100 yards front crawl with rhythmic breathing and stabilizing kicks, 100 yards of breaststroke with a pull, breath, kick and glide sequence and 100 yards of front crawl, breaststroke, or a combination of both. Must be able to start in the water, swim 20 yards of front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound brick, return to surface, swim 20 yards back to the starting point with the object, and exit the water without the use of the ladder or steps within 1 minute and 40 seconds. Lifeguard participant manuals provided upon successful completion of the pre-course. You must attend every class, successfully complete required skills, and pass written exams to receive the Red Cross certifications for 2 years in Lifequarding/ First Aid and CPR/AED for the Lifequard. This 32-hour course takes place over seven days and includes classroom and in-water activities. Be prepared to swim at all classes.

Roger Carter Comm Ctr - Pool

RP4002.401 May 4 5:30-9:30 PM, M-F & 9 AM-5 PM, Sa & Su RP4002.402 May 11 5:30-9:30 PM, M-F & 9 AM-5 PM. Sa & Su

# Junior Lifeguarding 13-15 yrs / 1 wk, start dates below / \$90

Learn what it takes to be a lifeguard! Participants learn about preventing accidents, responding to emergencies, leadership, and professionalism while gaining experience in a pool setting. Upon completion of the course, participants are certified in CPR. This 25-hour training class focuses on victim recognitions and simple rescues. Each session focuses on the various aspects of lifeguarding responsibilities. Register by May 29. Info: Linda E. DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov.

Roger Carter Comm Ctr - Pool

RP4001.401 Jun 22 4-9 PM M-F RP4001.402 Jul 6 8 AM-1 PM M-F RP4001.403 Jul 20 4-9 PM M-F

# **Lifeguard Review**

## 15 yrs + / 3 days starting May 19 / \$125

Recertify in just 12 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the challenge, participants gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard.

RP4003.401 Roger Carter Comm Ctr - Pool 5:30-9:30 PM Tu-Th

# **Baseball & Tee Ball**

## Youth (3-18 yrs)

Registration: 410-313-7275.

## **Tiny Tykes Tee Ball**

### 3-4 yrs / 6 classes, start dates below / \$75

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are also encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 5/1, 5/23, 5/25.)

Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov. RP6053.301 Meadowbrook Ath Comp Apr 13 9:30-10:15 AM

100.5001	Meadowblook Atti Collip	Api 13	7.30-10.13 AW	141
RP6053.302	Gary J Arthur Comm Ctr	Apr 14	11:30 AM-12:15 PM	Tu
RP6053.303	Cedar Lane Pk West	Apr 15	10:30-11:15 AM	W
RP6053.304	N Laurel Comm Ctr	Apr 15	12:30-1:15 PM	W
RP6053.305	Meadowbrook Ath Comp	Apr 16	12:30-1:15 PM	Th
RP6053.306	N Laurel Comm Ctr	Apr 16	5-5:45 PM	Th
RP6053.307	Veterans ES	Apr 16	5:30-6:15 PM	Th
RP6053.308	Deep Run ES	Apr 18	10:30-11:15 AM	Sa
RP6053.309	Gorman Crossing ES	Apr 18	1:30-2:15 PM	Sa
RP6053.310	Dayton Oaks ES	Apr 18	1:30-2:15 PM	Sa

#### After-School Baseball

### 6-8 yrs / 7 classes, start dates below / \$55

Learn the fundamentals of baseball in this exciting once-a-week clinic. Baseball practice takes place after school. Coaches have extensive baseball training and focus on developing the key skills necessary to play one of the most popular sports in the country. Learn to catch, throw, field ground balls, hit, and run the bases through a variety of drills and mini-games. Bring your glove, all other equipment is provided. Meet outside school office; coach escorts players to field. (No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6057.301	Centennial Lane ES	3:20-4:20 PM	Apr 13	M
RP6057.302	Fulton ES	4-5 PM	Apr 14	Tu
RP6057.303	Worthington ES	4-5 PM	Apr 15	W
RP6057.304	Bellows Spring FS	4-5 PM	Apr 16	Th

## **Kiddie Tee Ball**

## 41/2-61/2 yrs / 7 classes, start dates below / \$55

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive training and focus on developing the skills necessary to play one of the most popular sports in the country. Learn to catch, throw, field ground balls, hit, and run the bases in a variety of drills and mini-games. Bring a glove; other equipment is provided. (No class 5/25.)

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6054.301	Centennial Lane ES	4:25-5:25 PM	Apr 13	М
RP6054.302	Fulton ES	5:05-6:05 PM	Apr 14	Tu
RP6054.303	Worthington ES	5:05-6:05 PM	Apr 15	W
RP6054.304	Bellows Spring ES	5:05-6:05 PM	Apr 16	Th

Index on page 104. Spring/Summer 2015



Batter up! Swing for the fences in Tiny Tykes Tee Ball.

## Leagues (4-18 yrs)

## Columbia Baseball League - Spring 4-18 yrs / 8 wks, start dates & prices below

This exciting league features tee ball, in-house baseball, and teams at the 11-12, 13-14, and 15-18 age groups that play in the HC Alliance League with surrounding organizations. The tee ball and in-house baseball leagues consist of a weeknight practice and one Saturday or Sunday game per week. Bring your glove; all other equipment is provided. Head coaches have baseball-specific training and are ASEP certified. Volunteer coaches welcome. Fee includes shirt and hat. Practice locations and game schedule TBD. Practices and games for tee ball and in-house baseball are held at Columbia schools and parks. The HC Alliance Schedule is TBD. Registration deadline is March 31. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Tee Ball / Apr 1	<u>2 / \$125</u>		Baseball / Apr ´	<u>11 / \$135</u>	
RP5990.301	4 yrs	Su	RP5990.311	6-8 yrs	Sa
RP5990.302	5-6 yrs	Su	RP5990.321	9-10 yrs	Sa
			RP5990.331	11-12 yrs	Sa
			RP5990.341	13-14 yrs	Sa
			RP5990.351	15-18 yrs	Sa

## Columbia Baseball – Summer League 4-12 yrs / 6 wks starting Jun 27 or 28, start dates & prices below

Receive the best baseball instruction around in a league that is designed to make the game fun and exciting. Just bring your glove; all other equipment is provided. Head coaches have baseball-specific training and are ASEP certified. Volunteer coaches welcomed. Fee includes shirt and hat. Practice locations and game schedule TBD. Practices and games are held at Columbia schools and parks. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Tee Ball / \$95 /	Su / Jun 28		Baseball / \$110	) / Sa / Jun 27	
RP5990.401	4 yrs	Su	RP5990.411	6-8 yrs	Sa
RP5990.402	5-6 yrs	Su	RP5990.421	9-10 yrs	Sa
			RP5990.431	11-12 vrs	Sa

# Western Howard County Youth Baseball & Softball League (WHCYBSL)

### 5-18 yrs / Dates and prices at www.whcsports.com

WHCYBSL provides tee ball, baseball, and softball leagues to families in Western Howard County and Clarksville. Howard County Recreation &

Parks provides administrative services to WHCYBSL. Game locations are on western Howard County park fields; the home site is Western Regional Park. Practice locations are on western Howard County school fields. Registration: 410-313-7275. Info or program flier: www.whcsports.com or Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP5981 Tee Ball or Baseball

RP5982 Softball

## Columbia Baseball Fest Page 13

# Adults (18 yrs +)

Adult Softball Leagues Page 94

# **Basketball**

## Youth Instruction (3-13 yrs)

Registration: 410-313-7275.

## **After-School Basketball**

### 8-10 yrs / 7 classes, start dates & prices below

School's over and it's time to play some basketball. Boys and girls, in this once-a-week clinic, learn and develop fundamental skills including dribbling, passing, shooting, defense, and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>60 Min / \$55</u>				
RP6081.301	Forest Ridge ES	3:50-4:50 PM	Apr 13	М
RP6081.302	N Laurel Comm Ctr	4:15-5:15 PM	Apr 14	Tu
RP6081.303	Ducketts Lane ES	3:25-4:25 PM	Apr 14	Tu
RP6081.304	West Friendship ES	3:50-4:50 PM	Apr 15	W
RP6081.305	St. John's Lane ES	3:25-4:25 PM	Apr 15	W
RP6081.306	Bushy Pk ES	3:55-4:55 PM	Apr 16	Th
RP6081.307	Hammond ES	3:35-4:35 PM	Apr 16	Th
<u>55 Min / \$51</u>				
RP6081.308	Meadowbrook Ath Comp	4:10-5:05 PM	Apr 13	М

## **Kiddie Basketball**

## 5-7 yrs / 6 or 7 classes, start dates & prices below

Come learn the sport of basketball in this perfect introductory clinic. Work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

7 classes	/ 60	Min	/ \$55
/ CI45562	/ OU	IVIIII	/ 333

R	P6080.301	Forest Ridge ES	4:55-5:55 PM	Apr 13	М
R	P6080.302	Fulton ES	5:05-6:05 PM	Apr 13	М
R	P6080.303	N Laurel Comm Ctr	5:15-6:15 PM	Apr 14	Tu
R	P6080.304	Ducketts Lane ES	4:30-5:30 PM	Apr 14	Tu
R	P6080.305	Pointers Run ES	5:05-6:05 PM	Apr 14	Tu
R	P6080.306	Elkridge ES	5:05-6:05 PM	Apr 15	W
R	P6080.307	West Friendship ES	4:55-5:55 PM	Apr 15	W
R	P6080.308	St. John's Lane ES	4:25-5:25 PM	Apr 15	W
R	P6080.309	Northfield ES	4:20-5:20 PM	Apr 16	Th
R	P6080.310	Bushy Pk ES	5-6 PM	Apr 16	Th
6	classes / 60 Mir	n / \$47			
R	P6080.311	Hammond ES	4:40-5:40 PM	Apr 16	Th
7	classes / 55 Mir	<u>1 / \$51</u>			
R	P6080.312	Meadowbrook Ath Comp	5:05-6 PM	Apr 13	М

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# Instructional Basketball League 6-10 yrs / 8 wks starting Apr 11 / \$76

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Register by location. Meet in the gym. (No session 5/23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

•	, ,		
6-7 yrs Beginne	<u>rs</u>		
RP6082.301	Dayton Oaks ES	9-10 AM	Sa
RP6082.302	Forest Ridge ES	9-10 AM	Sa
RP6082.303	Fulton ES	9-10 AM	Sa
RP6082.304	Jeffers Hill ES	9-10 AM	Sa
RP6082.305	Rockburn ES	9-10 AM	Sa
RP6082.306	Waverly ES	9-10 AM	Sa
7 yrs Advanced	- 9½ yrs Beginners		
RP6083.301	Dayton Oaks ES	10:15-11:15 AM	Sa
RP6083.302	Forest Ridge ES	10:15-11:15 AM	Sa
RP6083.303	Fulton ES	10:15-11:15 AM	Sa
RP6083.304	Jeffers Hill ES	10:15-11:15 AM	Sa
RP6083.305	Rockburn ES	10:15-11:15 AM	Sa
RP6083.306	Waverly ES	10:15-11:15 AM	Sa
8½ yrs Advance	<u>d - 10 yrs</u>		
RP6084.301	Dayton Oaks ES	11:30 AM-12:30 PM	Sa
RP6084.302	Forest Ridge ES	11:30 AM-12:30 PM	Sa
RP6084.303	Fulton ES	11:30 AM-12:30 PM	Sa
RP6084.304	Jeffers Hill ES	11:30 AM-12:30 PM	Sa
RP6084.305	Rockburn ES	11:30 AM-12:30 PM	Sa
RP6084.306	Waverly ES	11:30 AM-12:30 PM	Sa

# Little Tykes Hoops: Basketball 3-4 yrs / 6 classes, start dates below / \$75

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing, and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 5/1, 5/23). Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6086.301	Meadowbrook Ath Comp	Apr 14	1:30-2:15 PM	Tu
RP6086.302	Cedar Lane Pk East	Apr 14	6-6:45 PM	Tu
RP6086.303	N Laurel Comm Ctr	Apr 15	1:30-2:15 PM	W
RP6086.304	Gary J Arthur Comm Ctr	Apr 15	4-4:45 PM	W
RP6086.305	Meadowbrook Ath Comp	Apr 16	9:30-10:15 AM	Th
RP6086.306	Meadowbrook Ath Comp	Apr 16	1:30-2:15 PM	Th
RP6086.307	N Laurel Comm Ctr	Apr 16	6-6:45 PM	Th

# Meadowbrook School's Out Basketball Camp 9-14 yrs / May 1 / \$57

School is out and Meadowbrook is open for action! The Meadowbrook Basketball Camp has all the excitement of an entire season packed into one fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Throughout the day, our skilled coaches take you through creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Camp ends with the Camp Tournament and the crowning of a Camp Champion! Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7020.301 Meadowbrook Ath Comp 8:30 AM-5 PM F

## Youth Basketball League (YBL)

## Spring, Summer, & Fall Sessions

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! The Youth Basketball League focuses on skill development, sportsmanship, basketball knowledge, and fun! We provide a "Good Sports" atmosphere through our certified volunteer coaches, league staff, and facilities. This exciting league features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Registration: 410-313-7275.

#### Spring Session

#### **Youth Basketball League**

### 9-14 yrs / 6 games starting Mar 23 / \$110, \*\$55 head coach's child

The Spring Session consists of three practices followed by six league games and ending with a single-elimination playoff. One-hour, full-court, officiated games are held on Friday nights starting between 6-9 PM. Specific details on practice and game times/locations are communicated after the preseason skills assessment on March 18 or 19. Info/Volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Locations IB	υ / Kegi	<u>istration</u>	deadiin	<u>e is Mar</u>	<u>13</u>

RP6184.301	9-10 yrs	RP6184.302*	9-10 yrs
RP6184.311	11-12 yrs	RP6184.312*	11-12 yrs
RP6184.321	13-14 yrs	RP6184.322*	13-14 yrs

#### **Summer Sessions**

#### Youth Basketball League

### 9-14 yrs / 6 games starting Jul 6 / \$110, \*\$55 head coach's child

The Summer Session consists of three practices followed by six league games and ending with a single-elimination playoff. One-hour, full-court, officiated games are held on Friday nights starting between 6-9 PM. Specific details on practice and game times/locations are communicated after the preseason skills assessment on July 1 or 2. Info/Volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

## <u>Locations TBD / Registration deadline is Jun 15</u>

RP6184.401	9-10 yrs	RP6184.402*	9-10 yrs
RP6184.411	11-12 yrs	RP6184.412*	11-12 yrs
RP6184.421	13-14 yrs	RP6184.422*	13-14 yr

## High School Basketball League Grades 9-12 / 6 games starting Jul 14 / Prices below

Finish your summer in this fast-paced, high-energy league! Games are played on weekday evening(s). Coaches and players are encouraged to register as a school or organizational team. HCRP forms teams from individual registrants. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

#### Team Registration / \$450 / Locations TBD

RP6403.401	Boys Varsity	RP6403.405	Girls Varsity		
RP6403.402	Boys Jr. Varsity	RP6403.406	Girls Jr. Varsity		
<u>Individual Reg</u>	Individual Registration / \$65 / Locations TBD				
RP6403.403	<b>Boys Varsity</b>	RP6403.407	Girls Varsity		
RP6403.404	Boys Jr. Varsity	RP6403.408	Girls Jr. Varsity		

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

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Cricket is the second most popular sport worldwide. Come sign-up and see why the sport continues to grow in popularity!

#### **Fall Sessions**

### Youth Basketball League

## 5-8 yrs / 8 wks starting Sep 7 / \$82, \*\$52 head coach's child

The Department forms teams, which practice on weeknights beginning the week of September 7. One-hour games are scheduled on Saturdays, between 8 AM and noon, starting September 12. Practices and games are played at the Meadowbrook Athletic Complex, Roger Carter Community Center, or North Laurel Community Center. Players receive a jersey and participation award. Coaches contact participants regarding practice days/times one week prior to program's start date. Volunteer head coaches are needed and their child receives a discount. Individual registration only. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

Meadowbrook Ath Comp & Roger Carter Comm Ctr / 8 AM-noon / Sa

Registration deadline is August 16.

RP5600.501 5-6 yrs RP5600.511\* 5-6 yrs RP5600.502 7-8 yrs RP5600.512\* 7-8 yrs

#### **Youth Basketball League**

## 9-14 yrs / 6 games starting Sep 14 / \$110, \*\$55 head coach's child

The Fall Session consists of three practices followed by six league games and ending with a single-elimination playoff. One-hour, full-court, officiated games are held on Friday nights starting between 6-9 PM. Specific details on practice and game times/locations are communicated after the preseason skills assessment on September 8 or 9. Info/Volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov Locations TBD / Registration deadline is Sep 4

RP6184.501	9-10 yrs	RP6184.502*	9-10 yrs
RP6184.511	11-12 yrs	RP6184.512*	11-12 yrs
RP6184.521	13-14 yrs	RP6184.522*	13-14 yrs

### High School Basketball Leagues Grades 9-12 / 6 games starting Sep 19 / Prices below

Fine tune your skills before try-outs and the season! Coaches and players are encouraged to register as a school or organizational team. HCRP forms teams from individual registrants. Games played on Saturdays at MAC with start times between 9 AM-2 PM. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Team Registration / \$450 / Locations TBD

RP6403.501 Boys Varsity RP6403.505 Girls Varsity
RP6403.502 Boys Jr. Varsity RP6403.506 Girls Jr. Varsity
Individual Registration / \$65 / Locations TBD

RP6403.503 Boys Varsity RP6403.507 Girls Varsity
RP6403.504 Boys Jr. Varsity RP6403.508 Girls Jr. Varsity

## **Adults (18 yrs +)**

- Registration: 410-313-7275.
- League Refund Policy Page 76.

## **Spring and Summer League Basketball**

Pull down some boards, tickle the twine, or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental, and administration. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov or www.hcrpsports.com/basketball.htm.

#### Men's Spring Basketball Leagues

### 6 wks, start dates below / \$485 per team

Meadowbrook Ath Comp, N Laurel Comm Ctr & Roger Carter Comm Ctr Register by Mar 20.

RP5080.301	18 yrs +	Apr 7	8 PM	Tu
RP5080.302	30 yrs +	Apr 7	8 PM	Tu
RP5080.303	18 yrs +	Apr 8	8 PM	W
RP5080 304	18 vrs +	Anr 9	8 PM	Th

## Women's Spring League Basketball

## 6 wks starting Apr 9 / \$485 per team

Meadowbrook Ath Comp, N Laurel Comm Ctr & Roger Carter Comm Ctr Register by Mar 20.

RP5080.305 18 yrs + 8 PM Th

### Men's Summer Basketball Leagues 8 wks, start dates below / \$600

## Meadowbrook Ath Comp, N Laurel Comm Ctr & Roger Carter Comm Ctr

Register by May 29. Register by May 15 to receive a 5% discount.

RP5080.401	18 yrs +	Jun 16	8 PM	Tu
RP5080.402	30 yrs +	Jun 16	8 PM	Tu
RP5080.403	18 yrs +	Jun 17	8 PM	W
RP5080 404	18 vrs +	lun 18	9 PM	Th

#### March Madness

# 3-on-3 Basketball Tournament

18 yrs +/Apr 11/\$105

Get in on the madness of March basketball. This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday, April 11. Teams provide uniforms. Fee includes four-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5605.301 Roger Carter Comm Ctr 9 AM-4:30 PM Sa

# Drop-In Co-Rec Basketball 18 yrs +/5 wks, start dates below / \$24

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that works best for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Choose the "Get Active Package" (see page 9) to save money and participate in additional athletic opportunities. Some gyms cancel by the third meeting due to insufficient attendance. Info: SusanMarkovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP6900.301	18 yrs +	Rockburn ES	Apr 13	8-10 PM	M
RP6900.311	30 yrs +	Bonnie Branch MS	Apr 13	8-10 PM	Μ
RP6900.312	30 yrs +	Bonnie Branch MS	Apr 16	8-10 PM	Th
RP6900.313	30 yrs +	Reservoir HS	Apr 14	8-10 PM	Tu
RP6900.314	30 yrs +	Reservoir HS	Apr 16	8-10 PM	Th

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

# **Cricket**

- Registration: 410-313-7275.
- Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.
- · League Refund Policy Page 76.

# Wicket Fun! Youth Cricket 5-14 yrs / 8 classes starting Apr 18 / \$85

Here is a chance to get a taste of what makes cricket the second most popular sport worldwide! Cricket is a global sport — from India to Pakistan, England to South Africa, and Australia to Howard County. Let quality Recreation & Parks Cricket Coaches teach you the X's & O's of the fastest-growing sport in the United States. The coaches provide a unique curriculum that teaches the fundamentals necessary to understand and perform the game of cricket on the pitch and in the field. During the 8-week program, everyone receives specialized instruction on all aspects of the game, including batting, bowling, fielding, and following the rules. No matter your level of experience, whether you have never played or have played for years, this instructional league ensures you leave a better cricket player! The program's focus is on skill development through drills, game rules, and scrimmages. Practice and receive instruction for the first few weeks leading into scrimmage games the second half of the season. All program meetings take place on Saturday mornings.

RP5976.301 Meadowbrook Pk 5-10 yrs 9-11 AM Sa RP5976.302 Meadowbrook Pk 11-14 yrs 9-11 AM Sa

## Adult Cricket League – 2015 Season 18 yrs + / 15 wks starting Apr 18-19 / \$550 (team registration only)

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Recreation & Parks is expanding the area's only organized adult cricket league. Two divisions (totals based on final registration) compete in a preseason, cross-division "friendly" format which leads to an inter-division (play each team once) regular season and a single-elimination tournament (all teams eligible) to determine the 2014 league champion. Games are played at Schooley Mill Park and Murray Hill Middle School on Saturdays and Sundays (balanced, rotating schedule), any time between 8 AM-3 PM. Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League provides a game ball per scheduled game — extra balls can be purchased by teams. League ball is a heavy/modified tennis ball manufactured for cricket use – any manufacture is eligible. Fee includes game schedule, playoffs, awards, field rental, game balls and administration. Registration deadline: March 9.

RP5975.301 Schooley Mill Pk & Murray Hill MS 8 AM-3 PM Sa & Su

# **Dodgeball**

- Registration: 410-313-7275. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.
- Adult League visit www.eteamz.com/hcrpsports

# After-School Dodgeball

### 7-10 yrs / 7 classes, start dates below / \$55

This is a great way for all ability levels to stay active, be a part of a team and have fun! Learn and play variations of Dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 5/25.)

RP6200.301	Fulton ES	Apr 13	4-5 PM	М
RP6200.302	Pointers Run ES	Apr 14	4-5 PM	Tu
RP6200.303	Elkridge ES	Apr 15	4-5 PM	W
RP6200.304	Northfield ES	Apr 16	3:15-4:15 PM	Th

# **Fencing**

- Registration: 410-313-7275.
- Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

# Fencing with the Baltimore Fencing Center 8-12 yrs / 8 classes starting Apr 16 / \$110

Have you ever dreamed of clashing swords like the pirates of the Caribbean? Or wished you could be a steel-wielding musketeer? Work with the highly experienced instructors from Baltimore Fencing Center to try your hand at the exciting sport of fencing. Instructors use both traditional drilling techniques and games to help students learn basic footwork, bladework, and bouting practices. The course finishes with an in-class tournament.

RP8840.301 Baltimore Fencing Ctr in Columbia 6-7 PM Th

# **Field Hockey**

- Registration: 410-313-7275.
- Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

## Warhawk Field Hockey Leagues Grades 3-8 / 12 wks starting Aug 17 / Prices below

Learn the skills and strategies of this fast-moving sport. Perfect for beginner and advanced players, this league offers outstanding instruction, positive encouragement, and an emphasis on teamwork and physical conditioning. Teams have 2 weeknight practices per week. Games on Sundays. Players registered for grades 7-8 may try out for Elite Team in early June for an extra fee. Registration deadline is April 10.

<u>Purchase new uniform / \$194</u>					
RP5960.511	Grades 3-4	Noon-6 PM	Su		
RP5960.521	Grades 5-6	Noon-6 PM	Su		
RP5960.531	Grades 7-8	Noon-6 PM	Su		
With uniform for	rom last season /	<u>\$120</u>			
RP5960.541	Grades 3-4	Noon-6 PM	Su		
RP5960.551	Grades 5-6	Noon-6 PM	Su		
RP5960.561	Grades 7-8	Noon-6 PM	Su		

# High School Summer Field Hockey League 14-18 yrs / 8 wks starting May 4 / \$880 per team

This competitive field hockey league is open to current high school players. Teams compete in full-field, 11 v. 11 league play. All teams must play with a goalie. Teams must provide their own goalie equipment and team uniforms/t-shirts. Registration is by teams only. Registration fee includes officials and administrative fees. Games are played on Mondays and/or Wednesdays evenings, 6-10 PM. Registration deadline is April 16.

RP5262.401 County Parks 6-10 PM M & W

# Spring Instructional Field Hockey 6-14 yrs / 6 classes starting Apr 9 / \$87

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Bring a reusable water bottle. Mouth guard, stick and shin guards are required. RP5260.301 10 ½-14 yrs Cedar Lane Pk West 5:30-7 PM Th

Cedar Lane Pk West

5:30-7 PM

Th

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6-10 yrs

RP5266.301



Join us after school for some flag football fun.

# **Fitness**

- Registration: 410-313-7275.
- Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

## Beginner Strength Training 13-16 yrs / 8 dasses, start dates below / \$99

Learn the basics of safe resistance training and the proper nutritional guidelines to strengthen and build muscle. This weight training class is designed for beginners looking to learn the most beneficial lifts, techniques, and rep ranges. Lifts include compound movements such as squats, presses, and rows, as well as isolation movements such as curls, pullovers, and leg extensions. Small classes consisting of 4-8 participants allow instructors to focus on each individual.

 RP8567.301
 Roger Carter Comm Ctr
 Apr 7
 6-7 PM
 Tu

 RP8567.302
 N Laurel Comm Ctr
 Apr 8
 6-7 PM
 W

# **Floor Hockey**

- Registration: 410-313-7275.
- Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

## Kiddie Floor Hockey 5-7 yrs / 7 classes, start dates & prices below

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. (No class 5/25.)

RP6265.301	Elkridge ES	5:05-6:05 PM	Apr 13	M	\$55
RP6265.302	Bushy Park ES	5-6 PM	Apr 15	W	\$55
RP6265.303	Fulton ES	5:05-6:05 PM	Apr 16	Th	\$55
RP6265.304	Meadowbrook Ath Comp	5:05-6 PM	Apr 14	Tu	\$51

# After-School Floor Hockey

### 8-10 yrs / 7 classes, start dates below & prices below

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. (No class 5/25.)

(	J.,				
RP6263.301	Elkridge ES	4-5 PM	Apr 13	М	\$55
RP6263.302	Bushy Park ES	3:55-4:55 PM	Apr 15	W	\$55
RP6263.303	Fulton ES	4-5 PM	Apr 16	Th	\$55
RP6263.304	Meadowbrook Ath Comp	4:10-5:05 PM	Apr 14	Tu	\$51

# **Football**

## Youth Programs (5-14 yrs)

- Registration: 410-313-7275.
- Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

## **Kiddie Flag Football**

### 5-7 yrs / 7 classes, start dates below / \$55

Boys and girls, come learn and improve skills and focus on the fundamentals of passing, catching, running routes, and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet on the field. (No class 5/25.)

RP6030.301	Hammond ES	4:40-5:40 PM	Apr 13	М
RP6030.302	<b>Hollifield Station ES</b>	4:25-5:30 PM	Apr 14	Tu
RP6030.303	Fulton ES	5:05-6:05 PM	Apr 15	W
RP6030.304	Elkridge ES	5:05-6:05 PM	Apr 16	Th
RP6030.305	Dayton Oaks ES	4:40-5:40 PM	Apr 16	Th

# After-School Flag Football 8-10 yrs / 7 classes, start dates below / \$55

Boys and girls learn and improve skills by focusing on the fundamentals of passing, catching, running routes, and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet outside school office; coaches escort players to field. (No class 5/25.)

RP6031.301	Hammond ES	3:35-4:35 PM	Apr 13	M
RP6031.302	<b>Hollifield Station ES</b>	3:20-4:20 PM	Apr 14	Tu
RP6031.303	Fulton ES	4-5 PM	Apr 15	W
RP6031.304	Elkridge ES	4-5 PM	Apr 16	Th
RP6031.305	Dayton Oaks ES	3:35-4:35 PM	Apr 16	Th

## Youth League (5-14 yrs)

- Registration: 410-313-7275.
- Info: Sandra Lambert at 410-313-4715 or slambert@howardcountymd.gov.

## Spring NFL Flag Football League 5-15 yrs / 9 wks starting Apr 11 / \$105; \*\$75 head coach's child

Boys and girls, play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Practices are one hour, once a week on a weeknight, beginning at least one week before games begin. Practice locations are in different areas of the county. Register by practice location. All games are played on Saturdays at Hollifield ES in Ellicott City beginning April 11. Games are from 8:30 AM-5 PM, beginning at 8:30 AM with ages 5-6 and 12-15; and continue throughout the day. The Department forms teams. Special request are considered but may not be possible. Fee includes team shirt and participation award. Volunteer coaches are needed. \*Head coach's child receives a discount and is guaranteed a spot on his/her team. Season ends with an optional tournament for 9-15 year olds.

<u>5-6 yrs / Sa</u>			
RP6300.301	Columbia	RP6300.302*	Columbia
RP6300.303	Elkridge	RP6300.304*	Elkridge
RP6300.305	Ellicott City	RP6300.306*	Ellicott City
RP6300.307	Dayton Oaks	RP6300.308*	Dayton Oaks
<u>7-9 yrs / Sa</u>			
RP6300.311	Columbia	RP6300.312*	Columbia
RP6300.313	Elkridge	RP6300.314*	Elkridge
RP6300.315	Ellicott City	RP6300.316*	Ellicott City
RP6300.317	Dayton Oaks	RP6300.318*	Dayton Oaks

<u>9-12 yrs / Sa</u>			
RP6300.321	Columbia	RP6300.322*	Columbia
RP6300.323	Ellicott City	RP6300.324*	Ellicott City
RP6300.327	Dayton Oaks	RP6300.328*	Dayton Oaks
<u>12-15 yrs / Sa</u>			
RP6300.331	Columbia	RP6300.332*	Columbia
RP6300.333	Ellicott City	RP6300.334*	Ellicott City
RP6300.337	Dayton Oaks	RP6300.338*	Dayton Oaks

## Adult Leagues (18 yrs +)

- Registration: 410-313-7275.
- Info/Rules: Nicola Morgal, 410-313-4718 or nmorgal@howardcountymd.gov or www.howardcountymd.gov/football.htm.
- League Refund Policy Page 76.

# Fall Co-Rec Football League

## 18 yrs + / 8 wks + playoffs starting Sep 8 / \$300 per team

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental, and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). No forfeit bond is collected. If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. Team managers are updated with a league packet one week prior to start of games. Register by August 1. Info: Nicola Morgal, 410-313-4718 or nmorgal@howardcountymd.gov. RP5301.501 County Parks (Turf fields) A Division 6-10:30 PM Tu RP5301.502 County Parks (Turf fields) **B** Division 6-10:30 PM Tu

# Fall Men's Run & Shoot Football League 18 yrs + /8 wks + playoffs starting Aug 16 / \$300 per team

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental, and administration. Teams provide uniforms and official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). No forfeit bond is collected. If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. Register by July 15.

8 AM-2 PM

Su

# Co-Rec Football Tournament 18 yrs + / Jun 27 & 28 / \$200 per team

County Parks (turf fields)

RP5300.501

Enthusiasts, come enjoy playing this fast-action, low-contact version of touch football. Teams play 8-on-8. Fee includes three-game guarantee, tournament schedule, awards, field rental and administration. Teams provide uniforms and football. Team manager is updated with the tournament schedule and rules one week prior to the tournament. Register by June 1.

RP5303.402 County Parks (turf fields) 9 AM-5 PM Sa & Su

## Men's Run & Shoot Football Tournament 18 yrs +/Jul 26 & 27 / \$200 per team

Enthusiasts, enjoy playing this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes three-game guarantee, tournament schedule, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Team manager is updated with the tournament schedule and rules one week

prior to the tournament. Register by July 1.

RP5303.401 County Parks (turf fields) 9 AM-5 PM Sa & Su

# Golf

- Registration: 410-313-7275.
- Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

## **Backyard Golf**

## 4-8 yrs / 5 classes, start dates below / \$68

Join us for an exciting introduction into the world of golf. Learn basic swings, rules of the sport, and proper etiquette using SNAG golf equipment. All equipment is provided. Parent volunteers are encouraged to participate.

<u>4-5 yrs</u>				
RP6319.301	Patapsco MS	Apr 14	5:30-6:15 PM	Tu
RP6319.302	Burleigh Manor MS	Apr 15	5:30-6:15 PM	W
RP6319.303	Mayfield Woods MS	Apr 16	5:30-6:15 PM	Th
<u>6-8 yrs</u>				
RP6319.311	Patapsco MS	Apr 14	6:15-7 PM	Tu
RP6319.312	Burleigh Manor MS	Apr 15	6:15-7 PM	W
RP6319 313	Mayfield Woods MS	Anr 16	6·15-7 PM	Th

## A Golf Experience

### 5-10 yrs / 4 classes, start dates below / \$99

Join certified golf instructors for a unique, fun golf experience in an energetic and safe environment. By using fun themes and words like GRASS (Grip, Relax, Aim, Stance and Swing). Learn proper golf fundamentals that position them for golf success. Experience the game of golf from "green to tee." We start on the putting green to learn the art of a good putt and move to chipping stations to learn how to get the ball in air. Next up is pitching through fun and sometimes moving targets. Hitting the ball long with the full swing completes the experience. We fit and supply real golf clubs for every participant and provide all other equipment used during the class.

<i>,</i> , ,			,	
RP6318.301	Clemens Crossing ES	Apr 13	4-5 PM	M
RP6318.302	Clemens Crossing ES	Apr 13	5:05-6:05 PM	M
RP6318.303	Clarksville ES	Apr 14	4-5 PM	Tu
RP6318.304	Clarksville ES	Apr 14	5:05-6:05 PM	Tu
RP6318.305	Fulton ES	Apr 16	4-5 PM	Th
RP6318.306	Fulton ES	Apr 16	5:05-6:05 PM	Th

# Junior Golf Spring Break Camp 8-14 yrs / 3 days starting Mar 30 / \$95

Learn the fundamentals of how to play the game, including the swing, basic rules, and etiquette. Play on the course the last day. No equipment or experience necessary.

RP7324.301 Timbers at Troy Golf Course 8:30-11 AM M, Tu & W

## **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

#### **Junior Golf**

### 8-17 yrs / 4 or 5 classes, start dates below / \$82 + ball fee

This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Ball fee: \$15 at first class for Timbers and Fairway Hills; \$7 per week for Waverly Woods; \$6 per week for Rocky Gorge. (No class 7/4.)

Timbers at Troy	<u>Timbers at Troy Golf Course / 5 classes</u>						
RP6320.301	Apr 13	4:30-5:15 PM	M				
RP6320.302	Apr 15	4:30-5:15 PM	W				
RP6320.303	Apr 17	4:30-5:15 PM	F				
RP6320.304	Apr 18	9-9:45 AM	Sa				
RP6320.305	Apr 18	Noon-12:45 PM	Sa				
RP6320.401	Jun 1	4:30-5:15 PM	M				
RP6320.402	Jun 3	4:30-5:15 PM	W				
RP6320.403	Jun 5	4:30-5:15 PM	F				
RP6320.404	Jun 6	9-9:45 AM	Sa				
RP6320.405	Jun 6	Noon-12:45 PM	Sa				
Waverly Wood	s Golf Cours	e / 5 classes / 4-4:45	<u>PM</u>				
RP6320.306	Apr 15	W	RP6320.406	Jun 3	W		
RP6320.307	Apr 17	F	RP6320.407	Jun 5	F		
Rocky Gorge G	olf Fairway	/ 5 classes / 10-11 A	<u>M</u>				
RP6320.308	Apr 18	Sa	RP6320.408	Jun 6	Sa		
Fairway Hills G	olf Course /	4 classes / 1-2 PM					
RP6320.309	Apr 18	Sa	RP6320.409	Jun 6	Sa		
RP6320.310	Apr 19	Su	RP6320.410	Jun 7	Su		

## **Adults (18 yrs +)**

## **Fairway Hills Golf Lessons**

## 18 yrs + / 4 classes, start dates below / \$82 + \$15 ball fee

These small-group beginner lessons include putting, chipping and full swing with both irons and woods. Ball fee due at first lesson; no clubs required.

## Fairway Hills Golf Course

<b>Advanced Begins</b>	<u>ner</u>		
RP6321.301	Apr 13	4-5 PM	Μ
<u>Beginner</u>			
RP6321.302	Apr 14	11 AM-noon	Tu
RP6321.303	Apr 15	4-5 PM	W
RP6321.304	Apr 16	11 AM-noon	Th
RP6321.305	Apr 19	10-11 AM	Su
<b>Advanced Beginn</b>	<u>ner</u>		
RP6321.401	Jun 1	4-5 PM	M
<u>Beginner</u>			
RP6321.402	Jun 2	11 AM-noon	Tu
RP6321.403	Jun 3	4-5 PM	W
RP6321.404	Jun 4	11 AM-noon	Th
RP6321.405	Jun 7	10-11 AM	Su

## **Rocky Gorge Golf Lessons**

#### 18 yrs + / 5 wks, start dates below / \$82 + \$6 per wk ball fee

Beginners and advanced beginners learn the fundamentals of a sound swing and learn personal skill analysis and self-improvement of distance and approach in small-group lessons. Ball fee due weekly; no clubs required. Rocky Gorge Golf Fairway

,,			
RP6323.301	Apr 14	6-6:45 PM	Tu
RP6323.302	Apr 15	6-6:45 PM	W
RP6323.303	Apr 18	11-11:45 AM	Sa
RP6323.401	Jun 2	6-6:45 PM	Tu
RP6323.402	Jun 3	6-6:45 PM	W
RP6323 403	lun 6	11-11·45 AM	Sa

## **Timbers at Troy Golf Lessons**

### 18 yrs + / 5 classes, start dates below / \$82 + \$15 ball fee

These small-group lessons for beginners and advanced beginners include iron play, driving, putting and more. Ball fee due at first lesson; no clubs required. (No class 7/4.)

Beginner / Timb	Beginner / Timbers at Troy Golf Course				
RP6324.301	Apr 13	5:30-6:15 PM	M		
RP6324.302	Apr 15	5:30-6:15 PM	W		
RP6324.303	Apr 17	5:30-6:15 PM	F		
RP6324.304	Apr 18	10-10:45 AM	Sa		
RP6324.401	Jun 1	5:30-6:15 PM	M		
RP6324.402	Jun 3	5:30-6:15 PM	W		
RP6324.403	Jun 5	5:30-6:15 PM	F		
RP6324.404	Jun 6	10-10:45 AM	Sa		
Advanced Beginner / Timbers at Troy Golf Course					
		at no, don counse			
RP6324.311	Apr 13	6:30-7:15 PM	М		
RP6324.311 RP6324.312	Apr 13 Apr 15		M W		
	•	6:30-7:15 PM			
RP6324.312	Apr 15	6:30-7:15 PM 6:30-7:15 PM	W		
RP6324.312 RP6324.313	Apr 15 Apr 17	6:30-7:15 PM 6:30-7:15 PM 6:30-7:15 PM	W F		
RP6324.312 RP6324.313 RP6324.314	Apr 15 Apr 17 Apr 18	6:30-7:15 PM 6:30-7:15 PM 6:30-7:15 PM 11-11:45 AM	W F Sa		
RP6324.312 RP6324.313 RP6324.314 RP6324.411	Apr 15 Apr 17 Apr 18 Jun 1	6:30-7:15 PM 6:30-7:15 PM 6:30-7:15 PM 11-11:45 AM 6:30-7:15 PM	W F Sa M		

## **Waverly Woods Golf Lessons**

## 18 yrs + / 5 classes, start dates below / \$82 + \$7 per class ball fee

In small-group lessons for beginners and advanced beginners, learn iron play, driving, putting and more. Ball fee due at first lesson; no clubs required. (No class 7/4.)

Beginner / Waverly Woods Golf Course					
RP6325.301	Apr 15	5-5:45 PM	W		
RP6325.302	Apr 17	5-5:45 PM	F		
RP6325.401	Jun 3	5-5:45 PM	W		
RP6325.402	Jun 5	5-5:45 PM	F		
Advanced Begin	ner / Waver	<u>ly Woods Golf Cou</u>	rse		
RP6325.311	Apr 15	6-6:45 PM	W		
RP6325.312	Apr 17	6-6:45 PM	F		
RP6325.411	Jun 3	6-6:45 PM	W		
RP6325.412	Jun 5	6-6:45 PM	F		

# **Gymnastics**

- Registration: 410-313-7275.
- Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov..

# Youth (1½-12 yrs)

### Parent/Child Gymnastics

#### 1½-3½ yrs / 6 classes, start dates below / \$99

Be an active participant as your child develops self-awareness, coordination, and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games, and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking.

RP6351.301	Columbia Gymnastics	Apr 16	10-10:45 AM	Th
RP6351.302	Columbia Gymnastics	Apr 17	10-10:45 AM	F

## CONCUSSION & SUDDEN CARDIAC ARREST INFO



Backbends, cartwheels, and more are taught by trained instructors at Columbia Gymnastics.

# Preschool Gymnastics 3-5 yrs / 6 classes, start dates below / \$99

In this introduction to gymnastics, boys and girls develop strength coordination and locomotor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines, and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed.

#### Columbia Gymnastics

RP6352.301	Apr 13	5-5:45 PM	М
RP6352.302	Apr 14	1:45-2:30 PM	Tu
RP6352.303	Apr 14	2:30-3:15 PM	Tu
RP6352.304	Apr 15	9:15-10 AM	W
RP6352.305	Apr 15	1-1:45 PM	W
RP6352.306	Apr 15	1:45-2:30 PM	W
RP6352.307	Apr 15	2:30-3:15 PM	W
RP6352.308	Apr 15	4:30-5:15 PM	W
RP6352.309	Apr 16	9:15-10 AM	Th
RP6352.310	Apr 16	10:45-11:30 AM	Th
RP6352.311	Apr 16	2-2:45 PM	Th
RP6352.312	Apr 16	2:45-3:30 PM	Th
RP6352.313	Apr 17	9:15-10 AM	F
RP6352.314	Apr 17	10:45-11:30 AM	F
RP6352.401	Jun 16	4:30-5:15 PM	Tu
RP6352.402	Jun 16	5:30-6:15 PM	Tu
RP6352.403	Jun 18	4:30-5:15 PM	Th

### **Cartwheels and Crafts**

## 3-6 yrs / 6 classes, start dates below / \$171

Does your child have lots of physical and creative energy? This class combines the fun of gymnastics with creative craft time. Bounce on the trampolines, climb in the foam pit and create wonderful arts and crafts. Diapers or pullups are not allowed.

RP6354.301	Columbia Gymnastics	Apr 15	<del>1-3 PM</del>	₩
RP6354.401	Columbia Gymnastics	<del>Jun 17</del>	1-3 PM	₩

# **Beginning Gymnastics**

#### 6-12 yrs / 6 classes, start dates below / \$99

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam, and floor exercise using a variety of equipment including trampolines and a foam training pit. Participants begin to develop confidence, fitness, strength and flexibility in a fun, supportive environment.

### **Boys / Columbia Gymnastics**

RP6353.301	Apr 16	6:30-7:30 PM	Th
RP6353.401	Jun 18	6:30-7:30 PM	Th
Girls / Columbi	a Gymnastics	i	
RP6353.311	Apr 14	4:30-5:30 PM	Tu
RP6353.312	Apr 16	6:30-7:30 PM	Th
RP6353.313	Apr 17	6:30-7:30 PM	F
RP6353.314	Apr 18	11:45 AM-12:45 PM	Sa
RP6353.411	Jun 16	4:30-5:30 PM	Tu
RP6353.412	Jun 18	6:30-7:30 PM	Th

# **Jump Rope**

- Registration: 410-313-7275.
- Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

# Junior Jumpers with Kangaroo Kids 6-14 yrs / 8 dasses, start dates below / \$116

This is a beginning jump rope class that is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills. Returning jumpers should bring their beaded jump ropes. Jump rope fee: \$7 for first-time participants due at first class.

RP6361.301	Meadowbrook Ath Comp	Apr 14	4:25-5:25 PM	Tu
RP6361.302	Meadowbrook Ath Comp	Apr 14	5:30-6:30 PM	Tu
RP6361.303	Meadowbrook Ath Comp	Apr 15	4:25-5:25 PM	W
RP6361 304	Meadowbrook Ath Comp	Anr 15	5·30-6·30 PM	W

# Intermediate Jumpers with Kangaroo Kids 6-16 yrs / 8 classes, start dates below / \$116

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum of two sessions of *Junior Jumpers* and/or coach's approval.

RP6363.301	Meadowbrook Ath Comp	Apr 14	4:25-5:25 PM	Tu
RP6363.302	Meadowbrook Ath Comp	Apr 14	5:30-6:30 PM	Tu
RP6363.303	Meadowbrook Ath Comp	Apr 15	4:25-5:25 PM	W

# Preparation to Perform with Kangaroo Kids 6-16 yrs / 8 dasses, start dates below / \$116

Jumpers with a desire to ultimately perform at public events build on single and long rope skills, learn precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum of two sessions of *Intermediate Jumpers* and/or coach's approval.

RP6364.301	Meadowbrook Ath Comp	Apr 14	4:25-5:25 PM	Tu
RP6364.302	Meadowbrook Ath Comp	Apr 15	5:25-6:25 PM	W

# **Kickball**

## Adult Kickball Leagues (Team registration only)

Visit www.eteamz.com/hcrpsports/

# Lacrosse

Registration: 410-313-7275.

# Youth (3-17 yrs )

## **Little LAXers Lacrosse**

## 3-4 yrs / 6 classes, start dates below / \$75

Have fun with an exciting intro to lacrosse! Learn scooping, passing, catching, cradling and shooting while having a blast in a team environment. Experienced coaches use age-appropriate games and activities to encourage active involvement and development of social skills. Parents are expected to sit on the sidelines and watch in case assistance is needed. (No class 5/1, 5/23, 5/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6972.301	Cedar Lane Pk West	Apr 13	1:30-2:15 PM	M
RP6972.302	Ducketts Lane ES	Apr 13	6:30-7:15 PM	M
RP6972.303	Gary J Arthur Comm Ctr	Apr 14	10:30-11:15 AM	Tu
RP6972.304	Meadowbrook Ath Comp	Apr 14	12:30-1:15 PM	Tu
RP6972.305	N Laurel Comm Ctr	Apr 14	6-6:45 PM	Tu
RP6972.306	Cedar Lane Pk West	Apr 15	9:30-10:15 AM	W
RP6972.307	Hollifield Station ES	Apr 18	10:30-11:15 AM	Sa
RP6972.308	Dayton Oaks ES	Apr 18	2:30-3:15 PM	Sa

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At any level, it is always good to get back to basics. Come prep for the season through stick work, shooting, ground balls, and more.

## Hero's Summer Lacrosse League – For Boys and Girls

## Gr K-8 / 6 wks starting Jun 14 / \$90 before May 15; \$100 after

Get ready for Hero's Summer Lacrosse. Players are assigned to teams based on submitted position and experience level. Experience is not necessary but this is not an instructional league. Players receive a jersey from their coach, and are required to provide their own lacrosse equipment. Each player plays a minimum of half the game. Each team has one game per week with no practices. Games are played at Blandair Park. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Blandair Pk / Fields 1-3

Didiradii i it / I	CIGO I O		
RP5530.401	Gr K-2 (Clinic)	Tu	5-8 PM
RP5530.402	Gr 3-4 (Tyker)	M	5-8 PM
RP5530.403	Gr 5-6 (Midget)	Tu	5-8 PM
RP5530.404	Gr 7-8 (Juniors)	M	5-8 PM
Girls			
Blandair Pk / F	<u>ields 1-3</u>		
RP5530.411	Gr K-2 (Clinic)	Th	5-8 PM
RP5530.412	Gr 3-4 (Tyker)	W	5-8 PM
RP5530.413	Gr 5-6 (Midget)	Th	5-8 PM
RP5530.414	Gr. 7-8 (Juniors)	W	5-8 PM

## **High School Girls League**

Individual / \$90	) before May 15;	\$100 after May 15	)
RP5530.415	Gr 9-12	W, Th	5-8 PM
Team / \$1,250			
RP5530.416	Gr 9-12	W, Th	5-8 PM

## **Lacrosse Introduction - Boys** 5-10 yrs / 6 classes starting Apr 12 / \$80

First-time players or those wanting to improve skills focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls, and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov. Cedar Lane Pk East

RP6505.301	5-6 yrs	2-3 PM	Su
RP6505.302	7-8 yrs	3:15-4:15 PM	Su
RP6505.303	9-10 yrs	4:30-5:30 PM	Su

## **Lacrosse Introduction - Girls** 5-10 yrs / 6 classes starting Apr 12 / \$80

First-time players or those wanting to improve skills focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls, and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse stick and protective eyewear (mandated by U.S. Lacrosse). Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

## Cedar Lane Pk East

RP6506.301	5-6 yrs	2-3 PM	Su
RP6506.302	7-8 yrs	3:15-4:15 PM	Su
RP6506 303	9-10 yrs	4·30-5·30 PM	Sii

# Adaptive Lacrosse Clinic -For Youth and Adults

10-21 yrs / 6 classes starting Apr 12 / \$80

Students with developmental disabilities improve skills and focus on lacrosse fundamentals. Program offers youth of all abilities the opportunity to develop social skills while playing adaptive non-competitive lacrosse. However, this program may not be appropriate for all individuals. Adaptive Lacrosse is being offered to provide integration opportunities in a fun and non-competitive setting, with a focus on lacrosse fundamentals. All equipment is provided. Parents and volunteers are needed to assist in our adaptive lacrosse sessions. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

#### Cedar Lane Pk East

RP6507.301	10-14 yrs	2-3 PM	Su
RP6507.302	15-21 yrs	2-3 PM	Su

## **Boys High School Summer Lacrosse Leagues**

### 13-18 yrs / 8 wks + playoffs starting Jun 23 / Prices below

Each team consists of players from a single high school only. Our goal is to give the players as much time with their school teammates as possible. Varsity and junior varsity divisions are offered. Teams play an eight-game schedule and are eligible for postseason playoffs. Fee includes field use with lights, supplies, administration staff, and game officials. Games played weeknights, 6-11 PM, on synthetic turf fields at Blandair, Rockburn, Cedar Lane, Troy, and Western Regional Parks, and at county high schools. Schedules are emailed. Teams are required to provide two-color reversible jerseys. Info: Derrick Thompson, 410-313-4736.

Individual / \$80	) / County Parks			
RP5501.401	13-15 yrs	Junior Varsity	6-11 PM	Tu & Th
RP5501.402	15-18 yrs	Varsity	6-11 PM	Tu & Th
Team / \$1,200 /	County Parks			
RP5501.411	13-15 yrs	Junior Varsity	6-11 PM	Tu & Th
RP5501 412	15-18 vrs	Varsity	6-11 PM	Tu & Th

## Adults (18 yrs +)

## Men's Summer Lacrosse Leagues 18 yrs + / 8 wks + playoffs starting Jun 22 / Prices below

Lacrosse enthusiasts, work on your game in this weeknight league. Team and individual registration available (individual registrants are formed into teams to compete in league play). Teams play an eight-game schedule and are eligible for post-season playoffs. Teams are required to provide uniforms (reversible, two-colors) and equipment. Fee includes field use, lights, supplies, administration staff, and game officials. Games played weeknights on synthetic turf fields in Blandair, Rockburn, Cedar Lane, Troy and Western Regional Parks and at county high schools. Schedules are emailed. Info: Derrick Thompson, 410-313-4736

<u>Individual / Cou</u>	<u>ınty Parks / \$80</u>		
RP5503.401	18 yrs +	6:30-11 PM	Weeknights
Team / County	Parks / \$1,300		
RP5503.411	18 yrs + Div A	6:30-11 PM	M & W
RP5503.412	18 yrs + Open Div	6:30-11 PM	Tu & Th
RP5503.413	35 yrs +	6:30-11 PM	M
RP5503.414	45 vrs +	6:30-11 PM	W

## Adaptive Lacrosse Clinic -For Youth and Adults See above

# **Martial Arts**

## Fencing classes Page 83

Registration: 410-313-7275.
Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

## **Youth (5 yrs +)**

#### **TKA Karate**

### 5-12 yrs / Class lengths, start dates & prices below

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 5/25.)

8 classes / \$44				
RP8730.301	Gary J Arthur Comm Ctr	Apr 13	6:30-7:30 PM	M
RP8730.302	Oakland Mills MS	Apr 13	7-8 PM	M
10 classes / \$55				
RP8730.303	Worthington ES	Apr 7	7-8 PM	Tu
RP8730.304	Lake Elkhorn MS	Apr 7	7-8 PM	Tu
RP8730.305	Longfellow ES	Apr 7	7-8 PM	Tu
RP8730.306 Beg	Fulton ES	Apr 8	6-7 PM	W
RP8730.316 Int	Fulton ES	Apr 8	7-8 PM	W
RP8730.307	Northfield ES	Apr 8	7-8 PM	W
RP8730.308 Beg	Rockburn ES	Apr 8	6-7 PM	W
RP8730.309 Int	Rockburn ES	Apr 8	7-8 PM	W
9 classes / \$50				
RP8730.310	Gorman Crossing ES	Apr 9	7-8 PM	Th
RP8730.311	Manor Woods ES	Apr 9	7-8 PM	Th
RP8730.312	Pointers Run ES	Apr 9	7-8 PM	Th
8 classes / \$44				
RP8730.401	Schooley Mill Pk	Jun 22	7-8 PM	M
RP8730.402	Cedar Lane Rec Ctr	Jun 23	7:30-8:30 PM	Tu
RP8730.403	Meadowbrook Ath Comp	Jun 24	7-8 PM	W
RP8730.404	Gary J Arthur Comm Ctr	Jun 25	7-8 PM	Th

# D & S Karate with Seth Ismart 6-13 yrs / 6 or 7 classes, start dates & prices below

Improve coordination, confidence, flexibility, balance, agility, and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 5/25.)

<u> 7 classes / \$38</u>				
RP8710.301	Phelps Luck ES	Apr 13	7-8 PM	M
RP8710.302	N Laurel Comm Ctr	Apr 13	7-8 PM	М
8 classes / \$43				
RP8710.303	Hammond ES	Apr 15	7-8 PM	W
RP8710.304	Dayton Oaks ES	Apr 15	7-8 PM	W
RP8710.305	Centennial Lane ES	Apr 16	7-8 PM	Th

# Kuk Sool Won with Darren Fulmore 6 yrs +/16 classes, start dates & prices below

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques—which consist of kicking, punching, martial acrobatics and self-defense techniques—into a beautiful and dynamic hard/soft style focusing on discipline and respect.

RP8760.301 Beg	N Laurel Comm Ctr	Apr 14	6:30-7:30 PM	Tu & Th	\$100
RP8760.302 Adv	N Laurel Comm Ctr	Apr 14	7:30-8:30 PM	Tu & Th	\$111
RP8760.401 Beg	N Laurel Comm Ctr	Jun 16	6:30-7:30 PM	Tu & Th	\$100
RP8760.402 Adv	N Laurel Comm Ctr	Jun 16	7:30-8:30 PM	Tu & Th	\$111

# Shotokan Karate with Steve Morris 13 yrs + / 8 classes, start dates below / \$98

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions, and takedowns. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years.

Roger Carter Co	mm Ctr		
RP8791.301	Apr 16	7-8 PM	Th
RP8791.302	Apr 16	8:05-9:05 PM	Th
RP8791.303	Apr 18	10-11 AM	Sa
RP8791.304	Apr 18	11:05 AM-12:05 PM	Sa
RP8791.401	Jun 18	7-9 PM	Th

## **Adults (13 yrs +)**

### **TKA Karate**

### 13 yrs + / Class lengths, start dates & prices below

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or qi. (No class 5/25.)

8 classes / \$55				
RP8731.301	Gary J Arthur Comm Ctr	Apr 13	7:30-9 PM	M
RP8731.302	Oakland Mills MS	Apr 13	8-9:30 PM	М
10 classes / \$69				
RP8731.303	Worthington ES	Apr 7	8-9:30 PM	Tu
RP8731.304	Lake Elkhorn MS	Apr 7	8-9:30 PM	Tu
RP8731.305	Longfellow ES	Apr 7	8-9:30 PM	Tu
RP8731.306	Fulton ES	Apr 8	8-9:30 PM	W
RP8731.307	Northfield ES	Apr 8	8-9:30 PM	W
RP8731.308	Rockburn ES	Apr 8	8-9:30 PM	W
9 classes / \$62				
RP8731.309	Gorman Crossing ES	Apr 9	8-9:30 PM	Th
RP8731.310	Manor Woods ES	Apr 9	8-9:30 PM	Th
RP8731.311	Pointers Run ES	Apr 9	8-9:30 PM	Th
8 classes / \$55				
RP8731.401	Schooley Mill Pk	Jun 22	8-9:30 PM	M
RP8731.402	Cedar Lane Rec Ctr	Jun 23	8:30-10 PM	Tu
RP8731.403	Meadowbrook Ath Comp	Jun 24	8-9:30 PM	W
RP8731.404	Gary J Arthur Comm Ctr	Jun 25	8-9:30 PM	Th

## Aikido with Ki

## by Russ Dauber, 4th Degree Black Belt 18 yrs + / 16 classes, start dates below / \$46

Martial Art and Ki practice, as taught by Japan's Ki Society International, promotes dynamic movement with unified mind and body. Techniques flow with and lead attackers' directions and motions. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats, while maintaining calmness and relaxation. Men and women welcome. Emphasis is on safety, knowledge, and enjoyment.

RP8880.301	Waverly ES	Apr 14	7-9 PM	Tu & Th
RP8880.401	Cedar Lane Pk West	Jun 16	7-9 PM	Tu & Th

### CONCUSSION & SUDDEN CARDIAC ARREST INFO

#### Tai Chi

### 18 yrs + / 8 classes, start dates below / \$62

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress.

Instructor: Tim	<u>ı Kwei</u>				
RP8850.301	Beg	Dunloggin MS	Apr 15	7-8 PM	W
RP8850.302	Adv	Dunloggin MS	Apr 15	8:05-9:05 PM	W
Instructor: Scott Vandame					
RP8850.303	Beg	Murray Hill MS	Apr 16	7-8 PM	Th
RP8850.304	Adv	Murray Hill MS	Apr 16	8:05-9:05 PM	Th

# **Multi-Sport**

Registration: 410-313-7275.

## Youth (2-14 yrs)

# NEW! Awesome Athletes, Amazing Artists (Parent/Child)

#### 2-4 yrs / 6 classes, start dates below / \$90

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking, and shooting with a variety of interactive gym games.

Continue the fun in the second half of class with painting, pasting, and creating an array of art projects! Parents are required to attend. (No class 5/1.)

Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6973.301 Gary J Arthur Comm Ctr Apr 15 9:30 AM-10:30 AM W

Apr 17

9:30 AM-10:30 AM

F

## **NEW! Preschool Adventures**

N Laurel Comm Ctr

## 21/2-4 yrs / 12 classes, start dates below / \$185

Come join the adventure! Children enjoy an exciting, physically active, and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including basketball, soccer, lacrosse, and other sports) in the gym. Participants should bring a nut-free lunch. Staff does not change diapers. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6971.301	Gary J Arthur Comm Ctr	Apr 14	9:30 AM-12:30 PM	Tu & Th
RP6971.302	Roger Carter Comm Ctr	Apr 13	9:30 AM-12:30 PM	M & W

# Jump Bunch Kids by JumpBunch Kids, Inc. 2-5 yrs/6 classes, start date below / \$75

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun and noncompetitive environment during an introduction to multiple sports and fitness activities. This season's sports include basketball, track & field (javelin and hurdles), flying discs, croquest with croquet hockey, soccer and volleyball. Children use and explore the child-friendly equipment provided by JumpBunch. (No class 5/23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

#### St. John's Lane ES

RP6973.302

RP6313.301	2-3 yrs	Apr 11	10-10:45 AM	Sa
RP6313.302	3-5 yrs	Apr 11	11-11:45 AM	Sa
RP6313.401	2-3 yrs	Jun 6	10-10:45 AM	Sa
RP6313 402	3-5 yrs	lun 6	11-11·45 ΔM	Sa

### **Little Big Shots**

## 3-4 yrs / 6 classes, start dates in next column / \$75

This multi-sport program introduces children to basketball, tee ball, and soccer. We spend two classes on each sport with exciting and engaging games and activities. Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 5/1, 5/23.)

Info: Amanda Bartell, 410-313-1694 o	or abartell@howardcountymd.gov.
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RP6314.301	N Laurel Comm Ctr	Apr 14	9:30-10:15 AM	Tu
RP6314.302	N Laurel Comm Ctr	Apr 14	5-5:45 PM	Tu
RP6314.303	Cedar Lane Pk East	Apr 14	5-5:45 PM	Tu
RP6314.304	Gary J Arthur Comm Ctr	Apr 15	12:30-1:15 PM	W
RP6314.305	Meadowbrook Ath Comp	Apr 16	10:30-11:15 AM	Th
RP6314.306	Veterans ES	Apr 16	6:30-7:15 PM	Th

## **Learn-N-Play Sports**

### 3-5 yrs / 6 classes, start dates below / \$75

Children experience a variety of age-appropriate sports activities that help them develop their large motor skills and socialization skills in a fun atmosphere! Each week we focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

#### Pointers Run ES

RP6970.301	Apr 18	9:30-10:15 AM	Sa
RP6970.302	Apr 18	10:30-11:15 AM	Sa

## **Little Big Wheelers**

### 3-5 yrs / 6 classes starting Apr 8 / \$65

Parents, bring your children indoors to the Meadowbrook Athletic Complex to experience the most fun possible on three wheels! Children have a blast on their Big Wheels Trike as they ride around the courts in a fun-filled safe environment. The Meadowbrook staff provides big wheels trikes, instruction and leadership as your little Speed Racers enjoy obstacle courses, individual and team races and all ideas possible while they exercise on their trikes. Helmets are mandatory. Parent involvement might be required.

Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

KP6402.301	Meadowbrook Ath Comp	10-10:50 AM	IU
RP6402.302	Meadowbrook Ath Comp	11-11:50 AM	Tu
RP6402.303	Meadowbrook Ath Comp	10-10:50 AM	Th
RP6402.304	Meadowbrook Ath Comp	11-11:50 AM	Th

## School's Out Junior Sports Camp 5-7 yrs / May 1 / \$34

School is out and we're open for play! Young athletes, come develop your skills in your choice of three of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football, or court hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. There is swimming so bring a bathing suit. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP7008.301 Roger Carter Comm Ctr 8:30 AM-12:30 PM F

## **After School Recess**

## 5-10 yrs / 8 classes, start dates below / \$105

Experience some excitement and get involved in some physical activities. Children participate in a number of activities including obstacle courses, relays, crazyball, and field day games. The session concludes with a game of mission impossible. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP6210.301 Dunloggin MS Apr 14 3:30-4:30 PM Tu RP6210.302 Fulton ES Apr 15 4-5 PM W

## **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

# Home School Gym Class 5-14 yrs / 8 classes starting Apr 22 / \$64

This is an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton, and all other sport requests the staff can provide. Have fun, stay fit, build character, and boost self-esteem. Activity groups separated based on age and ability. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP6405.301 Meadowbrook Ath Comp 5-10 yrs 11 AM-noon W RP6405.302 Meadowbrook Ath Comp 11-14 yrs 11 AM-noon W

## Ultimate Junior Sports & Games Spring Break Camp 5-7 yrs/1 wk starting Mar 30/\$149

This is a mini version of the *Ultimate Sports & Games Spring Break Camp*. Sports and games are adapted to the size and abilities of children, making learning fun, and fostering development of motor skills. Curriculum includes themed days, fitness activities, team-building exercises, group games, and more! Instructors are American Sport Education Program-certified coaches. Bring a nonperishable lunch (no nut products) and reusable, filled water bottle. An extended day option is available (RP7005.301). Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7002.301 Meadowbrook Ath Comp 9 AM-3 PM M-F

## Ultimate Sports & Games Extended Spring Break Camp 5-13 yrs/1 wk starting Mar 30/\$89

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in an *Ultimate Sports & Games Spring Break Camp*. Camp runs rain or shine. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP7005.301 Meadowbrook Ath Comp 3-6 PM M-F

# Ultimate Sports & Games Spring Break Camp 8-13 yrs/1 wk starting Mar 30/\$149

RP7001.301

Spend your spring break with us. Your child develops skills in basketball, flag football, kickball, lacrosse, touch rugby, Wiffle ball, soccer, kickball, tennis, disc games, and much more in this co-ed camp. Campers rotate in age- and skill-appropriate groups. Have fun, stay fit, build character, and boost self-esteem. Instructors are American Sport Education Program-certified coaches. Camp runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended camp option is available (RP7005.301). Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

9 AM-3 PM

M-F

# U.K. Sports Week Spring Break Camp 7-14 yrs / 4 days starting Mar 30 / \$150

Meadowbrook Ath Comp

This spring break let U.K. Elite's professional British trainers teach you a myriad of uniquely British & Irish sports during this fun, engaging camp! Learn cricket, Gaelic soccer, rugby, soccer, and others. Each sport is adjusted to make it easy to understand and enjoy! Curriculum focuses on teaching every player, regardless of age/ability and highlights the enjoyment of sports played in the U.K. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

RP7705.301 Cedar Lane Pk West 9 AM-3 PM M-Th



Come have a blast this summer at our Ultimate Camp! You'll play many of your favorite sports in one fun week!

## School's Out Sports Camp 8-13 yrs / May 1 / Prices below

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football, or floor hockey. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Combine this half-day camp with the *Bricks4Kidz LEGO® School's Out Camps* for a full day of fun, and get a supervised 30-minute lunch period between camps! (See page 49 in Youth section — RP3369.312.) Activities take place indoors. There is swimming so bring a bathing suit. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP7007.301 Roger Carter Comm Ctr 8:30 AM-6 PM F \$60 RP7007.302 Roger Carter Comm Ctr 1-6 PM F \$34

# **Pickleball**

- Registration: 410-313-7275.
- Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

### Pickleball for All

#### 18 yrs + / 7 or 8 classes, start dates & prices below

This fun sport combines many elements of tennis, badminton and table tennis. With simple rules, the game is easy to learn and can develop into a quick, fast-paced, competitive game for all levels. All equipment is provided.

<u>Meadowbrook</u>	Ath Comp				
RP6835.301	7 classes	Apr 13	1-3 PM	M	\$35
RP6835.302	8 classes	Apr 15	9-11 AM	W	\$40
RP6835.401	8 classes	<del>Jun 15</del>	1-3 PM	M	<del>\$40</del>
RP6835.402	8 classes	<del>Jun 17</del>	9 11 AM	₩	<del>\$40</del>
RP6835.403	7 classes	Jul 2	8-10 PM	Th	\$35
N Laurel Comm	Ctr				
RP6835.303	8 classes	Apr 14	Noon-2 PM	Tu	\$40
RP6835.304	8 classes	Apr 16	Noon-2 PM	Th	\$40
RP6835.404	8 classes	Jun 15	6-8 PM	M	\$40

# Rugby

- Registration: 410-313-7275.
- Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

## **Rugby League**

## 6-18 yrs / 9 wks, start dates below / \$95

Boys and girls have fun learning and playing the fascinating game of rugby. This program is designed for beginners through advanced players. Learn and improve skills needed to be successful in this fast Olympic sport. Ages 6-14 (coed) and ages 13-16 (girls) play a two-hand touch version; ages 14-18 (boys) play a tackle version. Players compete with teams from surrounding counties in the Maryland Rugby SBO (State Based Organization). Games are played on Saturdays at different locations. Practices begin first week of June. Games are mid-June to early August. Age determination date is June 1, 2015.

6-8 yrs (U-9) / 6:30-8:30 PM / Touch Rugby (Co-Ed)

RP5610.401 Hurricanes East Columbia Library Pk
RP5610.402 EC Express Dickinson Pk/Meadowbrook Pk

9-10 yrs (U-11) / 6:30-8:30 PM / Touch Rugby (Co-Ed)

RP5610.403 Hurricanes East Columbia Library Pk
RP5610.404 EC Express Dickinson Pk/Meadowbrook Pk

11-12 yrs (U-13) / 6:30-8:30 PM/ Touch Rugby (Co-Ed)

RP5610.405 Hurricanes East Columbia Library Pk
RP5610.406 EC Express Dickinson Pk/Meadowbrook Pk

13-14 yrs (U-15 Boys) / 6:30-8:30 PM / Touch Rugby (Co-Ed play with U-17 Girls)

RP5610.407 Hurricanes East Columbia Library Pk
RP5610.408 EC Express Dickinson Pk/Meadowbrook Pk
13-16 yrs (U-15/U-17 Girls) / Touch Rugby (Co-Ed play with U-15 Boys)

RP5610.409 Hurricanes East Columbia Library Pk
RP5610.410 EC Express Dickinson Pk/Meadowbrook Pk

15-18 yrs (U-19 Boys) Hurricane-Express Tackle Rugby

RP5610.421 East Columbia Library Pk

# **Running**

- Registration: 410-313-7275.
- Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

#### Wine in the Woods 5K

#### All ages / May 9 / \$20, preregister; \$30, registration on-site

This family-friendly race course design is appropriate for all levels of experience, including first-timers. Awards go to the top male and female runners. Preregistration ends at noon on May 3. On-site registration begins at 7:30 AM. Race begins at 9 AM. Race t-shirts are guaranteed to preregistered runners. Packet pick-up at Road Runner Sports in Columbia on Friday, May 8, from 4-7 PM.

RP5910.301 Centennial Pk South 9 AM Sa

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



Save! Come enjoy one of our many highly rated soccer camps.

# Soccer

Registration: 410-313-7275.

## Youth Instruction (2-14 yrs)

# **U.K. Elite Petite Soccer**

## 2-5 yrs / 6 classes, start dates below / \$97

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>2-3 yrs</u>				
RP6710.301	Centennial Pk West — Field 6	Apr 14	5-6 PM	Τι
RP6710.302	Centennial Pk West — Field 6	Apr 14	6-7 PM	Τι
RP6710.303	Centennial Pk West — Field 6	Apr 15	5-6 PM	W
RP6710.304	Centennial Pk West — Field 6	Apr 15	6-7 PM	W
RP6710.305	Centennial Pk West — Field 6	Apr 16	3:45-4:45 PM	Th
RP6710.306	Centennial Pk West — Field 6	Apr 17	3:45-4:45 PM	F
RP6710.307	Cedar Lane Pk East — Field 7	Apr 18	9-10 AM	Sa
RP6710.308	Cedar Lane Pk West – Field 5	Apr 21	9:30-10:30 AM	Τι
RP6710.309	Cedar Lane Pk West – Field 5	Apr 21	10:30-11:30 AM	Τι
RP6710.310	Cedar Lane Pk West – Field 5	Apr 22	9:30-10:30 AM	W
RP6710.311	Cedar Lane Pk West – Field 5	Apr 22	10:30-11:30 AM	W
<u>3-5 yrs</u>				
RP6710.312	Centennial Pk West — Field 6	Apr 14	5-6 PM	Τι
RP6710.313	Centennial Pk West — Field 6	Apr 14	6-7 PM	Τι
RP6710.314	Centennial Pk West — Field 6	Apr 15	5-6 PM	W
RP6710.315	Centennial Pk West — Field 6	Apr 15	6-7 PM	W
RP6710.316	Centennial Pk West — Field 6	Apr 16	3:45-4:45 PM	Tł
RP6710.317	Centennial Pk West — Field 6	Apr 16	4:45-5:45 PM	Tł
RP6710.318	Centennial Pk West — Field 6	Apr 17	3:45-4:45 PM	F
RP6710.319	Centennial Pk West — Field 6	Apr 17	4:45-5:45 PM	F
RP6710.320	Cedar Lane Pk East — Field 7	Apr 18	10-11 AM	Sa
RP6710.321	Cedar Lane Pk West — Field 5	Apr 21	9:30-10:30 AM	Τι
RP6710.322	Cedar Lane Pk West – Field 5	Apr 21	10:30-11:30 AM	Τι
RP6710.323	Cedar Lane Pk West – Field 5	Apr 21	1:30-2:30 PM	Τι
RP6710.324	Cedar Lane Pk West – Field 5	Apr 22	9:30-10:30 AM	W
RP6710.325	Cedar Lane Pk West – Field 5	Apr 22	10:30-11:30 AM	W
RP6710.326	Western Regional Pk — Field 4	Apr 22	1:30-2:30 PM	W
RP6710.327	Cedar Lane Pk West – Field 5	Apr 23	9:30-10:30 AM	Tł
RP6710.328	Cedar Lane Pk West – Field 5	Apr 23	10:30-11:30 AM	Tł
RP6710.329	Cedar Lane Pk West – Field 5	Apr 23	1:30-2:30 PM	Tł
RP6710.330	Cedar Lane Pk West – Field 5	Apr 24	9:30-10:30 AM	F
RP6710.331	Cedar Lane Pk West — Field 5	Apr 24	10:30-11:30 AM	F
RP6710.332	Cedar Lane Pk West – Field 5	Apr 24	1:30-2:30 PM	F

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#### Little Kickers: Soccer

### 3-4 yrs / 6 classes, start dates below / \$75

Experienced coaches teach the basic skills of dribbling, passing and shooting while working on coordination and balance. This is no longer a parent/child program. However, parents are expected to sit on the sidelines and watch in case assistance is needed. (No class 5/1, 5/23, 5/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6705.301	Meadowbrook Ath Comp	Apr 13	10:30-11:15 AM	М
RP6705.302	Cedar Lane Pk West	Apr 13	12:30-1:15 PM	М
RP6705.303	Ducketts Lane ES	Apr 13	5:30-6:15 PM	М
RP6705.304	N Laurel Comm Ctr	Apr 14	10:30-11:15 AM	Tu
RP6705.305	Gary J Arthur Comm Ctr	Apr 15	1:30-2:15 PM	W
RP6705.306	Gary J Arthur Comm Ctr	Apr 15	5-5:45 PM	W
RP6705.307	Deep Run ES	Apr 18	9:30 10:15 AM	Sa
RP6705.308	Hollifield Station ES	Apr 18	9:30-10:15 AM	Sa
RP6705.309	Gorman Crossing ES	Apr 18	2:30-3:15 PM	Sa

### **Kiddie Soccer**

#### 5-7 yrs / 7 classes, start dates below / \$55

Are you ready to play the world's most popular game? Boys and girls learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field.

(No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6700.301	Northfield ES	4:20-5:20 PM	Apr 13	M
RP6700.302	Bushy Park ES	5-6 PM	Apr 13	М
RP6700.303	Waverly ES	4:55-5:55 PM	Apr 14	Tu
RP6700.304	Hammond ES	4:40-5:40 PM	Apr 14	Tu
RP6700.305	Clarksville ES	5:05-6:05 PM	Apr 15	W
RP6700.306	Rockburn ES	4:30-5:30 PM	Apr 15	W
RP6700.307	Gorman Crossing ES	5:05-6:05 PM	Apr 16	Th
RP6700.308	Lisbon ES	4:20-5:20 PM	Apr 16	Th

# U.K. Elite Soccer Technical Programs 5-14 yrs / 6 classes, start dates below / \$97

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Boys and girls learn from one of the best professional youth soccer coaching companies in the country. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis on sound fundamental techniques and skills along with a firm understanding of the game. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Centennial	Pk West	– Field 6

RP6706.301	5-6 yrs	Apr 16	5:45-6:45 PM	Th
RP6706.302	7-10 yrs	Apr 16	5:45-6:45 PM	Th
RP6706.303	11-14 yrs	Apr 16	5:45-6:45 PM	Th
RP6706.304	5-6 yrs	Apr 17	5:45-6:45 PM	F
RP6706.305	7-10 yrs	Apr 17	5:45-6:45 PM	F
RP6706.306	11-14 yrs	Apr 17	5:45-6:45 PM	F
<u>Cedar Lane Pk East – Field 7</u>				
RP6706.307	5-6 yrs	Apr 18	11 AM-noon	Sa
RP6706.308	7-10 yrs	Apr 18	11 AM-noon	Sa









## **After-School Soccer**

### 8-10 yrs / 7 classes, start dates below / \$55

Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense, and team play. Coaches use a variety of drills, games, and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to field. (No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6701.301	Northfield ES	3:15-4:15 PM	Apr 13	M
RP6701.302	Bushy Park ES	3:55-4:55 PM	Apr 13	М
RP6701.303	Waverly ES	3:50-4:50 PM	Apr 14	Tu
RP6701.304	Hammond ES	3:35-4:35 PM	Apr 14	Tu
RP6701.305	Clarksville ES	4-5 PM	Apr 15	W
RP6701.306	Rockburn ES	3:25-4:25 PM	Apr 15	W
RP6701.307	Gorman Crossing ES	4-5 PM	Apr 16	Th
RP6701 308	Lishon FS	3·15-4·15 PM	Anr 16	Th

## Youth Leagues (4-10 yrs)

## **Fall Youth Soccer League**

## 4-8 yrs / 9 wks starting Aug 24 / \$82, \*\$52 head coach's child

Boys and girls have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once per week on a weeknight, beginning the week of August 24. One-hour games on Saturdays, starting September 5, between 9:30 AM-6 PM. Shin guards are required. Fee includes participation award, soccer jersey and soccer ball from Play It Again Sports in Ellicott City. Coaches contact participants regarding practice days/times one week prior to the start of the program. Volunteer head coaches are needed and their children receive a discount. Individual registrations only, no team entries. Registration deadline is August 10. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>4 yrs</u>			
RP5701.501	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.502*	Meadowbrook Pk	9:30 AM-6 PM	Sa
<u>5-6 yrs</u>			
RP5701.511	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.512*	Meadowbrook Pk	9:30 AM-6 PM	Sa
<u>7-8 yrs</u>			
RP5701.521	HC Ctr for the Arts	9:30 AM-6 PM	Sa
RP5701.522*	HC Ctr for the Arts	9:30 AM-6 PM	Sa

# Spring Youth Soccer League 4-8 yrs / 8 wks starting Apr 13 / \$82, \*\$52 head coach's child

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of April 6. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 25, between 9 AM-5 PM. Shin guards required. Fee includes participation award, soccer jersey and a soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and their children receive a discount. Individual registration only, no team entries. Registration deadline: March 13. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>4 yrs</u>			
RP5701.301	Meadowbrook Pk	9 AM-5 PM	Sa
RP5701.302*	Meadowbrook Pk	9 AM-5 PM	Sa
<u>5-6 yrs</u>			
RP5701.311	Meadowbrook Pk	9 AM-5 PM	Sa
RP5701.312*	Meadowbrook Pk	9 AM-5 PM	Sa
<u>7-8 yrs</u>			
RP5701.321	HC Ctr for the Arts	9 AM-5 PM	Sa
RP5701 322*	HC Ctr for the Arts	9 AM-5 PM	Sa

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# Instructional Soccer League

### 5-10 yrs / 8 wks starting Apr 11 / \$76

First-time players or those wanting to improve fundamental skills play small-sided games in this instructional league. Focus on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards are required. (No session 5/23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

	, -	, ,				
<u>5-6 yrs - Beginners</u>						
RP6702.301	Dayton Oaks ES	1-2 PM	Sa			
RP6702.302	Guilford Pk	1-2 PM	Sa			
RP6702.303	<b>Hollifield Station ES</b>	1-2 PM	Sa			
RP6702.304	Waterloo ES	1-2 PM	Sa			
61/2 yrs - Advano	ced / 8½ yrs - Beginners					
RP6703.301	Dayton Oaks ES	2:15-3:15 PM	Sa			
RP6703.302	Guilford Pk	2:15-3:15 PM	Sa			
RP6703.303	<b>Hollifield Station ES</b>	2:15-3:15 PM	Sa			
RP6703.304	Waterloo ES	2:15-3:15 PM	Sa			
8 yrs Advanced	- 10 yrs					
RP6704.301	Dayton Oaks ES	3:30-4:30 PM	Sa			
RP6704.302	Guilford Pk	3:30-4:30 PM	Sa			
RP6704.303	<b>Hollifield Station ES</b>	3:30-4:30 PM	Sa			
RP6704.304	Waterloo ES	3:30-4:30 PM	Sa			

## **Adults (18 yrs +)**

## Adult Soccer Leagues (Team registration only)

Visit www.eteamz.com/hcrpsports/

# **Softball**

- Registration: 410-313-7275. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.
- League Refund Policy Page 76

## Fall Softball Leagues

## 18 yrs + / 7 wks, start dates below / \$710 per team

Games are played as doubleheaders for a 14-game season. Fee includes umpires, game balls, awards, league administration, field reservation fee, sanction fees and lights. Games begin the week of August 10 and are played at Cedar Lane, Centennial, and Rockburn Branch Parks. Complete copy of rules: www.hcrpsports.com. Register by July 17.

### Men's D-1 Division / County Parks

Aug 16	Su				
Aug 17	M				
Aug 18	Tu				
Aug 18	Tu (USSSA D3)				
Aug 19	W				
Aug 20	Th				
Aug 21	F				
Aug 17	M (50 yrs +)				
ion / County	<u>Parks</u>				
Aug 18	Tu				
rision / Count	<u>y Parks</u>				
Aug 17	M				
Aug 19	W				
Aug 20	Th				
Aug 21	F				
Co-Rec Recreational Division / County Parks					
Aug 17	M				
Aug 17 Aug 19	M W				
_					
	Aug 17 Aug 18 Aug 19 Aug 20 Aug 21 Aug 17 ion / County Aug 18 rision / Count Aug 17 Aug 17 Aug 17 Aug 19 Aug 20 Aug 20 Aug 21				

# **Early Bird Softball Tournament**

### 18 yrs + / Apr 11 / \$275 per team

Register your team by March 29 for this three-game guarantee tournament. Games are on April 11 at Cedar Lane Park. Three approved balls are provided to each team before the tournament. Additional balls may be purchased at the tournament site for \$5 each.

RP5731.301	Men	Cedar Lane Pk
RP5731.302	Co-Rec	Cedar Lane Pk

## Softball 55 yrs +

## 55 yrs + / 39 wks starting Apr 4 / \$22

Interested in playing slow pitch softball on Saturdays? If so, why not join this informal group for pickup games at Centennial Park North?

RP6730.301	Cente	nnial Pk North	Time (TBD)	Sa

# **Tennis**

Registration: 410-313-7275.

## Youth (3-18 yrs)

# Play Time Tennis with Shantha Chandra 3-6 yrs / 6 classes, start dates below / \$62

Learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racquet (19", 21" or 23"). Weekday classes have a rain makeup on Fridays. Saturday classes have a rain makeup on Sunday afternoons. (No class 4/4, 5/25, 7/4.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

<u>3-6 yrs / Cedar</u>	<u> — Iennis Courts</u>		
RP6847.301	Mar 28	8:15-9 AM	Sa
RP6847.302	Apr 7	1-1:45 PM	Tu & Th
RP6847.303	Apr 8	10:15-11 AM	M & W
RP6847.311	May 5	1-1:45 PM	Tu & Th
RP6847.312	May 4	10:15-11 AM	M & W
RP6847.313	May 23	8:15-9 AM	Sa
<u>5-6 yrs / Cedar</u>	<u>Lane Pk East</u>	— Tennis Courts	
RP6847.304	Apr 10	4:45-5:30 PM	F

# Parent/Child Tennis with Shantha Chandra 3-12 yrs / 6 classes, start dates below / \$85 per pair

Parents and children learn how to work together to develop and improve tennis skills. Same parent should attend each week for consistency in learning. Saturday class rain makeup on Sunday afternoons. (No class 4/4, 5/25, 7/4.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

## Cedar Lane Pk East – Tennis Courts

RP6842.301	7-12 yrs	Mar 28	12:15-1:15 PM	Sa
RP6842.302	3-6 yrs	Apr 8	9:30-10:15 AM	M & W
RP6842.311	3-6 yrs	May 6	9:30-10:15 AM	M & W
RP6842.312	7-12 yrs	May 23	12:15-1:15 PM	Sa

#### **Kiddie Tennis**

### 5-7 yrs / 7 classes, start dates below / \$55

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Time for tennis! Players learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. Meet on the tennis courts. (No class 5/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

E-1E-C-1E DM

KP68/0.301	Deep Kun ES	5:15-6:15 PM	Apr 13	M
RP6870.302	Dayton Oaks ES	4:40-5:40 PM	Apr 14	Tu
RP6870.303	Lisbon ES	4:20-5:20 PM	Apr 15	W
RP6870.304	Atholton ES	5:10-6:10 PM	Apr 16	Th
RP6870.305	Thunder Hill ES	5:05-6:05 PM	Apr 16	Th

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## **QuickStart 8 & Under Tennis Play Club** 5-8 yrs / 5 classes, start dates below / \$81

Join professionally trained instructors from Baltimore Tennis Patrons for the QuickStart (QS) 8 & Under Play Club. You've heard it before. "When can I just play?" This is it! Purely games and activities using the hottest kid-friendly QS games and specialty equipment in town. All play, no formal instruction, just fun! Learning takes place through exploration, discovery and repetitive practice. (No class 7/3.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

Meet at the Location's Tennis Courts

RP6853.401	Centennial Pk West	Jun 25	5-6 PM	lu
RP6853.402	River Hill HS	Jun 26	5:30-6:30 PM	F

## **Junior GRIPS CHALLENGE**

### 5-10 yrs / 5 classes, start dates and prices below

This is a progressive 11-level tennis program that incentivizes and rewards kids for proving competency. Like karate, ability levels are rated and distinquished by colors- white grips are for beginners and black grips are for masters. Each player is required to participate in the free GRIPS skills assessment on June 1 or June 2 from 6-8 PM at Centennial Park West to establish baseline tennis proficiency and determine their starting grip level (color). Players who have already been assessed and assigned a grips color rating in prior seasons may register for a class without being re- assessed. (Register at http:// formsmarts.com/form/1itz). Players receive a colored over-grip for their racquet which matches their current skill level. Games and drills conducted on court correspond with students' grip color/skill set. This is a certified GRIPS program with officially certified GRIPS instructors. Players also receive a password for access to their personal GRIPS webpage where they are able to view tips, videos, drills and insights to further their tennis knowledge and gauge their progress relative to other players. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

RP6854.401	River Hill HS	Jun 23	5:30-7 PM	Tu (Blue & Dk Blue) \$112
RP6854.402	Centennial Pk West	Jun 25	5:30-7 PM	Th (White) \$112
RP6854.403	Centennial Pk West	Jun 22	5:30-7 PM	M & W (Orange) \$143
RP6854.404	Cedar Lane Pk East	Jun 23	7-8:30 PM	Tu (Dark Green) \$112
RP6854.405	Cedar Lane Pk East	Jun 23	5:30-7 PM	Tu (Orange) \$112
RP6854.406	River Hill HS	Jun 26	6:30-7:30 PM	F (White) \$103

## **Cardio Tennis for Kids**

## 5-14 yrs / 5 classes, start dates & prices below

Professionally trained instructors from Baltimore Tennis Patrons introduce you to Cardio Tennis for Kids, two blockbuster new ways to introduce your child to tennis! Each practice features an action-based group warm up, cardio and cool down followed by the QuickStart (QS) tennis play format. Let the games begin! Cardio and QS Tennis is a new format to help kids learn and play the game effortlessly with user-friendly and reduced-size equipment. This is a great new way for your child to get a great workout and burn calories! Loaner racquets available. (No class 7/3.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

#### All Levels: Meet at the Location's Tennis Courts

5-8 yrs / Junior	Cardio Beginner / \$96			
RP6851.401	Centennial Pk West	Jun 26	6-7:30 PM	F
5-14 yrs / Junio	r Cardio + QS Advanced E	<u> Beginner / 2</u>	days, \$142	
RP6851.402	River Hill HS	Jun 25	7-8:30 PM	Tu & Th
5-14 yrs / Junio	r Cardio + QS Advanced E	<u> Beginner / \$</u>	<u>89</u>	
RP6851.403	River Hill HS	Jun 26	7:30-8:30 PM	F
6-14 yrs / Junio	r Cardio Beginner / \$89			
RP6851.404	Centennial Pk West	Jun 26	7:30-8:30 PM	F

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

## **Tennis for Everyone**

### 5-18 yrs / 5 classes, start dates & prices below

Join professionally trained instructors from Baltimore Tennis Patrons (BTP) for fun, friends, fitness, action-packed instruction and play! Players are grouped according to ability. QuickStart (QS) play format beginner programs are a fun, totally new way for kids to start playing and enjoying tennis with ease. With OS, the court size, racket size, balls, net height and scoring system have been adjusted to match your child's age and stature. QS Junior Advanced Beginner play format is a fun, new way for kids to play and improve tennis skills effortlessly. BTP coaches are USTA QS trained. Junior Beginner programs (non QS) feature the games-based approach to learning and applying the fundamentals in play situations. Junior Intermediate is for those who mastered the basics and want to fine tune skills, develop sound tactics with lots of play, get a good workout, compete and improve. Loaner racquets available. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

## All Levels: Meet at the Location's Tennis Courts

5-8 yrs / QS Ju	nior Beginner / \$72			
RP6850.401	Centennial Pk West	Jun 23	6-6:45 PM	Tu
6-15 yrs / Juni	or Beginner / \$104			
RP6850.402	River Hill HS	Jun 25	5:30-7 PM	Th
11-18 yrs / Jur	ior Intermediate / 1 day,	, \$104; 2 day	s, \$142	
RP6850.403	Centennial Pk West	Jun 22	7-8:30 PM	M&W

## 10 & Under Tennis with Shantha Chandra 6-10 yrs / 6 classes, start dates & prices below

Drills, games, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. Bring a junior-size racquet (23" to 25"). Saturday class rain makeup on Sunday afternoons. (No class 4/4, 5/25, 7/4.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

<u>6-8 yrs / Cedar Lane Pk East — Tennis Courts</u>					
RP6840.301	Mar 28	9-10 AM	Sa	\$57	
RP6840.302	Apr 8	5:45-7 PM	M & W	\$73	
RP6840.311	May 6	5:45-7 PM	M & W	\$73	
RP6840.312	May 23	9-10 AM	Sa	\$57	
9-10 yrs / Ceda	r Lane Pk East	— Tennis Courts			
RP6840.303	Mar 28	10-11 AM	Sa	\$57	
RP6840.304	Apr 8	4:30-5:45 PM	M & W	\$73	
RP6840.313	May 6	4:30-5:45 PM	M & W	\$73	
RP6840.314	May 23	10-11 AM	Sa	\$57	

# Jr. Development Tennis Spring Break Camp with Shantha Chandra

### 7-13 yrs / 4 days starting Mar 30 / \$80

Develop beginner and intermediate tennis skills. A Quick Start tennis format is used to play games. Enjoy the fun competition with players of the same skill level. Makeup rain day: Friday. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

RP7012.301 Cedar Lane Pk East 9-11 AM M-Th

# After-School Tennis

#### 8-10 yrs / 7 classes, start dates below / \$55

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to tennis courts. (No class 5/25.) Info: Brian Wyman,

410-313-4705 or bwyman@howardcountymd.gov.

RP6871.301	Deep Run ES	4:10-5:10 PM	Apr 13	М
RP6871.302	Dayton Oaks ES	3:35-4:35 PM	Apr 14	Tu
RP6871.303	Lisbon ES	3:15-4:15 PM	Apr 15	W
RP6871.304	Atholton ES	4:05-5:05 PM	Apr 16	Th
RP6871.305	Thunder Hill ES	4-5 PM	Apr 16	Th

## **Tennis Excellence**

## 8-10 yrs / 6 classes starting Apr 11 / \$80

This introductory tennis class uses Quick Start tennis nets to reduce the court size to help make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving, and scoring. Weekly games and drills help teach basic skills and create an exciting environment. Rain makeups added to the end of season. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

#### Centennial Pk West

RP6863.301	Beg	Apr 11	12:45-1:45 PM	Sa
RP6863.302	Advanced-Beg	Apr 11	1:50-2:50 PM	Sa
RP6863.401	Beg	Jun 13	11:30 AM-12:30 PM	Sa
RP6863,402	Advanced-Beg	Jun 13	12:35-1:35 PM	Sa

# Junior USA Team Tennis with Shantha Chandra

## 9-14 yrs / 6 classes starting Mar 28 / \$81

Advanced beginner and intermediate players refresh basic ground strokes, volleys, lobs, baseline serving and scoring, then enjoy match-play tennis. Rain makeup is on Sunday afternoons. (No class 4/4.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

RP6849.301 Cedar Lane Pk East – Tennis Courts 1:15-2:45 PM Sa

## **Tennis Elite**

### 10-13 yrs / 6 classes starting Apr 14 / \$91

Designed for advanced beginners already able to consistently hit the ball over the net and ready to take their game to the next level with serves and match play. Includes refresher drills to help improve all facets of your game. Instructor: Mike Brinsko. Rain makeups added to the end of season. These courts do have lights. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

RP6860.301 Centennial Pk West 7-8:30 PM Tu

# Jr. USA Team Tennis Spring Break Camp with Shantha Chandra

## 10-15 yrs / 4 days starting Mar 30 / \$80

Advanced beginners and intermediate players freshen up on their basic ground strokes, serving, scoring and playing matches. Makeup rain day: Friday. Info: Amy Patton, 410-313-4637 or

apatton@howardcountymd.gov.

RP7015.301 Cedar Lane Pk East 11:15 AM-1:15 PM M-Th

# Team Tennis/Match Play with Shantha Chandra

## 10-18 yrs / 6 classes, start dates below / \$81

Players should have fairly consistent strokes with medium pace shots, be able to rally and serve from baseline, and keep score. Players must have some knowledge of volleys and lobs. Teams are decided and each team plays matches against other teams. (Doubles, singles, and mixed doubles.) (No class 4/4, 7/4.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

10-12 yrs / Cedar Lane Pk East — Tennis Courts

10-12 yrs / cea	<u>ar Lane PK Ea</u>	<u>st — Tennis Courts</u>	
RP6858.301	Mar 28	2:45-4:15 PM	Sa (Team Doubles)
RP6858.302	May 23	2:45-4:15 PM	Sa
11-18 yrs / Ced	st — Tennis Courts		
RP6858.303	Apr 10	5:30-7 PM	F

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

# Tennis Lessons with Shantha Chandra 11-14 yrs / 6 classes, start dates below / \$57

Students learn and improve their basic skills in a group and with match play. Advanced beginners learn consistent stroke production, baseline serving and volleys. Saturday classes rain makeup on Sunday afternoons. (No class 4/4, 7/4.) Registration: 410-313-7275. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

### Cedar Lane Pk East — Tennis Courts

RP6841.301	Mar 28	11 AM-noon	Sa
RP6841.302	Apr 7	6-7 PM	Tu & Th
RP6841.303	May 5	6-7 PM	Tu & Th
RP6841.304	May 23	11 AM-noon	Sa

# High School Development Team Tennis with Shantha Chandra

#### 13-18 yrs / 6 classes, start dates below / \$81

Advanced beginners and intermediate players improve basic skills, including volleys, serving, scoring and ground strokes. Participate in match play against players of similar ability. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

#### Cedar Lane Pk East — Tennis Courts

RP6855.301	Apr 7	4:30-6 PM	Tu & Th
RP6855.302	May 5	4:30-6 PM	Tu & Th

## **Tennis Essentials**

#### 14-18 yrs / 6 classes, start dates below / \$74

Want to make the high school team or improve your position? This program prepares you for match play tennis. Learn how to hit forehands, backhands, serving, volleying and scoring. Instructor: Mike Brinsko. Rain makeups added to end of season. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

### Centennial Pk West - Tennis Courts

RP6863.301	Beg	Apr 11	12:45-1:45 PM	Sa
RP6863.302	Advanced-Beg	Apr 11	1:50-2:50 PM	Sa
RP6863.401	Beg	Jun 13	11:30 AM-12:30 PM	Sa
RP6863.402	Advanced-Beg	Jun 13	12:35-1:35 PM	Sa

## **Adult (18 yrs +)**

# Mom's Tennis Swings with Shantha Chandra 18 yrs + / 4 classes, start dates below / \$71

Learn the basics or fine tune your game. Lessons include drills and match Play. Intermediate players work on serves, volleys, overheads, lobs. (Singles and doubles.) No babysitting available. Rain makeup is Friday. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

### Beginner & Advanced Beginner / Cedar Lane Pk East - Tennis Courts

RP6848.301	Apr 7	11:30 AM-1 PM	Tu & Th
RP6848.302	Apr 8	11 AM-12:30 PM	M & W
RP6848.303	Apr 21	11:30 AM-1 PM	Tu & Th
RP6848.304	Apr 22	11 AM-12:30 PM	M & W
RP6848.305	May 5	11:30 AM-1 PM	Tu & Th
RP6848.306	May 6	11 AM-12:30 PM	M & W
Intermediate &	Advanced /	Cedar Lane Pk East – Ten	nis Courts
RP6848.307	Apr 7	10-11:30 AM	Tu & Th
RP6848.308	Apr 21	10-11:30 AM	Tu & Th
RP6848.309	May 5	10-11:30 AM	Tu & Th

# Sunday Swings with Shantha Chandra 18 yrs + / 4 classes, start dates below / \$71

Beginners to advanced players enjoy learning and improving all tennis skills and court positions through drills, small-group games and match play. (Singles and doubles.) (No class 4/5, 5/24.) Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

Beginner & Adv	<u>anced Begin</u>	<u>ner / Cedar Lane Pk Ea</u>	<u>st — Tennis</u>	;	
RP6844.301	Mar 29	Noon-1:30 PM	Su		
RP6844.302	May 3	Noon-1:30 PM	Su		
RP6844.401	Jun 7	Noon-1:30 PM	Su		
Intermediate / 0	<u>Cedar Lane P</u>	<u>k East — Tennis Courts</u>			
RP6844.311	Mar 29	10:30 AM-noon	Su		
RP6844.312	May 3	10:30 AM-noon	Su		
RP6844.411	Jun 7	10:30 AM-noon	Su		
Advanced / Cedar Lane Pk East — Tennis Courts					
RP6844.321	Mar 29	9-10:30 AM	Su		
RP6844.322	May 3	9-10:30 AM	Su		
RP6844.421	Jun 7	9-10:30 AM	Su		

## **Tennis Lessons**

### 18 yrs + / 4 classes, start dates below / \$72

Whether you are looking to fine tune your skills or work on advanced tactics, we have the program for you. This small-group lesson is filled with drills and match play. Beginners focus on learning the basic strokes and techniques of tennis, including the grip, how to hit a forehand, backhand, how to serve and volley, plus movement and timing. Advanced Beginner improves on already existing skills by working on consistency and ball placement. Intermediate classes focuses on advanced shot selection including the slice and drop shots. Weekly match play includes strategic tips and gameplay tactics. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov. Centennial Pk West — Tennis Courts

RP6843.301	Advanced-Beg	Apr 11	8-9 AM	Sa
RP6843.302	Intermediate	Apr 11	9-10 AM	Sa
RP6843.303	Beginner	Apr 11	10-11 AM	Sa
RP6843.401	Advanced-Beg	Jun 13	8-9 AM	Sa
RP6843.402	Intermediate	Jun 13	9-10 AM	Sa
RP6843.403	Beginner	Jun 13	10-11 AM	Sa

## **Tennis for Everyone**

### 18 yrs + / 5 classes, start dates below / \$104

Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action-packed instruction and play. Players are grouped according to ability. Beginners and advanced beginners use the games-based approach to learning the basics in play situations. Get ready for instant fun, learning and exercise! Beginner and advanced beginner and intermediate cardio are heart-pumping fitness programs! Cardio tennis is a group activity featuring drills to give you an ultimate high-energy workout. Cardio includes a warm-up, cardio workout and a cool down. Loaner racquets and heart monitors are available. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

E	Beg	inr	ıer	&.	Ad	va	nced	I B	eq	inr	ıer

RP6852.401	Centennial Pk West	Jun 23	6:45-8:15 PM	Tu		
<u>Intermediate Cardio</u>						
RP6852.402	Centennial Pk West	Jun 25	7-8:30 PM	Th		

#### 50+ Tennis

## 50 yrs + / 30 wks starting Mar 31 / \$22

Advanced beginners through intermediate players pair up to play doubles or singles, if court time permits, through October 30. Programs move to Savage Park and Meadowbrook Park from June 15 through August 6. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

RP7846.301 Centennial Pk West – Tennis Ct 1 8-11 AM Tu & Th

# **Ultimate Disc**

- Registration: 410-313-7275.
- Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

## Youth Ultimate Disc League

## 6-17 yrs / 8 wks, start dates below / \$64, \*\$34 head coach's child

What is Ultimate? It's a non-contact team sport that combines elements of soccer, football and basketball into one fast-paced game. Played with a disc, everyone is a quarterback and a receiver. As part of each session, develop skills and learn game concepts through drills, games and activities in an instructional/clinic environment. Participate in games each week and end the season with a playoff-style tournament. Coaches may move participants up or down depending on skill level. Volunteer head coaches are needed and receive a discount. Fee includes shirt, award and playoffs. End-of-season tournament is on Saturday, August 1, at Cedar Lane Park West.

#### Lime Kiln MS

<u>6-10 yrs</u>			
RP6101.401	Jun 3	7-8:30 PM	W
RP6101.402*	Jun 3	7-8:30 PM	W
<u>11-14 yrs</u>			
RP6101.411	Jun 4	7-8:30 PM	Th
RP6101.412*	Jun 4	7-8:30 PM	Th
<u>15-17 yrs</u>			
RP6101.421	Jun 3	7-8:30 PM	W
RP6101.422*	Jun 3	7-8:30 PM	W

# Volleyball

- Registration: 410-313-7275.
- Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov (unless otherwise noted).

# Youth (6-18 yrs)

# Instructional Volleyball League 6-10 yrs / 8 wks starting Apr 18 / \$93

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. Fee includes t-shirt.

### Roger Carter Comm Ctr

RP5893.301	6-7 yrs Beginners	1-2:10 PM	Sa
RP5893.302	7 yrs Advanced – 9 yrs Beginners	2:20-3:30 PM	Sa
RP5893.303	8 ½ vrs Advanced – 10 vrs	3:40-4:50 PM	Sa

## Volleyball Skills Development 8-14 yrs / 8 classes, start dates below / \$125

Practice makes perfect! This program is for beginner players who enjoy this exciting sport and want to learn the basics. Individual players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting, and serving.

<u>8-10 yrs</u>				
RP5892.301	N Laurel Comm Ctr	Apr 6	6-7:30 PM	М
RP5892.302	Gary J Arthur Comm Ctr	Apr 8	6-7:30 PM	W
RP5892.303	Roger Carter Comm Ctr	Apr 9	6-7:30 PM	Th
<u>11-14 yrs</u>				
RP5892.311	N Laurel Comm Ctr	Apr 6	7:30-9 PM	М
RP5892.312	Gary J Arthur Comm Ctr	Apr 8	7:30-9 PM	W
RP5892.313	Roger Carter Comm Ctr	Apr 9	7:30-9 PM	Th

# Spring Break! Volleyball Academy 9-15 yrs / 1 wk starting Mar 30 / \$120

Practice makes perfect! This camp is designed for beginner/intermediate players who enjoy the exciting sport and want to learn more. Players will improve existing skills and develop new ones. The lessons will emphasize sportsmanship, skill technique, and hard work in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. Instruction provided by Ofer Levy and staff, volleyball officials and coaches from the area.

RP7892.301 Meadowbrook Ath Comp 1-4 PM M-F

**MVL Summer Session** 

## 10-16 yrs / 7 wks starting Jul 6 / Prices below

Join us for an exciting summer league! This league was designed for players who just want to play; instruction is limited and basic volleyball skills are required. Individual players will be placed on teams formed by the League Coordinator; team registrations are accepted (no more than 10 players per roster). Teams have two practices and 5 scheduled matches; practices and matches last one hour on the designated night at Meadowbrook Athletic Complex. Fee includes a team shirt. Children of volunteer head coaches receive a discount; register for section 402.

Meadowbrook Ath Comp	/ Dogistor by	Llun 21	/ 6 O DM
Meadowbrook Atti Collib.	/ Redister bi	V JUII Z I	/ 0-9 PIVI

RP5891.401	Individual	M	\$99
RP5891.402	Head Coach's Child	M	\$55
RP5891.403	Teams	M	\$550

# Meadowbrook Volleyball League (MVL) 10-16 yrs / 8 wks starting Apr 12 / \$130, \*\$60 head coach's child

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Weekly practices are scheduled Mondays-Fridays at any given Recreation & Parks indoor facility depending on team placement and coach's availability. Matches are played on Sundays at the Volleyball House. Parents should block out any two evenings for scheduling options. Practices are one hour, between 5-9 PM; matches are one hour, between 10 AM-4 PM. Specific details on one-hour matches/practice times are communicated after each season's skill evaluation. Players are placed on teams after a skills evaluation on Sunday, April 12, time TBA. The MVL is for novice to experienced players who wish to learn more about the sport.

#### Matches: TBD / Practices: TBD

RP5891.301	10-12 yrs	RP5891.302*	10-12 yrs
RP5891.311	13-14 yrs	RP5891.312*	13-14 yrs
RP5891.321	13 (adv)-16 vrs	RP5891.322*	13 (adv)-16 vrs

# Volleyball Preseason Training 14-18 yrs / 4 wks starting Jul 14 / \$199

Get ready for try-outs and make the team by training with us! Athletes will go through training sessions that cover all skills and provide the most extensive and well-rounded training experience. Training includes specific individual skills and competitive game drills on Thursdays with Ofer Levy and staff, and exclusive conditioning sessions on Tuesdays provided by Axis Sport Performance.

Tu, 7-8 PM; Th, 6-8 PM

RP5894.401 Meadowbrook Ath Comp

## CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



Learn proper serve techniques at our volleyball programs.

## **Adults (18 yrs +)**

## League Refund Policy Page 76

# Co-Rec Volleyball League 18 yrs + / 8 wks plus playoffs starting Apr 26 / \$220

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards and administration. Teams are required to pay game official fees of \$20 per team on the court at each match. Register by April 12; by March 15 for 10% discount.

RP5890.701 Roger Carter Comm Ctr 4-11 PM Su

## Drop-In Co-Rec Volleyball 18 yrs + / 5 wks, start dates below / \$24

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Choose the "Get Active Package" (see page 9) to save money and participate in additional athletic opportunities. Note: Some gyms may be canceled due to insufficient registration or low attendance. Info: Susan

Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP6901.301	Burleigh Manor MS	Apr 13	8-10 PM	М
RP6901.302	Burleigh Manor MS	Apr 16	8-10 PM	Th
RP6901.303	Forest Ridge ES	Apr 15	8-10 PM	W
RP6901.304	Rockburn ES	Apr 14	8-10 PM	Tu

# Co-Rec Volleyball 55 yrs + / Start dates & prices below

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. The program meets two times per week. The fee is based on when you register and the fee is good through the end of the calendar year. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

RP5592.301	Mar 31	10:30 AM-12:30 PM	Tu & F	\$57
RP5592.401	Jul 7	10:30 AM-12:30 PM	Tu & F	\$38
RP5592.501	Sep 29	10:30 AM-12:30 PM	Tu & F	\$19

# Who to Call

Who to C	all
General Information Phone: 410-313-4700 (8 AM-5 PM TTY: 410-313-4665 FAX: 410-313-4658 www.howardcountymd.gov/rap	1, M-F)
Administration	
Director John Byrd	410-313-4640
Chief, Recreation & Administrative	
Bureau Laura Wetherald	A10 212 A6A0
Chief, Parks & Program Services Bi	
John Marshall	
Chief, Capital Projects & Park Plan Raul Delerme	
Park Operations	
& Natural Resources	
General Information	410-313-4647
Superintendent Michael Milani	410-313-1690
Park Field Permits	410-313-4626
Park Pavilion Rental	410-313-4682
Heritage Programs Caitlin Chamberlain, Manager	410-313-0420
Belmont Manor & Historic Park Mary Ellen Baker, General Manage	
mary Lifeti Daker, General Manage	
Cathy Allen, Assistant Manager	410-313-1686
<b>Recreation Services</b>	
Superintendent Phil Bryan	.410-313-1668
Early Childhood & Youth Programs	
(non-sport): Preschool Activities, A	
Cooking, Dance, Etiquette, Music, Adam Wienckowski, Manager	
Melissa Calleri	410-313-4721
Cindy Ochs	
Adult Programs: Cooking, Crafts & Danielle Bassett, Manager	
Dance, Lifelong Learning, Music &	
Karen Bradley Ehler	410-313-4635
Volunteers	410 212 4624
Shawnté Berry, Manager Linda E. DiPanfilo	410-313-4024 410-313-4704

Registration

Christine Wilson, Manager...

(How to Register, see page 3.)

General Information

**Recreational Licensed Child** 

**Care & Community Services** 

410-313-7275

410-313-3706

Superintendent Barbara Moore Joynel Young, Manager Claudia Charity Julia Martin Brian Murphy Shavon Gordon Glen Turner	410-313-4717 410-313-4636 410-313-1687 410-313-4797 410-313-4633 410-313-4713
Stephanie Wise Donna Jackson-Parker Adults 55+ Programs: Arts, Crafts,	_410-313-1696
General Activities Cathy Vigus, Manager Curtis Gore	.410-313-7311 .410-313-7281
Trips & Tours Ginny Russ	.410-313-7279
Teen & Grant Programs Holly Harden, Manager Jennene Blakely Kori Jones	410-313-1693 410-313-4609
Therapeutic Recreation, Inclusion Accommodation Services Susan Potts, Manager	410-313-4628
Amy Patton  Sports & Adventure S	
Superintendent Allan Harden	410-313-4652
Adventure, Nature & Outdoors  Dawn Thomas, Manager  Matt Medicus	
Community Sports Derek Ludlow, Manager Derrick Thompson Will Dunmore Sandra Lambert Ray Hall	.410-313-4736 .410-313-1697 .410-313-4715
Adult Leagues Mark Pendleton, Manager Patrick McGinnis	.410-313-4703 .410-313-4716
Youth Leagues Matthew Knoerlein, Manager Krista Billingsley Sandra Lambert Susan Markovitz	410-313-1162 410-313-4715
Fitness, Martial Arts, Instructional & Wellness Nicola Morgal, Manager	•
Instructional Team Sports Brian Wyman	410-313-4705
Martial Arts & Preschool Sports Amanda Bartell Carson Nickell	410-313-1694 410-313-4720
Lifetime / Individual Sports Amy Patton	410-313-4637
Sports Events / Campaigns Mike Blevins, Manager Will Dunmore	410-313-1691 410-313-1697

Superintendent

General Information	410-313-4840
Recorded Information/Inclement	
Weather	
Meadowbrook Athlet	tic
Complex	
General Information	410-313-1161
Recorded Information/Inclement	וטוו כוכ טוד
Weather	
North Laurel Commu	
General Information Recorded Info/Incl. Weather	410-313-0390
<b>Robinson Nature Ctr</b>	
General Information	410-313-0400
Inclement Weather	410-313-4452
Roger Carter Comm C	Ctr Ctr
General Information	410-313-2764
Inclement Weather	
Timbers at Troy Golf	Course
Timbers at may come	410-313-4653
Waverly Mansion	410-43/-5/11
Inclement Weather/P	rogram
Status Lines	
Programs (Events, Trips, Selected	Sports,*
Outdoor Rec, Child Care &	
Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr,	Manth Lavord
Meadowbrook Athletic Complex, Comm Ctr, Robinson Nature Ctr &	North Laurei
Roger Carter Comm Ctr	410-313-4452
Fields*	110 313 1132
All School Fields	/10_313_6827
Alpha Ridge,	410-313-0027
riipiia riiage,	
Western Regional	410-313-4372
Western Regional Blandair Park	410-313-4372
Blandair Park	410-313-3673
Blandair Park Cedar Lane	410-313-3673
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield	410-313-3673
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks &	410-313-3673 410-313-4453 410-313-4454 410-313-4457
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill	410-313-3673 410-313-4453 410-313-4454 410-313-4457 410-313-4458
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn,	410-313-3673 410-313-4453 410-313-4454 410-313-4457 410-313-4458
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road	410-313-3673 410-313-4453 410-313-4454 410-313-4457 410-313-4458
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford	410-313-3673 410-313-4453 410-313-4454 410-313-4457 410-313-4458 410-313-4459
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art Rockburn Branch, Waterloo &	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 .5,
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art Rockburn Branch, Waterloo &	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 .5,
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 s,
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art Rockburn Branch, Waterloo & Worthington Off-Leash	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 s,
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art Rockburn Branch, Waterloo & Worthington Off-Leash	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 s,
Blandair Park Cedar Lane Centennial Cypressmede & Hollifield Dayton Oaks Parks & Schooley Mill Dickinson, Hammond, Hawthorn, Huntington & Martin Road East Columbia Library, Guiliford Savage & N Laurel Fields Howard County Center for the Art Rockburn Branch, Waterloo & Worthington Off-Leash	.410-313-3673 .410-313-4453 .410-313-4457 .410-313-4458 .410-313-4459 .410-313-4456 s, .410-313-4455 .410-313-2727

**Gary J. Arthur Community Ctr** 

\*Regardless of field status, some programs run, while others cancel. Check your player letter and schedule for the number to call for your program.

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# **General Information**

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

## Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

# **Participation**

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff are not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, please be aware that our staff does not change diapers.

# Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

## **Canceled Programs**

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

### Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2013 or 2014 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited, and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

## Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by signing up on the registration form. For information, visit www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

## Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

# **Inclement Weather & Program Status Information**

Inclement weather numbers are listed on page 99. Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.

- If it snows on a weekend and the snow emergency plan is in effect at
  7 AM, programs held in public schools for that day wil be canceled. If a
  snow emergency is declared after 7 AM, programs in schools in progress
  may be completed but those later in the day will be canceled.
- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

## **Snack Policy**

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

## **Rules of Conduct**

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eq. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

# Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Susan Potts, Therapeutic Recreation Manager, at 410-313-4628 or spotts@howardcountymd.gov.

### Other Policies

Additionally, the Department reserves the right

- · to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

## **Public Meetings**

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Cynthia Vaillancourt (Board of Education Designee), Mr. Chuck Parvis (Board of Education), Ms. Joanne Kiebler, Mr. Thomas M. Franklin, Ms. Sylvia Ramsey, Mr. William Santos (Planning Board Designee), Mr. Daniel Tracy, Jr, Ms. Winnie Tsao (Student Member), Mr. John R. Byrd (Recording Secretary).

# Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/ContractorApplication.pdf or call 410-313-4639.

# Volunteering

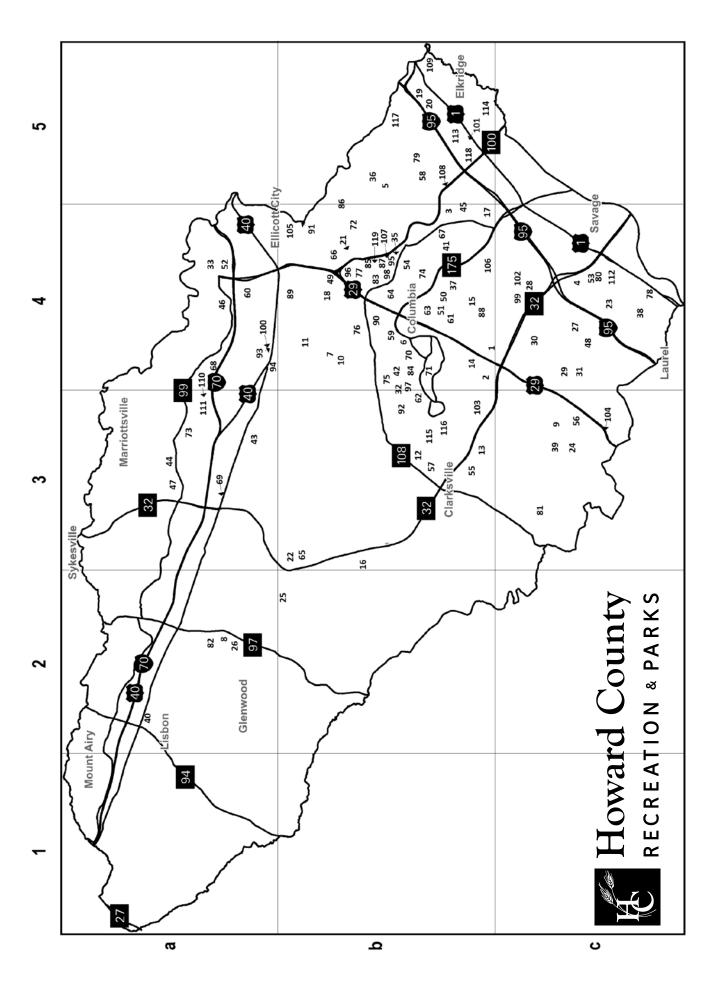
Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.howardcountymd.gov/RAP for a volunteer application.

# Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.

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# **Program Locations**

# **Schools**

Atholton ES	1 (b 4)
Atholton HS	
Bellows Spring ES	
Bollman Bridge ES	
Bonnie Branch MS	
Bryant Woods ES	
Burleigh Manor MS	
Bushy Park ES	
Cedar Lane School	
Centennial HS	
Centennial Lane ES	
Clarksville ES	
Clarksville MS	
Clemens Crossing ES	
Cradlerock ES	
Dayton Oaks ES	
Deep Run ES	
Ducketts Lane ES	112 (b-5)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mills MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	
Hammond HS	
Hammond MS	
Harper's Choice MS	
Hollifield Station ES	
Homewood School	
Howard HS	
llchester ES	
Jeffers Hill ES	
Lake Elkhorn MS	
Laurel Woods ES	
Lime Kiln MS	
Lisbon ES	
Long Reach HS	
Longfellow ES	
Longicilow LJ	

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbott Springs ES	63 (b-4)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

# **Parks**

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
North Laurel Park	
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

# Other

AXIS Sports Facility	83 (b-4)
Bain Center	
Baldwin Hall	
Belmont Manor & Historic Park	
Cedar Lane Rec Ctr	
Columbia Gymnastics	
Dance Connections, Inc.	
DanceTEC Center	
Drama Learning Ctr	
East Columbia Library	
Ellicott City Sr Ctr	
Fairway Hills Golf Course	
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up — Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	
Timbers at Troy Golf Course	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)

For additional locations and driving directions, please visit www.howardcountymd.gov/Directions.htm.

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# **Registration Form: Please Print**

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mergency Contact: Name		Phone		
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Section Number Location		Day(s) of Week	Time	Start Date
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Name of Participant		Date of Birth		Age/Grade
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Course Number Program Title				Fee Enclosed
Section Number Location		Day(s) of Week	Time	Start Date
	Male □ Female	//		
Name of Participant		Date of Birth		Age/Grade
Registrant for # has the following health problem or disability; please check all that apply:  Deaf/Hard of Hearing Vision Impairment Seizures	Departmer I agree to h harmless fr	bide by all rules and regu nt of Recreation & Parks. C old Howard County, its e om any and all claims for of the county, its employ	On behalf of mys mployees, officia damages unless	elf and/or my child: als and agents
☐ Uses Mobility Aids (i.e. wheelchair, braces, etc.) ☐ Developmental Disability (i.e. autism, intellectual, etc.) ☐ Other (i.e. behavioral/emotional disorder, etc.)	child(s) pho objects and media such	r grant and give these gro otograph or image in con d presentations, advertisi n as Facebook), and prom nting thereto.	ijunction with ot ng, publicity (inc	ther persons or cluding social
☐ Allergies	I hereby co programs.	nsent to my child's (child	ren's) participati	on in this (these)
special accommodations:	My child(re	n)'s immunizations are cu	urrent.	
☐ Inclusion Companion	☐ I have read	the concussion and sudo	den cardiac arres	st information on
☐ Deaf Interpretive Services	pages 74-7	5 (if this registration is fo	r a youth sports	program).
Other	☐ With my sig	gnature below I agree to	the above stater	nents.
Payment:				
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, , ,		cks payable to <i>Directo</i>	or of Finance; H	loward County
Signature Date		Mail to: Registration Department of	Recreation & Par	rks
Print Name		7120 Oakland N	Лills Rd.	
Timename		Columbia, MD 2	21046-1677	







7120 Oakland Mills Road, Columbia, MD 21046







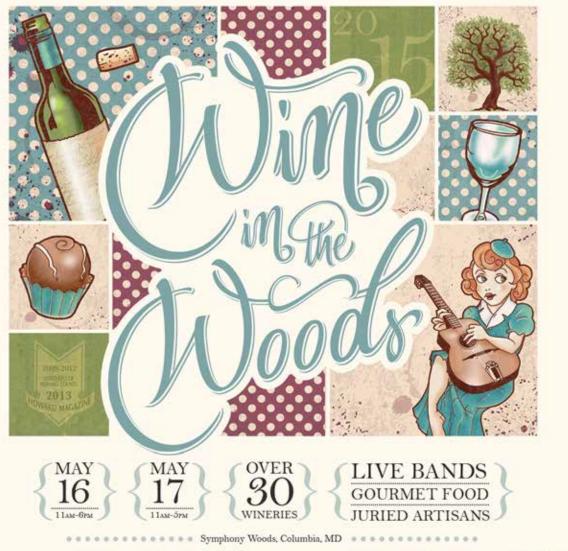














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